

**Bowdoinham Advisory Committee on Aging**  
**Minutes: June 19, 2017**  
**2:30PM to 4:20PM**  
**The Kendall Room, Bowdoinham Town Office**

Attendance: Kathy Pszczolkowski, Diana Mosher, Joan Smith, George Oliver, Bob Curtis, Patty Melander, Dick Rose, Joanne Savoie

Absent: Rachel Evans, Alice Pollis

Staff: Melissa Halsey; Patricia Oh

Guests: Betsy Steen, Linda Jariz, Lynn Sternfels

1. Quorum established

2. A motion was made and seconded to accept the May 2017 meeting Minutes. Minutes Accepted.

3. Guests

a. Linda Jariz requested ACOA's thoughts on how "Bowdoinham Outdoors" should proceed with the e-ail run group now that she does not have the time to continue. After discussion, it was suggested that the group continue to run as it originally was run:

- Any member can propose an activity (date, meeting time, length of time involved, any other relevant info)
- Those participating let the person proposing the activity know if they are going.
- All activities begin by meeting at Maily Waterfront Park on the date, time indicated
- Activities start on-time. So if the info says meet at 9:00, they will likely leave then or very shortly thereafter.

b. Betsy Steen presented information on Welcome Baskets for new arrivals in town. Missy Halsey & Patricia Oh reported that the Town Office has a "new neighbor packet" they are distributing.

4. Activity reports

a. Coffee Cafe- Diana Mosher reported that Coffee Cafe is discontinued for July and August. There will be one social event (picnic) on July 27 and at that time the attendees will be asked to decide if and what they would like to do for August.

b. BPL/Loose Ladies Book Club- Joanne Savoie asked if ACOA would like to join in a venture with BPL/Loose Ladies Book Club if it decides to proceed with a program offered by the Margaret Chase Smith Library's Dr. David Richards. ACOA's involvement would mainly be publicity to increase attendance. ACOA agreed to collaborate in this venture.

c. Resource Manual- No report

5. Special events and interest groups report

a. AARP Day in Augusta- Diana Mosher reported on the successful day.

b. W.E.A.A.D. (World Elder Abuse Awareness Day)- Joanne Savoie reported that 53 people attended, the evaluations were 96 to 100% very satisfactory, that the goals were met, that Jeff Fischer, filming, will have our video ready soon and that the Committee and Diana Mosher and George Oliver were meeting later today for an evaluation.

c. Line Dancing- George Oliver reported consistent attendance of a dedicated group twice a month. He raised the issue of charging a fee since there are out of towners participating. Patricia Oh said our policy has always been "open to all." George brought up the idea of a "Line Dancing Festival" in the future.

d. Yoga- Joan Smith reported that the group continues twice a week.

e. Bowdoinham Outdoors- Dick Rose Reported that Golf has restarted but at a different course as Country Fairway is closed. They are meeting at Highland Green, Topsham, at 10AM on Thursdays.

f. Bridge has been cancelled for the summer reported Kathy Pszczolkowski from Martha Cushing.

g. Celebrate Bowdoinham (Sept. 9) discussion ensued. Bob Curtis, Diana Mosher, Patty Melander and George Oliver agreed to be on the committee.

#### 6. Committee Reports-

a. Wellness & Wellness Fair (Sept. 19)-Kathy Pszczolkowski reported that Chans will provide flu shots as usual and that there are some new providers ( Maine Senior College & MEMA) and that there will be a meeting soon.

b. Safety and Accessibility- Bob Curtis reported their are no updates.

c. Publicity- Patty Melander said they are focussing on Celebrate Bowdoinham and the Wellness Fair.

#### 7. Local age-friendly services

a. Rides in Neighbor's Cars- Joan Smith reports that the service is busy and they need more volunteer drivers.

b. Mason's Village Lodge Handy Brigade- Joan Smith reported on the 3 actions they did in the past month. All referrals for Handy Brigade are to go through Missy Halsey at the Town Office.

c. Bowdoinham Food Pantry- Joanne Savoie reported there are no new updates after talking with Linda Jariz of BFP.

d. Bowdoinham/Richmond Collaboration Committee-There will be a report next meeting after the committee meets.

#### 8. Staff Report-Patricia Oh

a. Community Challenge Grant due June 30- A motion was made and seconded to submit a grant application for Raised Beds.

b. Community Charity Grant tabled to be discussed in July.

#### 9. Other comments

a. Dick Rose was thanked for his service. June 30, 2017 is his last day on ACOA.

b. Bumper Stickers- There was a discussion of possibly buying them for various ACOA events. Patricia Oh will look into details.

c. Business Cards- Dick Rose suggested we have business cards on hand to give out with contact information when people ask about ACOA.

d. It was brought up that ACOA might want to consider an "Annual Plan."

10. Meeting adjourned at 4:20PM. Next meeting is July 10, 2017 from 2:30 to 4:30 at the Town Office, Kendall Room.

*Respectfully submitted, Joanne Savoie, Secretary*