

Bowdoinham Advisory Committee on Aging
Meeting Minutes: December 11, 2017 2:32PM to 3:50PMPM
Coombs Municipal Building, Kendall Room

Meeting called to order at 2:32 PM by Kathy Pszczolkowski
A quorum was established

In Attendance: Kathy Pszczolkowski, Alice Pollis, Joan Smith, Patty Melander, Rachelle Tome, Joanne Savoie

Absent: Rachel Evans, George Oliver, Diana Mosher,

Staff: Melissa Halsey

Guest: Linda Rice

APPROVAL OF MINUTES

The November 13, 2017 meeting minutes were accepted as read.

PROGRAM AND ACTIVITIES REVIEW-

The monthly meeting was postponed until 12/19/17

REGULAR COMMITTEES AND ACTIVITIES REPORTS-

No reports

SPECIAL EVENTS REPORTS-

a. TSLA Summit-

Kathy Pszczolkowski reported for Rachel Evans that this summit was excellent. Rachel may report more in January, 2018.

b. AARP National Livable Communities Conference-

Kathy Pszczolkowski reported that this conference was inspiring and that representatives from all 50 states expressed that they have the same concerns as we do: health care, housing, transportation.

LOCAL AGE-FRIENDLY SERVICES REPORTS-

No reports

DISCUSSIONS-

a. Addition of all ages to ACOA-

Discussions:

The Committee feels we should expand to all ages for our activities.

We would like to have committee members of all adult ages.

We want to have an all age-friendly event on a regular basis.

We want to open up our current activities to all ages.

We will spread the word about ACOA and it's view of "Age -Friendly" encompassing all ages.

Actions:

Publicity Committee will write an article for the March/April Bowdoinham Newsletter describing ACOA and our stance on including people of all ages for the committee and the activities.

At monthly Program and Activities Planning Meetings we will do:

1. Plan an age-friendly activity for all ages that we could use to introduce the community to the “Age-Friendly” concept, inviting them to participate on ACOA and in our activities.
2. Plan how to open the current activities to all ages.

b. Planning for 2018 Events-Feb. Smelt Festival-

Discussion:

The committee wants to help/participate in this event.

Action:

Kathy Pszczolkowski will call the Smelt Festival Committee and offer help.
Follow up in January.

c. Age Friendly Action Plan

1. Data- Domain Communication and Information- Metrics

Discussion:

We discussed the kinds of data that need to be collected, who collects and reports. Basically all our activities’ numbers need to be reported. A Sign-Up sheet would help.

Actions:

Starting January 2018, all events and activities numbers will be reported to Rachel Evans AND cc’d to Missy Halsey.

Rachel Evans-207-504-7029 or e-mail: rcevans0910@gmail.com

Missy Halsey- 207-666- 5531 or assistantclerk@bowdoinham.com

All Special events and activities from September through December 2017 are to be reported also.

Missy Halsey will initiate a Sign-In Sheet to be used at activities/events.

Kathy Pszczolkowski will report this to all people who need to submit reports except for :

Joan Smith will report this information to the “Handy Brigade” (Peter Warner) and “Rides from Neighbors Cars” (Diana Mosher).

2. Resource Manual-

Discussion-

Rachel Evans has asked for help with this, compiling and checking accuracy of current information.

We wondered if there are existing local manuals of information.

The committee explored possible areas/towns/ to be covered. There was interest in focussing on the Bowdoinham, Bowdoin, Richmond area.

Actions:

We will have a special meeting, possibly in January, to work on this made up of volunteers from ACOA.

Missy Halsey will check with the Town Office Planning and BCDI to see what manuals and services already exist, if any.

d. Disabilities-

Discussion:

AARP Challenge presented by Kathy Pszczolkowski, wants to engage town officials in a challenge to spend a specified period of time in a wheelchair trying to go about their daily work and activities.

Actions:

ACOA will challenge the Town Manager and Select Board Members to use a wheel chair to go about

their daily work and activities for a specified period of time (i.e., 4 hours, 1 day). Kathy Pszczolkowski will present the challenge.

ADDITIONS TO THE AGENDA-

1. Tour of the Grange-

Discussion:

Bowdoinham Historical Society (BHS) has offered us a tour of the old Grange. They are concerned that ACOA did not understand what they were asking of us. General consensus of ACOA is that we understood and that a tour is not necessary at this time. We wish to assure BHS that even though all our needs are met at this time, we nevertheless do applaud and support their endeavor.

Action:

Kathy Pszczolkowski will communicate with BHS.

AGENDA ITEMS FOR JANUARY 2018 MEETING-

1. Smelt Festival follow up
2. AARP Challenge, Disabilities with Town Manager/Select Board follow up
3. Age-Friendly expansion to all ages follow up: publicity, Program and Activities Planning.
4. A-F Action Plan/Domain work
5. Resource Manual
6. Review of Metrics/Data reporting process

The meeting was adjourned at 3:50PM. The next meeting is January 8, 2018 at 2:30PM at the Coombs Municipal Building, Kendall Room.