

## MEET OUR FARMERS



**Apple Creek Farm**  
applecreek-farm.wordpress.com

Apple Creek Farm is a second generation farm run by Abby Sadauckas and Jake Gale. The farm was established in Bowdoinham by the Galle family in 1985. Originally wooded, the farmers have brought the land back to pastures through careful clearing. The farm raises chickens, cows, goats, sheep and turkeys as well as value-added products such as bone broth, pate, goat hides and sheepskins.



**Blue Bell Farm**  
www.bluebellfarmmaine.com

David Asmussen & Meredith Eilers joined the Bowdoinham farming community in 2013. Dave hail from upstate New York and first put a shovel in the soil in fourth grade when he dug up the back yard to plant radishes. He met his partner Meredith when she was working at the college organic farm. After adventures far and wide through several states, homesteads and farmland, they were excited to put down roots in Bowdoinham where they grow diverse vegetables, herbs and berries. Dave is a graduate of MOFGA's Journey-person program and is proud to be farming on land with an agricultural conservation easement through the Maine Farmland Trust. You can find their produce at the Bowdoinham farmers market, local restaurants and the Crown O' Maine Organic Cooperative.



**Campo di Fiori**  
www.maine gardendesign.com

Campo Di Fiori is a specialty nursery growing hardy wildflowers, ornamental grasses, and select cultivars. In creating the plant palette particular attention has been given to plants that are hardy, robust-growing, and low-maintenance while embodying a more natural or wild aesthetic. The majority of these plants have a long season of interest, and for that reason are particularly useful in keeping our gardens attractive from spring into winter. As both gardener and nature lover, Andrew's goal is to inspire and encourage imagination in the art of garden creating with respect to the dynamic beauty and emotion of nature.



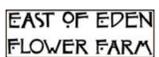
**Catmint Garden & Gallery**

Owner and artist Sarah Ann Stapler sells perennials in season and paintings all year. Catmint Garden and Gallery began to evolve about 15 years ago. It seemed a natural step for her to start putting perennial plants out on a stand at her home so people could purchase hardy, local plants that she had tested for 3-4 years. Sarah's array of perennials include iris, globe thistle, bachelor button perennials, sedums, phlox, ground cover, and both shade and sun-friendly flowers. Sarah's specialty are hostas and day lilies.



**Dandelion Spring Farm**  
www.dandelionspringfarm.com

Dandelion Spring Farm is a certified organic mixed vegetable & herb farm has been in production in the mid-coast for 18 years. Beth Schiller joined the Bowdoinham community in 2018 when she purchased 85 acres of land, with beautiful ridges and soil of statewide agricultural importance. After purchasing the property, she sold an easement to Maine Farmland Trust, to forever protect the land. Tender salad greens and aromatic herbs are the baseline of Dandelion Spring, but they also grow thousands of pounds of carrots, cabbages, squash, and other roots and greens. Their products can be found at the farmers' markets in Rockland and Portland, and at many natural food stores and restaurants along Maine's coast.



**East of Eden Flower Farm**  
www.eastofedenflowerfarm.com

East of Eden Flower Farm is a six-acre specialty cut flower farm located on the shores of Merrymeeting Bay. Blessed with abundant fresh water and rich soil, the farm is in its sixth season. Julia and David came to flower farming after each working on organic vegetable farms. They employ those same sustainable growing practices with flowers, producing over 80 unique annual and perennial flower varieties. In addition to managing a CSA, distributing retail bouquets to local grocery stores, participating in a weekly farmers market, and wholesaling to floral designers, the farm runs a seasonal 'seed-to-centerpiece' floral design business for weddings and events.



**Fairwinds Farm**

**Fairwinds Farm**  
www.fairwindsfarmmaine.com

Fairwinds Farm is a diverse 60-acre fruit and vegetable farm owned and operated by Pete & Cathy Karonis. Pete retired from the Marine Corp in 1995 and started Fairwinds Farm shortly thereafter, with just three acres of mixed vegetables. Cathy grew up in Bowdoinham and made her own entry into full-time farming in 1998. In 2003 they joined the two farms and expanded to make Fairwinds Farm the successful farm that it is today. The farm is located in both Topsham and Bowdoinham. Topsham is the location of five greenhouses and five acres under cultivation; the rest of the produce is grown in Bowdoinham along the banks of the beautiful Kennebec River and Merrymeeting Bay; this includes 16 acres of delicious strawberries; 3 acres of raspberries and 4 acres of high bush blueberries, a large assortment of vegetables, dried beans, popcorn and grains.



