

Bowdoinham Advisory Committee on Aging
Meeting Minutes: September 18, 2017
2:34PM to 4:30PM
Kendall Room, Coombs Municipal Building

Attendance: Kathy Pszczolkowski, Rachel Evans, Diana Mosher, Joan Smith, George Oliver, Joanne Savoie

Absent: Alice Pollis, Bob Curtis, Patty Melander

Staff: Bill Post, Missy Halsey

1. The meeting was called to order at 2:34PM by Chairman Kathy Pszczolkowski.

2. Quorum was established.

3. A motion was made and seconded to accept the August 2017 Meeting Minutes. Minutes Accepted.

4. The Chairman asked for amendments to the agenda. See #10.

5. The October 2017 Calendar was reviewed, amended and approved.

6. Activity Reports:

a. Planning- Diana Mosher: Tuesdays will be added to the Coffee Cafe. Senior Elder Luncheons are being planned for the 4th Thursday of the month starting in October. There will be a Community Breakfast Oct. 5 and a trip to Harriet Beecher Stowe's Home "Tea with Harriet"(tea and a gardening theme) Oct. 19, Ice Cream Social Oct. 24 , Garden Club meeting Oct. 17.

b. Yoga-Joan Smith-Yoga is going well, 9 attending.

c. Bridge- Kathy Pszczolkowski: Bridge resumed last week.

d. Bowdoinham Outdoors- Kathy Pszczolkowski: The group is active with various activities such as hiking and kayaking.

e. Line Dance- George Oliver reports 8 to 10 regular attendance with about half being from out of town. They had a well received presence at "Celebrate" and will do a demo at the Wellness Fair.

f. Resource Manual- Rachel Evans has all her raw material (resources and template) and will meet with AARP to finalize the manual.

g. Safety and Accessibility- Missy Halsey reports the "Celebrate" Committee needs ideas on getting people from the Town Landing Restaurant area to the Waterfront during Celebrate. Suggestion of a golf cart(s) was made. ACOA also suggested that transportation might be needed to different events on that weekend from peoples' home (i.e., to the parade).

h. Publicity-Kathy Pszczolkowski reported that Patty Melander has replenished brochures and flyers in the area. Bill Post did press releases for the Raised Beds Grant.

7. Special Events-

a. Celebrate- Kathy Pszczolkowski- There was a discussion and agreement around having a presence at “Celebrate” at the Waterfront with an activity, being in the parade, and the need to start planning early in the year, April.

b. Wellness Fair- Kathy Pszczolkowski said everything is on track for the 9/19/17 event.

c. Grant: Raised Beds Update- Joanne Savoie reported that the beds have been assembled and delivered to 6 people, the soil will be delivered 9/22, there has been one meeting of “Garden Club Interest” with another 2 meetings planned with programs on Raised Beds Basics.

d. AARP Conference- Missy Halsey and Joanne Savoie reported on the highlights of the 9/12/17 event.

f. Volunteer Recognition- Kathy Pszczolkowski led a discussion on making this an annual event, possibly during National Volunteer Week. There was support for this idea.

8. Local Age-Friendly Services-

a. Rides in Neighbors Cars: Joan Smith reports that they are very busy and that drivers are offering their time but don’t always have money for the gas. Bill Post reported that there is \$750 from the Bottle/Recycle Fund that is going to this program. Also, the drivers will be taking an AARP drivers course when it can be scheduled.

b. Village Mason’s Handy Brigade- Joan Smith reported on their activities of individual home services and assembling and delivering the raised beds (see 7. c.)

c. Bowdoinham/Richmond Collaboration- George Oliver: no report this month.

d. Bowdoinham Food Pantry- Joanne Savoie reports that BFP had a “Celebrate” presence and will be at the Wellness Fair. No help needed at present.

9. Action Plan Domain work-

a. We completed/updated work on the Domain “Respect and Social Inclusion.”

b. Bill Post reported that the local firemen will deliver the sand buckets to satisfy part of Domain “Housing,” Goal #4.

10. Additional Discussion-

a. Joanne Savoie reported on a publication by ENCorps which featured a Bowdoinham ACOA volunteer in the Age Friendly Community.

b. It was decided to start using “ad hoc” committees for our projects. They would disband after the project.

c. George Oliver will talk with Nicole at the Town Offices about an ad hoc committee for the “Holiday Festival.”

d. It was decided to ask people from other organizations to be an “Advisor” to ACOA. They would attend meetings to participate but not have a vote.

e. Bill Post asked us to keep a list of items that we need money for and to get it to him for consideration.

11. No new items at this time for the October meeting.

12. The meeting was adjourned at 4:30PM. The next meeting is Oct. 16, 2017 from 2:30 to 4:30 at the Coombs Municipal Building, Kendall Room.

Respectfully submitted,
Joanne Savoie, Secretary,