

Minutes, November 19, 2018 Meeting of the Advisory Committee of Age-Friendly Bowdoinham

Present:

Rachelle Tome, Diana Mosher, Gracia Woodward, Patty Melander, Alice Pollis, Committee members.

Missy Halsey and Bill Post (town staff),

Theresa Turgeon and David Compton (visitors),

Stephanie Hanner (Spectrum Generations)

October minutes were approved.	TASK	PERSON(S)
<p><b>Committee Updates</b> Program committee will meet 12/11 at Fire Station 9 - 10 am</p>	meeting	Program committee members
<p>Rachelle is working on a draft of a letter to go out to various activities, explaining the benefits and responsibilities of being an official ACOA activity.</p>	Letter	Rachelle
<p><b>Public Relations</b> The March/April newsletter topic is dinner at the Estate. It's due Feb 1, so we'll attend January luncheon</p>	write an article, take photos, attend the luncheon.	Patty, Alice and Gracia
<p>Jan/Feb newsletter - Patty and Alice are working on an article about volunteers who put together a lunch at the fire station once a month</p>	Article for Jan/Feb Bham Newsletter	Patty and Alice
<p>Wellness and Celebrate Bowdoinham tabled until January;</p>		
<p><b>Discussion:</b>  Spectrum Generations is requesting \$1400 from the town of Bowdoinham. Stephanie passed out a sheet that delineated services provided by SG to Bham residents in the past year - The \$1400 would go toward Meals on Wheels. SG delivered 2097 Meals on Wheels meals to Bham residents in the past year. Other services provided include outreach and counseling by Aging and Disability Resource Specialists, and others. The estimated value of the services SG provides to Bham is over \$19,000. Some of SG's expenses are underwritten by the federal government. SG is forming a regional advisory</p>		

<p>council that would advance activities supporting aging in place. Stephanie will be making presentations to the town’s finance committee and the select board and the request will be on the town warrant for the town meeting. It would be helpful for ACAFB to write a letter of support to the finance committee. Bill will tell us when it is appropriate for us to send such a letter.</p>		
<p><b>Discussion:</b>  The second half of the book <u>Alone and Invisible No More</u>. Let’s invite someone from Full Circle to come to our Dec meeting, and we would be thinking about holding a larger gathering to present the Full Circle ideas. Gracia will call them If they can’t come then, perhaps another meeting date. Our first question should be, “How did you identify people who need these services?”</p> <p>Gracia passed out an outline of the Maine Approach Menu (Ch 12 of the book). Telephone checks might be a good place to start but how do we identify people who could use these? Are there any bills that will be considered this legislative session that address any of the services on the menu? The paper that came out of the Wisdom Summit included possible bills.</p>	<p>Call Full Circle America and see if they can attend an upcoming Advisory Committee meeting</p> <p>Invite Eloise Vitelli and Seth Berry to the meeting that Full Circle attends</p> <p>finish reading the book if they haven’t already done so</p> <p>contact Jess Maur and Patricia Oh and find out if there are any bills they are planning to submit this session.</p>	<p>Gracia</p> <p>Patty</p> <p>Committee members</p> <p>Rachelle</p>
<p><b>AARP Update</b></p> <ol style="list-style-type: none"> <li>1. There is going to be a regional meeting of AARP 11/29, Rachelle will go to this meeting</li> <li>2. Grant call link. Diana and Rachelle will</li> <li>3. Monthly call reminder -. It’s a monthly teleconference. Last month they talked</li> </ol>	<p>Attend meeting</p> <p>listen to the call and report if there is anything we should be doing.</p>	<p>Rachelle</p> <p>Diana and Rachelle</p>

<p>about handy brigades from other communities. You can just listen to the meeting or you can videoconference with them.</p>	<p>Will forward monthly call reminder to other committee members and will ask Patricia Oh to put us all on the reminder list</p>	<p>Rachelle</p>
<p><b>Other Items</b> Senior luncheon 11/29 (because of Thanksgiving) and 12/20 (Beause of Christmas) with a Yankee Swap. Usually 4<sup>th</sup> week of each month. Reservations are not needed. Usually about 40 people come.</p>		
<p>Bingo after Fire Station luncheons. There is no problem with this so long as there is no charge for it. It will be announced at the luncheon on Nov 29<sup>th</sup> and implemented at the January luncheon.</p>	<p>Rachelle is in the process of creating a form for Advisory Committee-sponsored events</p>	<p>Rachelle</p>
<p><b>From parking lot October meeting:</b> ideas for Fall 2019 Community Fair – bring local services together to share, handy brigade, etc, shredding, flu shots. Do on a Saturday.</p>		
<p>Meeting adjourned at 3:40. Next meeting Dec 10.</p>		