**Harvest Tide Organics**  
www.harvesttideorganics.com

Harvest Tide Organics is an organic produce farm in its third full year of production. Eric and Bethany together grow mixed vegetables for their CSA and wholesale customers from Augusta to Portland. It is their goal to provide healthy, affordable, organic produce for the region and to farm sustainably to preserve the great land they're on and the beautiful Merrymeeting Bay.



**Peary's Garden**

Peary's Garden is in its second season as a community growing space after being created by long-time gardener, Peary Merriman. In 2016, Peary Merrifield was a resident of Bowdoinham Estates when he contacted the Smith's to have a garden on their land behind Bowdoinham Estates. Peary had the land tilled and planted to a variety of vegetables. Peary and several other residents of Bowdoinham Estates shared in the maintenance and costs of the garden. Then, two years ago now, initiated by the Community Conversations facilitated by BCDI, Peary's Garden was formed in memory of Peary. Participants receive compost, water, tools, seeds and expert advice as part of their membership. They have designated organic and conventional plots and encourage our whole community to come enjoy this beautiful space we have created together.



**Six River Farm**  
www.sixriverfarm.com

Nate Drummond and Gabrielle Gossett started Six River Farm in 2007. It is a diverse organic vegetable farm located on the shores of Merrymeeting Bay. Nate and Gabrielle own seven acres of fields and lease an additional eighteen acres. They, along with their employees, grow twelve acres of vegetables, berries, herbs, and cut flowers and manage the remainder of their fields in cover crops for crop rotation. Their produce is sold at the Brunswick farmers markets, as well as to restaurants and natural food stores in the area. They also focus on season extension and have a wide range of unheated greenhouses that enable growing vegetables all year round. In the winter they sell at the indoor farmers market in Brunswick.



**Left Field Farm**  
www.leftfieldmaine.com

Sean Hagan started Left Field Farm in 2013 after farming for a number of years on the west coast. Sean grew up in the city but found he couldn't grow a carrot in pavement, so he left to find some decent soil. He is a graduate of MOFGA's Journey-person program. The 8-acre farm is nestled between neighboring farms on the edge of Merrymeeting Bay, growing a wide variety of organic vegetables. Produce goes to a CSA farm share program and to local stores and restaurants in the Portland and midcoast region. The farm also grows organic seedlings for sale to gardeners and backyard farmers.



**Eagle Hill Farm**

Eagle Hill Farm is a private horse farm owned by Sally Hildreth. Sally opened her farm on a beautiful 80 acre property on River Road in 2008. The farm is home to Healing Hooves, LLC which offers equine assisted psychotherapy and equine assisted learning sessions using the EAGALA model.

Come discover our "Very Crafty Town" on beautiful Merrymeeting Bay

MAINE BOWDOINHAM

JULY 28TH 2019

ART TRAIL & FARM DAY

OPEN

## Welcome to Bowdoinham



**Town of Bowdoinham**  
13 School St  
Bowdoinham, ME 04008  
www.bowdoinham.com

Visit us on Facebook!



**Bowdoinham Historical Society**  
bowdoinhamhistoricalsociety.org

The Bowdoinham Historical Society was established in 1970, by two dozen residents seeking "to collect and preserve records and physical objects relating to the history of Bowdoinham." The Historical Society owns three properties, the Meeting House & Carriage Shed; Jellerson School & Merrymeeting Bay Museum; and Merrymeeting Hall (formerly Merrymeeting Grange). Merrymeeting Hall is being recreated as a Community Center with a community kitchen, recreation area, a small theater, and much more. Jellerson School is the last Bowdoinham one-room school house and welcomes classes from area schools for a full 1910-11 school day. The museum has a large display of material relevant to Merrymeeting Bay and its importance to our town.



