



Friday 4/26/2024

## Some facts about Maine JobLink openings

17,495 total active jobs

### Education Level

- [Some High School or less 516 Jobs](#)
- [High School Diploma or Equivalent 3,377 Jobs](#)
- [Vocational Certificate or Credential 3,413 Jobs](#)
- [Some College 3,442 Jobs](#)
- [Associate's Degree 3,646 Jobs](#)
- [Bachelor's Degree 4,234 Jobs](#)
- [Master's Degree 4,392 Jobs](#)
- [Ph.D 4,414 Jobs](#)
- [MD, OD or Related 4,418 Jobs](#)
- [JD 4,431 Jobs](#)
- [Other Professional Degree 4,440 Jobs](#)

### Wages

- [\\$0 or more 16,657 Jobs](#)
- [\\$5 or more 1,258 Jobs](#)
- [\\$10 or more 1,257 Jobs](#)
- [\\$15 or more 1,225 Jobs](#)
- [\\$20 or more 770 Jobs](#)
- [\\$25 or more 431 Jobs](#)
- [\\$30 or more 265 Jobs](#)
- [\\$35 or more 182 Jobs](#)
- [\\$40 or more 128 Jobs](#)
- [\\$45 or more 99 Jobs](#)
- [\\$50 or more 72 Jobs](#)

### Industries

- [Health Care and Social Assistance 4,561 Jobs](#)
- [Custom Computer Programming Services 1,585 Jobs](#)
- [Retail Trade 1,235 Jobs](#)
- [Other Services \(except Public Administration\) 512 Jobs](#)
- [Accommodation and Food Services 504 Jobs](#)
- [Finance and Insurance 434 Jobs](#)
- [Professional, Scientific, and Technical Services 299 Jobs](#)
- [Educational Services 254 Jobs](#)
- [Drugs & Druggists' Sundries Merchant Wholesalers 252 Jobs](#)
- [Public Administration 235 Jobs](#)
- [Corporate, Subsidiary, & Regional Managing Offices 177 Jobs](#)
- [Manufacturing 175 Jobs](#)
- [Transportation and Warehousing 168 Jobs](#)
- [Wholesale Trade Agents and Brokers 149 Jobs](#)
- [Construction 139 Jobs](#)
- [Administrative & General Management Consulting Services 129 Jobs](#)
- [Utilities 106 Jobs](#)
- [Information 103 Jobs](#)

- [Ship and Boat Building 86 Jobs](#)
- [Human Resources Consulting Services 85 Jobs](#)
- [Employment Placement Agencies 74 Jobs](#)
- [Home Health Care Services 71 Jobs](#)
- [Other Information Services 65 Jobs](#)
- [Pharmaceutical and Medicine Manufacturing 64 Jobs](#)
- [Professional Employer Organizations 60 Jobs](#)

### Offers Remote Work – 42 Jobs

### Job Location - City

- [Augusta 4,420 Jobs](#)
- [Portland 1,848 Jobs](#)
- [Bangor 1,012 Jobs](#)
- [Lewiston 767 Jobs](#)
- [South Portland 422 Jobs](#)
- [Scarborough 380 Jobs](#)
- [Biddeford 374 Jobs](#)
- [Brunswick 334 Jobs](#)
- [Waterville 299 Jobs](#)
- [Westbrook 289 Jobs](#)

### Companies with most openings

- [MaineHealth 1,766 Jobs](#)
- [Oracle 1,341 Jobs](#)
- [Northern Light Health 1,118 Jobs](#)
- [Dunkin' 452 Jobs](#)
- [Hannaford 393 Jobs](#)
- [Central Maine Medical Center 329 Jobs](#)
- [McDonald's 301 Jobs](#)
- [Covenant Health 292 Jobs](#)
- [Walmart 282 Jobs](#)
- [MaineGeneral Health 277 Jobs](#)
- [Sanofi Group 252 Jobs](#)
- [State of Maine, Bureau of Human Resources 219 Jobs](#)
- [Baskin Robbins 189 Jobs](#)
- [Genesis Healthcare 161 Jobs](#)
- [Meta 159 Jobs](#)
- [Walgreens 150 Jobs](#)
- [ManpowerGroup 135 Jobs](#)
- [AutoZone, Inc. 126 Jobs](#)
- [Jacobs 124 Jobs](#)
- [Androscoggin Home Healthcare + Hospice 119 Jobs](#)
- [Marriott 113 Jobs](#)
- [Home Depot 107 Jobs](#)
- [Health Advocates Network 106 Jobs](#)
- [Lowe's 101 Jobs](#)
- [University of Maine 97 Jobs](#)



# **SAVE THE DATE**

## **The 2024 Health Workforce Summit**

**Monday, April 29, 2024  
8:30 AM - 4:00 PM (ET)**

Join the Department of Health and Human Services, the Department of Labor, health sector leaders and innovators for the 2024 Health Workforce Summit on Monday, April 29, 2024.

The theme is Recruitment, Retention and Innovation. Learn from changemakers the successful strategies that are growing and upskilling talent in the health sector. The day will begin at 8:30 AM and conclude at 4:00 PM (ET).



**The Augusta Civic Center**

**76 Community Drive, Augusta ME 04330**

### **TOPICS INCLUDE:**

- **New Models in the Health Workforce Ecosystem**
- **Growing the Talent Pipeline**
- **Retention and Resilience**
- **Career Pathways and Collaboration**

Do you have an innovative workforce development model you would like to highlight? Please let us know by reaching out to [Joy.K.Gould@Maine.gov](mailto:Joy.K.Gould@Maine.gov)

**Look for more information and  
registration coming soon!**



## Temporary Rule Increasing Automatic Extension Period of Employment Authorization and/or EADs for Certain Individuals

On April 8, 2024, the Department of Homeland Security (DHS) published a second temporary final rule ([89 FR 24628](#)) temporarily increasing the automatic extension period for employment authorization and/or Employment Authorization Documents (EAD, Form I-766) to up to 540 days. This temporary increase is available to certain individuals who timely filed Form I-765, Application for Employment Authorization, renewal applications on or before Sept. 30, 2025. Previously, the EAD auto-extension was only up to 180 days for EAD renewal applications received by USCIS on or after Oct. 27, 2023.



