

Some facts about Maine JobLink openings

17,031 total active jobs

Education Level

- [Some High School or less 590 Jobs](#)
- [High School Diploma or Equivalent 3,532 Jobs](#)
- [Vocational Certificate or Credential 3,553 Jobs](#)
- [Some College 3,571 Jobs](#)
- [Associate's Degree 3,768 Jobs](#)
- [Bachelor's Degree 4,290 Jobs](#)
- [Master's Degree 4,450 Jobs](#)
- [Ph.D 4,474 Jobs](#)
- [MD, OD or Related 4,476 Jobs](#)
- [JD 4,495 Jobs](#)
- [Other Professional Degree 4,508 Jobs](#)

Wages

- [\\$0 or more 16,754 Jobs](#)
- [\\$5 or more 1,158 Jobs](#)
- [\\$10 or more 1,157 Jobs](#)
- [\\$15 or more 1,135 Jobs](#)
- [\\$20 or more 710 Jobs](#)
- [\\$25 or more 406 Jobs](#)
- [\\$30 or more 251 Jobs](#)
- [\\$35 or more 190 Jobs](#)
- [\\$40 or more 149 Jobs](#)
- [\\$45 or more 127 Jobs](#)
- [\\$50 or more 96 Jobs](#)
- [\\$55 or more 85 Jobs](#)

Industries

- [Health Care and Social Assistance 4,919 Jobs](#)
- [Custom Computer Programming Services 1,447 Jobs](#)
- [Retail Trade 1,359 Jobs](#)
- [Accommodation and Food Services 620 Jobs](#)
- [Other Services \(except Public Administration\) 495 Jobs](#)
- [Finance and Insurance 476 Jobs](#)
- [Professional, Scientific, and Technical Services 324 Jobs](#)
- [Public Administration 248 Jobs](#)
- [Educational Services 242 Jobs](#)
- [Corporate, Subsidiary, & Regional Managing Offices 218 Jobs](#)
- [Transportation and Warehousing 191 Jobs](#)
- [Manufacturing 178 Jobs](#)
- [Wholesale Trade Agents and Brokers 150 Jobs](#)
- [Information 136 Jobs](#)
- [Construction 132 Jobs](#)
- [Utilities 124 Jobs](#)
- [Administrative Management and General Management Consulting Services 115 Jobs](#)

- [Human Resources Consulting Services 103 Jobs](#)
- [Temporary Help Services 89 Jobs](#)
- [Home Health Care Services 79 Jobs](#)
- [Ship and Boat Building 79 Jobs](#)
- [Real Estate and Rental and Leasing 76 Jobs](#)
- [Pharmaceutical and Medicine Manufacturing 72 Jobs](#)
- [Computer Systems Design Services 70 Jobs](#)
- [Employment Placement Agencies 69 Jobs](#)

Offers Remote Work – 35 Jobs

Job Location - City

- [Augusta 3,973 Jobs](#)
- [Portland 1,868 Jobs](#)
- [Bangor 1,116 Jobs](#)
- [Lewiston 804 Jobs](#)
- [South Portland 412 Jobs](#)
- [Scarborough 400 Jobs](#)
- [Brunswick 384 Jobs](#)
- [Biddeford 379 Jobs](#)
- [Waterville 320 Jobs](#)
- [Westbrook 287 Jobs](#)

