

**Advisory Committee on Aging  
Town of Bowdoinham  
Meeting January 14, 2019**

- A. Call to order
- B. Establish a quorum
- C. Approve December minutes
- D. Additions to Agenda
- E. Committees updates:
  - 1. Program and activities
    - a. Planning meeting 1/15 @ Coombs building, Kendall Room 9 AM
  - 2. Wellness:
    - a. Activities for 2019 (Table until after F.1. discussion)
  - 3. Public Relations
    - a. March/ April newsletter topics- Dinner at the Estate update
    - b. May/ June newsletter- Topic: Garden Club, Writer- Rachelle
  - 4. Celebrate Bowdoinham
    - a. Begin planning in February. Have your ideas ready.
- F. Discussions:
  - 1. Book Discussion- "Alone and Invisible No More"
    - a. Guest speaker- Dr. Allen S. Teel
  - 2. Legislative update (Aging issues)
    - a. Governor's Press release reminder: 1/15 at the State House. Contact Patricia Oh if interested
    - b. Legislative representatives
- G. AARP Update- none this month
- H. Other items
- I. Adjourn to next meeting February 11<sup>th</sup>.

2018-19 Meeting dates:  
February 11  
March 11  
April 8  
May 13  
June 10

**Parking Lot**

Ideas for Fall 2019 Community Fair: Bring local services together to share, Handy Brigade, etc, shredding, flu shots. On Saturday