Agencies should accept EADs, including those that appear expired, in the following circumstances:

- The EAD “Card Expires” date has passed and states an eligible category; and
- The benefit applicant also presents a Form I-797C, Notice of Action, receipt notice for a renewal Form I-765, Application for Employment Authorization, that states the same eligibility category as the category on the front of the EAD, except:
- The EAD category codes do not need to match for Temporary Protected Status applicants if one is A12 (TPS approved) and the other is C19 (TPS pending).
- The EAD category codes C26, A17, and A18 for certain nonimmigrant dependent spouses require an unexpired Form I-94 indicating H-4 (C26), E (A17) and L-2 (A18) nonimmigrant status be presented along with the Form I-797C.

This temporary final rule also provides benefit applicants whose Form I-797C was issued on or after Oct. 27, 2023, and references the up to 180-day extension, an additional extension up to 360 days, for a total of up to 540 days past the “Card Expires” date of the current EAD, if their renewal application was still pending with USCIS as of Apr. 8, 2024 (when the second TFR was published).

### **SAVE Verification**

SAVE will generally verify employment authorization as part of initial verification, including automatically extended EAD validity periods. Additional manual verification may be required in limited instances, such as when the benefit applicant’s information does not match federal immigration records. If you need to verify whether this temporary final rule impacts a benefit applicant for whom SAVE previously provided a response, please submit a new SAVE verification request.

The U.S. Citizenship and Immigration Services [Automatic EAD Extension Webpage](#) and this [USCIS News Alert](#) provide additional information regarding this change.

Please send any questions or concerns to your SAVE Agency Relationship Manager or [SAVERegistration@uscis.dhs.gov](mailto:SAVERegistration@uscis.dhs.gov).





## Help your employees build financial security with MERIT.

**The Maine Investment Retirement Trust (MERIT) is a simple way to help your employees save for the future.**

Maine understands how important it is to give businesses the resources to attract quality employees. As the economy has changed since the pandemic, employees are looking for benefits that give them more financial security.

More than 200,000 Mainers do not have access to retirement savings through work.<sup>1</sup> MERIT is here to change that and to make it easy for you to help your employees close the retirement savings gap.

### What is MERIT?

MERIT is a new retirement savings program, governed by the Maine Retirement Savings Board. Maine businesses with 5 or more employees who have been in business for two years that do not offer a qualified retirement plan must register with the program by their deadline.

With MERIT, businesses can help their employees save for retirement in a Roth Individual Retirement Account (IRA) through convenient payroll deductions. This new program is an easy way for Mainers to save for the future.



## MERIT can benefit your business.

- It's easy to set up: No complex administration and minimal ongoing responsibilities.
- It lets you focus on your business, with easy integration with your payroll process.
- It's a valuable benefit to attract and retain employees by giving them a simple and secure way to save through automatic payroll contributions into a Roth IRA.
- You have no fiduciary responsibility, meaning you are not responsible for the investment decisions or outcomes of any employee that participates in the program.
- You are not required to match contributions.

Learn more about MERIT and find your registration deadline at [MERITSaves.com](https://MERITSaves.com)



## AUTOMOTIVE TECHNICIAN I APPRENTICESHIP PROGRAM

DEVELOPED IN PARTNERSHIP WITH:

### EDUCATE MAINE



- Are you interested in building your knowledge and skills to start a career as an **Automotive Technician**?
- Darling's will accept apprentice applications at their locations **across the state** until all positions are filled!

#### APPLICANTS SHOULD...

- ✓ Be at least 17 years of age
- ✓ Possess a high school diploma or equivalent (GED/HiSet)
- ✓ Be able to lift and carry heavy tools and equipment
- ✓ Be able to bend, crouch, kneel, and work on foot for extended periods of time

*Successful candidates do not need prior automotive experience  
to apply and be accepted into this position*

SCAN THIS QR CODE  
FOR MORE INFO



OR VISIT:

<https://www.darlings.com/darlings-apprenticeship-program.htm>



# Inclusion Maine Conference

May 1st - 3rd  
Portland Sheraton



Maine needs 75,000  
workers by 2029.  
Join us in attracting  
and retaining talent.

**50% OFF Registration Fee!**

Learn more at registration.

**Registration:**

**[Inclusionmaine.org/conference](https://inclusionmaine.org/conference)**

Mainebiz FORUM

# women's LEADERSHIP

MAY 1 / 7:30-10:30AM / HANNAFORD HALL, USM, PORTLAND

LEARN MORE AND REGISTER AT [MAINEBIZ.BIZ/WLF24](https://mainebiz.biz/WLF24)

# MINDFUL & FEARLESS LEADERSHIP

## PANELISTS



**Kim Anania**  
KMA Human Resources  
Consulting



**Sarah Belliveau**  
BerryDunn



**Jenn Lever**  
Baxter Brewing Company



**Marcia Minter**  
Indigo Arts Alliance

Leading teams with emotional intelligence while protecting your mental energy, reducing stress, and unearthing creativity

## WEDNESDAY, MAY 1



SPONSORED BY



VISTAGE

@#MBWLF24  
FOLLOW US @MAINEBIZ



# JOIN US FOR A VIRTUAL EVENT

May 7 – 9, 2024  
12PM – 5PM EST



You're invited to get 1-on-1 assistance to get the VA health care and benefits you've earned.

## GET HELP WITH:

- ★ Signing up for VA Health Care ★
- ★ Applying for VA Education Benefits ★
- ★ Submitting a VA Disability Claim ★
  - ★ Toxic Exposure Concerns ★
  - ★ Mental Health Support ★
  - ★ VA Burial Options ★



## REGISTER TODAY!

Please note this is available only to residents of the listed states and all times are Eastern Standard Time.