Companies with most openings

- [MaineHealth 1,897 Jobs](#)
- [Oracle 1,199 Jobs](#)
- [Northern Light Health 1,164 Jobs](#)
- [Dunkin' 462 Jobs](#)
- [Hannaford 458 Jobs](#)
- [Central Maine Medical Center 385 Jobs](#)
- [McDonald's 441 Jobs](#)
- [Walmart 289 Jobs](#)
- [MaineGeneral Health 285 Jobs](#)
- [State of Maine, Bureau of Human Resources 239 Jobs](#)
- [Covenant Health 232 Jobs](#)
- [Baskin Robbins 188 Jobs](#)
- [Walgreens 168 Jobs](#)
- [Genesis Healthcare 161 Jobs](#)
- [Meta 159 Jobs](#)
- [ManpowerGroup 143 Jobs](#)
- [Andwell 137 Jobs](#)
- [Spurwink Services 128 Jobs](#)
- [Home Depot 110 Jobs](#)
- [CVS Health 103 Jobs](#)
- [First Atlantic Health Care 103 Jobs](#)
- [Marriott 92 Jobs](#)
- [Woodlands Senior Living LLC 89 Jobs](#)
- [Ford Motor Company 88 Jobs](#)

More Than a Job.

Do you want to go back to school or change careers?

SNAP Employment and Training programs offer more than a job. Find programs that can connect you to training, personal support, and help with things like books, uniforms, and childcare.



Learn more about your State's
program at fns.usda.gov/snap-et



USDA
Supplemental
Nutrition
Assistance
Program

Putting Healthy Food
Within Reach



Temporary Rule Increasing Automatic Extension Period of Employment Authorization and/or EADs for Certain Individuals

On April 8, 2024, the Department of Homeland Security (DHS) published a second temporary final rule ([89 FR 24628](#)) temporarily increasing the automatic extension period for employment authorization and/or Employment Authorization Documents (EAD, Form I-766) to up to 540 days. This temporary increase is available to [certain individuals](#) who timely filed Form I-765, Application for Employment Authorization, renewal applications on or before Sept. 30, 2025. Previously, the EAD auto-extension was only up to 180 days for EAD renewal applications received by USCIS on or after Oct. 27, 2023.



Agencies should accept EADs, including those that appear expired, in the following circumstances:

- The EAD “Card Expires” date has passed and states an [eligible category](#); and
- The benefit applicant also presents a Form I-797C, Notice of Action, receipt notice for a renewal Form I-765, Application for Employment Authorization, that states the same eligibility category as the category on the front of the EAD, except:
- The EAD category codes do not need to match for Temporary Protected Status applicants if one is A12 (TPS approved) and the other is C19 (TPS pending).
- The EAD category codes C26, A17, and A18 for certain nonimmigrant dependent spouses require an unexpired Form I-94 indicating H-4 (C26), E (A17) and L-2 (A18) nonimmigrant status be presented along with the Form I-797C.

This temporary final rule also provides benefit applicants whose Form I-797C was issued on or after Oct. 27, 2023, and references the up to 180-day extension, an additional extension up to 360 days, for a total of up to 540 days past the “Card Expires” date of the current EAD, if their renewal application was still pending with USCIS as of Apr. 8, 2024 (when the second TFR was published).

SAVE Verification

SAVE will generally verify employment authorization as part of initial verification, including automatically extended EAD validity periods. Additional manual verification may be required in limited instances, such as when the benefit applicant’s information does not match federal immigration records. If you need to verify whether this temporary final rule impacts a benefit applicant for whom SAVE previously provided a response, please submit a new SAVE verification request.

The U.S. Citizenship and Immigration Services [Automatic EAD Extension Webpage](#) and this [USCIS News Alert](#) provide additional information regarding this change.

Please send any questions or concerns to your SAVE Agency Relationship Manager or SAVERegistration@uscis.dhs.gov.



AUTOMOTIVE TECHNICIAN I APPRENTICESHIP PROGRAM

DEVELOPED IN PARTNERSHIP WITH:

EDUCATE MAINE



- Are you interested in building your knowledge and skills to start a career as an **Automotive Technician**?
- Darling's will accept apprentice applications at their locations **across the state** until all positions are filled!

APPLICANTS SHOULD...

