

**Bowdoinham Advisory Committee on Aging**  
**Meeting Minutes: August 21, 2017**  
**2:33PM to 3:45PM**  
**The Kendall Room, Bowdoinham Town Office**

Attendance: Kathy Pszczolkowski, Rachel Evans, Diana Mosher, Joan Smith, Patty Melander, Joanne Savoie

Absent: Alice Pollis, Bob Curtis, George Oliver

Staff: Bill Post

Guest: Rachelle Tome, Community Guest, Patricia Oh, AARP Maine Age-friendly Consultant

The meeting was called to order by Chairman Kathy Pszczolkowski.

A. Quorum was established.

B. A motion was made and seconded to accept the July 2017 meeting Minutes. Minutes Accepted.

C. Joanne Savoie, Secretary, presented a Procedure for Meeting Minutes which was accepted as read.

D. There were no amendments to the agenda.

E. The September 2017 Calendar was reviewed and approved with additions.

F. Weekly E-mail of Calendar- There was discussion as to whether we need weekly or monthly e-mail. It was decided to continue with weekly and that we should do research on “audience preference” survey.

G. Activity Reports-

1. Meeting by the Bay- Joan Smith and Bill Post reported that it was a very successful event, 30 to 40 people attended, the venue was excellent, people enjoyed the meal and activities.

2. Celebrate Bowdoinham, 9/9/17- Kathy Pszczolkowski reported that volunteers are needed for the day. We need 2 people for the Tool Table at all times. The next meeting is August

23 at the Town Office.

3. Wellness Fair, 9/19/17, 10AM to 1PM- Kathy Pszczolkowski reviewed the Fair flyer and brochure, the “Shred Truck” flyer, and circulated a sign-up sheet for volunteers. The next meeting of the Wellness Fair Committee is Sept. 7 at 10 AM at the Fire Station.

H. Community Challenge Grant- Patricia Oh announced that we received one of the 1200 grant applications, one of four communities in Maine and one of eighty-seven in the nation to receive one. It is “Raised Beds” and must be completed by Oct. 31, 2017. The group working on this project: Bill Post and Town Office Staff, Joanne

Savoie, ACOA member, and Patricia Oh, AARP Age-friendly Resource person.

I. Bowdoinham Age-friendly Action Plan- The Plan was reviewed, general questions answered, changes made, and approved. Rachel Evans will create a data base template to keep track of data for the domains. After review by AARP, the plan will be returned to us for more work. We requested that AARP review this before (not after as is their usual procedure) sending it to the Town Manager/Government. Patricia Oh will carry our request to them. Bill post said when executing these plans to send needs to him and the town staff will be able to help with tasks.

J. Requests for September meeting: Patty Melander and Rachel Evans requested starting monthly reviews of the Action Plan, working on 1 or 2 domains each month.

K. Rachelle Tome, community volunteer, will work with Patty Melander on the Publicity

Committee.

K. Meeting adjourned at 3: 45PM. The next meeting is Sept. 18 from 2:30 to 4:30 at the Town Office, Kendall Room.

Respectfully submitted, Joanne Savoie, Secretary