

Advisory Committee on Age-Friendly Bowdoinham (ACOA)

Agenda

March 9, 2020

- A. Call to order
- B. Establish a quorum
- C. Approve February minutes
- D. Additions to the agenda
- E. Committee Updates
 - a. Programs and Activities:
 - i. Theresa and Diana - Information about finances
 - ii. Sharing calendar of upcoming activities
 - iii. Movie Days – do we want to organize these? Or do we want to leave this to the Activity Committee
 - b. Wellness
 - i. Missy re flu shot clinics by CHANS- can they come to Celebrate Bowdoinham? To the Food Pantry? Can they deliver immunizations to children?
 - c. Safety Tips
 - i. Patricia re info developed by AARP to assess home safety
 - ii. Maureen re research on other resources for the topic of home safety.
- F. Discussion
 - d. Crosswalks
 - i. Patricia re what she learned from Nicole about current status of our ideas about a cross walk and/or four-way stop signs at Lower Main Street
 - e. CPR recertification
 - i. Missy re her conversations with Alan and Fudd to find out if their CPR classes lead to certification and if they cover CPR for children
 - f. TRIAD
 - i. March meeting is Mar 18 at Thornton Oaks. It's always the third Wednesday of the month, except they are skipping April because of two open events in March and April
 - ii. March 31 Educational Luncheon St. Charles Church, 132 McKeen St, Brunswick. 10:30 AM. Speakers on narcan training for seniors and on scams, followed by a boiled dinner. RSVP by March 13, 774-1444 ext. 2228.
 - iii. April 25 Portland, shredding paper and chipping hard drives. 10 – 2 in the parking lot of the Cumberland County Jail.
 - iv. April 28, Senior Lunch and Learn. Topsham Public Library, 25 Foreside Rd, Topsham. 10:30 AM – 1 PM. Presentations on scams, storm preparedness, Powers of Attorney and 211 Helpful Resources, followed by lunch. RSVP to Sagadahoc County Sheriff's office 443-8529, Ext. 2.
 - v. Senators Collins and King cosponsored a law to increase protection against robocalls, and it has been signed into law. It

will broaden the authority of the Federal Communications Commission (FCC) to levy civil penalties of up to \$10,000 per call on people who intentionally flout telemarketing restrictions; Extend the window for the FCC to catch and take civil enforcement action against intentional violations to three years after a robocall is placed. Under current law, the FCC has only one year to do so, and the FCC has said that “even a one-year longer statute of limitations for enforcement” would improve enforcement against willful violators; Require telephone companies to adopt call authentication technologies, enabling a telephone carrier to verify that incoming calls are legitimate before they reach consumers’ phones; Requires telephone companies to provide robocall blocking technology at no additional charge; and Direct the FCC to initiate rulemaking to help protect subscribers from receiving unwanted calls or texts from callers.

- g. Access to the Recycling Barn
 - i. Diana will report whether persons unable to climb stairs can use the freight elevator
- h. Revisiting Community Accessibility
 - i. Patricia will share information from other communities and findings from B’ham’s earlier efforts to assess accessibility
 - ii. What steps does ACOA want to take re identifying accessible buildings in B’ham?
- i. Census awareness
 - i. Gracia and Maureen revised the census handout. Gracia will have these available at the community brunch and the two senior luncheons provided she can get permission from the organizers
 - ii. Census Party April 8 – Alice and Patricia report on latest plans

Upcoming Meeting Dates: April 13, May 11, June 8