



THE BOWDOINHAM NEWS

Volume 22, Issue 4

bowdoinham.com

September - October 2023

Temporary Crosswalk and Gateway Demonstration Project

In response to reports of speeding traffic along Route 24 and concerns of pedestrian safety crossing this road at the Main Street intersection to move pedestrians to our waterfront park, the town has partnered with the Bicycle Coalition of Maine and Maine Department of Transportation to install temporary traffic calming and placemaking features including:

- A temporary crosswalk connecting the existing sidewalk and landing at the southwest corner of Main Street and Route 24 across Route 24 to the northeast corner of Main Street and Route 24 at the Three Robbers restaurant;
- A temporary landing in front of Three Robbers Pub using 4-foot-long planters; and
- Delineator gateways at all four corners of the intersection.

The installations will seek to slow motorist traffic to the posted speed limit and give pedestrians the safest directive and peace of mind as they navigate this intersection during our busy summer and fall months. We will use this project to gain feedback from the community on how a crosswalk is received. There are funding sources available to work towards a more permanent solution and the survey data we collect on this project could be used to support the next step.

Project Details

The location of the crosswalk must meet Maine DOT sight line and speed limit requirements. While it has been observed that pedestrians have been crossing Rt. 24 at the corner of the Masonic Lodge, a crosswalk here does not meet sightline requirements which has dictated its current location.

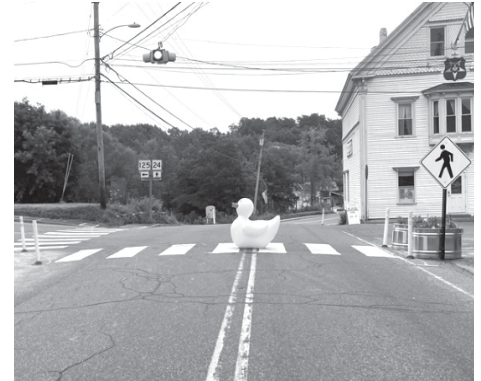
Further, DOT requires a safe landing for the terminus of the crosswalk. This includes an ADA texture pad and landing bolstered



by a curbed sidewalk on both sides to keep vehicles out of the landing. Where this is a temporary solution the placement of two bolted down galvanized tubs decorated as planters acts as this barrier and painted dots and a white line further delineated where a sidewalk would be.

The crosswalk was enhanced with a "gateway" of white delineators (corner posts) positioned where the fog line meets the crosswalk and north of the crosswalk to calm traffic entering and exiting the intersection. Delineators are used to calm traffic by tightening intersections and slowing turning vehicles which improves safety for people walking.

The delineators used are white (for roadway edge) and yellow (for centerline) with matching retro-reflective tape on them for visibility during nighttime hours. The spatial needs of turning vehicles were considered, and delineators were placed to minimize impacts and gateway designs are adjusted as needed to meet the needs of the location. With the number of large



vehicles using this intersection we moved the delineator back several yards from the intersection. However, the experiment still proved that a center line delineator would not be effective and was quickly removed.

This project is intended to be seasonal. Delineators will be removed no later than November 5, 2023 or sooner by Bowdoinham staff. With the repaving of Rt. 24 the scheduled for the end of August the project might be removed before Celebrate Bowdoinham on September 16, 2023.

To learn more and complete our survey please visit: www.bowdoinham.com/crosswalk-demonstration-project.

Questions or concern please contact Yvette Meunier, Dir. of Planning & Development at Planning@bowdoinham.com or 666-5531.



Inside this Issue

Town Hall Preservation.....2	Cemetery News.....8	Drivers Needed.....13
Celebrate Bowdoinham!.....3	Morning Jo.....9	Stones that Tell Stories.....13
Merrymeeting Arts Center.....4	Bowdoinham Library.....10	Loose Ladies Book Club.....14
Age Friendly Bowdoinham.....5	Buyer Be Informed.....10	Recreation.....15
BCDI.....6	Bowdoinham Food Pantry....11	Yoga in Bowdoinham.....17
CPC.....7	Cornhole Tournament.....12	Project Gymnasium.....17

THE BOWDOINHAM NEWS

Town Hall Preservation

Rachelle Tome

When you drive into town via Route 24, the Town Hall steeple is there above the trees to greet you, as it has been since the late 1880s. I'm reminded of the words of Silas Adams, author of *History of Bowdoinham, Maine*, who called the Town Hall the "conspicuous landmark of this Town." This majestic icon is featured prominently on the plates celebrating Bowdoinham's 250th anniversary. Now, the future of this "vigilant sentinel" has reached a crisis point. Since 1959, when my family came to this town, the Town Hall has become intertwined with some of my fondest memories. I'm sure others could say the same. I can't imagine looking up and not seeing that steeple on the hill. Based on comments shared at June's Town Meeting, many others feel the same way.

To be fair, there are some who think tearing down the building is the best option. While that may seem like an easy solution, that too may have a significant cost. That same funding could support some of the major repairs needed to stabilize the building. Removal of the Town Hall may create space for a parking lot, but this historic icon would be gone forever, along with the largest closed-in community space available in town. Restoration provides an opportunity to finally realize the goal of the 1990s improvement efforts to revitalize and update the building so that it pays for itself. Once again, the building could host holiday shows for the Artist's Guild, rummage sales for the Community School, Contra dances, family celebrations, and maybe some new endeavors,

like public theater or line dancing.

As I've shared before, preserving the Town Hall will need to be a community effort, through financial support from the community, major fundraising, volunteering for work projects and supporting Town initiatives. I'm confident that if we roll up our sleeves and turn on that famous Bowdoinham spirit, we can get this done!

Want to help? Monetary donations are always welcomed. Donations can be sent directly to the Town of Bowdoinham and earmarked for the Town Hall or can also be sent to the Bowdoinham Historical Society, who is serving as a vital partner for this project. Right now, we are collecting items for the Silent Auction to be held in September during Celebrate Bowdoinham. Please contact the Town Office if you have items or services to donate. In addition, we welcome your time and skill. If the Town moves forward with restoration, there will be many projects that could be completed through donations of your time, skill, and materials. Let us know if you'd like to help and we'll add your name to our contact list. Just contact the Town Office.

Need more information? The report from Preservation Timber Framing (featured as the timber frame expert on a recent edition of *This Old House*) can be accessed on the Town's website. Members of the Committee are also available to answer questions. The Committee meets on the 4th Tuesday of the month at 4:30 pm in the Coombs Building. Please stop by and join us!

Town Hall Fund Raiser



Pine Tree Afghan Raffle

Purchase tickets at the Town Office for a chance at a this beautiful handmade green and white afghan.

Tickets \$1 each or 7 for \$5

Drawing will be September 16th at Celebrate.

Recycling DOs and DON'Ts

Do rinse your recycling until clean and crush your milk jugs before placing in your recycling container. Crushed milk jugs take up less room in your container and allows for more recyclables to fit in the Silver Bullets.

Don't recycle damp or wet cardboard. Wet cardboard cannot be baled for two reasons. First it will mold creating an unhealthy environment while in storage and second it can heat up inside the bale and spontaneously combust creating a fire hazard.

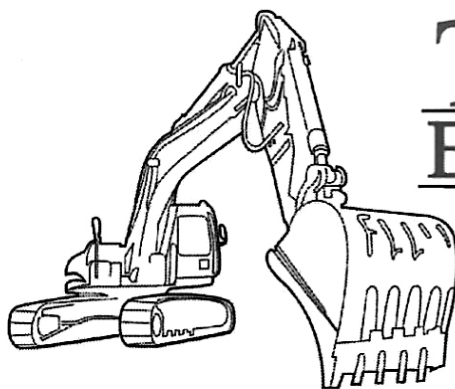
Stay tuned for more DOs and DON'Ts in the next issue.



**DON'T RECYCLE
DIRTY**



**DO RECYCLE
CLEAN**



Tourtelotte EXCAVATING

(207) 666-5941

188 Millay Road
Bowdoinham, ME 04008

www.tourtelotteexcavation.com

Excavation - Road Work - Land Management

THE BOWDOINHAM NEWS

CELEBRATE BOWDOINHAM!