**Bowdoinham Guild of Artisans**  
www.bowdoinham.com/guildofartisans

The Bowdoinham Guild of Artisans is a group of fine artists working to bring their creative visions to life, while sharing an appreciation for their local community. The Guild strives to make high quality, well-made artistic goods accessible on a community level. The Guild of Artisans works to nurture artists by creating a supportive network, and providing access to exhibitions and educational opportunities.



**Bowdoinham Masonic Lodge, Village Lodge #26**

Masonry is one of the oldest Fraternities in the world and their charity within this community is extensive. This year, as with the past three years, the Village Lodge is joining this event to raise money for the Richmond and Bowdoinham Food Pantries! Thank you gentlemen for all you do for our communities!

## Barbeque at Maily Waterfront Park

Join us for a barbeque featuring fresh foods from local farms and live music by the Intergalactic Yurt Band. The Intergalactic Yurt Band is a collective of artists, misfits, craftsmen and dreamers drawn together by love of music from the deep well of Americana, certified organic music.

The barbeque will be catered by Texas Barbeque Company, a locally owned and operated catering business. Mark and Jen Wescott matched their love of barbeque with catering in 2012 and are looking forward to applying their special recipes with locally grown and raised products! As they have a busy season lined up, they have teamed up with members of Village Lodge # 26 AF & AM the local Masonic Lodge in Bowdoinham to cater the event. Bowdoinham Historical Society will also be joining the barbeque with their famous strawberry shortcake.

So come join us for some great local food and music!

## Thank you to our Sponsors!



**Bowdoinham Community Development Initiative**  
www.bcdimaine.org

Bowdoinham Community Development Initiative's (BCDI) focus is on farms, food, forests, and the arts, artisans, and businesses that support them. BCDI stimulates and advocates for healthy local enterprises and facilitates collaboration among the non-profit, for-profit, and government sectors in the local community.



**Maine Farmland Trust**  
www.maine farmlandtrust.org

Maine Farmland Trust (MFT) was founded by a group of farmers and farm advocates in 1999 to help protect farmland. MFT is dedicated to protecting farmland, and is a national leader in farmland protection and farmland access work. MFT also works to increase farm viability by helping farmers thrive, and raising public awareness about the important role of farms.

## MEET OUR ARTISTS, CRAFTERS & WOODWORKERS



**AP Curiosities**  
www.apcuriosities.com

AP Curiosities is a whimsical collection of handmade ceramics, jewelry, & household goods. Each piece is made by owner and artist Brooke Hoerner, who draws her inspiration from the wonders of nature. Brooke is an avid maker, surfer, and lover of all things living. Born on the Front Range of Colorado, Brooke has made her way to the Atlantic Ocean, nestled on the shores of the Kennebec River in Bowdoinham.



**Atomic Classroom**

Kate Cutko is the director of the Bowdoinham Public Library as well as an adoption social worker. Kate loves to craft with recycled materials; fabric, paper, book covers, old games and toys are just some of the craft materials in Kate's workshop. She adores the Bowdoinham Recycling Barn and finds all the supplies and inspiration she needs there to make her crafts.



**Catmint Garden & Gallery**

Owner and artist Sarah Ann Stapler specializes in miniature oil, watercolor and pastel paintings. She also creates large paintings, cards and children's books.



**Diana Mosher**

Diana creates greeting cards, decorative tole paintings, and painted jewelry made from tablespoons, when she's not busy working on Gruff Acres Farm.



**Jane Page-Conway Fine Art Photography**  
www.janepageconway.com

Jane has been making and altering photographic images for over 30 years. She's an inquisitive experimenter, exploring both traditional wet darkroom & alternative photographic processes such as: infrared film, Polaroid manipulations and emulsion transfers, hand-tinting black and white photographs, cyanotype & kallitype. Jane has learned to restructure her thinking in the digital age, blending the old with the new. And now she practices the ancient painting medium of encaustic wax with her photography.



**LaPointe Antiques & Restoration**  
mortimerlapointe.com

Mortimer builds new furniture from reclaimed wood and repairs and restores antiques. The pieces are crafted from a constantly changing collection of vintage reclaimed lumber. The beauty, shape and texture of each piece of wood is truly unique.



