



# THE BOWDOINHAM NEWS

Volume 10, Issue 3

www.bowdoinham.com

August 2012

## 250<sup>TH</sup> ANNIVERSARY EDITION

### HISTORY QUIZ, BOWDOINHAM STYLE

**What conflict resulted in the imprisonment of 6 Bowdoinham farmers?**

- A. A carrot pricing dispute which began at the Merrymeeting Grange in the 1920's
- B. A revolutionary war event 1776
- C. A drunken brawl at the yurts in the 1970's.

**What was the 1962 sale price of the brick building on Main Street, now the site of the Longbranch School?**

- A. \$180
- B. \$1,800
- C. \$18,000.

**Who is this?**



If you are wondering about the answers to these questions and other tidbits of

Bowdoinham history, you are in luck. A new book of town history, published in honor of the 250<sup>th</sup> anniversary has just gone to print. Titled *Bowdoinham: the Bay, the Land, the People 1762-2012*, the book is a collective effort of a small group of volunteers and one patient graphic designer.

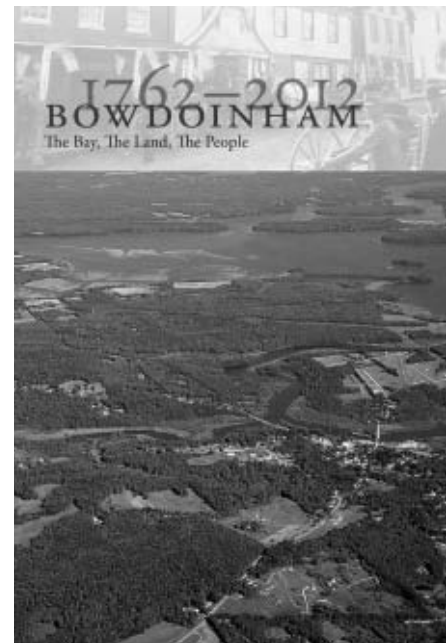
"I was certain that if we started with the magnificent photographs in the collection of the Historical Society, added the wisdom of our local history buffs, and had the guidance of Michael Mahan for layout and design, we would produce a pretty nice book," says committee chair Kate Cutko. "Writing a book by committee is a lot like making sausage—the end result is yummy, but you don't necessarily want to watch the process." The committee began with ideas about length and format but settled on a photo-centered text instead of a long narrative like the Silas Adams History of Bowdoinham. It took months to collect photographs from local people, and months to glean details from town reports and old scrapbooks.

"We wanted to share some of the old photographs that folks have not yet seen

in print, but also wanted to highlight some events of the last 50 years." We've had some local people share precious family scrapbooks, and old photographs right off of living room walls. "People have been very generous, while a bit unsure about what this book will look like. I really hope people will like the end result."

Committee members all share concerns about capturing recent history in a book of this kind; how to include highlights of the last 50 years without leaving out someone or something deemed important. "It's a minefield," says Cutko, "and we just hope people will know we did our best."

The committee plans to sell the book for about \$18, and hopes to have it ready for Celebrate Bowdoinham. Book Committee members include Betsy Steen, Glenna Morin, Leslie Anderson, Frank Connors, Lara Ashowak, and Judy Gray. They had help from Billie Oakes, Janet Galle and Cathy Curtis. The book



features essays from Connors, Steen, Galle, and Franklin Burroughs. Back to the Bowdoinham History Quiz. We hope you buy the book to learn the answers.

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## Reduce Your Rent or Property Taxes Today!

by Rep. Seth Berry

**M**ore middle-class Bowdoinham residents can reduce their property taxes or rent. Fortunately, some tools still exist for this purpose.

The State's Property Tax and Rent Refund is an easy one-page application. As of August 1st, refunds of up to \$1,600 became available for taxes or rent paid in 2011. Many hard-working Bowdoinham families, deserving seniors and others who apply will receive a partial refund of taxes and/or rent paid on their primary residence.

To qualify, your 2011 adjusted household income must be less than \$64,950 or less (\$86,600 for those with spouse or

dependents). In addition, your 2011 property tax must have been more than 4% (or rent more than 20%) of your 2011 household income. Low-income seniors do not need to meet this requirement. To apply, visit [maine.gov/revenue/taxrelief](http://maine.gov/revenue/taxrelief) or call 626-8475.

In addition, all Maine residents who own their primary residence are eligible for the Homestead Exemption. To apply, visit the Town Office anytime before next April and you can receive a partial tax exemption of up to \$10,000 from the value of your home.

Several other property tax reductions also still exist. Business equipment continues to be exempt. Veterans and the blind can apply for additional property tax reductions. Farmland, working water-

front, open space, and tree growth properties are also taxed at lower rates. To learn more, ask at the Town Office, or visit [www.maine.gov/revenue](http://www.maine.gov/revenue) and click on "Property Tax" or "Tax Relief."

To create jobs and compete globally, Maine must have a strong middle class. Money spent in the Bowdoinham area and in Maine stays longer in our economy than money invested overseas, creating more local jobs and greater shared prosperity. At present, however, many local, working families now pay nearly twice as high a state and local tax rate as the rate paid by the extremely wealthy.

I hope this information to reduce your property taxes is helpful. As always, I thank you for the honor of representing you. Please call me anytime at 522-1609, or email me at [seth@sethberry.org](mailto:seth@sethberry.org).

## Town Office Now Accepting Credit and Debit Cards

**T**he Town now accepts credit cards and debit cards at the Town Office for payment. The Town currently accepts MasterCard, Visa, and Discover cards. Visa is accepted for Real Estate and Personal Property tax payments *only* because of restrictions from Visa. Customers may use Mastercard and Discover cards for any transactions at the Town Office.

A 2.95% processing fee is charged per transaction for the use of a credit card, with a minimum charge of \$1.95. All debit card transactions are assessed a

\$3.95 flat fee. All fees will be disclosed before the transaction is completed.

Customers may also choose to pay your taxes online through the Town's website ([www.bowdoinham.com](http://www.bowdoinham.com)). In addition to paying by credit or debit card, customers may also pay by ACH using their checking account—you will need to provide your account number and the bank's routing number to pay by this method. A helpful check image is available during the payment process to assist in locating this information. The fee for paying by ACH/checking account is \$1.00.

The Town offers many other online services through its website. You can

purchase fishing and hunting licenses, re-register automobiles and trailers, register ATVs, snowmobiles and boats and license dogs as well. Please go to the Town's website and click on "Online Payments" on the left of the screen to see what you can do online.

### Committee Openings

Community Development  
Advisory Committee

Biking, Walking, Paddling  
Committee

Solid Waste Committee

### Baled Hay & Firewood

- Garden Preparation
- Tilling/Plowing
- Field Maintenance
- Mowing/Bushhogging

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- 1962 Plate — \$20
- 2012 Plate — \$20
- Bowdoinham Hat — \$10
- 250th Book — \$18
- Cookbook — \$12
- T-Shirt — \$12



**250 Years of Treasure Recipes**

The cookbooks are here! The cookbook contains 324 of Bowdoinham's best recipes, along with wonderful photographs of Bowdoinham throughout the years. Cookbooks are \$12 each and support Bowdoinham EMS. Cookbooks will be available at Celebrate Bowdoinham and are available at the Town Office. Thank anyone who provided their favorite family recipes!