SCHEDULE OF EVENTS

Friday, September 15th

- 5:00pm: **Pie Contest Judging**
(Pie drop off at the Pantry from 3-5pm)
- 5:30pm: **Chicken Run!**
- 6:00pm: **Project Gymnasium Gazebo Gathering**

Saturday, September 16th

- 8:30am: **Farmers' Market**
- 10:00am: **Parade**
Fire Station (Post Rd) to Main St; down Main St to River Rd; then River Rd to Ridge Rd to Cemetery Rd to Center St; back to Fire Station
- 11:00pm: **Citizen of Year Award**
- 11:15am: **Zucchini Races**
Matthew Townsend Parker Skatepark
- 12:00pm: **Liza May - Performing Artist**
- 1pm-3pm: **Merrymeeting Trails Bike Ride**
Meet by RR Tracks
- 1:30pm: **Lobster Crate Races**
- 3:30pm: **KenDucky Derby Race**
- 8:00pm: **FIREWORKS!**

ACTIVITIES

Saturday, September 16th

- 10am-3pm: **Merrymeeting Hall Open House**
- 11am-6pm: **Kids Activities**
Inflatables, Games, Dunk Tank (MTA benefit), Coin Scramble (12:30pm) & more!
- 10am-3pm: **Open Studio**
Merrymeeting Arts Center
- 10am-3pm: **Merryreading Book Sale**
Follow the painted path up Main St.
- 10am-4pm: **Open Art Gallery**
Cathance River Art Gallery
Knights of Pythius Building
- 11am-7:30pm: **Music at the Gazebo**
- 11am-4pm: **Silent Auction, Craft Show, Bake Sale, Community Booths**
- 2:30-3:30pm: **Mr. Drew & His Animals Too!**
- 3:00pm: **Cornhole Tournament**
Recreation Fields at Community School
- 4:30-6:30pm: **Face Paint & Balloon Twisting**
Sponsored by Five County Credit Union
- 7:30pm: **Liza May - Performing Artist**

Androscoggin Bank
A Banking Force For Good

SIX RIVER FARM
Contact: 207-666-8497

Drummond Woodsum is proud to support Celebrate Bowdoinham.
DrummondWoodsum
800.727.1941 | @wmlaw.com

BILODEAU INSURANCE AGENCY
Personal & Commercial Insurance
92 Pleasant Street, Bowdoin, ME 04301
541 Lisbon Street, Lewiston, ME 04240

AV SYSTEMS OF MAINE
SOUND - VIDEO - HOME THEATER
AV System Design/Install - Home Theater Design/Install
System Repair - Single Component Install - Residential/Business
Bill Wayman
(207) 666-6966
info@avmaine.com
www.avmaine.com

SITELINES
Civil Engineers • Land Surveyors

Thank You Fireworks Sponsors!
And thanks to this year's Friends of Celebrate:

PINE TREE ENGINEERING
50 Front Street
Bath, ME 04600
Tel: 207-443-1608
www.pine-tree.com
Serving All Your Civil Engineering Needs

O'Farrell ENERGY
Heating oil & K-1 & Diesel
844-2800
5 Brock Lane
Bowdoinham, Maine 04608

Apple Creek Farm, Bowdoinham Country Store, Christian & Robinson Plumbing, David Engler & Annette Mott, Downeast Credit Union, Fairwinds Farm, Kabayan Phillipine Foods, Three Robbers Pub, and Top Tech Auto Repair

FHC
Neural microtargeting™ Worldwide
1201 Main Street, Bowdoin, ME USA 04287
Phone: 207-606-8100

API
A PARTNER IN TECHNOLOGY

Bowdoin Aggregate Sales
LEDGE • SOULDERS
STONE • GRAVEL • LOAM
RECLAIMED ASPHALT
207-666-8497

COBB'S REPAIR SERVICE
AUTOMOTIVE REPAIR & DIESEL SPECIALIST
6 WALLENTINE ROAD - BOWDOINHAM, MAINE 04608
(207) 666-5985

FIVE COUNTY CREDIT UNION

THE BOWDOINHAM NEWS

Merrymeeting Arts Center

Tessa Kingsley

The school vacation art kits were a great success, supporting local artists as well as providing a shared artistic experience for every student at Bowdoinham Community School. Please support and follow Bowdoinham Sprouts for future free art kits! Our Little Free Craft Library will continue to be a community resource for art materials to drop off and pick up!

The Gallery for Everyone series is back this summer to pair your weekly trip to the Bowdoinham Farmers' Market with a new gallery exhibit each Saturday! We feature artists of all ages and experience and hope this is another bustling summer of gallery visits. The exhibit list includes a diverse range of arts including painting, collage, pottery, and it was kicked off with the fine art of... ice cream. We have teamed up with Bowdoinham Public Library to bring Michael Albert to Bowdoinham, the gallery, AND the studio for an early August exhibit and workshop weekend. The Gallery for Everyone series runs through August with a fresh extended exhibit on the horizon for September and a new collaboration with Merrymeeting Adult Education in the fall.

Summer is a busy time at MAC: gallery exhibits, workshops, Summer Concert Series meal on July 2nd, Open Farm and Studio Day July 23rd, pottery studios, plus the Art Camps are off and running with the enthusiastic leadership of Katie Hudak. Her spirit is the perfect complement to MAC's goals as an organization to provide opportunities for both artists and instructors. In order to keep that vision alive, Merrymeeting Arts Center needs additional board members to help plan programming, connect with the community, and seek funding to maintain this valuable community resource! If you would like to put your passion for MAC and Bowdoinham into action, please reach out: merrymeetingartscenter@gmail.com.

We would very much like to express our deep appreciation to Melissa Bardsley as she sets off on new adventures. Melissa served as Pottery Manager through the pandemic years and we could not have stayed as vibrant without her dedication and diligence. We look forward to her visits in the studio as a guest and wish her nothing but great success in all her pursuits.



Zachary Fields has stepped into the role of Pottery Manager through the transitional month of May

thanks to Laurel Lopez and Jen Kelley who volunteered to keep our studio evenings open as substitute hosts. He has been teaching ceramics for 30 years and is passionate about sharing his love and knowledge of clay. A professional ceramic artist himself, he specializes in wheel throwing and raku firings: two things he's excited to share with the MAC community. As a recent transplant to Bowdoinham with his wife and son, he is looking forward to being a part of the creative community.

The Heron Fund is our scholarship fund for all MAC organized studio programs and events. It is made possible by the generosity of the Muir Family and donations from MAC friends and supporters like you. Donations can be made on our website and allow us to remove financial barriers for program participation and ensure Art for Everyone!

MAC Book Sale

The Bowdoinham Library has a wonderful collection of older books that have been donated to it over the years. Their wonderful cover artwork spans many styles of book cover art through the years. There will be a special exhibit of these books starting at an opening reception on Nov. 3 from 6:30-8:00 at the Merrymeeting Arts Center. The exhibit will continue on Saturdays from 9-4, and Tuesdays and Thursdays from 1-5 until Nov. 25. All books will be available for sale at very reasonable prices. A special addition will be mosaics made from book covers (now on view at the Library) for silent auction bidding. More details to come later.

2023 Chicken Run!

Lace up those running shoes and get your game face on for this year's Chicken Run. The Bowdoinham Community School 5k Chicken Run and Kids' 1-Mile Fun Run is happening Friday, September 15th at 5:30 pm. As always, this is sure to be one of the most fun community events of the year! We'll have cool t-shirts, great music, free pizza, and wonderful farmers market boxes for the winners. Registration through our website is open until Thursday, September 14th at 6pm. Just visit <https://runinarace.com/BowdoinhamCommunitySchool/>. In person registration starts at 4:30 pm on race day. All proceeds benefit the Bowdoinham Community School. We hope to see you there!



Age Friendly Bowdoinham

Peggy Muir

Committee Meetings: If you have interest in checking out the Age Friendly Committee, please join us at one of our meetings. We meet at the Town Office on the 2nd Monday of every month, 1:30 pm - 3:30 pm. Our activities, meeting agendas and meeting minutes can be found at: www.bowdoinham.com/ACOA. If you have questions about meetings or other age friendly programs, please contact Jason Lamoreau, Older Adults Services Coordinator, at the Town Office (207-666-5531).

Luncheons: Our wonderful monthly luncheons will start again in September at the Fire Station. WE NEED VOLUNTEERS TO HELP WITH PREPARATION AND SERVING. There are many small and large tasks!

