

MINUTES
Advisory Committee for Age Friendly Bowdoinham
May 11, 2026

Committee Members Present: Maureen Booth, Colleen Crowley, Laura Arnold, Bill Small, Deb Smith, Karen Mayo, Pam Buffington

Member absent: Mary Kelley, Lois Smith and Laura Arnold

Staff: Jason Lamoreau

Guest: Sally Cluchey

I. CALL TO ORDER

Maureen recognized the quorum and called the meeting to order at 1:30pm.

II. APPROVAL OF AGENDA

The agenda was approved as distributed

III. APPROVAL OF MINUTES

Minutes of the April 13, 2026 committee meeting were approved without change.

IV. STAFF REPORT

Shortly after the meeting began, Jason was called out to an emergency.

V. BYLAW REVISION

Maureen asked for discussion regarding proposed language for insertion into the Bylaws regarding the role of the Vice Chair. The revision was accepted as distributed.

VI. DANCE WORKSHOP

Karen reported that Laura Karlin agreed to a \$100 fee for conducting a workshop on Saturday, May 16 from 11a – noon. Laura will bring a sound system and Deb agreed to help Karen set up the chairs in advance at the Town Hall. Deb and Maureen reported that flyers were distributed to Bowdoinham Estates, Town Office, Library, Post Office, both churches, MaineHealth PT in Brunswick, Richmond Senior Center and Richmond Health Care Center. Based on attendance and reception at this workshop, it will be up to Laura to decide if she would like to continue with a paid program.

VII. JUNE 1 LIFELONG CONFERENCE

Maureen recommended that members car pool given the distance to the Wells Conference Center on the UMS Bangor Campus. Deb indicated that she will get back to confirm whether her van is available for the trip. Maureen will be going separately as she will be picking up another attendee in Winthrop.

VIII. STATUS REPORTS

a. BCC Pilot -

Maureen distributed an infographic developed by the Center on Aging highlighting findings of the statewide Pilot over the first 18 months of implementation. Discussion followed about the lack of discussion regarding the challenges faced by Pilot

sites and plans for the future. It was agreed that Sally, Maureen and Jason would set up a meeting with Patricia to express the Committee's concerns.

b. Lifestyle Management Conversations – Maureen reported that flyers have been distributed at Bowdoinham Estates, Town Office, Post Office, both churches and the Library announcing that Laura Arnold would host informal conversations at Merrymeeting Hall on June 5, 2026 from 1:30 – 2:30p. Based on response, additional conversations would be held the first Friday of every month at the same time (except July 3).

c. Luncheons – Karen noted that all is set for the May luncheon which will include a presentation by Comfortably Home after/during dessert. A meeting is planned for after the June luncheon to recruit volunteers, develop a more structured approach to the assignment of tasks, and to hopefully have Sam recommit to the following year.

d. Mah-Jong – Pam proposed that we wait until Fall to begin this new program. In the meantime, she suggested that an appeal go out asking for extra game sets (American Mah-Jong).

e. Website Redesign—No progress has been made to begin the process of reviewing the existing site and deciding what changes to the existing platform are needed or what is needed in a new platform. Pam, Lois and Maureen have agreed to begin this process.

f. Volunteer Driving Training - Maureen will follow up with Jason to get specific dates when training can be held with an EMT. The purpose of the training is build skills among volunteers to safely assist riders transfer in and out of the car.

PUBLIC COMMENTS:Volunteers are needed to assist on Bulky Waste Day.

Adjournment

The meeting adjourned at 2:37 pm.

Approved by:

Maureen Booth, Chair

Date

Jason Lamoreau, Older Adults Services Coordinator

Date