[www.VA.gov/veac](http://www.VA.gov/veac)



Thank you for your service. We're here for you if you need us.  
Download the VA Welcome Kit: [VA.gov/welcome-kit/](http://VA.gov/welcome-kit/)  
Subscribe to #VetResources: [VA.gov/vetresources/](http://VA.gov/vetresources/)  
Veterans Crisis Line: 1-800-273-8255, Press 1  
The one number to reach VA: 1-800-MyVA411

VA



U.S. Department  
of Veterans Affairs



# Get your gear fixed *while you have fun.*

## FREE POP-UP GEAR REPAIR

*By Maine GearShare  
made possible by  
Martin's Point Health Care*

Drop off gear in need of repair, then enjoy the event while Maine GearShare staff & volunteers give your gear new life. Free repairs made possible by Martin's Point Health Care.

All items must be clean. Common repair types accepted: stuck or misaligned zippers, nylon with rips, puffy coat holes, broken backpack buckles and straps, seam failures, etc. Some stoves, tents, snowshoes, and other hard goods can be repaired on a case-by-case basis. *Unsure? Bring it and find out.*



MARTIN'S POINT  
HEALTH CARE





Registration is now open for the **2024 Maine Employer Summit: Engaging Today & Tomorrow's Workforce on May 14, 2024 at the Cross Insurance Center in Bangor**. Space is limited so grab your tickets today!

***What is it?***

A one-day event for employers looking for resources and solutions to workforce challenges **hosted by the Maine Departments of Labor & Economic and Community Development, in partnership with the State Workforce Board.**

***Why attend?***

- Connect with other employers, government agencies and State of Maine resources to help with workforce opportunities
- Engage with young adults to learn directly about how to best engage the next generation in the workplace
- Discuss how to break down barriers to attracting & hiring specific communities
- Share best practices, challenges, and innovations in creating a more inclusive, sustainable workforce

***Details:***

- May 14, 2024
- 7:30am – 3:30pm
- Cross Insurance Center, Bangor, Maine



***\* New this year – Innovation Hall with 200+ Young People!***

Attendees at last year's event shared that they were interested in connecting with and hearing from young people. This year, we are thrilled to be partnering with local schools and community organizations to bring over 200 young people, students and recent graduates from around the state to engage with employers in the new Innovation Hall. The Innovation Hall will feature live industry demonstrations and experiences for young people, as well as resume coaching, mock interviews, headshot studios and job opportunities – all set up around a food truck-style lunch with plenty of opportunity for employers and youth to engage with each other.

**For the complete schedule, [click here](#).**

Tickets are just \$35 (early bird rate of \$35 expires March 31. Regular price is \$45)

***NOTE: Space is limited. In an effort to include as many businesses as possible, please limit registrations from your company to (2) persons.***

**[Register for the 2024 Maine Employer Summit now by clicking here.](#)**

For questions about registration, please contact Green Tree Event Consultants, [Linda@GreenTreeEvents.com](mailto:Linda@GreenTreeEvents.com).





# The 2024 Annual HOPE Conference:

(Having Opportunities for Personal Empowerment)

A Statewide Recovery/Wellness Conference for Persons in Recovery  
from Substance Use and Mental Health Challenges and Service Providers  
Augusta Civic Center, Maine – May 15, 2024

## “Connection: Honoring Our Diversity”

*Revolutionizing Systems, Reimagining Wellness & Rebuilding Community*

This year's theme is meant to acknowledge the diversity that exists within our communities and the ways in which our shared recovery can connect us, focusing on our similarities, rather than our differences, resulting in an improved existence for those with Substance Use and Mental Health Challenges. Please join the conversation and explore how this is or can be reflected in systems/services, our individual choices and journeys, and continuing to create a supportive, accepting, and vibrant community.

### TRACKS

- 1) Reimagining Wellness
- 2) Rebuilding Community
- 3) Revolutionizing Systems

The HOPE Conference Committee in conjunction with DHHS Office of Behavioral Health (OBH) is looking for individuals in recovery from substance use and mental health challenges to present workshops at the annual HOPE Conference. In appreciation of people's time and expertise, all workshop presenters/panelists will receive a \$100 stipend, in addition to free registration.

**Any peer or consumer is qualified to submit a proposal for a workshop at the conference. A peer may have a non-peer co-presenter.** For our purposes, a peer is defined as a person who has received or is receiving mental health or substance use services and/or used peer support or holistic resources to support their recovery.

- The 75-minute timeframe presentation will include introductions, presentation material, question and answer session, and attendee evaluation of presentation.
- Attendees should leave with specific knowledge and skills about various aspects of the topic and how it relates to recovery and wellness.
- Presentations that introduce attendees to a specific service, practice, or strategy require the presenter to share evidence of effectiveness with attendees. This can include preliminary outcomes and evaluation findings.
- Presentations should provide attendees with educational value and refrain from promoting or selling a specific business or product.

***Workshop proposals should reflect the conference theme.***

**To submit a proposal, please complete the prepared fill-in form or otherwise provide the following information:**

- Your name and contact info with a brief bio sketch.
- Why you would like to do a workshop at this conference.
- The title of your presentation, the track(s) it pertains to, and 2-3 learning objectives.
  - Description of presentation (limit 2 pages)
- Will you have a Powerpoint presentation? Need handouts printed?

<https://maineccsm.org/hope-conference/>



**Elevate Your Network  
Empower Your Journey**

# MAINE ENTREPRENEURS SUMMIT

MAY 16TH - USM

## MAINE ENTREPRENEURS SUMMIT

**REGISTER TODAY!**



**2024  
Workshops, Networking  
& Pitch Competition**

**Thursday, May 16 1:30 PM - 8:00 PM**  
USM Abromson Center, Portland, ME



### **LEARN**

what you need to  
pitch your business  
to funders, buyers  
and other business  
organizations



### **CONNECT**

with Maine  
entrepreneurs and  
entrepreneurial  
community



### **CELEBRATE**

2024 Top Gun  
companies &  
Showcase Winner  
who'll take home  
the \$25,000 prize

<https://MES.Registration.eventbrite.com>





MAINE INTERNATIONAL  
**TRADE** mitc **DAY**

May 16 - 17, 2024

Bangor, ME

## TRADE DAY is coming to Bangor!

Our partners at the Maine International Trade Center are hosting Trade Day in Bangor this year MAY 16 - 17.