September 14 Luncheon 11:30 a.m. Bowdoinham Fire Station Speaker Jennifer Stonebaker of the Bowdoinham Food Pantry Food issues are very much an age-friendly concern.

October 12 Luncheon 11:30 a.m. Bowdoinham Fire Station Speaker Linda McCullough who organizes auctions and empties houses downsizing and estate sales are very relevant to all of us as we age. How do we best manage our stuff??

Celebrate Bowdoinham (September 15-16)

We will have a booth at the waterfront with lots of information on our committee's past/present/future work. STOP BY!! We will also have a presence in the Town parade.

Universal Design: The Age-Friendly Bowdoinham Committee is committed to spreading the concept of Universal Design which promotes features in public and private spaces that allow for easy use by people of all ages and abilities. We were delighted to receive funding from AARP to develop a Guide for homeowners showing the many ways we can incorporate universal design when we update, remodel and build our homes. The Guide is expected to be available in late Fall.

Our committee continues to work with several other town committees to keep our concerns in their discussions. **The Housing Advisory Committee** is looking at ways to help create affordable housing options for both young families and older adults as the town grows. The new town provision for allowing Accessory Dwelling Units (ADUs) is an important step in this direction. Jeremy Cluchey and Peggy Muir are part of the group looking at a future **rail trail** which hopefully will have provisions for people of all ages: the long distance biker and hiker,

less abled walkers who may want a short walk to a lovely shelter, young families who want to explore and play, and daily walkers. We had an assessment of our waterfront trails by Enoch Giddens, a disability advocate, who has submitted his recommendations.

We met with Debbie Atwood, Volunteer Engagement Director for **Habitat for Humanity** in July. This organization is now focusing on home repair which include ramps, minor electrical and plumbing and general repairs but does not include roofs, window weatherization or major electrical and plumbing work. There is a \$1500 limit to materials per project, which does not include materials available through Restore. Labor is covered by volunteers who are covered by liability insurance through Habitat. The program is restricted to homeowners who must complete the application on the Habitat website and meet their income guidelines. We will have information on this at our Celebrate Bowdoinham table down at the waterfront.

Resource Guide and Flyers: The Committee has spent extensive time updating the current Resource Guide for older adults. The updated version focuses on local services and programs that are free or at little cost in each of the following areas: Referral & Assistance, Housing & Repair, Support Services, Health & Wellness, Financial Relief, and Social & Education. A laminated one-page flyer is available at the Town Office for easy access to the most commonly used services. The full Resource Guide can be found on the Age Friendly website at www.bowdoinham.com/project/resource-directory-older-adults-bowdoinham or copies will be available at the Town Office upon request.

Prepping for Winter: While it is hard to imagine as we cope with hot temperatures, by the time this Newsletter is in your hands it will be time to start planning for winter. A reminder about 2 vital resources:

- **Heating Assistance Program:** Midcoast Maine Community Action is the new LiHEAP (program of fuel assistance for qualifying households) point-of-contact for Sagadahoc County. If you have not already submitted an application or scheduled an appointment, you can contact LiHEAP by phone (207-442-7963); email energy@mmcacorp.org or through their website at midcoastmainecommunityaction.org.
- **Window Dressers:** This is a volunteer driven non-profit organization dedicated

to helping residents reduce heating costs by reducing heat loss through windows. Volunteers measure and build customized inserts that are reusable year after year. The cost of inserts is modest and may be available at no charge to qualified households. To learn more, call 207-596-3073 or visit their website at www.windowdressers.org.

TRAVEL

Summer is a time for travel. Thousands of tourists come to Maine and thousands of Mainers travel to other places. Travel can be a major challenge for people of any age, but especially for the elderly. It really helps if you research and plan ahead of time! Some transportation hubs are well-planned and some are not. Some tourist sites are well equipped for people of all abilities, and some are not!

Parks and trails and beaches vary in accessibility. Popham Beach has a good long beach "ramp" access for wheelchairs. Range Pond too.

The Portland bus and train stations provide quite easy access to trains and buses with only short distances to manage and lots of seating available, although challenged people (not in wheelchairs) still have to hoist themselves up the narrow bus steps.

It helps to order a wheelchair ahead of time for airports! You can be met at the curbs and at the plane with both a chair and aide. During one trip before my knees and hip replacements a fabulous aide zipped me from my plane through crowds and secret back passages and I made an earlier bus connection than expected. On other trips I've had to wrestle my roller bag through endless corridors and up/down stairs.

I spent part of the year near Seattle and have learned about elder travel the hard way. Airports and trains and buses and ferries have major challenges. The famous ferries from Seattle to many islands in Washington State are a good example—the ferry I need to take has a necessary walk of almost 3/4s of a mile with little seating and no visible assistance or assistants! Recent expensive renovations have made matters worse and seem to have little accommodation for the less abled visitors. And - yes - I've "voiced" my complaints and suggestions.

Many places assume that someone in a wheelchair will automatically have a companion. At one doctor's office in Portland there is a sign at the front door (with its step up) that says "Inquire about ramp at desk inside."

Just be warned. Prepare for travel if you or a companion have mobility issues and let's be vocal in asking for aids and aides!

BCDI

Ingrid Leschefske



Congratulations to Pete Feeney, the latest recipient in BCDI's Neighbors Investing In Neighbors Loan/Investment Program! This loan, funded by BCDI member investors, supports the purchase of a CLC Whitby Pilot Gig Complete Boat Kit for our local Bowdoinham Rowing club.

Bowdoinham Rowing was started by Pete in 2016 and has grown steadily ever since. The club's primary mission is to build community through rowing. To allow the club to expand their participation in the competitive rowing circuit, Bowdoinham Rowing decided to purchase a Stitch and Glue Pilot Gig kit from Chesapeake Light Craft (CLC). Members of Bowdoinham Rowing, together with community volunteers, assembled the kit. The club has named the boat the "Merrymeeting II." The original "Merrymeeting" was launched in 1768 by John Patten and was the first

ship built in Bowdoinham. Shortly after the loan was made, Bowdoinham Rowing successfully launched "Merrymeeting II."

Come row with the crew on the Cathance River! All ages and experience levels (including none at all) are warmly invited to participate in Bowdoinham Rowing. Give it a try! Pete is also selling \$100 plank shares in "Merrymeeting II" to fund loan repayment. If you are interested in rowing or buying one or more plank shares, please contact Pete at 207-319-6324.

Congratulations again to Pete and Bowdoinham Rowing!

Through its member-only loan program, "Neighbors Investing In Neighbors", BCDI aims to meet local needs with local capital. The fund's investment opportunities have provided nearly \$140,000 to support expanding businesses in Bowdoinham.

While the Loan Program is coordinated by BCDI, the funds come directly from individual BCDI members who are the "investors." BCDI members who are interested in helping to invest in the growth and development of local businesses can provide financial support toward the loan provided to the business. In other words, residents who choose to support the local businesses seeking loan financing will lend their personal money to the business. BCDI's role is to coordinate and administer the process between the business seeking the loan and the numerous individual investors who help to fund a loan in full.

Interested in applying for a loan or learning more about the process? Interested in investing in BCDI's next offering? Please check out our website at www.bcdimaine.org for more information or reach out by email to bcdi.maine@gmail.com.

Andrews B. Campbell, P.A.

Fifty years experience in legal matters great and small.
Accepting selected cases.

207-666-5601; 772-245-7892

LAW OFFICES OF ARTHUR J. LAMOTHE

Bowdoinham

666-5713

or

721-9911

www.lamothelaw.com

Comprehensive Planning Committee (CPC)

Three More Chances to Add Your Voice to the Comprehensive Plan!

