Agenda, June 8, 2020 Committee on Age-Friendly Bowdoinham (ACOA)

Many of the issues we discussed at our March 9 meeting cannot be worked on because of the ban on group in-person meetings. There are a few we can pursue, and we can also use this meeting as a way to check in with each other.

- 1. Using Zoom for our meeting
- 2. Any items to add to the agenda?
- 3. Personal check ins by each ACOA member what are we doing with our time? How are we taking care of ourselves emotionally? What else do we want to share?
- 4. Offering to get groceries Gracia
- 5. Home safety checklists did the task force get any suggested changes from committee members? Who wants to take responsibility for getting these into the town newsletters?
- 6. Post office access to mailbox from cars Peggy
- 7. Research into making tablets available to older residents Maureen
- 8. TIPS for older adults in emergencies and in general for aging Peggy
- 9. Expansion of sidewalks Peggy to draft a letter to the Select Board.
- 10. Do we have time sensitive issues to deal with or should we consider cancelling meetings for July and August?
- 11. Tabled for now:
 - a. Discussion with Tom about using ACOA funds for scholarships for ACOA activities
 - b. Gathering info about CHANS flu shot clinics
 - c. Gathering info about CPR for children and infants
 - d. Asking Joel Merry to make a presentation about fraud
 - e. Access to the recycling barn
 - f. Looking at opportunities for offering home repair services in Bowdoinham
 - g. Designating area businesses and organizations as age-friendly
 - h. The census party did not lend itself to becoming a virtual event, so it was cancelled.

Next meeting will be July 13