**Meg Zellinger**

Meg enjoys using rich, vibrant colors, and playing with the grain and texture of the glass to add to the design. She prefers curved lines that evoke elements of nature. She also delights in how the colors of the glass can change throughout the day. She loves the challenge of creating unique 3-dimensional objects such as a glass slipper, and collaborating with recipients on the design and colors of their project. Her most recent projects have involved collaborating with artists in other mediums as featured in the piece above, which was done with wood sculptor, Wayne Sanford.



**Scott Libby Woodworking**

Scott Libby Woodworking has an experienced team of craftsmen ready to turn your dream projects into stunning spaces that will last a lifetime. In addition to custom home construction, they offer a full range of fine wood-working services including kitchen cabinets, designed doors, architectural millwork, curved stairs, moldings and more.



**Starrocks**

Lynn Sternfels creates graceful jewelry and beautiful scarves. Her jewelry is made with gems and beads embedded in intricately crocheted wire. Lynn makes both silk scarves with light-weight wool integrated into the fiber and hand-painted silk scarves, both are all items she has developed while exploring her creativity. They are beautiful accessories that make any outfit look special.



**Steven Thomas Bunn, Furnituremaker**  
www.stevenbunn.com

Like early craftsmen, Steven Bunn draws on a number of elements characteristic of New England Windsor chairs - bold, sharply defined turnings, wide splayed legs, spindles with wide nodes and deeply sculpted seats to create my own interpretation of Windsor style. The result is a spectacularly beautiful chair - a modern heirloom - strong enough for everyday use. Steven crafts Windsor chairs, rockers & settees in a number of styles using traditional tools and materials. He makes Windsor chairs because he loves their unique fusion of beauty and utility. Steve's handcrafted Windsor chairs, with their deeply saddled seats and flexible backs, are the most comfortable chairs you will ever sit in. No factory-made Windsor chair can equal his chairs for comfort.



**Watersong Music**  
watersongmusic.org

Earl Bigelow created Watersong Music for the sharing and teaching of all the facets of music. Recording, performance and teaching music has become Earl's happy occupation, and in his new studio he is able to do all three.



**Wayne Sanford**

Since retirement, Wayne is having way too much fun exploring the shapes and colors hidden in the woodpile. He carves useful and useless gifts, large and small, mostly from wood that is too gnarly to split.



**William Stanton**

Bill retired from a career in civil engineering in 2003. He works out of his studio in the old Ames Mill in Richmond. He paints with acrylics and oils, mostly doing landscapes of Bowdoinham scenes.



**Merrymeeting Arts Center**  
merrymeetingartscenter.org

Since opening in September 2007, Merrymeeting Arts Center has been an active member of the Bowdoinham community, providing a place where children and adults can participate in and enjoy the arts. Inspired and guided by the eclectic spirit of Bryce Muir the center encourages art, education and community celebrating the cultural heritage and natural environment of Merrymeeting Bay. Bryce viewed "the arts" in the broadest sense and "artists" as all those who make art in any genre. Bryce's art - drawings, sculpture, music, performing arts, literature and boat building - embodied his belief that art is life and that whatever moves a person is art. Woven through its artists, programs and projects are MAC's Values: egalitarianism, whimsy, environmental consciousness and diversity.



**Arts Studio**

The Merrymeeting Arts Center's Studio originally opened in the Spring of 2014 as a pottery studio with a focus on teaching beginning ceramic skills to persons of all ages and skill levels from the community and beyond. In the Summer of 2017 it expanded its focus to incorporate arts of all kind. Including pottery, drawing, painting, collage, as well as any other interests and ideas from the community.