We hope to see you at one or more of the three (3) opportunities to share your thoughts on land use for Bowdoinham through 2034! Change is going to happen no matter what! Let's work together to keep Bowdoinham rural and welcoming while planning for the changes as much as we can. Below are four relevant sections from the 2024-2034 Vision Statement (approved May 2022) to help frame community input and discussions:

- *In 2034, Bowdoinham is a quiet rural Maine community defined visually by agricultural landscapes, abundant woods and wetlands, a commercial village center, and historic buildings.*
- *Bowdoinham is a place where small businesses thrive. Farmers, artisans, and local entrepreneurs feel welcome and supported here. Environmentally friendly practices are especially welcome.*
- *Housing that is affordable is available*
- *The community is knowledgeable about local climate change issues and aware of what we can do locally to mitigate risks and be resilient to climate change...we have adopted more sustainable land use practices. There's an awareness that what we do here as a community affects ourselves, our state, and ultimately the world in which we live.*

The dates are:

- Saturday - September 16, 2023 at Celebrate Bowdoinham.
 - o Someone will be at the CPC table from right after the parade until about 4:00. There will be maps, the vision statement, large sheets of paper for you to write your comments, and someone to share the committee's progress so far. Maybe more!
- Wednesday, October 11, 2023 – Facilitated Community Forum on Land Use
 - o 6:00-8:00 at the Bowdoinham Community School
 - o Craig Freshley, who helped with the Vision Statements for the 2014 and 2024 versions of the Comp Plan, will be back to help guide the discussions in October and November and summarize the input in collaboration

with the CPC

- Wednesday, November 1, 2023 – 2nd Community Forum and discussion.
 - o 6:00-8:00 at the Bowdoinham Community School
 - o This Forum will build on the input from September, and the discussions in October.- - and again we will be joined by Craig Freshley

Updates on the Plan:

In June and July we approved Goals and Recommendations for nine (9) sections. There is really too much information to detail here, so we will be, at a minimum, providing copies of the approved sections at Celebrate Bowdoinham and possibly at the forums where we will gather your input on the Land Use section.

The June and July approved sections are listed below. We had lots of extra meetings over the summer – both small groups to discuss the Goals and Recommendations and provide thoughts at the next meeting and a bonus meeting in July!

Approved Sections:

1. Economy
2. Agriculture
3. Forest Resources
4. Natural Resource
5. Historic and Archaeological Resources
6. Housing
7. Public Facilities and Services
8. Fiscal Capacity and Capital Investment Plan
9. Climate Change

The Housing Action Committee, which is a subcommittee of the Comprehensive Planning Committee, has resumed meeting on the 1st Wednesday of each month at 6:00-7:30, in the Kendall Room of the Coombs Building.

- Any person who lives in Bowdoinham is invited to attend – especially builders, planners, people interested in living in town, people just generally interested in the topic, etc.
- These meetings build on the Housing Community Conversations co-hosted by BCDI and the Comprehensive Planning

Committee.

About 1/3 of residents in Bowdoinham are over age 60 and many are interested in staying here as they grow older. There has also been a big jump in under-10 year-olds. Young families also need housing. There are not as many rental properties in town as are needed, and housing is very expensive in general. There are lots of challenges in the area of housing all over Maine and the country. This committee is working on identifying needed and doable changes as soon as possible, including possible changes to Land Use ordinances and the process of building permits.

Mike Shaughnessy and Joanne Joy will be co-chairs. Thanks to Grace McCarthy for also volunteering to chair although scheduling got in the way! Jason Lamoreau makes sure there is a Zoom link if you need to join virtually. If you are interested in being added to the email list of meeting reminders, agendas, etc. send your email to Jason at recreation@bowdoinham.com or age-friendly@bowdoinham.com.

Remember - there is still time to also join the Comprehensive Planning Committee. You can sit in on a couple of meetings without making a long-term commitment, or just stop in when we are discussing topics to interest to you. We want to include more perspectives and voices.

CPC meetings are the second Tuesday of each month, 6:00-8:00 in the Graduates Room of the Coombs building. Yvette Meunier, Director of Planning and Development, staffs this process; her email is planning@bowdoinham.com. We can have up to 17 members and more perspectives are always welcome.

Committee Members: Joanne Joy, Chair; David Asmussen, Co-Chair; Laura Arnold, Peggy Christian, Fred King, Jason Lamoreau, Jan Marks, Robert Schott, and William Stanton. Fred King and Jason Lamoreau have recently joined the committee. If you are interested, send an email to Yvette Meunier at planning@bowdoinham.com or call the town office.

Learn more, share more, and add your voice to the Comprehensive Plan.

Joanne Joy, Chair

THE BOWDOINHAM NEWS

Cemetery News

Well, we finally did it! The BCAC held a teaching and stone cleaning workshop at the Village Burying Ground on July 15. (The one scheduled in June had to be cancelled due to heavy rains). A total of 12 people, 4 BCAC members, Frank Connors, the Sexton and Tobey Frizzle, Public Works Foreman, and 6 community volunteers cleaned 35 stones and raised and reset a stone. Tobey brought down the Town truck with water and other supplies. A lot of water is needed for stone cleaning! He and Nina, Peter, Linda and Elaine set up a registration table and a snack table with cookies made by the members and plenty of bottled water. We also brought cemetery cleaning kits, bug dope and sunscreen (not needed!) It was overcast but pleasant. Volunteers started arriving at 9AM. Peter and Nina signed them in, while Linda and Elaine and Tobey distributed cleaning kits and taught cleaning techniques. Frank Connors soon arrived from a burial at the other end of the Cemetery. The following people came, learned and worked! Steve Ciembroniewicz, Rick Leach a local stone mason. Both of these men are close neighbors of the VBG. Also, Amy Rudsznis, Karen Tilbor, a former BCAC member who helped teach others, and Nathan Stroyer, an amazing worker, who did more than 10 stones, himself! Elisa Diaz was unable to come in the morning but arrived at noon and helped with the finishing and cleanup.

Peter and Tobey also cleaned stones. Frank brought a long tool for raising stones; and he and Tobey and Rick Leach, who supplied stone fill from his own business, raised and reset the fallen stone of Percy Tibbets, with just manpower, no other equipment. A lot of work, for a scheduled 2 ½ hour work session, but people actually stayed until after 1:30!

The next two VBG Workshops are scheduled on August 12 and September 9, 9AM to 12:30. And we plan to assist Susan Tuttle, the Keeper, with a cleanup in October. Meanwhile Linda and Elaine will be contacting Keepers, delivering kits and updating cemetery assessments. Nina, as Chair continues to work with the Town on finances, and Peter on making All Cemetery information accessible on a Town website. The BCAC will not have meetings in November or December of this year, but will resume in January 2024 on first Thursdays at 4PM in the Coombs Building. We hope to have more new members by then!

Tina Magno Town Clerk at 207-666-5531 or townclerk@bowdoinham.com to apply to be on the committee.

Nina Mendall BCAC Chair at 207-666-8838 or njmendall@comcast.net

Peter Mendall Secretary at 207-666-8838 or pjmendall@comcast.net to send any cemetery information or pictures you would like recorded.

P.J. O'Hanlon contact with the Community School at pjohanlon@hotmail.com. He is working on involving students and parents with the Village Burying Ground.

Linda Temple Volunteer Coordinator at 207-666-3342 or uwells9@myfairpoint.net.

Elaine Diaz Volunteer Coordinator at 207-666-8255 (incorrectly recorded as 666-9255 in past 2 Bowdoinham News Cemetery columns) or elainediazhome@gmail.com.

Tobey Frizzle Public Works Foreman at 207-666-3503 or pworks@bowdoinham.com to report fallen or threatening trees or other damage in any Bowdoinham cemeteries.

Assistant Clerk



After a long absence Bowdoinham finally has a new Assistant Clerk. Meet Kevin Hoefle.

Kevin grew up in Rock Island, IL on the shores of the Mississippi River. Moving to Maine in 2000 he lived in a few different towns before settling in Lisbon Falls in February of 2021. He enjoys both playing and composing music as well as traveling.

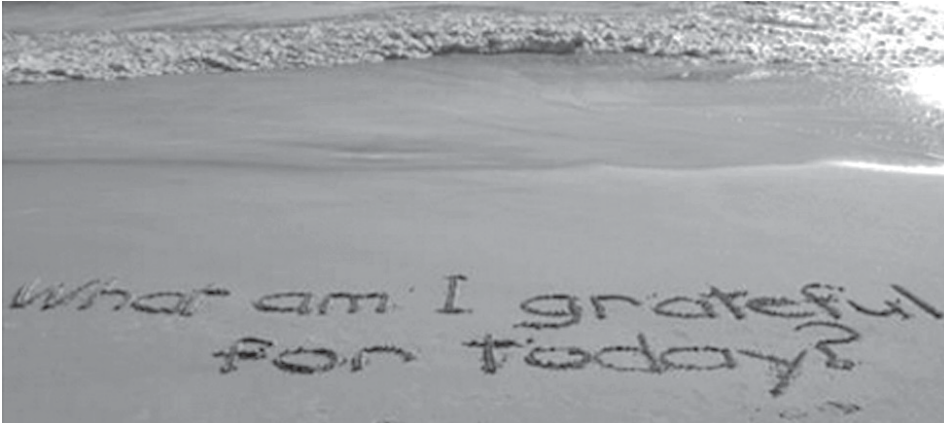
Kevin comes to us from Dirigo Management Company. Wanting a career change and having temporarily worked for the City of Portland, he was delighted to find that Bowdoinham was looking for an Assistant Clerk. Feeling this was a great opportunity he applied for the job, and we are grateful to have him.

