

Minutes, Advisory Committee for Age-Friendly Bowdoinham (ACOA)
December 9, 2019, third draft

Present: Rachele Tome, Gracia Woodward, Diana Mosher, Patricia Oh

Absent: Alice Pollis

Staff: Missy Halsey

Topic	Person responsible
A quorum was established	
Neither Peggy nor Maureen have been sworn in as members yet.	
Consideration of committee officers was tabled until we have new members	
<p>Programs and activities: discussion of what to call ourselves. Seniors has negative associations for some people. Older adults is less stigmatized.</p> <p>Winter activities: we've tried having a regular movie time but no one came. People complained that chairs were uncomfortable. Smitty's - we can't get names of upcoming movies more than a week in advance. Evening Star Cinema may give a month's notice.</p> <p>How about scheduling activities that are not handicapped accessible. We decided that was OK so long as we have handicapped accessible activities available too.</p> <p>Meals at Region 10 Tech?</p> <p>We will finalize these at our January meeting</p>	<p>Missy will call Evening Star and see how far in advance they announce their movies.</p> <p>Rachele will call Yankee Lanes for info.</p> <p>Diana will check into Region 10's meals</p>
<p>We want to set up another flu clinic next fall, possibly having two times- an afternoon and an evening time. We will discuss this in January. Do we want to plan some other activities or info about other organizations in town? Maybe sign ups for committees. Can we have an on-site shredding the same time?</p>	
<p>Public Relations</p> <p>It looks like Peggy wrote an article but we thought it was minutes.</p> <p>March/April town newsletter: due February 1. Rachele will look and see what activities we have highlighted in past issues</p>	<p>Diana will write an article about Rides, Inc. for the Mar/Apr issue.</p>
<p>Crosswalk -we are concerned about crossing Route 24 when going down Main St from the apartment building to the Masonic Hall. We need a landing in front of the Masonic Hall. Patricia and Nicole suggest painting a sidewalk and putting out some planters. Temporarily just for the summer. The community could get used to it. Creating a landing would eliminate one of the Masonic Hall's parking spaces. Could we get some "pedestrians crossing" or "children at play" signs?</p>	<p>Patricia will try to</p>

<p>One just after the Bowdoinham Country Store on 24 and one before the intersection on Main Street. Getting a street level blinking light would be very expensive. Or could we make it a four way stop?</p> <p>Patricia: the bicycle and pedestrian coalition may have excellent ideas for us. They have done creative things in other villages.</p>	<p>get a member of the Bicycle and Pedestrian Coalition to come to an ACOA meeting</p>	
<p>The Census</p> <p>Patricia talked to the woman in charge of the census for Maine. She is doing one of the Age Friendly telephone calls and Patricia will notify us of when that is. Patricia is trying to get her to come to one of our meetings.</p>	<p>Patricia will try to get the woman in charge of the census for Maine to come to an ACOA meeting.</p> <p>Missy will include info in the February calendar. Also add something to the Mar/Apr town newsletter</p>	
<p>Recycling</p>		
	<p>Tasks</p>	<p>Person Responsible</p>
<p>G. Discussions</p>		
<p>Community accessibility: Members agreed to create a list in January of places to review with regard to accessibility. It was suggested that we explore the idea of having an Age-Friendly Business designation/ recognition for local businesses. This would identify those that have taken steps for accessibility, etc. and might also raise awareness.</p>	<p>Bring samples of Age-Friendly business designations from other communities</p>	<p>Patricia</p>
<p>H. AARP meeting/Senior summits</p>		
<p>Age-Friendly calls: There will be calls related to the census coming up. Committee members receive updates, but a note will be sent when the call is scheduled.</p>		
<p>Mini summit- A mini summit was held on Dec. 6th with folks from Richmond, Gardiner, Bath & Wiscasset. Missy represented Bowdoinham. The groups discussed ways to get lists of seniors for check-ins. Bath uses a Good morning program. Harpswell utilizes a “social call” and creates telephone buddies. This seems to reduce the stigma some may feel for needing a safety check call. There may be</p>		

some good options for ACOA to explore. The next summit is scheduled for Feb. 7 in Richmond.		
I. Items for next meeting		
--2020 census support and planning --Winter activities --Recycling and the recycling center --Crosswalk update --Age-Friendly Business designation		
Meeting adjourned at 3:58 pm		