**AGENDA**

Committee for Age-Friendly Bowdoinham

1:30 pm, Graduates Room

September 12, 2022

1. Establish a quorum
2. A Moment of Relaxation – *Committee*
3. Approval of the Agenda (Attachment)
4. Approval of the July 11, 2022 Minutes (Attachment)
5. Welcome New Member – Grace McCarthy!!

**OLD BUSINESS**

1. **Findings of Listening Sessions** – *Kathryn Harnish* (Attachment to be sent)
2. Questions?
3. Priority Next Step?
4. **Recruitment of Age Friendly Coordinator** – *Maureen Booth*

**NEW BUSINESS**

1. **Meeting with Comprehensive Plan Committee** – *Peggy Muir & Maureen Booth*

A. Purpose of the Discussion Paper (see Attachment)

B. Committee thoughts

8. **Status and Updates**

1. Celebrate Bowdoinham - *Peggy Muir*

* How did it go?
* Lessons learned
* Follow up actions

1. Luncheons and Field Trips – *Barbara Cree*

* Outstanding issues?

1. Self-Care Sessions

* Final dates: Oct 5, 19; Nov 2, 16, 30; Dec 14 (tentative)

1. Yoga

* Anita Goller/Every Monday 4:15-5:30pm

1. Age Friendly Website and Facebook – Maureen Booth

**Public Comment**

**Adjournment**