- ✓ Be at least 17 years of age
- ✓ Possess a high school diploma or equivalent (GED/HiSet)
- ✓ Be able to lift and carry heavy tools and equipment
- ✓ Be able to bend, crouch, kneel, and work on foot for extended periods of time

*Successful candidates do not need prior automotive experience
to apply and be accepted into this position*

SCAN THIS QR CODE
FOR MORE INFO



OR VISIT:

<https://www.darlings.com/darlings-apprenticeship-program.htm>



SPUD SPEEDWAY



2024 RACE SCHEDULE



RACE #1 - SUNDAY, JUNE 9TH



RACE #2 - SATURDAY, JUNE 22ND

RACE #3 - SATURDAY, JULY 20TH



RACE #4 - SATURDAY, AUGUST 31ST

RACE #5 - SATURDAY, SEPTEMBER 14TH

RACE #6 - SUNDAY, SEPTEMBER 29TH



- 6 RACE EVENT SERIES
- SPUD STREET STOCKS
- SPUD MODIFIED ENDUROS
- SPUD SPEEDWAY LIGHTS
- OTHER TOURS WILL BE ANNOUNCED

SpudSpeedway.com



Veterans Holistic Resource Fair

A Veterans Way Out

August 3, 2024

10am-10pm

Thomas Point Beach

Brunswick

Maine

Free entry to Veterans
Donations accepted
from all others.

*Park fees apply.

Join us for
speakers, panels
and classes on herbal medicine,
fungi, alternative healing and so
much more. Veteran resources
will be on-site.



FEATURING THE U.S. AIR FORCE THUNDERBIRDS

AUGUST 3-4, 2024

BRUNSWICK EXECUTIVE AIRPORT

Brunswick, ME



TICKET INFORMATION

Tickets are sold online only. Check out our tickets and upgraded VIP Experience seating. **NOTE: Tickets Sold Online ONLY!**

TICKET INFO 



PERFORMERS

Don't miss the amazing lineup we have for this year's show, featuring the U.S. Air Force Thunderbirds!

PERFORMERS 



QUESTIONS?

Have questions about attending The Great State of Maine Air Show? We have the answers, check them out!

LEARN MORE 

STAY CONNECTED FOR THE LATEST UPDATES



<https://greatstateofmainearshow.us/>

Join Us! At the 2nd Annual Educate Maine Golf Classic

EDUCATE MAINE



Monday, August 12
Nonesuch River Golf Club
Scarborough, Maine

Help drive Maine forward! Come out to play at Educate Maine's 2nd Annual Golf Classic and support programs to advance education and grow the future workforce.

A limited number of sponsorships are available, and include a range of marketing benefits and participation opportunities.

Interested in sponsoring or forming a team? Click the button below or contact [James Murphy](#).

SECURE YOUR SPOT TODAY!

Presenting Sponsor:





Vocational Rehabilitation Services

Virtual Orientation

Division of Vocational Rehabilitation (DVR) is pleased to offer a monthly virtual orientation to Vocational Rehabilitation (VR) services for individuals with disabilities. The orientation will be an opportunity to learn about VR services and how VR can support you in obtaining, maintaining and advancing in employment.

Topics that will be covered:

- What is DVR?
- Eligibility for DVR
- Application process
- Transition Services
- VR Services

DVR orientation is offered virtually every third Thursday of the month from 9-10 am. No pre-registration necessary. Captioning and ASL will be available.

- Join Zoom Meeting
[DVR Orientation](#)
Meeting ID: 859 2169 2602
Passcode: 48226391

More information can be found on [Maine Division of Vocational Rehabilitation](#) website including the [Consumer Handbook](#).

HOPE BEGINS HERE

The Higher Opportunity for Pathways to Employment
(HOPE) Program

HOPE may help cover costs associated with pursuing training or education beyond high school.



Who is Eligible?



Parents or caretaker relatives of minor children who meet certain income guidelines.

HOPE may help pay for:



Tuition



Books, Supplies, Tools



Transportation



Child Care

And other costs related to school



500
Student Cap

Find an application online
or at your local
DHHS office.



