

**Advisory Committee on Aging  
Town of Bowdoinham  
Meeting October 15 ,2018**

- A. Call to order
- B. Establish a quorum
- C. Approve September minutes
- D. Additions to Agenda
- E. Committees updates:
  - 1. Program and activities
    - a. Planning meeting 10/13 @ Fire Station 9-11 AM
    - b. Data collections
  - 2. Wellness
    - a. Flu shot clinic update
  - 3. Public Relations
    - a. January/ February newsletter topics
  - 4. Celebrate Bowdoinham (tabled until January)
- F. Discussions:
  - 1. Addition of Parking lot to the agenda
  - 2. November meeting date: 11/12 or 11/19?
  - 3. Senior summit -Gardiner Boys & Girls Club 10-12 AM
    - a. Recap by Patty
  - 4. Book Discussion- "Alone and Invisible No More"
    - a. Member thoughts
    - b. Assign pg. 120-190 for November meeting
    - c. Update on Dr. Teel
- G. AARP Update
  - 1. Conference 9/12 (Rachelle)
  - 2. Upcoming regional meetings
  - 3. Other?
- H. Other items
- I. Adjourn to next meeting November

2018-19 Meeting dates:

November TBD  
December 10  
January 14  
February 11  
March 11  
April 8  
May 13  
June 10