***A GREAT OPPORTUNITY FOR BUSINESSES AND COMMUNITY LEADERS***

[click here to see the incredible line up of presenters and to register](#)

Congratulations to our friends at the Bangor International Airport  
Being recognized with the "Service Provider of the Year Award"

*We hope to see you there!*

## [Trade Day 2024](#)

### **Dates & Times**

Thursday, May 16: 4:30 – 6:30 PM

Friday, May 17: 8:30 AM – 3:30 PM

### **Location**

Cross Insurance Center, 515 Main Street, Bangor,  
ME 04401

### **Registration Fee**

MITC Member \$95 / Non-Member \$125

### **Lodging Options**

- [Residence Inn by Marriott, Bangor](#)
- [Casino Hotel, Bangor](#)
- [Hilton Garden Inn, Bangor](#)
- [Hotel Ursa at The University of Maine, Orono](#)

### **Event Schedule**

#### **May 16**

4:30 – 6:30 PM Opening Reception

#### **May 17**

8:30 – 9:00 AM Continental Breakfast

9:00 – 9:15 AM Opening Remarks

9:15 – 9:45 AM Keynote Presentation

9:45 – 11:00 AM Panel Session

11:00 AM – 12:00 PM Networking Session

12:00 – 2:30 PM Annual Trade & Investment  
Awards Luncheon

2:30 – 3:30 PM Informal Networking



**ALL GAVE SOME, SOME GAVE ALL**



# THE GOLDSTARS TRIBUTE WALL (TM) MAY 25 - MAY 27, 2024



The Augusta Elks Lodge #964 is honored to be hosting The GoldStars Tribute Wall this memorial day weekend.

Join us for opening ceremonies Saturday May 25th at 10am to pay tribute to those who gave the ultimate sacrifice during the Gulf, Afghanistan, and Iraq wars.

For more information on the Tribute Wall visit:

<https://www.tributewall.org/>

- ✓ Free to the public
- ✓ Available to view all weekend
- ✓ Sponsorships available



[TRIBUTEWALL@AUGUSTAELKS.ORG](mailto:TRIBUTEWALL@AUGUSTAELKS.ORG)



<https://www.facebook.com/events/1125170752173336>



[TRIBUTEWALL@AUGUSTAELKS.ORG](mailto:TRIBUTEWALL@AUGUSTAELKS.ORG)



# More Than a Job.

## Do you want to go back to school or change careers?

SNAP Employment and Training programs offer more than a job. Find programs that can connect you to training, personal support, and help with things like books, uniforms, and childcare.



Learn more about your State's  
program at [fns.usda.gov/snap-et](https://fns.usda.gov/snap-et)



**USDA**  
Supplemental  
Nutrition  
Assistance  
Program

Putting Healthy Food  
Within Reach



## NEW DATE: 2024 MaineSpark Summit

**When:** Monday, June 3rd 2024, 8:30am - 2:00pm

**Where:** Augusta Civic Center, Augusta, Maine

**Cost:** FREE

**Register today for the annual MaineSpark Summit!** This year's summit will focus on the challenges and opportunities that impact educational attainment in Maine. Highlights of the day are included below:

**Heather Johnson, the Commissioner of the Department of Economic and Community Development** will share updates of Maine's 10-year economic plan and discuss the importance of increasing educational attainment as a key strategy to invest in the people of Maine.

### Panel Sessions

- **Impact of housing crisis on educational attainment and workforce shortages.** Panelists include Bangor area speakers including Anne Krieg, Community & Economic Development Director, City of Bangor, Jay Muth, SVP of Community Development & CRA Officer, Bangor Savings Bank, and Joanna Morrison, AVP of Talent Acquisition and Career Development, Northern Light Health. Jason Judd, Executive Director of Educate Maine, will moderate this session.
- **Impact of the lack of access to quality early care and education on educational attainment and workforce participation.** Panelists include Ana Hicks, Policy Director, Human Services, Governor's Office of Policy Innovation and the Future, and Sue Powers, Senior Director of Programs, Aroostook County Action Program. Colleen Quint, President & CEO of the Alford Scholarship Foundation will moderate this session.
- Students, of various backgrounds, will **share their experiences within postsecondary education** and discuss both successes and barriers to attaining their first credential of value or degree.
- **How do we reconcile the perception of higher education with the need for and value of postsecondary credentials?** Panelists include Amanda Stebbins, Talent Acquisition Manager, Spirit AeroSystems, Jennifer Stickney, Director, Human Resources, IDEXX, and Matt Rothman, Manager of Early Talent Development, Hannaford Supermarkets. Katie Shorey, the Engagement Director for Live and Work in Maine, will moderate this discussion.

A continental breakfast and lunch will be served.

Thanks to the MELMAC Education Foundation, the Maine Community Foundation, and the Avangrid Foundation for supporting MaineSpark.

Click [here](#) to register.





The trades are full of high-paying jobs that offer a path to a bright future for Maine girls and women. Trades for ME [conferences](#) and [on-demand videos](#) help them explore the possibilities!

# Upcoming In-person Events

## TRADES FOR ME CONFERENCE LOCATIONS AND DATES

**LEWISTON: JUNE 6, 2024**, Location: Lewiston Regional Technical Center  
FMI contact: [Chris Morin](#), 207-753-6531

**BIDDEFORD: TBD 2024** Location: Biddeford Regional Center of Technology  
FMI CONTACT: [LISA SWEET](#), 207-799-5025

Workshops are offered at no cost by New Ventures Maine in partnership with Maine Career and Technical Education/MaineDOE (utilizing federal Carl D. Perkins funds), the Maine Department of Transportation, and community businesses and sponsors.

