

**Advisory Committee on Age Friendly Bowdoinham  
Meeting Minutes: June 11, 2018  
Coombs Municipal Building, Kendall Room**

The meeting was called to order at 2:30PM by Kathy Pszczolkowski, Chairman.

A quorum was established.

**In attendance:** Kathy Pszczolkowski, Alice Pollis, Patty Melander, Rachelle Tome, Joanne Savoie

**Absent:** Rachel Evans, Joan Smith, Diana Mosher

**Staff:** Missy Halsey, Bill Post,

**Intern:** Rodger Heidgerken

**Approval of Meeting Minutes:** A motion was made and seconded to accept the April 9, 2018 meeting minutes. Minutes accepted.

**Discussions:**

**1. Election of Officers** for the year July 1, 2018 through June 30, 2019-

**Action:** By unanimous vote, Rachelle Tome was elected Vice-Chairman and Rachel Evans was elected Secretary. Other officers will be elected in July or August.

**2. Secretary Procedure** (revised 04/20/18 by Bill Post and Joanne Savoie)-

**Action-**After discussion, clarification and amendment, the procedure was approved and it will be part of a procedure manual in the future.

**3. Wellness Program Update** was given by Kathy Pszczolkowski for September 2018 Wellness Fair.

**Action:** Rachel Evans will be in charge of the September event. Kathy Pszczolkowski gave Rachel the flu vaccine information from CHANS, (provider) regarding date, time, place (09/25/18, 10AM to 12 Noon, Fire Station).

**4. Town Hall Cleanup-**

**Action:** Rachelle Tome and Alice Pollis reported on the results of their research into a cleanup plan. They concluded, and the committee agreed, that the lead for this project should come from the town. ACOA members expressed interest in helping with the project.

**5. Bylaws-** Bill Post presented suggested changes and additions to the ACOA bylaws.

**Action-** After discussion and amendment, it was unanimously voted to accept the by-laws as amended.

**6. Name Change-** The committee discussed the current logo/initials (ACOA) and want to add "Age Friendly."

**Action-** After discussion it was unanimously voted to change the name of "Advisory Committee on Aging" to "Advisory Committee on Age Friendly Bowdoinham."

**7. Resource Manual Update:** Rodger Heidgerken, Intern, presented the first draft of the manual which is modeled after the Augusta, Maine Age-Friendly model/AARP template. Suggestions were made. The next steps are review, considering suggestions, sending to AARP for formatting. Several ideas came up about other resources such as Day Care, how to distribute the information and how to make it usable for the community. A special thank you was given to the group of people who worked on this project: Resource Manual Committee Chairman Rachel Evans, Rachelle Tome, Kathy Pszczolkowski, Missy Halsey and Rodger Heidgerken,

**Actions:**

1. Committee members will review their copy of the manual and email ideas to Rodger Heidgerken: intern@bowdoinham.com

2. Rodger will look into and report on suggestions and questions at the July meeting.

**8. Additions to the Agenda:**

1. Alice Pollis reported on an event by Southern Maine Agency on Aging, “Insights on Aging” which she felt would be a good event to offer in Bowdoinham.

2. The ACOA terms of Kathy Pszczolkowski, Joanne Savoie and Joan Smith are over on 06/30/18. Bill Post offered words and gifts of appreciation. Kathy Pszczolkowski thanked all the members and Bill and the Support Staff, Missy Halsey for their help.

**The meeting was adjourned at 4:15PM.**

**Next meeting is July 9, 2018 at 2:30 P.M. at the Coombs Municipal Building, Kendall Room.**

Respectfully submitted, Joanne Savoie, Secretary