

Agenda, May 11, 2020  
Committee on Age-Friendly Bowdoinham (ACOA)

1. Personal check ins by each ACOA member – what are we doing with our time? How are we taking care of ourselves emotionally? What else do we want to share?
2. Any items to add to the agenda?
3. Offering to get groceries or make check-in phone calls.
  - a. Is liability an issue?
  - b. Gracia's email exchange with Tom Woodin
  - c. Plans to go ahead with this, yes or no
4. Home safety checklists
  - a. Discussion of draft checklist
  - b. Are there things people can do for themselves, without having a handy-person come into their house?
  - c. How do we want to share this information?
  - d. Comfortably Home program [207-443-3116](tel:207-443-3116)
5. Patricia- info on efforts of other towns to keep residents safe in emergency
  - a. Is there info we should be putting out?
6. Peggy – letter to post office
7. Reaching out to isolated seniors.
  - a. Sagadahoc County Emergency Management Agency program of daily check-ins aimed at persons over 65 and those who are immunocompromised or chronically ill.
  - b. Phone Buddies
  - c. Postcard project
  - d. Paper doll and photograph project
8. Peggy - The need for elder-friendly walking places in town.
9. Next meeting is June 8th
  
10. Tabled for now, listed so we don't forget them:
  - a. Discussion with Tom about using ACOA funds for scholarships for ACOA activities
  - b. Gathering info about CHANS flu shot clinics
  - c. Gathering info about CPR for children and infants
  - d. Asking Joel Merry to make a presentation about fraud
  - e. Access to the recycling barn
  - f. Looking at opportunities for offering home repair services in Bowdoinham
  - g. Designating area businesses and organizations as age-friendly
  - h. The census party did not lend itself to becoming a virtual event, so it was cancelled.