## Welcome to Bowdoinham

*"On Beautiful Merrymeeting Bay"*

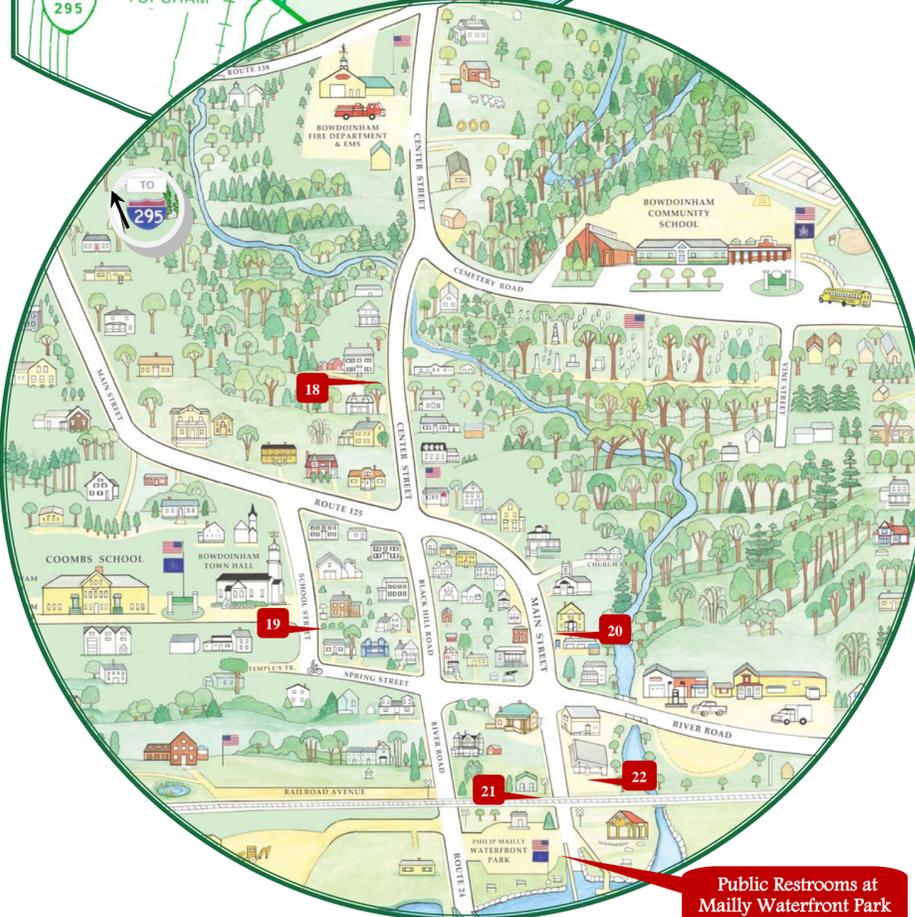
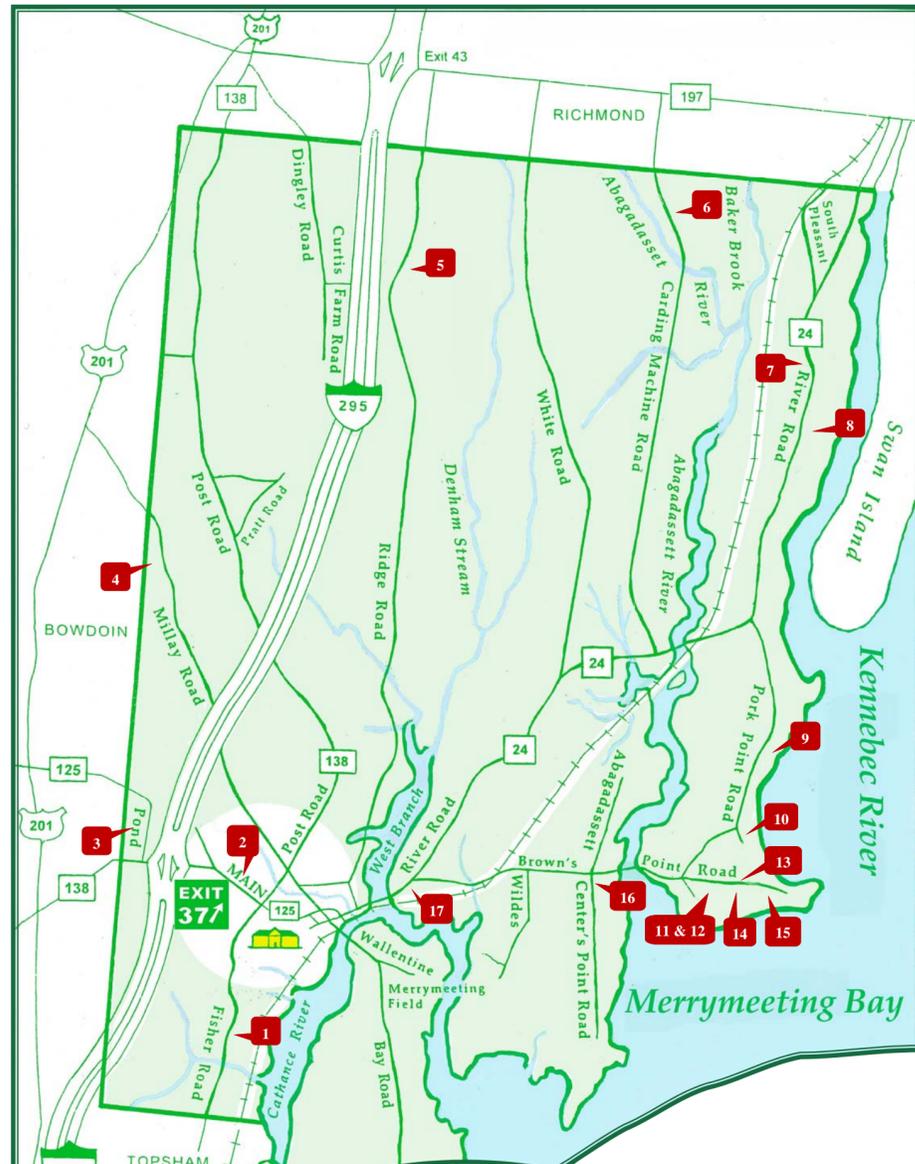
Though the 1600's saw attempts at settlement, it was not until 1730 that permanent settlers, many with names still common in Bowdoinham, built along the shores of Merrymeeting Bay and the Abbagadasset River. On September 18, 1762, Bowdoinham was incorporated, named for Peter Bowdoin, a religious refugee from France, who had bought the tract of land that included this area. The first church was built in 1765, and three school districts were authorized in 1791. At one point Bowdoinham stretched from the Richmond-Gardiner line to the Topsham line and west to include Bowdoin.

