

Bowdoinham Advisory Committee on Aging
Meeting Minutes: NOVEMBER 13, 2017 2:31PM to 4:27PM
Coombs Municipal Building, Kendall Room

Meeting called to order at 2:31 PM by Kathy Pszczolkowski
A quorum was established

In Attendance: Kathy Pszczolkowski, Diana Mosher, Alice Pollis, Joan Smith, Patty Melander, Rachelle Tome, Joanne Savoie
Absent: Rachel Evans, George Oliver
Staff: Melissa Halsey, William Post

APPROVAL OF MINUTES

A motion was made and seconded to accept the October 16, 2017 meeting minutes as corrected. Minutes accepted.

AGENDA REVIEW AND AMENDMENTS

Amendment 1:

Develop a plan for doing the Meeting Minutes while the Secretary is gone January through March, 2018.

Discussions:

Assign someone to take minutes as a task to be added to the agenda those 3 months.

Actions:

- Joanne Savoie or secretary for each month January-March will add Taking Minutes as a task to the agenda
- A secretary will be identified at the beginning of each meeting.

Amendment 2:

Kathy Pszczolkowski reported that Bob Curtis has resigned from ACOA.

Discussions:

None

Actions:

None needed

Amendment 3:

Expanding the age of committee members to include younger people on ACOA

Discussions:

- Consider defining "aging" and a possible change of meeting hours-ACOA
- Use publicity to advertise the work of the committee- Publicity Committee
- Consider using AARP postcards to solicit and spread information- ACOA

Actions:

- No specific actions currently. Discussion will continue.

Amendment 4:

Information shared by Andrea Cooper of AARP.

Discussions:

Andrea connected the committee with AARP resources. She gave us a handout on the resources and she will send us a tablecloth.

Actions:

- Andrea Cooper will send an AARP table cloth with the Bowdoinham Age -Friendly logo and information about post cards

Amendment 5:

Status of resource manual

Discussions:

Andrea Cooper can provide any needed support. The status of the resource manual needs to be established to proceed effectively.

Actions:

- Kathy P will reach out to for a status check of the resource manual.
- Rachel Evans contact Andrea Cooper (AARP) for follow up on the Resource Manual.

REPORTS

• **Senior Center Summit**

Rachelle Tome gave a summary of the meeting held Nov. 9 where issues and possible solutions concerning Seniors such as communication during power outages, engaging other groups to help with things like snow removal, magnets for all on emergency care, increasing awareness of local senior activities and resources for those who are newly retired or soon to be, were

shared. Bill Post shared information on Bowdoinham's Emergency Plan which is being reviewed. Upcoming meetings are in Feb. (Richmond) and June (Bowdoinham) 2018.

Discussions:

None

Actions:

- ACOA will provide awareness of the February summit to be held in Richmond
- ACOA will host the June meeting

DISCUSSION ITEMS

- **Planning for 2018 Events date**

Discussions:

None

Actions:

Tabled to December meeting

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- **Grange**
- **Discussions:**

Grange use by ACOA: Consensus by members is that we are very happy the Bowdoinham Historical Society (BHS) is saving the old building but that ACOA does not have a need at this time to change our current activities to a different venue.

Actions:

- Kathy Pszczolkowski and Bill Post will pen a letter to the Bowdoinham Historical Society.

- **Tri-State Livable Communities Summit**

- **Discussions:**

Details of the Nov. 28 event in Portland were shared with members. Bill Post mentioned that anytime a member wants to go to a meeting that requires an expense to bring it to him for consideration.

Actions:

None

- **Date for December meeting- December 11**
- **Reading email**
- **Discussions:**

Kathy Pszczolkowski announced there would be more pre-meeting e-mails and asked that we read them in preparation for the meetings.

Actions:

- Members should check e-mails regularly

DOMAINS

Transportation

A. Diana Mosher reported on "Rides in Neighbors Cars"

B. Bill Post gave an update on the bus that was purchased last year, the "fixed routes" that are being discussed in the Midcoast region.

Actions:

None

MISCELLANEOUS

Change in monthly agenda:

Kathy Pszczolkowski announced a change in procedure on "reporting activities and numbers" at the meeting. Members expressed confusion on the reporting of numbers and whose responsibility it is.

Actions:

- If a member has a report for the meeting, write it up and send it to Missy Halsey who will bring a copy of the written report to all at the meeting.
- Review numbers' reporting and responsibilities at December meeting. Kathy Pszczolkowski/Rachel Evans.

Jan./Feb. Bowdoinham Newsletter

Actions:

- Patty Melander & Rachele Tome will create an article on Patricia Oh and her contribution to A-F Bowdoinham and ACOA.

Town/ACOA Budget Reminder

- Bill Post reminded ACOA that any changed budget considerations for the next fiscal year must be in to him by Jan. 31, 2018.

NEXT MEETING-AGENDA ITEMS

Agenda for December Meeting:

- A. Work on defining “aging” and possible expansion of A-F Communities members’ age, use of AARP postcards and publicity.
- B. Resource Manual progress
- C. Planning for 2018 Events
- D. Domains work- F/U on Transportation Domain: bus
- E. Numbers reporting and responsibilities and process

The meeting was adjourned at 4:27PM. The next meeting is Dec. 11, 2017 at 2:30PM at the Coombs Municipal Building, Kendall Room.

Respectfully submitted,
Joanne Savoie, Secretary