

**Advisory Committee of Age-Friendly Bowdoinham (ACOA)**

**September 10, 2018 Meeting Minutes (Revised)**

Present: Patty Melander, chair; Gracia Woodward, secretary; Alice Pollis, Diana Mosher	TASKS	PERSON(S)
Absent: Rachelle Tome		
Guests: Theresa Turgeon, David Compton		
Were the August minutes approved?	Yes	
<b>Flu shot clinic</b> will be on September 25 <sup>th</sup> . We can't have a blood drive at the same time – we have to set it up four months in advance Contact them in late April next year	Gracia is making posters, Patty will put them up	Gracia, Patty
<b>Public Relations</b> For the Oct 1 deadline for the Bham Newsletter, we will provide – info and pix re the new Community Center. Patty will interview Betsy Steen. We also will put in the newsletter that the resources guide is available. We'll chose who writes each reports for the Bham newsletter as the deadlines come up. We should think about what topic each of us could write about.	Interview and photograph Betsy Steen	Patty
<b>Celebrate Bham</b> Our committee had a table with tablecloth, stickers, brochures, and resource guides. Patti staffed table for the whole day and talked with many people. Roger and Rachelle staffed with Patty for part of the time too. Handed out Susan Collins's Book on fraud and also the new resource book. Patti also told people around RIDES INC, and handed out our brochures. Next year we should talk about more press coverage before the fair. Usually there is an article in the Times Record the night before and there wasn't one this year.		?
<b>Senior Summit is coming up Sept 27</b> at Gardiner Boys and Girls Club 10 – 12 am. No charge. Sponsored by Golden Oldies group in Richmond. Agenda – successes and issues groups are facing. Patty is going. Missy is going. Report at next meeting	Report at next meeting	Patty, Missy
<b>Discussion of <u>Alone and Invisible No More</u></b> by Dr. Alan Teel of Damariscotta. George Christopher knows Chip Teel. Theresa talked about how this system has each	Theresa will reach out to Dr. Teel to see if he would come	Theresa

<p>participant doing volunteer work as well as receiving services. The services described in the book is not free which is important as Mainers sometimes reject free services out of pride. In nursing homes, care givers are understaffed and have many demands on them so there is not opportunity for personal relationships to develop. For next time we will read the next 60 pages. Up to pg. 119. And we will talk about what other communities might join us in doing this. Theresa says we need to get the select board on board. If we get Chip Teel to speak here, his talk should be sponsored by ACOA. Maybe also by the library?</p>	<p>and speak to us. She will also get more info about Full Circle America, the national component of these ideas.</p> <p>David Compton will find out if there is a funeral alternatives movement around here and will report to ACOA.</p>	<p>David Compton</p>
<p><b>Re ACOA calendar:</b> Rachelle is now in charge of it. Changes need to be submitted by the 20<sup>th</sup> of the month before.</p>		
<p><b>Rachelle is going to an AARP</b> conference this Wednesday and will report on it next meeting.</p>	<p>report</p>	<p>Rachelle</p>
<p><b>Recent Portland AARP meeting:</b> Rachelle and Patty went. Different age-friendly groups exchanged info about what they are doing. There were also individuals such as therapists who talked about what they did with elders.</p>		
<p>David Compton has voiced interest in joining the committee.</p>		
<p>Missy will try to get some extra copies of <u>Alone and Invisible No More</u>.</p>	<p>More copies of <u>Alone and Invisible No More</u></p>	<p>Missy</p>
<p>Next month's agenda: addition of Parking Lot item</p>		
<p>Meeting adjourned until Oct 15.</p>		