Agriculture has had a long history in Bowdoinham, pre-dating the town's incorporation in 1762. The most fertile, well-drained soils have been used for vegetables and first production, while the less well-drained soils have favored animal raising and hay production. During the 18th century, 95% of the townspeople raised their own food and fiber and sold the surplus to local people or businesses. By the 19th century, the demands of town and city populations created a larger marketing opportunity to serve the increasing population that no longer had access to farm land. During the 20th century, the production of farms was geared to the wholesale market. The last quarter of the 20th century saw the beginning of the change from wholesale marketing to a more intensive focus on retail customers. This initial focus was intensified by the "organic" and "buy local" desires of the Maine population which displays itself in restaurant offerings, summer and winter farmers' markets, food clubs and "community supported agriculture". The 21st century has seen a burst of new farms in Bowdoinham.

Bowdoinham's village is located on the banks of the Cathance River. Its proximity to Interstate 295, Brunswick, Topsham, Lewiston, Auburn, Augusta, and Portland make it an ideal place to live, visit, or locate a business. Named "A Very Crafty Town" by Down East Magazine in 2008, Bowdoinham is home to many well-known artists whose work is a direct reflection of the natural beauty of the area. In the Cathance Landing Building on the waterfront you will find the Merrymeeting Arts Center. Up on the hill, in the old high school building, you will find one of the best little libraries in the state and the historic town hall where visitors gather for contra dances, art shows and the longest-running plant sale in the state. The Bowdoinham Community School is a top-ranking K-5 elementary school built mainly from donated lumber and labor along with money raised from several years of local chicken barbecues. Bordering the school, kids and adults can be seen enjoying the baseball fields, a skating rink, a tennis court and a basketball court. In the center of town, Maily Waterfront Park features an easily accessible public boat launch, picnic tables, a gazebo, and public restrooms. During the summer, the park is home to free Sunday concerts.

