## Advisory Committee on Aging Town of Bowdoinham Meeting December 10, 2018

- A. Call to order
- B. Establish a quorum
- C. Approve November minutes
- D. Additions to Agenda
- E. Committees updates:
  - 1. Program and activities
    - a. Planning meeting 12/11@ Fire Station 9-10 AM
    - b. Data collections- Letter draft (Rachelle)
  - 2. Wellness (tabled until January)
  - 3. Public Relations
    - a. March/ April newsletter topics- Dinner at the Estate update
    - b. May/ June newsletter-topics?
  - 4. Celebrate Bowdoinham (tabled until January)
- F. Discussions:
  - 1. Maine Community Grant
  - 2. Book Discussion- "Alone and Invisible No More"
    - a. Full Circle- Gracia
- G. AARP Update
  - 1. Regional meeting: Portland 11/27
  - 2. Monthly call reminder- email listing
- H. Other items
- I. Adjourn to next meeting January 14th.

2018-19 Meeting dates:

January 14

February 11

March 11

April 8

May 13

June 10

Parking Lot

Ideas for Fall 2019 Community Fair: Bring local services together to share, Handy Brigade, etc, shredding, flu shots. On Saturday