For more information about Totally Trades! Virtual Career Sessions or future Totally Trades! events, contact Suzanne Senechal-Jandreau at 207-768-9635 or [senechal@maine.edu](mailto:senechal@maine.edu)

<https://tradesforme.org/>

New Ventures Maine/UMA  
46 University Drive  
Augusta, ME 04330-9410  
207.621.3440  
[info@newventuresmaine.org](mailto:info@newventuresmaine.org)



# Save the Dates

## Veterans and Community Connection Expo

**June  
7-9**

**Join us for a FREE Veteran  
and Family Expo during Spud  
Speedway's MudBowl**

Veterans, Service Members & families will be able to learn  
about benefits available through state, federal &  
community resources.

**Expo-style event**

**Friday June 7th  
12:00 pm - 5:00 pm**

**Saturday June 8th  
10:00 am - 2:00 pm**

**Sunday June 9th  
10:00 am - 1:00 pm**

**Resource  
Fair**

**209 Thompson Rd., Caribou, ME 04736**

**VA**



U.S. Department  
of Veterans Affairs



**SPUD SPEEDWAY**





# 2024 RACE SCHEDULE

RACE #1 - SUNDAY, JUNE 9TH



RACE #2 - SATURDAY, JUNE 22ND

RACE #3 - SATURDAY, JULY 20TH



RACE #4 - SATURDAY, AUGUST 31ST

RACE #5 - SATURDAY, SEPTEMBER 14TH

RACE #6 - SUNDAY, SEPTEMBER 29TH



6 RACE EVENT SERIES  
SPUD STREET STOCKS  
SPUD MODIFIED ENDUROS  
SPUD SPEEDWAY LIGHTS  
OTHER TOURS WILL BE ANNOUNCED

[SpudSpeedway.com](http://SpudSpeedway.com)



*Save the Date*

# WOMEN VETERANS APPRECIATION DAY

*June 12, 2024*

1:00 p.m. | Maine State House

VA



U.S. Department  
of Veterans Affairs



Maine Bureau of  
Veterans' Services



Scan to reserve your ticket!

<https://www.eventbrite.com/e/women-veterans-appreciation-day-tickets-828445180837>



Maine Military Community Network  
Twelfth Annual Conference

**Whole Health and Community:  
It Takes A Village**



FRIDAY

June 14, 2024

Holiday Inn By the Bay

88 Spring St, Portland, ME 04101

8:30 AM - 4:30 PM

Registration Fee \$50

Veteran/Military \$25

Registration Opening in May!  
Go To [AdCareme.org/trainings](https://AdCareme.org/trainings)



# **Veterans Holistic Resource Fair**

## **A Veterans Way Out**

**August 3, 2024**

**10am-10pm**

**Thomas Point Beach  
Brunswick  
Maine**

**Free entry to Veterans  
Donations accepted  
from all others.**

**\*Park fees apply.**

**Join us for  
speakers, panels  
and classes on herbal medicine,  
fungi, alternative healing and so  
much more. Veteran resources  
will be on-site.**





**FEATURING THE U.S. AIR FORCE THUNDERBIRDS**

# **AUGUST 3-4, 2024**

## **BRUNSWICK EXECUTIVE AIRPORT**

Brunswick, ME



### **TICKET INFORMATION**

Tickets are sold online only. Check out our tickets and upgraded VIP Experience seating. NOTE: Tickets Sold Online ONLY!

**TICKET INFO** 



### **PERFORMERS**


Don't miss the amazing lineup we have for this year's show, featuring the U.S. Air Force Thunderbirds!

**PERFORMERS** 



### **QUESTIONS?**

Have questions about attending The Great State of Maine Air Show? We have the answers, check them out!

**LEARN MORE** 

**STAY CONNECTED FOR THE LATEST UPDATES**



<https://greatstateofmaineairshow.us/>

## Join Us! At the 2nd Annual Educate Maine Golf Classic

# EDUCATE MAINE



Monday, August 12  
Nonesuch River Golf Club  
Scarborough, Maine

Help drive Maine forward! Come out to play at Educate Maine's 2nd Annual Golf Classic and support programs to advance education and grow the future workforce.

A limited number of sponsorships are available, and include a range of marketing benefits and participation opportunities.

Interested in sponsoring or forming a team? Click the button below or contact [James Murphy](#).

**SECURE YOUR SPOT TODAY!**

---

Presenting Sponsor:







# Vocational Rehabilitation Services

## Virtual Orientation

Division of Vocational Rehabilitation (DVR) is pleased to offer a monthly virtual orientation to Vocational Rehabilitation (VR) services for individuals with disabilities. The orientation will be an opportunity to learn about VR services and how VR can support you in obtaining, maintaining and advancing in employment.

Topics that will be covered:

- What is DVR?
- Eligibility for DVR
- Application process
- Transition Services
- VR Services

DVR orientation is offered virtually every third Thursday of the month from 9-10 am. No pre-registration necessary. Captioning and ASL will be available.

- Join Zoom Meeting  
[DVR Orientation](#)  
**Meeting ID: 859 2169 2602**  
**Passcode: 48226391**

More information can be found on [Maine Division of Vocational Rehabilitation](#) website including the [Consumer Handbook](#).

# HOPE BEGINS HERE

The Higher Opportunity for Pathways to Employment  
(HOPE) Program

HOPE may help cover costs associated with pursuing training or education beyond high school.



## Who is Eligible?



Parents or caretaker relatives of minor children who meet certain income guidelines.

---

## HOPE may help pay for:



Tuition



Books, Supplies, Tools



Transportation



Child Care

And other costs related to school



500  
Student Cap

Find an application online  
or at your local  
DHHS office.



Questions?  
Call, email, or visit  
us online!