Questions?
Call, email, or visit
us online!

(207) 624-4170
HOPE.DHHS@maine.gov
www.maine.gov/dhhs/hope

Join the Early Care and Education Workforce

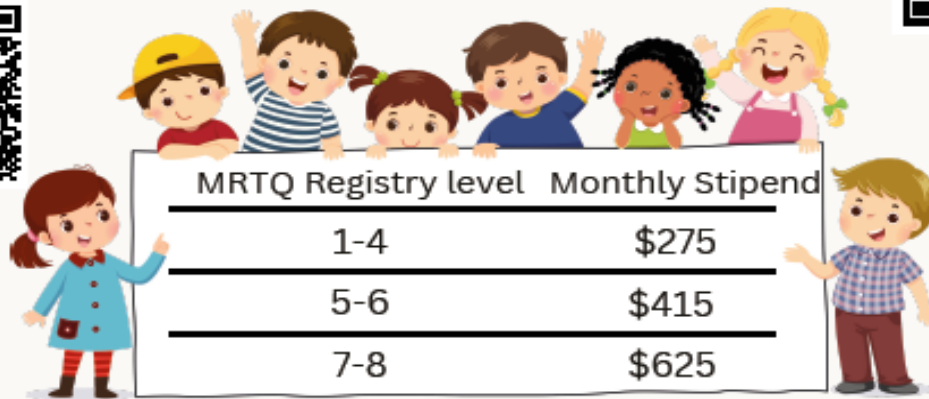
ECE Workforce Salary Supplement System

Did you know that childcare professionals earn a monthly salary supplement based on education and experience? Even those just entering the field can earn a supplement of \$275 or more every month. The current demand for early childcare professionals is high, and providers in Maine are in need of part-time and substitute staff.



Interested in opening your own Child Care Business?

The Center for Community Inclusion and Disability Studies at the University of Maine has a comprehensive, step-by-step resource for opening a child care business and what supports are available in Maine.



MRTQ Registry level	Monthly Stipend
1-4	\$275
5-6	\$415
7-8	\$625

Joining the ECE workforce is easy and requires no prior experience.

ECE professionals have opportunities for low-cost professional development, scholarships and even Registered Apprenticeships.

The Office of Child & Family Services (OCFS) has implemented a criminal background check process to include fingerprinting that meets federal and state requirements for all child care providers delivering direct care services. Currently these background checks are conducted at no cost to providers.

Contact the OCFS Workforce Navigator for questions or assistance:
Holly.V.Benson@maine.gov
(207)-949-2631



Senior Community Service Employment Program

**CONTACT THE OFFICE
OF AGING AND
DISABILITY SERVICES
ABOUT ELIGIBILITY
TODAY!**



To be eligible you must be over the age of 55, unemployed, and meet income requirements.

Maximize your employment opportunities through work-training community service experience.

For information please visit our website, call us at (207) 287-9200, or email your Program Coordinator at SCSEP.OADS@maine.gov.



Maine's Health Insurance
Consumer Assistance

HelpLine

How We Can Help

January 2024



1-800-965-7476

mainecahc.org



**Finding health insurance does not have to be difficult.
We can help.**

If you or someone you know needs health insurance or has questions about coverage, contact us. Our trained HelpLine Assistors provide free and confidential help with health coverage options.

Call our toll-free HelpLine at **1-800-965-7476**.
Email an Assistor at helpline@mainecahc.org.



HelpLine Assistors can help with MaineCare applications and Marketplace enrollments. They can also help you understand:

- income limits and other program rules.
- support that may be available to help pay monthly insurance costs.
- coverage denials and appeal rights.
- special enrollment periods.

Consumers for Affordable Health Care is a Maine-based nonprofit chosen by the Attorney General to serve as Maine's Health Insurance Consumer Assistance Program.



Consumers for Affordable Health Care is not:

- an insurance company.
- a government agency.
- a fund that helps pay medical bills.

