

**Advisory Committee on Aging
Town of Bowdoinham
Meeting November 19, 2018**

- A. Call to order
- B. Establish a quorum
- C. Approve October minutes
- D. Additions to Agenda
- E. Committees updates:
 - 1. Program and activities
 - a. Planning meeting 12/11@ Fire Station 9-10 AM
 - b. Data collections- Letter draft (Rachelle)
 - 2. Wellness (tabled until January)
 - 3. Public Relations
 - a. March/ April newsletter topics- Dinner at the Estate; who?
 - b. January/February newsletter- progress update (Patty/ Alice)
 - 4. Celebrate Bowdoinham (tabled until January)
- F. Discussions:
 - 1. Stephanie Hanner-Spectrum; Senior supports, \$ to help seniors
 - 2. Book Discussion- "Alone and Invisible No More"
- G. AARP Update
 - 1. Regional meeting: Portland 11/29
 - 2. Grant call link
 - 3. Monthly call reminder
- H. Other items
- I. Adjourn to next meeting December 10th.

2018-19 Meeting dates:

December 10
January 14
February 11
March 11
April 8
May 13
June 10

Parking Lot

Ideas for Fall 2019 Community Fair: Bring local services together to share, Handy Brigade, etc, shredding, flu shots. On Saturday