*Bowdoinham Grange 1912*

**Join us in Decorating Bowdoinham for its 250<sup>th</sup> Birthday!**

For the month of September we will be decorating Town buildings with the historical bunting, as was done in 1962. What better way to celebrate our 250<sup>th</sup> Birthday than to continue this tradition. Please join us in decorating your homes and businesses for our 250<sup>th</sup>!



*Upper Main Street, 1912*

**You can own a piece of Bowdoinham for \$4 to \$300**

The "Three Town Artists Show" gives area residents an opportunity to own a piece of local landscape or Merrymeeting Bay. The Carlo Pittore Foundation is offering the pieces in the show for special prices (watercolors and drawings as low as \$100). There are a number of views of the town of Bowdoinham and the bay by Carlo. Local landscapes by Bryce Muir can be bought for \$12 as a print. Photographs by Carter Smith will be on sale when the show closes in September. All sales benefit the Merrymeeting Arts Center.

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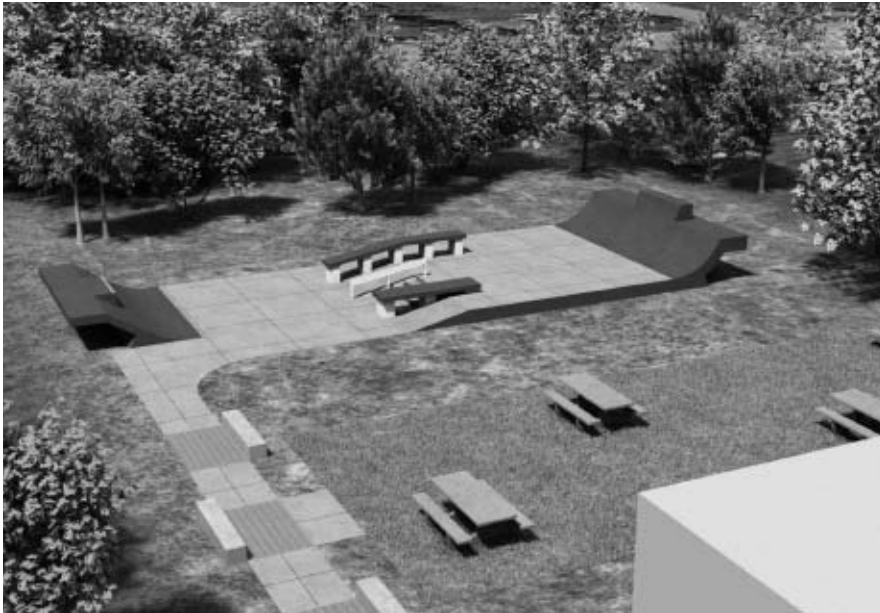
"Peggy the Plumber" Christian      Mark M. Robinson  
Master Plumber #M590010707      Master Plumber #M590010708

**Plumbing Tip from Peggy the Plumber**

**Drain Maintenance**

To help keep drains flowing freely pour about 1/4 cup baking soda followed by an equal amount of vinegar down the drain. Once it stops smoking follow it with several cups of hot but not boiling water. Do this on a bi-weekly basis.

## Support our Skatepark!!!



You can support our skatepark by:

**Buying a Brick.** You can have your name engraved into a paver that will be used for the pathway into the skatepark for all to see, for just \$100. Or for \$250, you can buy a large paver.

**Sponsor an element of the skatepark.** We have several sponsorship opportunities ranging from \$500 to \$5,000.

If you are interested in being a sponsor or for more information, please contact Nicole Briand at 666-5531 or nbriand@bowdoinham.com.

## Millay Road Construction

**T**he Annual Town Meeting approved borrowing funds for road construction on Millay Road. The Public Works Department is currently removing brush, cleaning drainage ditches, replacing culverts and repairing sections of the road in preparation for paving this fall. The work begins just before the I-295 overpass and continues to the Bowdoin town line. Please be patient as we make this road safer and smoother for you.

## Town Hall Painting

**A**s part of the Town's 2013 annual operating budget, the Town Meeting approved funding to paint the exterior of the Town Hall building. The Town Manager is currently accepting proposals from painting contractors for this work. It is anticipated that the painting work will begin sometime in August and be completed within a month or so, depending on the weather.

## DOG LICENSING AND RABIES CLINIC

The Town of Bowdoinham will be receiving the 2013 dog tags around October 15<sup>th</sup> at this time you can come into the Town Office and register your dog(s) for the 2013 year. (Please remember to bring in proof of rabies.)

We have also scheduled a rabies clinic for Saturday, October 27<sup>th</sup> from 9:00 am – 11:00 am at the Bowdoinham Town Hall. At this time you will also be able to register your dog(s).

## Elections

**T**he General Referendum Election and the Municipal Election will be held on Tuesday, November 6, 2012 from 8:00 am–8:00 pm at the Bowdoinham Town Hall.

You will be able to request an absentee ballot 30 days before the election.

To request an absentee ballot you can call or come into the Town Office, send in an application, or you can go through the absentee ballot request site at [www.maine.gov/cgibin/online/AbsenteeBallot/index.pl](http://www.maine.gov/cgibin/online/AbsenteeBallot/index.pl)

If you have any questions, or **would like to work at the elections**, you can call Pam at the Town Office (666-5531).

## Nominations

**N**omination Papers are available at the Town Office for one Select Board member for a three year term and one School Board Member for a three year term. The deadline for filing the nomination paper is the close of business—4:00 pm on Monday, September 24, 2012. This election will also be held on November 6, 2012.



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## Sidewalk Project Update

**O**ur sidewalk project is complete! Back in 2008, after being told, “it usually takes a few application rounds before a project is funded,” the Town applied for the very competitive grant program. In 2009, we were shocked to learned that Bowdoinham was awarded a \$535,000 grant through the Maine Department of Transportation’s Quality Community Program. Out of over seventy applications, our proposal to construct sidewalks in the village was second highest rated project in the state. After a year of design work and two years of construction, we now have sidewalks on Main Street, School Street, Center Street, Cemetery Road, Ridge Road and River Road.

Thank you Pine Tree Engineering for designing our sidewalks and Off-Road Trucking for constructing them!



*School Street*



*River Road*



*Main Street*



*Ridge Road*



*River Road*



*Center Street*



## Celebrate Bowdoinham

**O**ur 250<sup>th</sup> Birthday Celebration is here! On September 14<sup>th</sup> and 15<sup>th</sup> the Bowdoinham waterfront will be full of action! Favorite events from the past and new attractions are all part of a great day's schedule.