Kevin is looking forward to getting to know more about our great town and the people who live here so stop in and say hello to the newest member of the Bowdoinham staff.



Morning Jo

Jo Werther



And Just Like That... Another Summer In The Books.

Mornings are chillier, nights are cooler, and the daylight itself has a different slant to it: here comes Fall. If you're not sorry to see the back of summer 2023, you are not alone. But if you're someone who feels the loss of the summer we never had, you are not alone either.

"Into each life, some rain must fall."

Of course, in this classic tune the "rain" is a metaphor for heartbreak (...into each and every heart, some tears are gonna fall...). Disappointment is an inevitable part of life. We all know it. But how we cope with it is the whole ball game.

Is It Time For An Attitude Adjustment?

I'm one of those people who can't get enough of summer: blue skies, bright sun, low 80s... I definitely did not get my fill this year. It was a big disappointment. And there were other disappointments that fell into my life as

well. It all made for some unsettled weather internally. Do you ever feel like that?

A Little Gratitude Can Go A Long Way

It's natural to get caught up in patterns that perpetuate (rather than alleviate) our distress. And we all deserve some soothing when we're feeling under the weather. One easy way to change our mood is with a gratitude practice.

What is a Gratitude Practice?

A gratitude practice is an intentional acknowledgment of the abundance and wellbeing in our lives which we typically tend to overlook. As we expand our awareness to incorporate an appreciation for things we had previously taken for granted, something a little magical happens: we feel better.

Gratitude is a secret superpower.

Try this: once or twice a day, identify five things you're grateful for. They can be anything at all. Challenge yourself to find new things every time you practice. And as always, remember to breathe.

Practicing gratitude doesn't mean our disappointments are not real; it just reminds us that there is also much good in our lives.

Happy Fall!

Comments? Something you'd like me to address next time? Email me at jowertherlcs@gmail.com.

Tax Year 2023 Property Tax Liens

⬆ Tax Liens were applied August 25, 2023 on all outstanding 2023 real estate property taxes

If you have not paid your property tax, please do so as soon as possible. If you have any questions, please contact our office at (207)666-5531.

Only Guaranteed Funds (i.e., cash, money order or pre-paid bank check) will be accepted for:

- ⬆ Payment of real estate taxes within thirty (30) business days of the anticipated date of lien filing or impending foreclosure.
- ⬆ Payoff or Discharge of existing lien or foreclosure.

Personal or Business Checks may be accepted for partial payments of accounts with existing liens or foreclosures.

Tax Year 2024 Property Tax Bills

2024 Real Estate and Personal Property Tax Bills will be mailed out soon. Please watch for an envelope from the Town of Bowdoinham.

Your tax bill is due in two payments – the 1st of Nov. and May. At the bottom of your bill are two payment coupons. You will NOT receive a bill for the second half due in May. For anyone whose taxes are not paid through escrow, please mark your calendar now for both due dates.

If you owe back taxes, your payment will be applied to the oldest bill first. Should you make either payment late, you will incur interest. If you are unsure of how much you owe, you may contact our office at any time.

LET ME INTRODUCE MYSELF...

I'm originally from Maine and have **loved living in Bowdoinham** for the past seven years. I am proud to be part of such a **vibrant and caring community**, and I'm happy to be your real estate resource!

Reach out any time!



CARA TAGGERSSELL

(C) 207.251.8835

carataggersell@portsidereg.com

portside
REAL ESTATE GROUP

59 PLEASANT STREET,
BRUNSWICK, ME
www.portsidereg.com
207.607.5965

Bowdoinham Public Library

Do You Work From Home?

The library is excited to announce a new initiative to better meet the needs of local entrepreneurs, farmers, artisans and other professionals working from home. Whether self-employed or teleworking, working alone can sometimes be challenging and isolating. As part of a larger, grant-funded project titled “Remote Work in Libraries”, the goal is to make the Bowdoinham Public Library the “go to” place for remote workers. Whether the need is a change in scenery, a replacement computer, access to high-speed internet during unexpected crashes, scheduled access to a room and video equipment for in-person or zoom meetings with clients, assistance with a research project, or a place for random and intentional collaboration - the library wants to help. This Fall, the Library will begin hosting informal conversations with at-home workers to help guide our efforts



so we stay attuned and responsive to their needs in a rapidly changing environment. If you work at home and would like to share your ideas, experiences and needs, please email bowdoinham@gmail.com or sign-up at the library to become part of building LibraryWorks - a resource for Bowdoinham professional at-home workers. Grant funding is from the Maine State Library and Maine's Department of Economic Development.

Volunteer Coordinator Needed

The library is seeking a Volunteer Coordinator to help with the running of library programs and fundraising events. We have an annual stipend to offer the right person; someone who is organized and personable and familiar with social media platforms as well as Google tools. We are also looking for more people willing to staff Merryreading books in two hour shifts (no pay). If you are interested in either task, please talk to Kate at the library.

New Kindles and iPad classes

Thanks to a grant from the Maine Community Foundation, the library

now has three Kindle Fires to loan with a Bowdoinham library card. Read the latest e-book, listen to an audio book with provided headphones or just surf the web. Free of charge and available for a three-week loan. Instruction available by appointment.

We will be hosting a class an in-person class (with a remote instructor from NEDC) called “iPad Basics”. It is a three part class meeting three times for one hour, on September 19, 20, 21st. This course covers the basics of how to use Apple's popular iPad. The class starts with the basics of how to log on using multiple methods from passcode to touch id to face recognition technology. Apple's iCloud service will be discussed, including how it will help secure your data and allow your data to be used across multiple Apple devices. The App Store will be covered to find additional applications that may meet your varied interest and needs. Bring your own iPad, or borrow one that belongs to the library for use during this class. Register at the library.

Kate Cutco, Bowdoinham Library Director

BUYER BE INFORMED: Private Sales

When purchasing a motor vehicle, motorcycle, trailer, boat, ATV or snowmobile from a private sale there are a few things you need to make sure the seller can give you before you buy so that you can register your purchase.

Bill of Sale: Containing the following information:

- Vin Number, Year, Make and Model
- Both the Seller and Buyers name, address, and signatures
- Date of sale
- Amount of sale

Title: These are required for the items listed below if they are 1995 or newer.

- All motor vehicles except special mobile equipment.
- Trailers over 3,000 lbs. (unladen weight)
- Motorcycles with engines 300 CC and over

Name on Title should be the name of the Seller, if not see special circumstances below. All fields on the top part of the backside of the Title must be clearly filled in. The State of Maine does not allow cross outs or white outs. If a mistake is made an MVT-16 form

(essentially a form similar to the top part of the Title) needs to be clearly filled in and attached to the original Title.

All owners written on the front of the Title must sign the back of the Title and the Bill of Sale.

Boats, ATV & Snowmobiles: It is helpful but not necessary to have the previous owner's last registration or the last sticker number. This just makes it easier to find the vehicle in MOSES, the Inland Fisheries & Wildlife system.

Sales Tax: The State of Maine requires you to pay Use Tax at the time of registration. This is 5.5% of the price paid.

Special Circumstances on Titles:

- Previous owner(s) is deceased: The seller needs to give you a copy of the Death Certificate as well as a copy of their Personal Representative papers. If the Seller is the spouse of the deceased and their name is on the Title, they also need to give you a copy of the Death Certificate.
- The Seller is not the name of the owner listed on the title: This could happen if

the Seller never registered or titled the vehicle. The previous owner transferred ownership by filling in and signing the back of the title over to the Seller. The Seller needs to title the vehicle and sign that title over to you before you can register it. Or give you the Bill of Sale they received from the Owner(s) on the title, the filled in Title with the Seller as the buyer, a clearly filled in MVT-16 form transferring ownership from the Seller to you and a Bill of Sale from the Seller to you. You will then have to pay for Double Title fee at time of registration (\$66).