(207) 624-4170  
HOPE.DHHS@maine.gov  
[www.maine.gov/dhhs/hope](http://www.maine.gov/dhhs/hope)



# Senior Community Service Employment Program

**CONTACT THE OFFICE  
OF AGING AND  
DISABILITY SERVICES  
ABOUT ELIGIBILITY  
TODAY!**



To be eligible you must be over the age of 55, unemployed, and meet income requirements.

Maximize your employment opportunities through work-training community service experience.

For information please visit our website, call us at (207) 287-9200, or email your Program Coordinator at [SCSEP.OADS@maine.gov](mailto:SCSEP.OADS@maine.gov).



# Maine's Health Insurance Consumer Assistance

# HelpLine

## How We Can Help

January 2024



**Consumers for  
Affordable  
Health Care**



**1-800-965-7476**

[mainecahc.org](http://mainecahc.org)



### **Finding health insurance does not have to be difficult. We can help.**

If you or someone you know needs health insurance or has questions about coverage, contact us. Our trained HelpLine Assisters provide free and confidential help with health coverage options.

Call our toll-free HelpLine at **1-800-965-7476**.  
Email an Assister at [helpline@mainecahc.org](mailto:helpline@mainecahc.org).



### **HelpLine Assisters can help with MaineCare applications and Marketplace enrollments. They can also help you understand:**

- income limits and other program rules.
- support that may be available to help pay monthly insurance costs.
- coverage denials and appeal rights.
- special enrollment periods.



### **Consumers for Affordable Health Care is a Maine-based nonprofit chosen by the Attorney General to serve as Maine's Health Insurance Consumer Assistance Program.**

Consumers for Affordable Health Care **is not**:

- an insurance company.
- a government agency.
- a fund that helps pay medical bills.

**We can explore other health coverage programs with you, such  
as hospital free care, low-cost/sliding scale medical and dental  
clinics, and prescription drug coverage programs.**







# MAINE WELCOMES VETERANS

## WELCOME HOME

The Maine Bureau of Veterans' Services is proud to welcome veterans and their families. Providing claim assistance and connection to federal and state benefits such as the tuition waiver program for the University of Maine system for dependents of 100% permanent and totally disabled veterans, property tax exemptions, state parks and museum passes, support for homeless and at-risk veterans, hunting and fishing licenses for 50% disabled veterans, and more!

## WE'RE HERE TO ASSIST YOU!

As you transition from active service one of our dedicated Veteran Services Officers are ready to help you in your journey home to Maine.

Use the QR codes below or visit our website to learn about all of our available benefits and resources.



Visit our website: [www.maine.gov/veterans](http://www.maine.gov/veterans)



**Request transitional assistance** from  
Maine Bureau of Veterans' Services.





Priority  
of  
Service

# ARE YOU A VETERAN LOOKING FOR A JOB?

Are you age 55+ and unemployed?

Do you want to learn new skills?

Would you like help in your job search?

The Senior Community Service Employment Program (**SCSEP**) provides paid, part-time job training for eligible, mature veterans to develop skills and gain work experience!

For more information on **SCSEP**, contact:  
Associates for Training & Development  
800-439-3307  
info@a4td.org  
www.a4td.org

For more info:



**A4TD**  
ASSOCIATES FOR TRAINING & DEVELOPMENT



We are an Equal Opportunity Employer/Program.  
Know your rights: workplace discrimination is illegal.

Auxiliary aids & services available upon request to individuals w/disability. This workforce product was funded by a grant award by the U.S. Department of Labor's (DOL) Employment & Training Administration. The product was created by the recipient and does not necessarily reflect the official position of the U.S. DOL. The DOL makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. This product is copyrighted by the institution that created it.

Funding Sources:

The estimated total cost of A4TD's Program Year 2023 (7/1/23 to 6/30/24) Senior Community Service Employment Program is \$12,816,616. \$11,534,954 (90%) funded through U.S. DOL – Employment and Training Administration grants. The other \$1,281,662 (10%) is funded through State and Local resources.





# Start Smart

**Are you an immigrant or a refugee?**

StartSmart is a FREE program helping new Americans start and expand businesses in Maine. StartSmart works throughout the State of Maine.

If you are an immigrant or refugee starting a business anywhere in Maine,  
StartSmart can help you!

**FREE and confidential help to start or grow your business!**  
Interpreters are available.



[https://www.ceimaine.org/advising/business/startsmart/  
start.smart@ceimaine.org](https://www.ceimaine.org/advising/business/startsmart/start.smart@ceimaine.org)

**Portland Office**

2 Portland Fish Pier, Suite 201 (2nd floor)  
Portland, ME 04101

**Lewiston Office**

415 Lisbon Street, 4th Floor  
Lewiston, ME 04240

# Youth & Young Adult

Programs Dedicated to Help Youth Ages 16-24:  
Career Advising & Navigating Life!



## WHO WE ARE

Workforce Solutions has programs designed to help unemployed or underemployed individuals re-enter the workforce or obtain a new career path. Workforce Solutions serves all of York, Cumberland, Sagadahoc, Lincoln, Knox, and Waldo counties.

## OUR RESOURCE TEAMS

### CAREER ADVISORS

Career Advisors can assist their clients with a wide range of work and life-related categories including assisting with skills training and certifications, writing resumes, practicing interviewing techniques, financial assistance, and more.

### LIFE NAVIGATORS

Life Navigators help clients access and navigate many community-based resources that may be available. They can help in many life-related categories including exploring accessible transportation options and providing referrals for professional services like Medical and Mental Health Providers.

## RESOURCES

- Life Navigation Support
- Individual Employment Counseling
- Employment Skill Training
- Job Search Assistance
- Direct Work Experience

**Sarah Overlock**  
Intake Coordinator

[intake@workforcesolutionsme.org](mailto:intake@workforcesolutionsme.org)



Call Now!