Celebrate Bowdoinham kicks-off Friday afternoon with the Jellerson School Open House and Re-dedication Ceremony from 2–5 pm. Then the celebration moves to Maily Waterfront Park with music, food vendors and a flea market from 5–9 pm. Bowdoinham's Best will open at 7:30 pm, once

### 250th Birthday Cake Contest

In celebration of our 250<sup>th</sup> Birthday we will be having a Birthday Cake Decorating Contest as part of Bowdoinham's Best. The winner will receive \$250, second prize will be \$50 and third prize will be a Commemorative Plate. For the Kids Cake Decorating Contest (16 and under), the winning three cakes will receive \$50 each. To register please contact, Susan Brown at 666-8162 or jrbsmbrmb@aol.com.

the judging is complete. As part of Bowdoinham's Best there will be a 250<sup>th</sup> Birthday Cake Decorating Contest. Be sure to stop by Friday night to see all the 250<sup>th</sup> birthday cakes on display.

Saturday starts off with a bang at 7:45 am with the Chicken Run 5K Road Race and Kids Race beginning at the Community School. At 10 am, the Celebrate Bowdoinham Parade kicks off at the Fire Station, then travels from Post Road to Main Street, then down Main Street to River Road and up Ridge Road. So stop at the Bowdoinham Farmers' Market, grab a snack, sit back and enjoy the procession of floats, personalities, organizations, horseback riders, fire trucks, the ever popular Kora cars, Veterans and Drum and Bugle Corps. After the Parade, the activities start at the waterfront—exhibits, contests and great food and music—something for everyone!

The opening of the Century Box with the Bowdoinham Historical Society will be the first presentation of the day. After the presentation stop by the Bowdoinham Historical Society's tent to add your notes to the Century Box for our future generations to share. While your there you can view notes left by our ancestors and grab a book from the Bowdoinham Public Library's annual Book Sale.

There will be music all day in the

## Celebrate Bowdoinham Wants You!

This is a community event, and we need your help. In order to help make this the most fun filled event in the area, we are in need of volunteers to help run some of the events. Below is a list of some opportunities to help:

Lobster Crate Race, Coin Scramble  
Bouncy House Attendants  
Bouncy Slide Attendants  
Dunk Tank Attendants  
Please contact Nicole Briand at 666-5531 or nbriand@bowdoinham.com as soon as possible!

gazebo with a wide range of local musicians and performers showing their talents. Local food vendors will provide a variety of tasty treats and delectable delights available throughout the day. The many farmers will sell you their fresh produce and compete to be titled one of Bowdoinham's Best. Bowdoinham's Best will be on display, while birthday cake is enjoyed be all.

New to this year's celebration will be the Flea Market. While the ever popular Silent Auction will be back to give people the opportunity to bid on a wide range of goods and services from around the area; it's a great opportunity to get a deal and support Celebrate Bowdoinham. Nonprofits, area organizations, area merchants and artists will display and sell their wares as testament to the "Buy Local, Buy Bowdoinham" opportunities in town.

All the kids' favorites will be back. A bungee jumping unit and an inflatable universe will be major attractions all day. The Dunk Tank will be back to raise money for the Bowdoinham Skatepark. At 12:30 pm we will see who has the skills and grace with the Lobster Crate Race. Other children's activities will include face painting, a Coin Scramble and art activities at Cathance Place.

The infamous KenDucky Derby will began at 3:30 pm. Whose rubber ducky will win the race on the Cathance River



for the \$500 cash prize and whose will lose for the \$100 last duck prize?!?!

Then the Fire Department will host a wonderful Bean Supper from 4–6 pm at the Fire Station. The favorite, Blues Buzzards will play their horn driven blues, rock with their motown groove from 6:30–8:30 pm. Then the day’s festivities will come to an end with Fireworks at 8:30 pm!

For more information visit the town website or contact Nicole Briand at 666-5531 or nbriand@bowdoinham.com

**\*\* BOATERS: Maily Waterfront Park will be closed to boat traffic from 12 pm Friday through Saturday. Sorry for any inconvenience and thank you for helping make Celebrate Bowdoinham 2012 a success!!**

### 250th Float

Join in the celebration by entering a float into parade for Celebrate Bowdoinham. The winning float will receive \$250, second prize will receive \$50 and third prize will receive a Commemorative Plate. To register please contact, Ann Davis at 751-4238 or annied59@comcast.net.

### Bowdoinham Best

These are the categories of entries for the contest:

- 250<sup>th</sup> Birthday Cake (New!)
- Local Ecology Display (New!)
- Kids’ Arts and Crafts
- Crafts
- Recycled Creations
- Best Pest
- Bowdoinham-grown Fruits and Vegetables
- Flowers and Floral Designs
- Canned and Preserved goods

Participants should drop entries at the Mason’s Hall between 4 and 6 pm on Friday. The Mason’s Hall will be open to the public on Friday from 7:30 to 9 pm and on Saturday from 10 to 4 pm.

To register or for more information, please contact Adelaida Gaviria at 737-4149 or [adelaidagaviria@gmail.com](mailto:adelaidagaviria@gmail.com).

### Register for the Annual Bowdoinham Community School 5k Chicken Run and Kids Fun Run

For pre-registration, 18 and under is \$10 and adults are \$15. Registration the day of the race (6:45–7:30 am) will be \$12 for 18 and under and \$18 for adults. Checks should be made out to Bowdoinham Community School. The kids one mile Fun Run is free. Please contact Athena Mann to register at [amanncspack699@yahoo.com](mailto:amanncspack699@yahoo.com) or 737-4641.

### Helicopter Rides

This year at Celebrate Bowdoinham you’ll have an opportunity to see Merrymeeting Bay like you’ve never seen it before. Join local Bay expert Ed Friedman, a pilot of more than 35 years on this dramatic helicopter tour of our internationally famous natural resource.

Price: \$60/10 minute tour for one adult or child passenger. 2 small children may be accommodated at \$90/10 minutes. Cash or checks accepted. Additional time available by request. 10% of fares donated to benefit Bowdoinham Historical Society and Friends of Merrymeeting Bay.

Point of View Helicopter Services  
[www.pointofviewhelicopters.com](http://www.pointofviewhelicopters.com)

### Join the Flea Market at Celebrate Bowdoinham

This will be the first time ever having a flea market at Celebrate Bowdoinham. EMS will be renting tables for \$30 for both Friday night (5–9 pm) and Saturday 10 am–8:30 pm) or \$20 for just Saturday. To rent a table call Dawna Bowlin @ 522-1551 or 666-3722.



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## Harvest Festival—October 19<sup>th</sup>-21<sup>st</sup>

The Harvest Festival will kick off Friday, October 19<sup>th</sup> at 7 pm with the return of the Variety Show at Town Hall. “Bowdoinham Through the Years” will feature our local talent in celebration of Bowdoinham’s 250<sup>th</sup> Anniversary. A second performance will be held on Sunday, October 21 at 2:00 p.m.

Saturday the festivities will begin at Merrymeeting Art Center at 10 am with their Fall Show—“Portrait to Portrait,” please see page 15 for more information. Then from 1 pm to 3 pm, it will be craft time for the kids. Join us to make your favorite fall decorations.

At 3 pm the festival moves up Main Street to Long Branch. Kids will love the free petting zoo. There will be an old-fashioned apple press demonstration, as well as a demo of the awesome forces of blacksmithing. Try your hand at a friendly game of horse-shoes, the winner earns bragging rights! Dinner—Local Harvest Potluck will be from 5–6 pm. *Bring your favorite local harvest dish to share!* Then sit back and enjoy the locally grown music of The Long Branch Boys from 6–7 pm.