- The Seller is a third party: If the seller is not the owner on the title or the person listed as the buyer on the back of the title: The Seller must title before selling the vehicle.

Disclaimer: This information in no way covers all or every scenario, only the most common ones that we have seen in the Town Office. If you have questions, you can always call the Town Office and we can help direct you on this matter. If we do not have the answers, we can get them for you.

Happy Fall from the Bowdoinham Food Pantry!



FALCON MARKET

Serving the Bowdoinham Community School

- shelf stable snacks & easy meals
- essential hygiene items
- seasonal sharing table of fresh produce
- seasonal gear & spare clothing

For \$300 you can sponsor the Market for an entire month!

Your gift will...

- provide nutritious snacks and essential items for over 180 students and their families
- create community
- break stigma around food access

Bowdoinham Community School students will notice a big change this year when they head back to school: a free market in the gym foyer! The Falcon Market is essentially a satellite pantry. Shelf-stable food, snacks and personal hygiene items will be available for student and teacher access. During the months that fresh produce is abundant, the Market will offer a sharing table of fresh vegetables and fruit open to the school community. Additionally, the Market will be stocked with seasonal gear and a closet of clothes. Our goal is to engage the fourth and fifth graders in this endeavor, having them restock and occasionally “staff” the Market to encourage younger students to use its services. We’re also working on

connecting with a few highschool students to staff the Market each Friday afternoon. During school events such as Open = House and the Art Show, the Market will be open to the school community.

This idea was born out of necessity and a recent cut to our programming. In early May, we were notified by Mid Coast Hunger Prevention Program (MCHPP) that they would be eliminating their Backpack and Snack Programs at the end of last school year. For years they’ve sent bi-weekly pre-packaged bags of shelf-stable food, which we distributed along with our own “Backpacks” consisting of two breakfasts, two lunches, two dinners and a whole lot of snacks. The goal of these bags, which are delivered to homes each week, is to bridge the gap over the weekend when kiddos don’t have access to school meals. Additionally, MCHPP made bi-weekly deliveries to the Bowdoinham Community School of snack foods that teachers could access for kiddos who were unable to bring a snack from home. As of June 16th, both of these programs ceased.

As you might imagine, this news has been met with a great deal of worry. While our robust Backpack Program will continue to run “business as usual” - minus those white bags from MCHPP - the real Concern is at the elementary school where snacks are no longer provided. Nicole Dunton, Bowdoinham Community School’s social worker immediately got to work assessing just how important these snacks are to the school community. She conducted a survey amongst the teachers and staff and learned

(as you might have guessed) that these snacks were indispensable to keeping little bellies full during the school day. The two * large totes of snacks rarely lasted the whole two weeks and many teachers regularly supplemented out of their own pockets to provide snacks for their classrooms. She was determined to find a way to support students. Nicole, Chris Lajoie, the school principal, and I sat down to find a solution. The Falcon Market was born. We had a clear vision of what we hoped this Market could be, but we needed to find the funding. With Bowdoinham being the community it is, that didn’t take long. Tourtelotte Excavation and Bowdoinham Gas & Diesel stepped up and donated \$1000 to get this project underway! Because of this generous donation we were able to get the Market up and running THIS school year.

Parent Partnership members Kayla Samson, Elaine DeFreitas and Sarah McLaughlin have been instrumental in making this project a reality; we are so grateful for their support and hard work.

The infrastructure is in place; now we need your help. We are looking for monthly sponsors. For \$300 you can support the Market for an entire month! That means helping more than 180 kiddos have full bellies! Consider combining resources with another family or two; ask a grandparent (they love feeding kids) or even approaching your employer! Or perhaps consider supporting in another way, such as holding a back-to-school snack drive!

Stay tuned for Falcon Market updates as this exciting new program gets underway!

As always, we’re open for in-person shopping each Wednesday from 4-6PM. Come shop with us!

Here are some volunteer opportunities If you’d like to get involved:

- WEDNESDAY - Pack Deliveries/Deliver
- WEDNESDAY - Distribution Prep, Donation Processing & Distribution
- TUESDAY, THURSDAY, or SATURDAY - Recycling Help

Wishlist: Back to School Edition!

- Granola bars
- Diced fruit cups
- Individual bags of popcorn/pretzels
- Cracker sandwiches
- Nuts

COBB’S REPAIR SERVICE



AUTOMOTIVE REPAIR & DIESEL SPECIALIST

6 WALLENTINE ROAD – BOWDOINHAM, MAINE 04008

(207) 666-5985

*Celebrate
Bowdoinham*

1ST ANNUAL

CORNHOLE TOURNAMENT

To benefit Bowdoinham Recreation

SATURDAY
SEPTEMBER 16
AT REC FIELDS

GAMES START: 3:00 PM

WIN 1ST &
2ND PLACE
TROPHIES

REGISTRATION:

\$40 PER
TEAM

ADULTS OR KIDS OF ALL
SKILL LEVELS ARE
WELCOME!

OTHER GAMES AVAILABLE
FOOD & DRINKS AT THE SNACK
SHACK!

TO REGISTER PLEASE VISIT:

WWW.BOWDOINHAMREC.COM



Drivers Needed

Lynn Sternfels

June was a very busy month for the **RIDES program** in Bowdoinham. For the past eight years, we have been committed to providing transportation for residents who are 60+ and those with a disability that prevents them from driving safely. Looking at the data from earlier this summer, it is obvious this program is responding to the needs in this town. We took fifty-four trips with people and went almost two thousand miles.

So, who are the riders?? They are your neighbors, and they need to get groceries, go to church or get to an important medical appointment. They are independent and

enjoy living in their own homes. One of the riders stated, "Without the RIDES program, I don't think I could stay in my home. I have no family near-by to help me. The drivers in the rides program have gone over and above to get me where I need to go." Another said, "I am so grateful for these people who take the time to help me and others."

And, who are the drivers? They are a dedicated team who enjoy meeting people and making a difference. Because of the increased number of rides we have been giving, we are looking for a few more people to join us. If you have just a little

bit of extra time in your week, please consider volunteering. You might choose to help someone get to a regularly scheduled weekly appointment or you might only be able to offer rides every now and then. You can **choose your availability** monthly and typically drivers take 1 to 6 trips per month. Please call 207-837-9577 for information on how to get started with us.

If you need a ride or know someone who might benefit from this volunteer program, please call 207 837-9577 for details. There is no charge for any ride but donations are always gratefully accepted.

Stones that tell stories: Putting the Graves' Gravestones Back

Frank Connors

Norman would be so pleased.

For years, my father-in-law Norman Marriner and I made random and "business" visits to our Town's old Ridge Cemetery, and each visit would end with what became, "Norman's lament," a walk to the back of the Cemetery where six of his ancestor's gravestones lay broken and on their faces. "We can't even know who is who," he'd say.

Well, all that changed this summer, after a chance meeting with Albert Stehle over hot dogs at the Bowdoinham Country Store. Albert is well known in our area, but who

knew he had a little Business called, **Ridge Preservation?** We talked, he knew the site I described, and three days later, we met at the cemetery, found six marble stones, facedown, broken and askew from their original granite bases. Albert, who says he's, "preserving Maine history, one stone at a time," and I, a long-time local Sexton with questionable stone repair experience, went to work. We picked the stones with his handy, dandy tripod and chain fall. Once they were safely out of the way, and laying face UP so Jane could see and research the names, we rolled those six-foot granite bases away, dug out

the old cement foundations, and set a new foundation, using crushed stone the Public Works crew delivered. Working evenings and between rainstorms, the old bases landed on the new foundation, and the marble stones of two generations of James Graves gravestones were drilled, repined, cleaned and almost lovingly replaced to their 19th Century positions. James Graves' stone (1811-1893) and his son James Graves' stone (1853-1901) with their wives, were erect again, almost sparkling in the west sky sunset.

I was pleased, and finally, so would be Norman!



Find the stones. Drive Ridge Road past the Community School, the cemetery is on your left, nearly four miles from the Village. Enter the Cemetery, using the first gate drive three-quarters of the way toward the woods, you won't miss the stones, standing like proud soldiers, on your right side.