A short boat ride will find you in the middle of Merrymeeting Bay, an ecological wonder. Merrymeeting Bay drains 38% of the freshwater in the state; its watershed comprises an area totaling some 10,000 square miles. The Bay is located in Midcoast Maine at the confluence of six rivers: the Cathance, Muddy, Abbagadasset, Eastern and—two of Maine's largest rivers—the Kennebec and Androscoggin. While generally considered an estuary, biologically, the Bay is classified as tidal riverine and geologically, as an inland delta. The Bay is for all intents and purposes 100% freshwater. Narrow river restrictions at the Chops and Thorne Head slow the incoming salt tide from 17 miles downstream and restrict the outgoing volume of fresh water draining more than a third of the state. It is the backed up freshwater rising 4-6 feet against the advancing salt water that makes the tide. The Kennebec is, in fact, tidal all the way to Augusta. The Bay is a 9,000 acre system of tidal freshwater marshes and open water that provides premier spawning habitat as well as being the largest staging ground in the northeast for migratory waterfowl. The Bay is internationally significant for its many rare and endangered plants and animals.

Bowdoinham's location on Merrymeeting Bay led to the growth of an economy based on a blend of maritime crafts; fishing and boat building, combined with farming, and associated home industry. In the winter, fishing shacks appear on the river by the village center, continuing down the river and into the bay. Visitors and locals gather to fish for the small and delicious Atlantic Smelt. Once a year, the townspeople come together in the park during the second week of September to "Celebrate" its birthday. Celebrate Bowdoinham is a celebration of Bowdoinham history, culture, arts, ecology, agriculture, commerce and the wonderful people that live here and call Bowdoinham home. It's Bowdoinham's high quality of life and strong sense of community that led to it being named one of the "Best Places to Live in Maine" by Down East Magazine.



Public Restrooms at Maily Waterfront Park

## OPEN FARM DAY ~ SCHEDULE OF EVENTS

### Farm & Studio Tours

- Campo di Fiori**  
212 Fisher Rd  
**9am-3pm.** Explore Andrew's naturalistic gardens, experimental hybrid hazelnut orchard and nursery. **Lynn Sternfels** be there with her beautiful jewelry and hand painted silk scarves.
- Peary's Garden**  
218 Main St  
**12-3pm.** Come tour Bowdoinham's community garden.
- Scott Libby Woodworking**  
112 Pond Rd  
**9am-2pm.** Stop by and view Scott's facility. There will be live woodworking demonstrations at 10am, 11am and 12pm. They will also have examples of projects to view.
- Apple Creek Farm**  
448 Millay Rd  
**10am-2pm.** Visitors can tour the farm at 11am and 1pm, see the animals, enjoy activities for children and visit the "pop-up" store for farm products and treats from Turtle Rock Farm.
- Dandelion Spring Farm**  
961 Ridge Rd  
**10am-1pm.** Dandelion Spring will be offering tours on the hour and a sampling of some of our vegetables and herbs.
- Blue Bell Farm**  
767 Carding Machine Rd  
**10am-2pm.** Tour the hoop-houses, perennial fruit plantings, and bring your birding binoculars for a stroll through the back field.
- Eagle Hill Farm**  
1360 River Rd  
**1-4pm.** Learn about Equine Assisted Therapy and meet the horses.
- LaPointe Antiques & Restoration**  
1191 River Road  
**10am-3pm.** You're invited to explore Mortimer's shop and see his latest projects, including Joshua Chamberlain's carriage house.
- Harvest Tide Organics**  
304 Pork Point Rd  
**9am-12pm.** Join Eric and Bethany for farm tours and refreshments.
- AP Curiosities**  
4 Mallard Ln  
**10am-3pm.** Brooke will have her vintage Airstream Gallery open, refreshments will be available and she will have pottery demonstrations throughout the day.
- Left Field Farm**  
513 Browns Point Rd  
*Please park by the greenhouse.*  
**9am-12pm.** Come tour the farm and join us for some veggie tasting.
- Six River Farm**  
513 Browns Point Rd  
*Please park by the greenhouse.*  
**10am-1pm.** Come discover a diverse array of vegetables, berries, herbs and cut flowers along Merrymeeting Bay.



