## Bowdoinham Advisory Committee on Aging AGENDA: March 20, 2017, 2:30 PM – 4:30 PM The Kendall Room, Bowdoinham Town Office

- 1. Establish Quorum
- 2. Acceptance of January Minutes
- 3. Amendments to the agenda
- 4. Introduction of new ACOA member, Diana Mosher
- 5. April 2017 Calendar Review/Approval
- 6. Discussion on ACOA officer's terms
- 7. Discussion on Celebrate Bowdoinham
- 8. Activity Reports:
  - A. Potential New Activities/Collaborations
    - i. Report of Wellness Committee Meeting
    - ii. Partnering with SEARCH to expand outreach to isolated residents
  - B. Shipmates (Report by Diana Mosher and Melissa Halsey)
    - i. Trips
    - ii. Cribbage
    - iii. Lunch with Lynn
    - iv. Supplies -coffee, etc., donation jar (trash disposal for special events)
  - C. Special Events and Interest Group Reports-
    - Line Dancing (Bob Curtis)
    - ii. Yoga (Joan Smith)
    - iii. Bowdoinham Outdoors (Dick Rose)
    - iv. Bridge (Kathy)
- 9. Social Media Report (staff)
- 10. Committee Reports:
  - A. Wellness Report- (Kathy)
  - B. Safety and Accessibility (Bob)
  - C. Publicity and Marketing (Patty and Dick)
    - i. Review of ACOA Brochure
- 11. Local Age Friendly Services/Programs/Activities
  - A. Rides INC. -(Joan Smith)
  - B. Village Lodge Handy Brigade -(Joan Smith)
  - C. ACOA/BFP (Bowdoinham Food Pantry) Project (Joanne Savoie—will send to Kathy to deliver?)
- 12. Other comments from ACOA member
- 13. Staff Report
- 14: Age-Friendly Planning: Focus on Domain discussion and Exercise.
  - A. Outdoor Spaces and Buildings
  - B. Social Participation
- 15. Reminder Pot-Luck: April 24—first 30 minutes-- 2:00-2:30-- will be a regular meeting, followed by team potluck
- 16. Adjourn to next meeting: April 24, 2016, 2:00-4:30