THE BOWDOINHAM NEWS

Ruth Moore, Renowned Maine Author

MARK YOUR CALENDARS!

October 19, 2023 at 1PM • Merrymeeting Hall, 27 Main St., Bowdoinham

The Loose Ladies Book Club and the Bowdoinham Public Library invite you to a program on Ruth Moore, Speaker, Gary Lawless.



Ruth Moore

Ruth Moore (1903-1989), who grew up on an island off the coast of Maine, is considered a renowned Maine author of the 20th century. She is best known for her authentic portrayals of Maine people. Moore is considered a regional writer. Her novels deal with life in a Maine fishing

community and the strong women and men who live there. Her debut novel "The Weir" was a success but her second novel, "Spoonhandle," soared. It was on the New York Times Best Seller List fourteen weeks. She wrote a total of fourteen books. It has been said that her books deal with emotional, political, and social issues that are contemporary. The New York Times said of her "It is doubtful if any American writer has ever done a better job of communicating a people, their talk, their thoughts, their geography, and their way of life."

We are in for a treat with our speaker ... Gary Lawless! He and his wife Beth Leonard own *Gulf of Maine Books* in Brunswick. Gary is a widely published poet. In the 1980's and 1990's, through his small press Blackberry Books, he republished 9 books by Ruth Moore, as well as three new titles by or about her. Most of these titles are now being published by Islandport Books. Gary and Beth were lucky to spend time with Ruth Moore, and to bring her books back to the attention of readers. Gary is well known by many as a great storyteller!

Summer residents living on Gotts Island had an affect on Ruth, introducing her to literature and encouraging her to go to



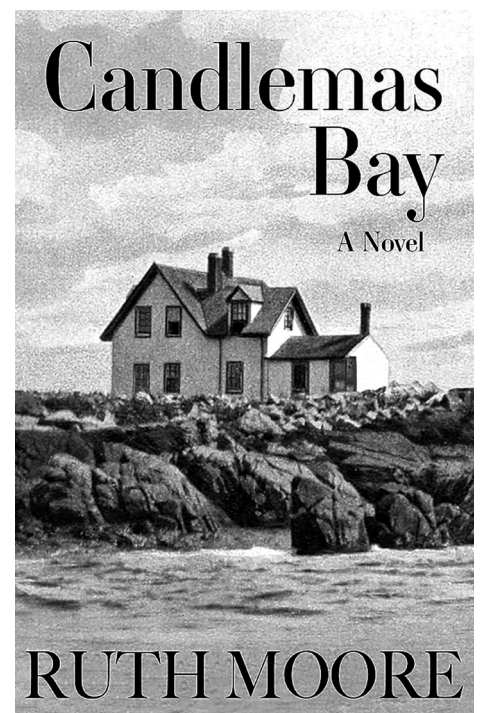
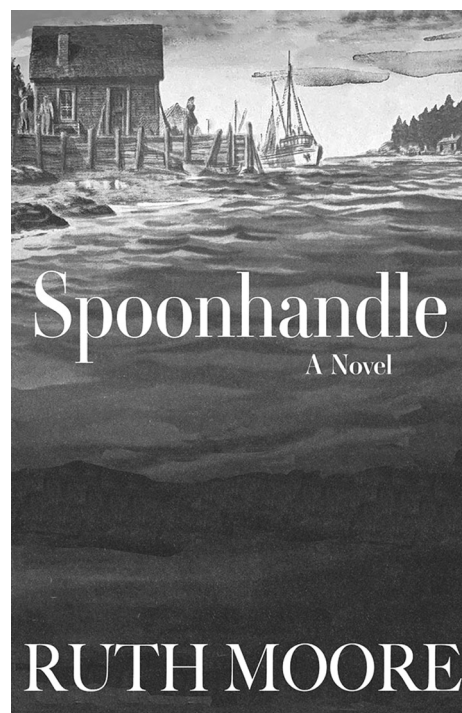
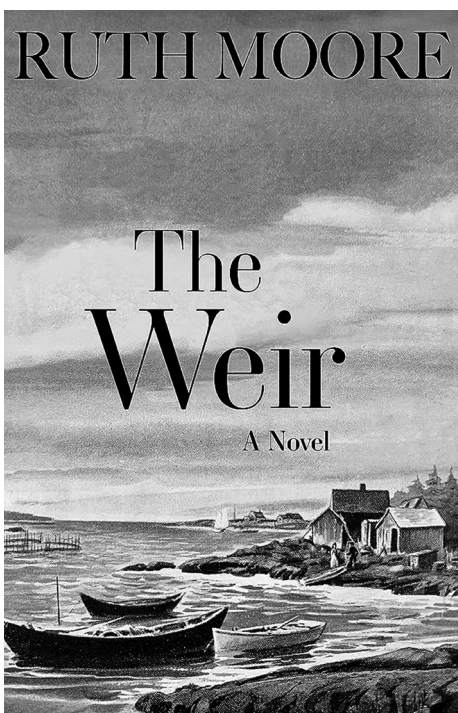
Beth Leonard and Gary Lawless

college. Jean Briggs, a Charter Member of the Loose Ladies Book Club, spent many summers on the island and she loved Ruth Moore's books. She often commented on them and told us many lesser known tidbits of information. The Loose Ladies Book Club and Bowdoinham Public Library offer this program to honor the memory of Jean. It is free and open to the public. Doors open at 12:30. There will be refreshments.

The Bowdoinham Public Library has Ruth Moore's books for loan.

"I Read Ruth Moore"

(Bumper Sticker by Speaker Gary Lawless)



Recreation

Pickleball - noun. pick-le-ball / pikəl-bōl. plural pickleballs: an indoor or outdoor game that is played on a level court with short-handled paddles and a perforated plastic ball volleyed over a low net by two players or pairs of players.

This sport is gaining notoriety and interest all across the country. And our little town has not been lost in the mix. We have received a lot of questions about the availability of pickleball, a family friendly activity, at our recreation courts.

Some may have noticed the Public Works crew working diligently this summer to install new drainage piping and stone around the perimeter of the basketball and tennis courts, as well as our baseball and softball fields. Their hard work will help to ensure we don't encounter another "Grand Canyon" crack through the middle of our courts like those that have appeared over the last few years.



The next step in the restoration of our courts, in partnership SAD #75, was to have a court specialty company, clean, pressure wash, repair, resurface and repaint both the basketball and tennis courts. And, included in this repainting process, was the installation of the long-desired pickleball court lines. The addition of four regulation pickleball courts, along with some existing and some new nets, sets up the opportunity to finally bring (back) an organized pickleball program to Bowdoinham.

In addition to regular playing times, we are also bringing in experts to help with instruction for those who aren't familiar with the game. This is a game that is easy to learn, fun to play and great for all ages and abilities. If you are interested in playing, reach out to Jason at the Town Office, email recreation@bowdoinham.com or check out the "Bowdoinham Pickleball" Facebook group!

TOWN OF BOWDOINHAM - NOTICE

NOMINATION PAPERS FOR THE NOVEMBER 7, 2023 MUNICIPAL ELECTION

Nomination papers will be available at the Town Office on Monday July 28, 2023, for the following positions:

2 (Two) Select Board Member, Assessor, and Overseer of the Poor for a 3 (three) year term

Papers are to be pick up at the Town Office and are to be returned by

Friday, September 7, 2023, at 4:00pm

Tina L. Magno - Town Clerk



Annual KenDucky Derby Race

On the Cathance River
Celebrate Bowdoinham
Saturday, September 16th

Pick your winner early at the
Bowdoinham Town Office



\$5 each or 5 for \$20



1st Prize: \$400 cash
Last Place Duck: \$100 cash

All proceeds will help cover the costs of the celebration.

Yoga in Bowdoinham



Yoga is returning to Merrymeeting Hall in September! Once again, Ann Flannery will be teaching an intermediate yoga class on Thursdays from 800 - 9 30 am. This is a complete practice including warm ups, postures, breathing techniques, and relaxation. Although the class is geared towards a student that has had some yoga experience, Ann always offers modifications to reduce the level of difficulty as well as the opportunity to challenge one's potential.