We can explore other health coverage programs with you, such as hospital free care, low-cost/sliding scale medical and dental clinics, and prescription drug coverage programs.





MAINE WELCOMES VETERANS

WELCOME HOME

The Maine Bureau of Veterans' Services is proud to welcome veterans and their families. Providing claim assistance and connection to federal and state benefits such as the tuition waiver program for the University of Maine system for dependents of 100% permanent and totally disabled veterans, property tax exemptions, state parks and museum passes, support for homeless and at-risk veterans, hunting and fishing licenses for 50% disabled veterans, and more!

WE'RE HERE TO ASSIST YOU!

As you transition from active service one of our dedicated Veteran Services Officers are ready to help you in your journey home to Maine.

Use the QR codes below or visit our website to learn about all of our available benefits and resources.



Visit our website: www.maine.gov/veterans



Request transitional assistance from
Maine Bureau of Veterans' Services.



Priority
of
Service

ARE YOU A VETERAN LOOKING FOR A JOB?

Are you age 55+ and unemployed?

Do you want to learn new skills?

Would you like help in your job search?

The Senior Community Service Employment Program (**SCSEP**) provides paid, part-time job training for eligible, mature veterans to develop skills and gain work experience!

For more information on **SCSEP**, contact:
Associates for Training & Development
800-439-3307
info@a4td.org
www.a4td.org

For more info:



We are an Equal Opportunity Employer/Program.
Know your rights: workplace discrimination is illegal.

Auxiliary aids & services available upon request to individuals w/disabilities. This workforce product was funded by a grant award by the U.S. Department of Labor's (DOL) Employment & Training Administration. The product was created by the recipient and does not necessarily reflect the official position of the U.S. DOL. The DOL make no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership. This product is copyrighted by the institution that created it.

Funding Sources:

The estimated total cost of A4TD's Program Year 2023 (7/1/23 to 6/30/24) Senior Community Service Employment Program is \$12,816,616. \$11,534,954 (90%) funded through U.S. DOL – Employment and Training Administration grants. The other \$1,281,662 (10%) is funded through State and Local resources.



CEI 
Start
Smart

Are you an immigrant or a refugee?

StartSmart is a FREE program helping new Americans start and expand businesses in Maine. StartSmart works throughout the State of Maine.

If you are an immigrant or refugee starting a business anywhere in Maine, StartSmart can help you!

FREE and confidential help to start or grow your business!
Interpreters are available.



[https://www.ceimaine.org/advising/business/startsmart/
start.smart@ceimaine.org](https://www.ceimaine.org/advising/business/startsmart/start.smart@ceimaine.org)

Portland Office

2 Portland Fish Pier, Suite 201 (2nd floor)
Portland, ME 04101

Lewiston Office

415 Lisbon Street, 4th Floor
Lewiston, ME 04240

Youth & Young Adult

Programs Dedicated to Help Youth Ages 16-24:
Career Advising & Navigating Life!



WHO WE ARE

Workforce Solutions has programs designed to help unemployed or underemployed individuals re-enter the workforce or obtain a new career path. Workforce Solutions serves all of York, Cumberland, Sagadahoc, Lincoln, Knox, and Waldo counties.

OUR RESOURCE TEAMS

CAREER ADVISORS

Career Advisors can assist their clients with a wide range of work and life-related categories including assisting with skills training and certifications, writing resumes, practicing interviewing techniques, financial assistance, and more.

LIFE NAVIGATORS

Life Navigators help clients access and navigate many community-based resources that may be available. They can help in many life-related categories including exploring accessible transportation options and providing referrals for professional services like Medical and Mental Health Providers.

RESOURCES

- Life Navigation Support
- Individual Employment Counseling
- Employment Skill Training
- Job Search Assistance
- Direct Work Experience

Sarah Overlock
Intake Coordinator

intake@workforcesolutionsme.org



Call Now!