The last stop of the day will be Ziggurat Theatre Ensemble’s The Medicine



Show. Join us at Maily Waterfront Park by 7 pm to be escorted to the hidden outdoor location for an hour long performance. The Medicine Show, is an original play combining the mythology of local Native American culture and the elusive world of dreams. The performance will be held on both on Saturday & Sunday night. See page 14 for more information.



### Are you a singer, dancer or instrumentalist?

Would you like to be a part of Bowdoinham’s 250<sup>th</sup> Anniversary Variety Show?

We are looking for: acoustic musicians, fiddlers, banjo players, keyboard players, brass and woodwind players, singers, and dancers. Also we hope to have oratory, poetry and drama. The show will trace Bowdoinham through the ages and include sea chanteys, dance based on Bowdoinham, a historical skit, traditional music, a R.B. Hall march, and more.

The show will be held Friday, October 19 at 7:00 pm with a repeat performance on Sunday, October 21 at 2:00 p.m. If you would like to lend your talent to this unique event, please email Ann Hartzler [ann.hartzler@gmail.com](mailto:ann.hartzler@gmail.com).

### Help Wanted

The Variety Show is looking for people to fill the following backstage positions: production manager, director, stage manager, house manager and crew, costumer(s), prop manager(s), sound manager, light technician, and computer projectionist. Expertise in the area required.

Please call or email Judy Gray if you’re interested in helping.

We need you!  
[graywallace@comcast.net](mailto:graywallace@comcast.net)  
or 666-3025.

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The Long Branch School of Maine helps you grow sustainable living skills based on traditional trades and crafts, while keeping an eye to the future. Our grassroots curriculum includes bookbinding, gardening, furniture making, bread making, fiber arts, weaving, and much more. Located in the village of Bowdoinham, The Long Branch School is a short walk to the Cathance River, a gateway to nautical adventures on exquisite Mosquito Bay.

At The Long Branch General Store you will find an eclectic sampling of local goods. Local produce, fine tools, arts and crafts, Maine made products, gifts and more are part of the delights available for purchase.

**The Mission of Our School**

- Provide people with skills they need to live sustainably.
- Rekindle the skills and lifestyles of our heritage in a socially and environmentally responsible manner.
- Provide people a unique and fulfilling experience that builds community and re-localizes our economy.
- Incentive and grow businesses that support a local, sustainable economy.



## Join us in Honoring our Veterans

**B**owdoinham Historical Society will display memorabilia from each war in the Town Hall. The display will be open to the public on Friday evening and Saturday, Nov. 9 & 10. The Cannon Park re-dedication ceremony will be held on Sunday, November 11 from 1–2 pm. In celebration of our 250<sup>th</sup> Anniversary, the ceremony will be based on the 1909 dedication. Later that afternoon a “USO type” show, produced by Merrymeeting Arts Center, will be held in the Town Hall. We hope everyone can join us in honoring our Veterans!



*Cannon Park*



## Holiday Festival 2012

**T**his is an invitation!! We, Laurel Lopez and Jessica Sullivan, are planning a Holiday Festival to take place on November 30<sup>th</sup> and December 1<sup>st</sup>. Our goal is to create a big event that will draw people from surrounding communities. Some of the events planned for the festival so far include: a craft fair at the Bowdoinham Community School, the Bowdoinham Guild of Artisans Annual Show & Sale and the Holiday Tree Lighting. We are also looking into the following: wine tasting, horse and wagon rides, polar bear swim and bon fire with caroling, Santa and family photos and/or pictures with Santa, movie for the kids and child care.

As part of the festival there are opportunities for other groups and businesses to contribute to and benefit from this event. Participation forms (vendors for the craft fair & Bowdoinham businesses) are available at the town office or from us directly. Please feel free to contact either of us at any time with questions: Laurel's email is [w32alice@hotmail.com](mailto:w32alice@hotmail.com), Jessica's email is [jessicamaysullivan@gmail.com](mailto:jessicamaysullivan@gmail.com). We hope that you are as excited as we are and we look forward to hearing from you soon!

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 Tel. 666-3268



## Cemetery Clean-up Day

**O**n April 14<sup>th</sup>, Bowdoinham residents, friends and family took to the woods, back roads and overgrown fields to take back a piece of history. The results, over 85 people waited with great patience to sign in and be given directions to the cemetery they

would clean. Committee members, their families, friends, our own Selectboard, Cub Scouts, Boy Scouts and individuals cleared brush, cleaned stones that had fallen, built and painted fences, built trails and recorded cemeteries. With great enthusiasm, thirty-five cemeteries were taken back.

*Thank you for your great work!*



## Chicken BBQ

**O**n June 23<sup>rd</sup>, the 250<sup>th</sup> Committee brought back the Chicken BBQ to raise money for Bowdoinham Community School. It was a great day. Friends and family enjoyed the great food and company. In all, about 500 people were served and \$5,000 was raised! The BBQ was followed by the return of the infamous baseball game. There were little kids, teens, adults and retirees on the field and a “broadcast crew” of middle schoolers entertained the crowd on the PA system. By the end of the afternoon, everyone compared injuries and boasted about their skills and players were rewarded with their own Bowdoinham hat.

Thank you to all the volunteers who made this event possible. A special thank you to David Berry and Tony Cox for organizing the BBQ, Lara Ashouwak for organizing the baseball



game and the Bowdoinham Historical Society for providing the great displays and the delicious strawberry shortcake!

## Open Farm Day

July 22nd was a beautiful summer day in Bowdoinham. The day began at Applecreek Farm with Pete, Janet and Eric showing visitors their farms, chickens and cows, while providing a history of their property. The next stop on the tour was Stonecipher Farm, where Ian brought visitors for a tour of the farm. Kids enjoyed the baby goats, feeding the chickens and digging their own carrots, then cooled off in the giant sprinkler. Third on the day's schedule was Small Wonder Organics. Sarah and Pete treated visitor to a full schedule of events including farm tours, mural painting, tomato tasting and some great music. The day came to an end at Life Force Farm with Farmer Ben's farm tours.

Thank you to everyone who joined us in celebrating Open Farm Day. I would like to extend a special Thank You to Applecreek Farm, Stonecipher Farm, Small Wonder Organics and Life Force Farm to opening their farms to us and making this great day possible!



## Bowdoinham Historical Society News

**W**e continue to concentrate our efforts on Bowdoinham's 250th Anniversary. So far . . .

- BHS participated in the town-wide cemetery cleanup. Though we focused on our "assigned" cemetery, Dinsmore's on the White Road, many members also worked on other cemeteries with wonderful results.

- On April 13, BHS sponsored a very successful **Bowdoinham History Day for the 4th grades at Bowdoinham Community School**. After an introduction to Bowdoinham in 1912 by Frank Connors, students cycled through sessions on Bowdoinham Shipbuilding and the Coastal Trade (Betsy Steen), Knitting and Needlework (Nan Curtis), Home Life in 1912 (Glenna Morin), and Wood Working and Tools (Steve Bunn) or A One Room School in 1912 (Leslie Anderson & Sylvia Edmundson), Ice Industry (Sara Skolfield), Children's Games 1912 (Jacinta Blodgett), and Braiding (Cathy Reynolds).

