

# Community Navigation

Sagadahoc County Emergency Management Agency  
and Board of Health

## What can a Community Navigator do for you?

Life can get overwhelming, but you don't have to figure it out alone. A Community Navigator is here to guide you, connect you with the right resources, and empower you to be self-sustaining.

We serve residents  
in the towns of:

Arrowsic  
Bath  
Bowdoin  
Bowdoinham  
Georgetown  
Phippsburg  
Richmond  
Topsham  
West Bath  
Woolwich



SAGADAHOC COUNTY  
BOARD OF HEALTH

## A Community Navigator can help you find:

Food & clothing  
Housing & shelter  
Recovery support  
Childcare

Heat assistance  
Transportation  
Home repairs  
And more!



Call our help line: **207-449-0185**



Or email us:  
[mhymbaugh@sagadahoccountyme.gov](mailto:mhymbaugh@sagadahoccountyme.gov)

**Sagadahoc County Community Navigation**  
Authorization for Release of Information

I, \_\_\_\_\_, DOB \_\_\_/\_\_\_/\_\_\_, authorize the Sagadahoc County Community Navigators to obtain and release, as needed, information that is pertinent to the coordination of available services and resources.

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ Email \_\_\_\_\_

**Household members:**

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Name \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

**Check the items to be covered under this authorization:**

- |  |  |
|--|--|
| <input type="checkbox"/> Financial Information     | <input type="checkbox"/> Housing Information         |
| <input type="checkbox"/> Medical Information       | <input type="checkbox"/> Family History              |
| <input type="checkbox"/> Progress Notes            | <input type="checkbox"/> Treatment Plans             |
| <input type="checkbox"/> Utility Information       | <input type="checkbox"/> Current/Previous Employment |
| <input type="checkbox"/> Mental Health Information | <input type="checkbox"/> Other _____                 |

**This information is to be used only for:**

- Services coordination  
 Other \_\_\_\_\_

**If you would like us to coordinate with any specific people such as your family members, case managers, medical providers, etc., please write their names here:**

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**I authorize the above information to be released to or obtained from:**

Mark Hymbaugh, Community Navigator  
Sagadahoc County Emergency Management Agency  
Sagadahoc County Board of Health  
752 High Street | Bath, Maine 04530  
207-449-0185 | mhymbaugh@sagadahoccountyme.gov

**I understand that the information shared under this release may be confidential in nature. I may revoke this authorization at any time by notifying the community navigator in person or by phone, mail, or email.**

Adult Signature \_\_\_\_\_

Date \_\_\_\_\_

Adult Signature \_\_\_\_\_

Date \_\_\_\_\_

Adult Signature \_\_\_\_\_

Date \_\_\_\_\_



**SAGADAHOC COUNTY**  
BOARD OF HEALTH

.....  
This authorization expires on \_\_\_/\_\_\_/\_\_\_ or one year from today if undated.

If you wish to **revoke** this Authorization for Release of Information, please sign here:

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

SAGADAHOC COUNTY EMERGENCY MANAGEMENT AGENCY  
SAGADAHOC COUNTY BOARD OF HEALTH  
752 HIGH STREET  
BATH, ME 04530  
207-449-0185