(207) 930-7047

TTY: Maine Relay 711



Our Locations

190 Lancaster St. Suite 200
Portland, ME 04101

15 Starrett Dr. Suite F
Belfast, ME 04915

WWW.WORKFORCESOLUTIONSME.ORG

All Workforce Solutions programs and services fully funded by U.S. Department of Labor Employment and Training Administration grants, awarded to and managed by Coastal Counties Workforce, Inc., the Local Workforce Development Board for Maine's six coastal counties. Workforce Solutions provides equal opportunity in all employment and training programs. Auxiliary aids and services are available to individuals with disabilities upon request.

If receiving SNAP, and not a TANF cash benefit, SNAP Employment and Training may be able to pay for classes

JOBS FOR ME

Maine SNAP Employment and Training Program



Maine Department of Health and Human Services
Office for Family Independence



Maine SNAP Employment and Training Program

Maine SNAP E&T helps SNAP recipients get job training and education so they can find and keep good paying jobs. There are a lot of opportunities available at no cost.



Find out how Maine SNAP E&T can help you today!

Services Available:

- Job search training and assistance
- Vocational training
- Certificate and degree programs
- Help with transportation costs to get to training and childcare costs
- Books, tools, equipment
- Job retention services, and more
- Job Retention services, and more!

You are eligible if you:

- Get federal SNAP benefits
- Are not receiving TANF
- Are willing and able to work upon completion of Maine SNAP E&T.

How to sign up

If you are not receiving SNAP see if you are eligible for SNAP:

https://www.mymaineconnection.gov/benefits/s/?language=en_US

or call 1-855-797-4357.

To Apply for E&T:

- Contact E&T Providers
- Contact OFI: (207) 624-4196
- Email OFI.SNAPET@maine.gov
- Talk with OFI Eligibility Staff for referrals.

Maine SNAP E&T services are available Statewide!

Maine SNAP E&T providers can also enroll you in community colleges and other training programs statewide.

See the Maine SNAP E&T website for more information:

<https://www.maine.gov/dhhs/ofi/programs-services/food-supplement/fset>



Maine SNAP E&T Availability

You can apply with these E&T Providers:

Competitive Skills Scholarship Program
Maine Department of Labor
<https://www.maine.gov/labor/careerctr/cssp.shtml>

Family Futures Downeast
7 Ames Way, Machias/Calais
207-255-0983
<https://familyfuturesdowneast.org/contact/>

Goodwill NNE - Augusta, Bangor, Belfast, Lewiston, Portland, York County
207-289-4058
<https://goodwillnne.org/jobs/job-connection/>

Start Up Downeast
Washington County/Calais
330 North Street, Suite 1, Calais
207-259-0041
<http://www.startupdowneast.org>

Statewide Learning Program
Goodwill NNE
207-289-4058
<https://goodwillnne.org/jobs/job-connection/>

Strengthen LA - Lewiston
415 Lisbon Street, Suite 100, Lewiston
207-783-2249 x1204
www.strengthenla.org

We partner with the Hope Program.

Impact Stories from Participants:

"The program has helped me be able to go to school and prepare me for my college classes."

"I am making progress gaining the tools I need to have a more sustainable life."

"My team is phenomenal!! If I email them with a question, they are right on it with an answer. I can't tell you how helpful they have been. They are very communicative and have helped me so much in preparing for my upcoming classes. I can't say enough positive things about them! They are a true asset to the SNAP E&T Program."

"My worker communicates well & her response time is lightning fast. No other programs do as well as SNAP E&T!"



This institution is an equal opportunity provider.