- We have shared information and pictures from our collection in the creation of the Bowdoinham 250th Anniversary Pictorial Book.



- BHS added to Merry-meeting Arts Center's "Three Town Artists" Show by hanging the works of 3 additional earlier Bowdoinham artists: William Graves, Mary Caberly Patten, and William Fowler.

- At the June 23rd **Chicken Barbecue**, BHS sold strawberry short cake to benefit Jellerson School and put on a display of the History of the Bowdoinham Barbecue 1954–1991, which had constant visitors.

*NOTE: We found that we have little or no information on several Barbecues: 1966 (13th), 1967 (14th) 1987, 1988, 1989, 1990 and 1991. Please, if you have photos or clippings of these years or indeed ANY BBQ material, we'd love to scan or copy it to complete record of this very special part of town history. contact Betsy Steen or Kate Cutko at the library.*

- **The 250th quilt was displayed at the Barbecue** along with the Kids' 250th Quilt and the 1978 25th Barbecue Anniversary quilt. In Late July, the 250th quilts traveled to the Augusta Civic Center to hang in Pine Tree Quilters Guild's 35th annual quilt show, Maine Quilts 2012. *There is still time to have your name on the back of the 250th quilt for \$5 a line. Ask at the Library or Town Office, come to the BHS Tent during Celebrate Bowdoinham, or contact Joanne Savoie, 373-8253.*

Incredible progress has been made at **Jellerson School and Merrymeeting Bay Museum** thanks to an amazing crew of



volunteers! A grant from Merrymeeting Bay Trust will allow us to add a heater for the museum room and an outhouse.

### COMING UP!

At the **BHS tent at Celebrate Bowdoinham**, we will be displaying materials from the 1912 150<sup>th</sup> Celebration, and the 1962 200<sup>th</sup> Celebration. We will also have on display the contents of the Bowdoinham Century Box which will be opened Saturday 9/15 after the parade. Many wonderful memories written in 1912, 1932, and 1962 were included in this box. We hope to add memories from 2012 before the new Century Box is sealed 12/31/2012. We are seeking help in organizing the collection of 2012 memories and in designing and creating an appropriate new Century Box.

**Our Super Sunday Yard Sale** is planned for October 14th and will again benefit Jellerson School. We are looking for donations of items to sell and help with the sale. Or you can set up your own table for \$10. This was a great day last year, and we look forward to making it even better in 2012.



## Girl Scout Time Capsule Opened

By Laurie Peavey-Ross

In 1987, the local Bowdoinham Girl Scout Troop put together a time capsule for the 75<sup>th</sup> birthday of Girl Scouts. Once sealed it was held at the Bowdoinham Public Library for the last 25 years.

Fast forward to May 17, 2012, when Brownie Troop 721 and Junior Girl Scout Troop 631 together opened the time capsule in celebration of 100 years of Girl Scouts.

Everyone was fascinated with what was popular and special to girls in 1987. There were many note cards with aspirations, pictures and items of import from several girls including a retainer and Care Bears.

The time capsule and contents will be on display during Celebrate Bowdoinham at the Girl Scout Bake Sale Booth. In the fall contents of the 1987 time capsule and new items put together by the girls will be sealed and put away for another 25 years.



Time Capsule



BHS's 2012 November Town Hall Event will be a Celebration of Bowdoinham's Veterans. This will take place on Veterans' Day weekend in conjunction with the dedication of the Veterans' Park. Please share your veterans' information and photos for this special time. BHS will host a

### Jellerson Open House and Rededication on Friday, September 14.

Our long-term goal is to have classes visit to learn about Merrymeeting Bay and its historic impact on Bowdoinham in the context of a c1912 one room school experience. We are in the planning stages of this program and welcome help on it. Please contact Betsy Steen ([bayviewess@comcast.net](mailto:bayviewess@comcast.net)) if you would like to be part of Jellerson's future.

To be a part of any of these projects, contact Betsy Steen ([bayviewess@comcast.net](mailto:bayviewess@comcast.net)) or Glenna Morin (666-3462.)

207LEGAL.COM

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AGGRESSIVE REPRESENTATION:

PERSONAL INJURY,  
CRIMINAL DEFENSE  
REAL ESTATE LITIGATION  
AND DIVORCE



## News from Long Branch

In celebration of Bowdoinham's 250<sup>th</sup> and our 1<sup>st</sup> Anniversary we are hosting events for the Harvest Festival on **Saturday, October 20th from 3 pm to 7 pm**. Come and join us for: Petting zoo, Apple cider press, Blacksmith Demos, Horseshoes: Bring the family and join us for the fun. We will be hosting a free petting zoo and have an old-fashioned apple press demonstration. Watch a demo of the awesome forces of blacksmithing or try your hand at a friendly game of horseshoes. The winner earns bragging rights! Local Harvest Potluck: Bring your favorite local harvest dish to share. Enjoy the locally grown music of The Long Branch Boys.

We hope to see you at the Harvest Festival.

We have had a busy first year, filling the Long Branch General Store with your favorite local products, along with growing the Long Branch School's course offerings. We opened our Blacksmith shop on May 19<sup>th</sup> and are now offering several blacksmith courses. We are also offering yoga, basket weaving, chair caning, Weaving Wednesdays, mushroom collecting, traditional archery, bow back windsor chair building, rag rug making, poultry production & processing, bee-keeping, composting, guitar lessons and much more. Please visit us at [www.long-branchschool.com](http://www.long-branchschool.com) for more information and a complete list of our courses.

*Thank you for helping us have a great first year and we look forward to many more anniversaries to come.*

## News from Bowdoinham Community Development Initiative

### BCDI issues second loan

BCDI's aim is to support creative ideas that will benefit both local enterprise and the community. Its mission is to stimulate, grow and help sustain healthy local enterprises, help create resilient local jobs, and facilitate collaboration among the for-profit, non-profit, and government sectors in the local community. BCDI's focus is on farms, food, forests, the music, the art and the artisans that accompany them and the local businesses that support them. BCDI is developing incrementally. Its initial Board of Directors, made up of Tony Cox, Kathy Gallant, Laurel Waterman-Lopez, George Christopher and David Whittlesey, has filed Articles of Incorporation as a Nonprofit within with the State of Maine and is in the process of filing for 501 (c) (3) status with the IRS. In order to become established, BCDI requested support from the Town through the TIF account and on June 26<sup>th</sup> the Selectboard approved \$5,000.

In mid-July, BCDI issued a \$5,000 loan to Life Force Farm, the second through its local investment/loan project, to construct a high tunnel greenhouse. The loan, which dovetails nicely with a USDA-NRCS reimbursement program, will allow the farm to support additional Fall and Winter CSA shares and a longer production season. The loan was support-



ed by over twenty local investors. The fund's first investment opportunity provided \$7,000 to Small Wonder Organics which sought a loan to purchase a small tractor to meet the growing demand for its produce. The tractor is now working Pete and Sarah's fields on Brown's Point.