Merrymeeting Hall's theater is a wonderful space to practice yoga, and Ann is an excellent teacher who has been

practicing yoga since 1990 and teaching since 2000, having earned her certification as an advanced level yoga teacher. Her goal is to recognize where each student is and create an environment for them to discover their full potential. She believes that the benefits of yoga are lifelong and she truly enjoys sharing them.

Classes will start on September 21 and cost \$15 each. You should bring a yoga mat and any other yoga accessories such as blocks, straps, blankets etc. Questions? Email Ann at annieflannngmail.com.

Namaste!

Cathance Fitness Center

Cathance Fitness Center is located at 1201 Main St. Bowdoin, Maine. This route 125 address is the old Bowdoin Elementary School.



Create your memberships and handle payment information on our newest website: CathanceFitness.com.

We are excited to bring you a way to sign-up from home. Notice the links across the top to help you with membership choices as well as class information including Silver Sneakers. Scroll down to the gallery to see photos of the three-room facility.

Sign up tip: After digitally signing your membership waivers, click on "memberships" to add it to the cart. We can reactivate your old cards!



Have You Heard About Silver Sneakers: A fitness program

designed to help older adults live healthy active lifestyles. Check your insurance but if it doesn't cover, classes are only \$2 each. Meet some new friends who care about Senior Health! Visit the fitness center to see or even try a class!

PG Gathering will open Celebrate Bowdoinham

An appeal for former Project Gymnasium members to identify themselves in last month's Bowdoinham News was "less than enthusiastic," Connors said, "but we're going ahead, anyway." This teenaged-based organization, founded in 1963 to raise money for a local Gymnasium, still

has more than \$3,000 in its accounts, and Connors suggested it's time to, "disperse it!" He's hoping some "like-minded use" for the money might be identified. He guessed the evening event "might turn into a fun reunion," and of course the public is invited.

Help us say "Goodbye Project Gymnasium" on Friday, September 15, beginning at 6 pm at the Gazebo. "

If you want to help with the party, please call Frank Connors at 725-4043 or e-mail: Frank@peopleplustmaine.org.

COLONIAL HARDWOODS

PATRICK MCDONOUGH
WOOD FLOORING CONTRACTOR

666-3069 OFFICE
831-5718 CELL

EXPERT INSTALLATIONS, SANDING, FINISHING,
AND CUSTOM WORK

HEADQUARTERED IN BOWDOINHAM FOR OVER 25 YEARS

O'Farrell
ENERGY

Fueling the future

Heating oil ❁ K-1 ❁ Diesel

844-7800

5 Brook Lane
Bowdoinham, Maine 04008

www.ofarrellenergy.com ofarrellenergy@gmail.com

SENIOR DISCOUNTS VOLUME DISCOUNTS

BOWDOINHAM COMMUNITY SCHOOL

Substitutes Desired for All Positions!

*Teachers
Paraprofessionals
Administrative Assistant
Health Aide
Custodians
Food Service*

- * Must have patience and show great care for children
- * On-the-job training provided
- * Work as much or as little as you want

Make a difference as part of our school community!

Contact: Chris Lajoie, Principal
(207) 666-5546 lajoiec@link75.org



Line Dancing

Line Dancing will continue at Merrymeeting Hall, 27 Main St., Bowdoinham village center, on Tuesdays from 5:30 - 7:30 p.m. Dancing at the farmers market will continue on the 1st and 3rd Saturdays of each month from 9 - 10 a.m. For more information write George at golivergo5@gmail.com.



Winter is Coming

The Town has two options for residents who need emergency assistance with their heat bills.

- ▲ General Assistance (GA) – is a program administered by the Town in coordination with Maine DHHS. Applicants must qualify financially and show that they are in need of assistance.
- ▲ Heat Assistance Fund – the Town of Bowdoinham has a donation-based program for heat assistance. This is usually used in emergency situations for anyone who does not qualify for General Assistance.

You can use the General Assistance application to apply for both programs. The applications can be found in the office and in the green mailbox by the front door to the Town Office.

The Town is always happy to take donations for the Heat Assistance Fund so that we can continue to provide this vital resource to our residents in need.

Bowdoinham Municipal Directory

Town Office

13 School St
 Phone: 666-5531
 Fax: 666-5532
 Website: bowdoinham.com
 Hours:

Monday: 8:30am-4:00pm
 Tuesday: 8:30am-4:00pm
 Wednesday: 11:00am-6:00pm
 Thursday: 8:30am-4:00pm
 Friday: 8:30am-4:00pm

Recycling

121 Pond Rd
 666-3228

Website: bowdoinham.com/SWR

Recycling Hours:

Tuesday: Noon-6:00pm
 Thursday: 8:00am-4:00pm
 Saturday: 8:00am-4:00pm
 Trash Pick Up: Thursday Mornings
 (or the following Saturday morning
 when Thursday is a Holiday)
 Town Office sells Trash Bags

Bowdoinham Public Library

13a School St
 Bowdoinham, ME 04008
 Phone: 666-8405
 Website: bowdoinhamlibrary.org
 Hours:

Tuesday: 10:00am-2:00pm
 Wednesday: 2:00pm-6:00pm
 Thursday: 10:00am-2:00pm
 Friday: 2:00pm-6:00pm
 Saturday: 10:00am-2:00pm

Animal Control

522-8816

Fire & Rescue

666-3505 (non-emergencies)

Public Works

666-3505

Sagadahoc Sheriff Dept.

443-8201

Water District

(Payments Due Quarterly)
 737-4721

Help support our youth league sports with a little advertising. From reaching all 1,400 homes in Bowdoinham, to regional exposure with our traveling teams, your funding will grow your business and our home teams! Keep your advertising dollar local. Score one of these deals.

2024 Rec/News Sponsorship Packages

	Platinum	Gold	Silver	Bronze
Platinum: 40% savings, \$755 value Gold: 35% savings, \$530 value Silver: 30% savings, \$405 value Bronze: 25% savings, \$305 value	\$455	\$350	\$285	\$225
1 year (6 issues) of business card size ads in Bowdoinham News. Reaches 1,400 homes. - \$180 value	✓	✓	✓	✓
Spring team sponsorship, business name on back of jersey. - \$225 value	✓	✓	✗	✗
Fall team sponsorship, business name on back of jersey. - \$225 value	✓	✗	✓	✗
3' x 5' vinyl homerun fence banner displayed throughout the year, incl. State Championship - \$125 value	✓	✓	✗	✓

*Sponsorships for specific teams is subject to availability. Interested parties can inquire with Jason Lamoreau via email at recreation@bowdoinham.com. **Deadline: December 1, 2023.**

THE BOWDOINHAM NEWS

Community Calendar

September

- 4 Labor day
Town Office is Closed
- 9 Cemetery Stone Cleaning 9am-1pm
- 16 Celebrate Bowdoinham
- 28 Farm-To-Taco Taco Night 5-7pm
Dandelion Spring Farm

October

- 1 Age-Friendly Cruise Party
- 7 Last Farmers Market 8:30am
- 9 Indigenous People's Day
Town Office is Closed
- 11 Comprehensive Plan -
1st Land Use Forum 6-8pm
Community School

November

- 1 First Tax Payments Due
- 1 Comprehensive Plan -
2nd Land Use Forum 6-8 pm
Community School
- 7 Elections
- 10 Vetrans Day
Town Office is Closed

Town Board and Committee Meetings

*All meetings are open to the public.
For more information please visit:
www.bowdoinham.com/calendar*

Select Board

2nd & 4th Tuesdays of Month at 6:30pm

Planning Board

4th Thursday of Month at 6:00pm
(November will be on the 3rd Thursday)

Advisory Committee on Age Friendly Bowdoinham

2nd Monday of Month at 1:30pm

Community Development Advisory Committee

1st Tuesday of Month at 6:30pm

Comprehensive Planning Committee

2nd Tuesday of Month at 6:00pm

Cemetery Advisory Committee

1st Thursday of Month at 4:00pm

Town Hall Committee

Last Tuesday of Month at 6:30pm

Solid Waste Committee

2nd & 4th Wednesdays of Month at 5:30pm

Town Office Hours: Mon, Tues, Thurs & Fri 8:30am - 4pm • Wed 11am - 6pm

**Town of Bowdoinham
13 School Street
Bowdoinham, ME 04008**

PRST STD
U.S. Postage
PAID
PERMIT # 2
Bowdoinham, ME
04008

**ECRWSS
Postal Customer**