Phone: 1-855-797-4357
TTY: Maine relay 711
October 2023 Edition

State of Maine Food Assistance

State of Maine Benefits Page: [Home \(mymaineconnection.gov\)](https://mymaineconnection.gov)

State of Maine Supplemental Nutrition Assistance Program (SNAP) Page: [Supplemental Nutrition Assistance Program \(SNAP\) | Department of Health and Human Services \(maine.gov\)](#)

State of Maine SNAP Application Page: [Program Page \(mymaineconnection.gov\)](#)

Ways to Apply for SNAP

1. Apply online. Start your SNAP Application today. Provide all the details for a complete application. We will contact you if needed and process your application as quickly as possible.
2. Apply via phone. Call 1-855-797-4357 to speak with an eligibility specialist.
3. Fill out an Application at home. Mail, fax or email a [Benefits Application](#) to:
 - a. Mail: Office for Family Independence 114 Corn Shop Lane
Farmington, ME 04938
 - b. Fax: 207-778-8429
 - c. E-mail: Farmington.DHHS@maine.gov
4. Apply in-person. Visit your [local OFI office](#).
5. Submit an [Incomplete SNAP Application](#). Provide your name, address, and signature. You will be required to provide additional information at a later time.

If you have any questions about SNAP, call OFI at 1-855-797-4357.

Other Food Resources and Information:

- [Maine Food Pantries | Food Banks, Food Pantries, Food Assistance in Maine](#)
- [Food & Nutrition | Department of Health and Human Services \(maine.gov\)](#)
- [Maine Bureau of Veterans' Services](#)
- [The Emergency Food Assistance Program \(TEFAP\)](#)
- [Maine SNAP-Ed is a nutrition education resource for low-income Mainers](#)
- [SNAP Work Requirements | Food and Nutrition Service \(usda.gov\)](#)

EASTERN MAINE DEVELOPMENT CORPORATION



YOUTH WORKFORCE SERVICES

Eastern Maine Development Corporation is dedicated to empowering young people through its workforce development programs. It offers resources such as a workforce curriculum, work experiences, mentorship, job coaching, and resume building. These services are aimed at helping participants achieve success in the workplace.

EMDC offers support to historically underserved youth aged 16-24, including those with disabilities, connected to the Juvenile Justice System, experiencing homelessness, transitioning in or out of the foster care system, with low income, and youth of color or indigenous communities.

BUILDING BRIGHTER FUTURES

From career exploration, job search assistance, mentorship programs, to skills training, we offer young people the resources they need to achieve their goals and build bright futures. Whether they're just starting out or looking to take their career to the next level, EMDC is here to help youth every step of the way.

PROVIDED SERVICES

Young Mainers Workforce Program

Online curriculum that prepares youth for their career by teaching essential skills, connecting them with employers, gives work and educational opportunities, while also providing a support network and earning a check.

Paid Work Experiences

Paid work- experiences for up to 300hrs, depending on program eligibility. Tailored guidance and support to help young people explore different career paths and find the one that suits them best.

Supportive Services

Financial assistance for accessing trade tools, scrubs, transportation help, and other resources that can make a significant difference in a young person's job search.

Follow-Up

Continued support and guidance for participants post-completion of most EMDC programming.

EMDC is a proud partner of the American Job Center Network. This program is an equal opportunity program. Auxiliary aids and services are available upon request to individuals with disabilities.

REACH OUT CONTACT US

- Call or Text: 207.991.0147
- Email: Workforce@EMDC.org

SERVICE AREA

- Penobscot
- Piscataquis
- Summerset
- Hancock
- Androscoggin
- Franklin
- Washington
- Kennebec
- Oxford



MEET THE TEAM

Youth Workforce Services

Our team is here to work with youth to gain skills and make progress toward their career goals, all while providing earn-while-you-learn programming and extra support along the way.

I WANT TO FURTHER MY EDUCATION WHAT ARE MY OPTIONS?