If you have an idea that you think may be appropriate for BCDI assistance, please contact David Whittlesey (522-4118). For more information, check out BCDI's website at: [www.bcdi.us](http://www.bcdi.us), and visit BCDI on Facebook.

### Become a member of BCDI

BCDI is launching a membership campaign—the opportunity to join in supporting your neighbors. In order to fulfill its mission and to carry out activities such as the loan/investment fund, BCDI will need the broad support of the community.

For further information, visit us on Facebook at: Bowdoinham Community Development Initiative.

## The Medicine Show

Bowdoinham's Ziggurat Theatre Ensemble presents The Medicine Show, an original play combining the mythology of local Native American culture and the elusive world of dreams. Performed by a talented ensemble of actors, it is the story of a young man who conjures and conquers the dark spirits of his own nightmares. Haunting images, masks, unexpected comedy and beautiful music spin an unforgettable tale of death

and rebirth. The play is one hour and is performed outdoors.

*"... as memorable for its winking wit and raw beauty as for its mesmerizing power... The Medicine Show speaks in truths that are part tribal, part Jungian. Miss it at your cost." — LA Weekly*

Saturdays and Sundays at 7 pm  
October 13, 14, 20, 21, 27, 28

For more information go to [ZigguratTheatre.org](http://ZigguratTheatre.org)



Art For Everyone

## News from Merrymeeting Art Center: Three Town Artists: Carlo Pittore, Bryce Muir & Carter Smith

The Merrymeeting Arts Center opened its summer 2012 show on June 22 with a Gala Preview and a public opening for the Red, White and Blue Festival on June 23. Over 130 people attended to see a gallery collaged with Carter's photographs, a second gallery filled with Bryce's sculptures and his watercolors of town, and a third new gallery filled with oil portraits and local landscapes by Carlo.

Each man has strong ties to the town. Each developed a national and international following in very different media. Each man will be honored by special events later in the summer. The show runs from June 23 to September 23 with summer hours on Saturdays 10–1 and Sunday 1–4 pm.

**Carlo Pittore** moved to Bowdoinham in the 1970s and was active in the Maine art world, helping to establish the Union of Maine Visual Artists, exhibiting his work at galleries throughout Maine, and hosting a vibrant drawing circle through the decades at his Academy of Carlo Pittore in Bowdoinham. He created portraits of boxers, friends, American heroes (including a series of portraits of Abraham Lincoln), as well as extensive figure drawing, mail art and landscapes, many of Bowdoinham. Carlo was also a well-known art activist. Carlo's work can be viewed at [carlopittorefoundation.org](http://carlopittorefoundation.org)

**Bryce Muir** moved to Bowdoinham in 1984. He exhibited his wood sculptures at the Maine Festival in Brunswick and at galleries and shows throughout Maine and wrote articles for the *National Fisherman*, *Maine Times* and *CoEvolution Quarterly*. He created wood-

en sculpture portraits of luminaries such as Yoyo Ma, William Buckley and Margaret Mead, as well as friends, area residents and American icons such as Babe Ruth and Marilyn Monroe. In 1999–2000 he did a series of watercolors of the town of Bowdoinham and surrounding area. Both Carlo and Bryce died in Bowdoinham in 2005 Bryce Muir's work can be viewed at [www.brycemuir.com](http://www.brycemuir.com) and in ongoing exhibits at the arts center.

**Carter Smith** was raised in Bowdoinham, moving to New York after high school to pursue his art career. After establishing himself as a well-known fashion and advertising photographer, he has followed his passion for filmmaking. His short film *Bugcrush* won the grand jury prize at the Sundance Film Festival and was also shown at Cannes. His second film *Yearbook* premiered at the 2011 Sundance Film Festival. After seeing that film, Steven Spielberg chose Carter to make *The Ruins*, a full length film for Dreamworks. Smith is currently working on his second full length film. His work can be seen at [www.artandcommerce.org](http://www.artandcommerce.org) and at [www.all the dead-boys.blogspot.com](http://www.allthedead-boys.blogspot.com). Carter will be honored by events by a special event **Friday, September 29th and Saturday September 30th at 7 pm**, where Carter Smith's films will be shown at the Merrymeeting Arts Center

The Bowdoinham Historical Society has created a display for the arts center foyer that features three earlier town artists with information on their lives and examples of their work

### Fall Show—Portraits of Portraits

The show "Portraits of Portraits: Jack Montgomery photos & Bryce Muir sculptures" opens on Friday October 12 from 6–8 pm and will run to mid-December.

**Jack Montgomery** is a South Freeport-based portrait photographer who has focused on communities of people such as judges and Holocaust survivors. He was on the board of Maine Media Workshops and of the Institute for Doctoral Studies in the Visual Arts in Portland and Tuscany as well as the Photography Advisory Board of the Portland Museum of Art. He is perhaps best known in Maine for his haunting portraits of New York Firemen. "Ladder Company 3 FDNY: Photographic Portraits by Jack Montgomery" featured his black-and-white photographs taken at Ground Zero and Washington Square Park. It was shown at the Portland Museum of Art and at the Center for Maine Contemporary Art in Rockport, Maine.

On July 22, 2012, Montgomery photographed wooden sculpture portraits by Bryce Muir at a special one day arts center event titled "The Bryce Wooden Portrait Reunion". The event drew over 25 portraits that Bryce did over the years in mixed hardwoods. Many combined the person's features with the figure of a favorite animal. Requests for specific hats or props were part of the commissioning process. Portrait sculptures came from Boston, Turner and Brunswick, to be displayed and photographed with the owner-model. Montgomery photographed each portrait with the owner-model in large format. These portraits of portraits by Bryce Muir are the center of the fall show. Other portraits by Jack Montgomery will be displayed.

The Merrymeeting Arts Center is located at 9 Main Street down by Maily Waterfront Park. It is open Saturdays 10–1 pm and Sundays 1–5. For further information call 666-3426, visit us on Facebook or go to the arts center website at [merrymeetingartscenter.org](http://merrymeetingartscenter.org).

*The Merrymeeting Arts Center will be offering a variety of courses beginning in September.*

## Bowdoinham Community School Leads the Way for Maine

by Rep. Seth Berry

As a new school year begins, I can't help smiling. As a parent, former teacher, and citizen, I am bursting with pride in our community school here in Bowdoinham.

Even compared to other Maine schools—which despite what some say, have in fact performed among the top dozen or so states for decades—Bowdoinham is among the best. In a report this year to the Legislature, the Maine Education Policy Research Institute (MEPRI), based at the University of Southern Maine, detailed why it believes the Bowdoinham Community School is one of the most “high performing, cost efficient” schools in the state.

According to the report, the sixteen “More Efficient” schools MEPRI studied—including, remarkably, both Bowdoinham and Bowdoin Central Schools—have been able to “create a learning community that is student-focused and systematically engaged in intellectual inquiry. We found that in these schools, all students are demonstrating progress in their intellectual development and academic achievement. These schools are also promoting and supporting this intellectual development



in cost efficient ways. They are providing their community, parents, and students a higher return on spending, and are getting ‘a bigger bang for their buck.’”

