

**Advisory Committee on Aging
Town of Bowdoinham
Meeting March 11, 2019**

- A. Call to order
- B. Establish a quorum
- C. Approve February minutes
- D. Additions to Agenda
- E. Committees updates:
 - 1. Program and activities
 - a. Planning meeting 3/12 @ Coombs building, Kendall Room 9 AM
 - 2. Wellness:
 - a. Activities for 2019
 - 1. Wellness Fair? Dr. Teel? Other ideas? May date?
 - 3. Public Relations
 - a. May/ June newsletter (Due Apr.1)- Topic: Garden Club, Writer- Rachelle
 - b. July/ August newsletter (Due June 1)- summer fun? Other ideas?
 - c. Calendar distribution-email? Mailing list?
 - 4. Celebrate Bowdoinham
 - a. Ideas? Photos?
- F. Discussions:
 - 1. Updates from Town manager: Bus & transportation, Town Hall (TBD)
 - 2. Menus for monthly meals (Rachele)
- G. AARP/Senior Summit Updates
 - 1. Senior Summit update (March 7)- Patty
 - 2. AARP Challenge Grant
 - 3. AARP National Rural Livability Conference, Wed., June 19th from 6-8
- H. Other items
- I. Items for next meeting
- J. Adjourn to next meeting April 8th.

2018-19 Meeting dates:

April 8

May 13

June 10

Parking Lot

Ideas for Fall 2019 Community Fair: Bring local services together to share, Handy Brigade, etc, shredding, flu shots. On Saturday

Grant schedule-