MEOC Advisors

Dori L. Leadbetter
dori.lynn@maine.edu
Cell: 207-356-2096

Kate Walsh
kevit@maine.edu
Cell: 207-949-6501 cell

Randi Paine, MEOC Advisor
randi.paine@maine.edu
Cell: 207-356-3485

Christy Le - MEOC Advisor
christy.j.le@maine.edu
Cell: 207-740-1569

Melissa Ivey, MEOC Advisor
melissa.ivey@maine.edu
Cell: 207-299-7927

Suzanne Graves-Hall
suzanne.graveshall@maine.edu
Cell: 207-944-0390



Assistance with

- Admissions Application
- Filing the FAFSA
- College Planning & Transferring
- Referral to Campus-based TRIO Programs
- Referral to Training Programs & Scholarship Opportunities
- Career Planning & Exploration



Apply to MEOC
NOW!



College & Training

- I'm not sure if college is for me.
- What college programs are available in my area?
- How do I pay for it?
- I have defaulted loans!
- I'm not sure I am ready.
- I have so many questions and need help.
- I am...
 - a laid-off or under-employed worker
 - a veteran or Military connected
 - an individual impacted by the justice system
 - a New Mainer

The Maine Educational Opportunity Center is funded entirely by the US Department of Education. The grant award for 2023-2024 is \$782,801.



HAVE YOU SERVED IN THE U.S. MILITARY?

Help is available for those who are homeless or at risk of becoming homeless.



- Providing connection to housing.
- Financial assistance.
- Employment opportunities.
- Support services.
- Healthcare.
- Mental health services and support.
- and more!



CALL: 207-287-7019

EMAIL: HVC.MaineBVS@maine.gov





VETERAN URGENT CARE RESOURCES

URGENT CARE

Veterans enrolled in VA health care can use over 4,000 urgent care locations.



Care is available to treat non-life threatening conditions. When to choose VA urgent care:

- If you're a Veteran enrolled in VA health care, and
- You received care at a VA or in-network provider sometime in the past 24 months.
- VA and in-network urgent care providers can meet many of your health care needs. They may be able to provide some diagnostic tests, like certain blood and urine tests.
- You can often get care for minor illnesses or injuries much faster than in an emergency room.

When using urgent care at a community provider:

You can also show the card on your mobile device.



What do to when you arrive at a community urgent care provider:

- Confirm that the provider is in VA's network. If you go to an out-of-network urgent care provider, you may have to pay for the full cost of care.
- Show your VA Health Identification Card and fill out the provider's intake form.
- Tell the provider you want to use your VA urgent care benefit. Show the provider your urgent care assistance card if requested.

Do you need help using your VA urgent care benefits?

Call 888-901-6609 if the provider is in Puerto Rico, Washington, D.C., or any of these states:

- AL, AR, CT, DE, FL, GA, IA, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, NC, ND, NE, NH, NJ, NY, OH, OK, PA, RI, SC, SD, TN, VA, VI, VT, WI, or WV.

Call 866-620-2071 if the provider is in any of these states:

- AK, AS, AZ, CA, CO, GU, HI, ID, MP, MT, NM, NV, OR, TX, UT, WA, or WY.
- Your region listed on the card to check your eligibility.



CHECK YOUR ELIGIBILITY!

FIRST, CALL:
1-800-MyVA411
(1-800-698-2411)
(TTY: 711).

SELECT:

OPTION 1

THEN

OPTION 3

AND THEN

OPTION 1

Family members are not authorized to use urgent care benefits.



DOWNLOAD VA URGENT CARE BILLING INFORMATION CARD

https://www.va.gov/COMMUNITYCARE/docs/pr_ograms/OCC-Billing-Information-Card.pdf



FIND VA-APPROVED PROVIDERS AND PHARMACIES

<https://www.va.gov/find-locations>

Have Questions? 1-800-MyVA411 (1-800-698-2411) is always the right number.

For more information, visit <https://www.VA.gov>.

Choosing VA means getting everything you need in one spot. Learn more about VA urgent care, eligibility requirements and examples of urgent care services by visiting VA's dedicated urgent care benefit page at <https://www.va.gov/resources/getting-urgent-care-at-va-or-in-network-community-providers/>.