The report continues: “[The sixteen model] schools we studied are having considerable success in helping students master core academic subject knowledge, and they are having success helping students to develop intellectually so as to be able to understand, transform, and share their learning... [These sixteen schools] are taking significant steps toward preparing students for the 21<sup>st</sup> Century. The central focus is on students and helping them learn and develop intellectually. Plus, all students have access to a wide variety of learning experiences throughout the school day, including remediation and enrichment. There is ample evidence of high expectations and high standards and the use of multiple assessments in assessing progress in learning. Teachers and leaders are actively engaged in creating a school culture that helps students acquire more and more responsibility for their own learning.”

While most of the report speaks in

general terms, a few examples it uses clearly came from Bowdoinham. One part speaks to the value of the arts and of community involvement: “[One] school experienced a similar reduction to their arts program and created a school-community collaboration they called ‘Friday Electives.’ Every Friday, a portion of the school day was dedicated to activities with local artists and artisans—gardening, painting, weaving, woodworking, etc. Additionally, there were visiting artists (donating their time or funded by community raised monies) who provided workshops that were directly integrated into the regular curriculum throughout the school year.”

Sound familiar? It should. Of course, it doesn't take a Ph.D. to know Bowdoinham is a great town to grow up in.

So if you're a kid or if you belong to one, best wishes for a wonderful school year. Chances are you'll have one. And if you're a teacher, principal, support staff, or one of the many volunteers at Bowdoinham Community School, thank you—from all of us.

## 2013 Bowdoinham Calendar

Back by popular demand, the 2013 Bowdoinham Calendar which captures images of Bowdoinham as seen through the eyes of Bowdoinham Community School 5<sup>th</sup> graders. Available for the affordable cost of \$12 per calendar, this professionally produced calendar is an attractive and useful piece of Bowdoinham memorabilia. Calendars will be available at Celebrate Bowdoinham and at the Bowdoinham Community School main office. All proceeds directly benefit the 5<sup>th</sup> grade field

trip fund. Each year the 5<sup>th</sup> grade is charged with the task of raising funds for their educational and memorable field trips to Plymouth Plantation in the Fall and Boston in the Spring. Your purchase of the calendar helps make these trips possible. There will only be one printing of this calendar, so don't delay because once they are gone, they're gone. For more information or to reserve a copy, please contact Jill Hooper (parent of 5<sup>th</sup> grader



Jorja) at [hoopersj@comcast.net](mailto:hoopersj@comcast.net) or 666-3745.

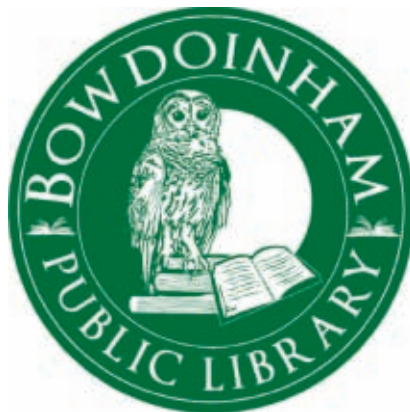


## A Day in the Life of a Little Library

June 19, 2012

Over 50 kids came to participate in the Kick-off of our **Summer Reading Program**. Together with Susan Brown and Sarah Zell, accompanied by Will Zell on guitar, we sang 3 lullabies, and read two stories which launched our “Dream Big, Read!” theme for the summer. The music sounded lovely, we all agreed, and even one small little boy said “Cool!” when he heard our three part harmonies. But no time for snoozin’—the kids made a craft and began painting some props for a “Good Night Moon” performance later in the summer. Meanwhile, volunteers registered kids, staffed the circulation desk and helped the bewildered folks who just happen to choose that day to come in and browse for books or to research their family genealogy!

Sixteen kids then stayed during normal “closed” hours, noon to two o’clock, for a **Reading Support Program**, staffed by two literacy teachers from Bowdoinham Community School. This 8 week program is funded by a grant from the John T. Gorman Foundation and is designed to help support those local elementary students who need a bit of extra help to maintain their reading levels through the summer.



The grant includes money for lunches, and we enjoyed a magnificent spread prepared by Luke MacFadyen of Long Branch School. Luke fed us all very well and fueled 2 hours of good work on reading.

Library back “open” at 2 pm for more of Bowdoinham readers to come and borrow books and other materials for summer reading. By the time I locked the doors of the library at 8 pm: 70 kids had signed up to log their time spent reading this summer and earn prizes for that reading, 4 new families were set up with Bowdoinham Library cards. 193 books were checked out, 5 books were renewed and 110 books were checked in (and re-shelved by volunteers)!

I received many, many thanks for my (our) work on these programs, including a jar of jam, a quart of strawberries and a



bouquet of peonies. After a day like that, I can almost feel the old Coombs School Building falling asleep, bulging with all of the good things happening within its walls. Thank you to all the volunteers\*, the teachers, and the children who read, sleep, and dream big.

Kate Cutko  
Bowdoinham Public Library

*\*Volunteers that day included: Susan Brown, Sarah Zell, Will Zell, Marlene Hensley, Joanne Savoie, Libby Ouelette, Eli Ouelette, Kathleen McDonald, Larissa Decker, Spencer Coker, and Kelley Frumer.*

### Interested in attending a Saturday Story Time at the Library?

**Are you a Bowdoinham resident with young children?**

**Are you interested in attending a monthly Saturday story time geared toward pre-school age children?**

Librarian Kate Cutko has recently received an inquiry from a local parent regarding the possibility of starting a monthly story time on Saturdays at the Library and we are trying to determine if there is any interest from the community for such a program. The story time would include the reading of a few children’s books, and perhaps a simple craft and some silly songs.

The program will be offered on the third Saturday of each month from October through May and will be held in the Selectmen’s Room on the second floor of the Coombs Municipal Building. This program will be run by parent volunteers with Kate’s assistance regarding book selections and programming ideas. Sessions will be open to all Bowdoinham families with children ages 0-5 and all are welcome to attend with a parent or caregiver. This is an excellent opportunity for local families with young children to meet and connect. If there is interest, the program can expand to offer additional activities on other days at different locations.

If you are interested in attending such a program or would like additional information (no commitment required), please join the “Merrymeeting Families Playgroup” Facebook group to learn more information and share ideas. Questions and suggestions can also be directed to Kathy Montejo at 666-3093.

## New from Cable/Internet Committee Survey Results

**W**e as a committee want to thank all of you who spent time helping us out. Thanks to you, we now have more information about how the Internet is being used by Bowdoinham residents. Following are the raw numbers with initial analysis of the results. We will be spending more time in getting a better understanding of what all of this means. Thanks to all of you, we have good information for approaching potential providers.

We had a total of 234 respondents to our survey, which is a very good rate and much more than we expected. Again, thank you.

### Question #1.

The purpose of this questionnaire is to assess current availability and needs of the Internet for now and the future.