**(207) 930-7047**

TTY: Maine Relay 711



## Our Locations

190 Lancaster St. Suite 200  
Portland, ME 04101

15 Starrett Dr. Suite F  
Belfast, ME 04915

**WWW.WORKFORCESOLUTIONSME.ORG**

All Workforce Solutions programs and services fully funded by U.S. Department of Labor Employment and Training Administration grants, awarded to and managed by Coastal Counties Workforce, Inc., the Local Workforce Development Board for Maine's six coastal counties. Workforce Solutions provides equal opportunity in all employment and training programs. Auxiliary aids and services are available to individuals with disabilities upon request.



If receiving SNAP, and not a TANF cash benefit, SNAP Employment and Training may be able to pay for classes

## JOBS FOR ME

### Maine SNAP Employment and Training Program



Maine Department of Health  
and Human Services  
Office for Family Independence



#### Maine SNAP Employment and Training Program

Maine SNAP E&T helps SNAP recipients get job training and education so they can find and keep good paying jobs. There are a lot of opportunities available at no cost.



You are eligible if you:

- Get federal SNAP benefits
- Are not receiving TANF
- Are willing and able to work upon completion of Maine SNAP E&T.

Find out how Maine SNAP E&T can help you today!

#### Services Available:

- Job search training and assistance
- Vocational training
- Certificate and degree programs
- Help with transportation costs to get to training and childcare costs
- Books, tools, equipment
- Job retention services, and more
- Job Retention services, and more!

#### How to sign up

If you are not receiving SNAP see if you are eligible for SNAP:

[https://www.mymaineconnection.gov/benefits/s/?language=en\\_US](https://www.mymaineconnection.gov/benefits/s/?language=en_US)

or call 1-855-797-4357.

#### To Apply for E&T:

- Contact E&T Providers
- Contact OFI: (207) 624-4196
- Email [OFI.SNAPET@maine.gov](mailto:OFI.SNAPET@maine.gov)
- Talk with OFI Eligibility Staff for referrals.

#### Maine SNAP E&T services are available Statewide!

Maine SNAP E&T providers can also enroll you in community colleges and other training programs statewide.

See the Maine SNAP E&T website for more information:

<https://www.maine.gov/dhhs/ofl/programs-services/food-supplement/fset>



#### Maine SNAP E&T Availability

You can apply with these E&T Providers:

##### Competitive Skills Scholarship Program

Maine Department of Labor

<https://www.maine.gov/labor/careerctr/cssp.shtml>

##### Family Futures Downeast

7 Ames Way, Machias/Calais

207-255-0983

<https://familyfuturesdowneast.org/contact/>

##### Goodwill NNE - Augusta, Bangor, Belfast, Lewiston, Portland, York County

207-289-4058

<https://goodwillnne.org/jobs/job-connection/>

##### Start Up Downeast

Washington County/Calais

330 North Street, Suite 1, Calais

207-259-0041

<http://www.startupdowneast.org>

##### Statewide Learning Program

Goodwill NNE

207-289-4058

<https://goodwillnne.org/jobs/job-connection/>

##### Strengthen LA - Lewiston

415 Lisbon Street, Suite 100, Lewiston

207-783-2249 x1204

[www.strengthenla.org](http://www.strengthenla.org)

We partner with the Hope Program.

#### Impact Stories from Participants:

"The program has helped me be able to go to school and prepare me for my college classes."

"I am making progress gaining the tools I need to have a more sustainable life."

"My team is phenomenal!! If I email them with a question, they are right on it with an answer. I can't tell you how helpful they have been. They are very communicative and have helped me so much in preparing for my upcoming classes. I can't say enough positive things about them! They are a true asset to the SNAP E&T Program."

"My worker communicates well & her response time is lightning fast. No other programs do as well as SNAP E&T!"



This institution is an equal opportunity provider.

Phone: 1-855-797-4357  
TTY: Maine relay 711  
October 2023 Edition

# State of Maine Food Assistance

State of Maine Benefits Page: [Home \(mymaineconnection.gov\)](https://mymaineconnection.gov)

State of Maine Supplemental Nutrition Assistance Program (SNAP) Page:  
[Supplemental Nutrition Assistance Program \(SNAP\) | Department of Health and Human Services \(maine.gov\)](#)

State of Maine SNAP Application Page: [Program Page \(mymaineconnection.gov\)](#)

## Ways to Apply for SNAP

1. Apply online. Start your SNAP Application today. Provide all the details for a complete application. We will contact you if needed and process your application as quickly as possible.
2. Apply via phone. Call 1-855-797-4357 to speak with an eligibility specialist.
3. Fill out an Application at home. Mail, fax or email a [Benefits Application](#) to:
  - a. Mail: Office for Family Independence 114 Corn Shop Lane  
Farmington, ME 04938
  - b. Fax: 207-778-8429
  - c. E-mail: [Farmington.DHHS@maine.gov](mailto:Farmington.DHHS@maine.gov)
4. Apply in-person. Visit your [local OFI office](#).
5. Submit an [Incomplete SNAP Application](#). Provide your name, address, and signature. You will be required to provide additional information at a later time.

If you have any questions about SNAP, call OFI at 1-855-797-4357.

## Other Food Resources and Information:

- [Maine Food Pantries | Food Banks, Food Pantries, Food Assistance in Maine](#)
- [Food & Nutrition | Department of Health and Human Services \(maine.gov\)](#)
- [Maine Bureau of Veterans' Services](#)
- [The Emergency Food Assistance Program \(TEFAP\)](#)
- [Maine SNAP-Ed is a nutrition education resource for low-income Mainers](#)
- [SNAP Work Requirements | Food and Nutrition Service \(usda.gov\)](#)



# EASTERN MAINE DEVELOPMENT CORPORATION



## YOUTH WORKFORCE SERVICES

Eastern Maine Development Corporation is dedicated to empowering young people through its workforce development programs. It offers resources such as a workforce curriculum, work experiences, mentorship, job coaching, and resume building. These services are aimed at helping participants achieve success in the workplace.

EMDC offers support to historically underserved youth aged 16-24, including those with disabilities, connected to the Juvenile Justice System, experiencing homelessness, transitioning in or out of the foster care system, with low income, and youth of color or indigenous communities.