- Fairwinds Farm**  
554 Browns Point Rd  
**10am-1pm.** Tour Pete & Cathy's Bowdoinham fields, enjoy some samples of fruit shortcake.
- Atomic Classroom**  
555 Browns Point Rd  
**10am-1pm.** Stop in to see the progress on the "Atomic Classroom", Kate's 1963 Airstream turned traveling art classroom.
- East of Eden Flower Farm**  
601 Browns Point Rd  
*Please park by the greenhouse.*  
**10am-1pm.** Join guided tours of the farm and see the flower fields in bloom.
- Jellerson School & Merrymeeting Bay Museum**  
2 Centers Point Rd  
**9am-2pm.** Visit Bowdoinham's last one room schoolhouse and Merrymeeting Bay Museum, which features River-and-Bay based occupations from 1762 to present day.
- Meeting House**  
1 Browns Point Rd  
**9am-2pm.** See the Historical Society's 2019 display, "Bowdoinham - 1880 to 1930: Fifty Years of Change."
- Steven Thomas Bunn, Furnituremaker**  
Hedge Hill Farm, 22 Center St  
**9am-4pm.** Enjoy a cup of coffee while you tour Steve's woodshop, watch a demonstration of his Windsor chair-making and view Blue Iris Gallery's paintings by Phyllis Hartzler.
- Catmint Garden & Gallery**  
16 School St  
**10am-3pm.** Explore Sarah's gallery of paintings, cards and children's books, along with her beautiful perennial gardens.
- Merrymeeting Hall**  
27 Main St  
**12pm-4pm.** Meet and see the artwork of local artists: **Meg Zellinger, Wayne Sanford, William Stanton, Jane Page Conway and Diana Mosher** and go on tours of Merrymeeting Hall with Bowdoinham Historical Society.
- Arts Studio**  
6 Main St  
**2pm-4pm.** The MAC will be holding an open studio with artist Susan Perrine featuring weaving and other crafts.
- Cathance Place**  
9 Main St  
**Watersong Music**  
**10am-2pm.** Come check out Earl's music studio and see where all the magic happens.



**Merrymeeting Arts Center**  
**10am-1pm.** The gallery will be featuring LOOM, an amazing exhibit of hand woven textiles highlighting the work of Luke MacFadyen and Delaney Bullock.

### Barbeque

#### Maily Waterfront Park

1 Main St  
**3-6pm.** Join us for a barbeque featuring fresh foods from local farms and live music!

**Menu**  
*(Items subject to change)*

- ◊ Pulled Chicken
- ◊ Potato Salad
- ◊ Baked Beans
- ◊ Coleslaw
- ◊ Corn Bread
- ◊ Strawberry Shortcake

**Cost**

- \$10 - Per Plate
- \$4 - Strawberry Shortcake

Fresh, Local Ingredients provided by:

- ◊ Pulled Chicken  
-Apple Creek Farm
- ◊ Pulled Pork  
-L & P Bisson and Sons Meat Market & Farm
- ◊ Potato Salad  
-Six River Farm & Apple Creek Farm
- ◊ Baked Beans  
-Fairwinds Farm
- ◊ Coleslaw  
-Harvest Tide Organics
- ◊ Corn Bread  
-Fairwinds Farm & Apple Creek Farm
- ◊ Strawberry Shortcake  
-Fairwinds Farm



### Explore Merrymeeting Bay Bike Rides



Merrymeeting Trailblazers and Maine Farmland Trust are sponsoring the Explore Merrymeeting Bay Bike Tours, visiting the farms and exploring the scenes of Open Farm Day. The ride will include three led bike ride options for a range of abilities and interests. All three led rides will leave from Maily Waterfront Park.

**10:00am** - 35 mile ride through Bowdoinham, Richmond, and Topsham with short stops at farms on the route. This ride is best for intermediate or advanced riders.

**10:15am** - 24 mile ride through Bowdoinham and Richmond with stops to explore farms along the way. This is a good ride for beginner or intermediate riders.

**10:30am** - 14 mile ride with stops to explore some of Bowdoinham's Forever Farms. This ride will be led by Maine Farmland Trust staff and is good for beginner & intermediate riders and those who are interested in learning more about farmland protection in one of the richest farming areas in Bowdoinham.

Or you can create your own ride and explore the farms at your pace. We will have a table with information about suggested bike routes along with refreshment stops at Maily Waterfront Park from 9am to 3pm. Join us to explore the Bay and learn about Merrymeeting Trail!



\*Town & Village Maps by Margaret Campbell. Photographs by farmers, artists, crafters and woodworkers.