#### **Do you use the Internet in Bowdoinham?**

Yes 94% No 6%

#### **Do you have cable Internet available to you?**

Yes 72% No 28%

### Question #2.

#### **What do you use the Internet for or what would you use it for if you had it?**

Work 74%

Access Government 75%

Social Media 62%

Communication with friend and family 93%

Entertainment 80%

Purchases 81%

Other 17% (*banking, school, research, games, news*)

NOTE: We realized looking at these results that we have more questions such as by work do you mean checking your email or are you working from home, or for school are you doing on line college courses or doing research on line for a school project. Because of the range of

necessities, different Internet speeds are required to meet all the needs. So expect us to come up with a second questionnaire which we hope will be appearing on the Town's web site soon.

### Question #3.

#### **How do you currently gain access to the Internet?**

Comcast 57% Dial Up 2%

DSL 22% Satellite 6%

Wireless 19% Library 1%

Friend or family 0%

AirCard 3%

Other 3% (*such as using cell phone as hotspot*)

### Question #4.

#### **Do you feel your Internet access needs are being adequately met in Bowdoinham?**

Yes 59% No 41%

### Question #5

#### **Do you have any concerns or ideas regarding Internet access in Bowdoinham?**

*We had 79 comments in this section and we've grouped them in a few general categories:*

Access for all and better access 28%

*Half of these folks also said but no higher taxes.*

Better service including: more service provider options, more service options, and more reliable service 42%

Comcast is too expensive 15%

The remaining 15% include comments like: 1 person said ComCast is OK, 5 folks said they hate Comcast, 3 folks said no service available, and one person said "I don't have Internet and I don't want it."

Again, we want to thank all of Bowdoinham for your participation.

## CEO Corner Temporary Buildings & Setbacks

**W**e have been receiving several questions regarding the required setbacks for buildings. All buildings, no matter the size, whether their temporary or not must meet the setbacks, as required in the Land Use Ordinance. All buildings must be setback ten feet from the side and rear property lines, fifty feet from the front property line and one-hundred feet from the shoreline. The front yard setback is measured from the property line, not the edge of the road or shoulder or ditch-line, but from the right-of-way (property) line. If you are not sure where your property line is or you have a building permit, please call the Town Office for you Setback Inspection, as it could save you a lot of time and money in the future.

Please contact Darren Carey at 666-5531 or [dcarey@bowdoinham.com](mailto:dcarey@bowdoinham.com) if you have questions or would like more information.

### Message from Bowdoinham EMS:

Bowdoinham EMS has been very busy running calls this spring and summer. We are still having issues with people not marking their houses with their house numbers. We have had some issues lately when going to a call and there are a bunch of mailboxes together at the end of the road but we have no idea which house is which number once on the road unless they are numbered. This can result in time lost trying to find the correct house. **Please place your house number where is it visible from your road.**

## News from Health Officer

**W**e have been having a wonderful, if dry, summer this year. However, mosquitoes and ticks are still around! Although rare, mosquitoes and ticks can transmit diseases that can be dangerous to humans, here are some facts about some potentially dangerous diseases transmitted by mosquitoes and ticks.

Though rare, West Nile Virus (WNV) and Eastern Equine Encephalitis (EEE) are transmitted by mosquitoes and have been found in Maine.

WNV and EEE are spread to humans, horses, some animals and birds through the bite from an infected mosquito.

Most WNV infections do not cause symptoms. However, mild WNV can cause fever, headaches, body aches, skin rash and swollen lymph glands. More severe illness can cause neck stiffness, disorientation, tremors, coma and sometimes paralysis and death.

EEE symptoms may include a high fever, stiff neck, headache, lack of energy and inflammation of the brain. It can get worse very quickly and some patients may go into a coma within a week.

WNV signs and symptoms appear about 5–15 days after the exposure and EEE signs and symptoms appear 3–10 days after an exposure.

There is no vaccine for WNV or EEE, however, if you suspect you may have the virus, discuss it with your doctor. Your doctor can test for the virus and the Maine CDC monitors any cases in the state.

There is no cure however, supportive treatment from your doctor may be necessary to take care of any symptoms from your infection.

Maine has also seen an alarming increase in Lyme disease transmitted by the deer tick in the last few years.

Lyme disease is transmitted by the bite of a deer tick, a tiny tick the size of a poppy seed. They can be very difficult to see, especially on dogs.

The ticks start showing up in March and continue for several months. The tick nymphs grow over the summer and

are active in the fall through November. The tick must be attached for approximately 24–36 hours before it can transmit the disease. Therefore, it is important to check yourself thoroughly every time you are outdoors.

The symptoms are a bull's eye rash around the bite site. However, not everyone develops the rash. Flu like symptoms such as fatigue, headache, fever, chills, muscle and joint pain are the most common symptoms and usually develop within a month. The symptoms can be commonly mistaken for the flu. However, the symptoms of Lyme disease can develop late signs weeks, months and even years after the tick bite. Those symptoms may be:

- Arthritis usually in one or more large joints, especially the knees
- Neurological problems including numbness, pain, facial paralysis, and meningitis (fever, stiff neck and severe headaches)
- Memory and concentration problems
- Heart problems

The diagnosis of Lyme disease is based on the signs and symptoms and the potential exposure to deer ticks. A blood test can be given to test for the disease.

There is no vaccine presently available for the disease. The disease can be treated by your doctor. Therefore it is important to talk to your doctor as soon as possible

if you have any of the above symptoms. It is important to treat Lyme disease as early as possible for the best outcome.

Even if a person has had Lyme disease and been treated, he or she can still get Lyme disease again. Lyme disease is not passed from person to person.

To remove a tick, grip it well with tweezers or a tick remover spoon (found at local stores) and pull firmly straight up. Do not use Vaseline, or other such methods. These methods cause the tick to burrow deeper in the skin. If the head is not removed, you may need to have your doctor help you remove it. It is important to get all of the tick out of the skin.

The best way to avoid these vector borne diseases is take precautions:

Wear long pants and sleeves while in the woods. Light colored clothing is best.

Use insect repellents that state on the label they repel mosquitoes and ticks.

Check yourself thoroughly (under arms, behind knees, scalp and hair, etc.) when you come back inside.

Ticks will ride on clothing so also check your clothing.

If you notice any symptoms mentioned above, contact your doctor for advice.

For more information, go to Maine Center for Disease Control website at: <http://www.maine.gov/dhhs/mecdc/> or call 287-8016.

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## Community Calendar

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### SEPTEMBER 2012

#### September 3

Town Office closed in observance of Labor Day

**September 14–16**  
**Celebrate Bowdoinham**

#### September 29–30

Merrymeeting Arts Center Presents  
Carter Smith's films at 7 pm

### OCTOBER 2012

#### October 8

Town Office closed in observance of Columbus Day

#### October 12

"Portraits of Portraits" opens at  
Merrymeeting Art Center, 6–8pm

#### October 20

Youth Deer Day.

#### Harvest Festival

Variety Show

Merrymeeting Art Center 11 am–  
3 pm

Long Branch 3 pm–7 pm

The Medicine Show

#### October 27

Rabies Clinic

9:00 am–11:00 am at the Bowdoinham  
Town Hall.

Town of Bowdoinham  
13 School Street  
Bowdoinham, ME 04008

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