## BUILDING BRIGHTER FUTURES

From career exploration, job search assistance, mentorship programs, to skills training, we offer young people the resources they need to achieve their goals and build bright futures. Whether they're just starting out or looking to take their career to the next level, EMDC is here to help youth every step of the way.

## PROVIDED SERVICES

### Young Mainers Workforce Program

Online curriculum that prepares youth for their career by teaching essential skills, connecting them with employers, gives work and educational opportunities, while also providing a support network and earning a check.

### Paid Work Experiences

Paid work- experiences for up to 300hrs, depending on program eligibility. Tailored guidance and support to help young people explore different career paths and find the one that suits them best.

### Supportive Services

Financial assistance for accessing trade tools, scrubs, transportation help, and other resources that can make a significant difference in a young person's job search.

### Follow-Up

Continued support and guidance for participants post-completion of most EMDC programming.

EMDC is a proud partner of the American Job Center Network. This program is an equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities.

## REACH OUT CONTACT US

- Call or Text: 207.991.0147
- Email: [Workforce@EMDC.org](mailto:Workforce@EMDC.org)

## SERVICE AREA

- Penobscot
- Piscataquis
- Somerset
- Hancock
- Androscoggin
- Franklin
- Washington
- Kennebec
- Oxford



## MEET THE TEAM

Youth Workforce Services

Our team is here to work with youth to gain skills and make progress toward their career goals, all while providing earn-while-you-learn programming and extra support along the way.



# Maine Educational Opportunity Center

## I WANT TO FURTHER MY EDUCATION WHAT ARE MY OPTIONS?



### MEOC Advisors

Dori L. Leadbetter  
[dori.lynn@maine.edu](mailto:dori.lynn@maine.edu)  
Cell: 207-356-2096

Kate Walsh  
[kevit@maine.edu](mailto:kevit@maine.edu)  
Cell: 207-949-6501 cell

Randi Paine, MEOC Advisor  
[randi.paine@maine.edu](mailto:randi.paine@maine.edu)  
Cell: 207-356-3485

Christy Le - MEOC Advisor  
[christy.j.le@maine.edu](mailto:christy.j.le@maine.edu)  
Cell: 207-740-1569

Melissa Ivey, MEOC Advisor  
[melissa.ivey@maine.edu](mailto:melissa.ivey@maine.edu)  
Cell: 207-299-7927

Suzanne Graves-Hall  
[suzanne.graveshall@maine.edu](mailto:suzanne.graveshall@maine.edu)  
Cell: 207-944-0390



### Assistance with

- Admissions Application
- Filing the FAFSA
- College Planning & Transferring
- Referral to Campus-based TRIO Programs
- Referral to Training Programs & Scholarship Opportunities
- Career Planning & Exploration



Apply to MEOC  
NOW!



### College & Training

- I'm not sure if college is for me.
- What college programs are available in my area?
- How do I pay for it?
- I have defaulted loans!
- I'm not sure I am ready.
- I have so many questions and need help.
- I am...
  - a laid-Off or under-employed worker
  - a veteran or Military connected
  - an individual impacted by the justice system
  - a New Mainer

The Maine Educational Opportunity Center is funded entirely by the US Department of Education. The grant award for 2023-2024 is \$782,801.

800-281-3703

<https://meoc.maine.edu/>

Apply Here <https://meoc.maine.edu/application/>





# VETERAN URGENT CARE RESOURCES

URGENT CARE

Veterans enrolled in VA health care can use over 4,000 urgent care locations.



Care is available to treat non-life threatening conditions. When to choose VA urgent care:

- If you're a Veteran enrolled in VA health care, and
- You received care at a VA or in-network provider sometime in the past 24 months.
- VA and in-network urgent care providers can meet many of your health care needs. They may be able to provide some diagnostic tests, like certain blood and urine tests.
- You can often get care for minor illnesses or injuries much faster than in an emergency room.

## When using urgent care at a community provider:

You can also show the card on your mobile device.



What do to when you arrive at a community urgent care provider:

- Confirm that the provider is in VA's network. If you go to an out-of-network urgent care provider, you may have to pay for the full cost of care.
- Show your VA Health Identification Card and fill out the provider's intake form.
- Tell the provider you want to use your VA urgent care benefit. Show the provider your urgent care assistance card if requested.

## Do you need help using your VA urgent care benefits?

Call **888-901-6609** if the provider is in Puerto Rico, Washington, D.C., or any of these states:

- AL, AR, CT, DE, FL, GA, IA, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, NC, ND, NE, NH, NJ, NY, OH, OK, PA, RI, SC, SD, TN, VA, VI, VT, WI, or WV.

Call **866-620-2071** if the provider is in any of these states:

- AK, AS, AZ, CA, CO, GU, HI, ID, MP, MT, NM, NV, OR, TX, UT, WA, or WY.
- Your region listed on the card to check your eligibility.



**CHECK YOUR  
ELIGIBILITY!**

FIRST, CALL:  
**1-800-MyVA411**  
**(1-800-698-2411)**  
**(TTY: 711).**

**SELECT:**

**OPTION 1**

**THEN**

**OPTION 3**

**AND THEN**

**OPTION 1**

Family members are not  
authorized to use urgent  
care benefits.



### DOWNLOAD VA URGENT CARE BILLING INFORMATION CARD

<https://www.va.gov/COMMUNITYCARE/docs/programs/OCC-Billing-Information-Card.pdf>



### FIND VA-APPROVED PROVIDERS AND PHARMACIES

<https://www.va.gov/find-locations>

Have Questions? 1-800-MyVA411 (1-800-698-2411) is always the right number.

For more information, visit <https://www.VA.gov>.

Choosing VA means getting everything you need in one spot. Learn more about VA urgent care, eligibility requirements and examples of urgent care services by visiting VA's dedicated urgent care benefit page at <https://www.va.gov/resources/getting-urgent-care-at-va-or-in-network-community-providers/>.