

# Sagadahoc Area Resources for COVID-19 Response

*NOTE: Many links does not mean all needs are met. More help is needed!  
Wait lists and shortages exist for several of the resources below, such as Meals on Wheels.*

Please help us add to and update this list!  
Send suggestions to [seth.berry@legislature.maine.gov](mailto:seth.berry@legislature.maine.gov) or any Sagadahoc area legislator.

## **General Resources**

Emergency: **Dial 911**

Income and general supports: **Dial 211**

**Statewide Resources from Governor Mills: A comprehensive and extensive site!**

**[coronavirus.maine.gov](https://coronavirus.maine.gov)**

[Other hotlines](#)

(DV, suicide prevention, etc)

[Mainers Together](#) - general clearinghouse by MPA

[General Q&A from Maine CDC](#)

<b>I NEED Help With...</b>	<b>I WANT to Help With...</b>
<p><b>I Need Food or Household Supplies:</b></p> <p><a href="#">Meals on Wheels</a> - for seniors  <a href="#">Student nutrition - MSAD 75</a>  <a href="#">Student nutrition sites and bus run - RSU 1</a>  <a href="#">Student nutrition - RSU 2, Richmond etc</a>  <a href="#">Student nutrition Georgetown</a>  <a href="#">Student nutrition West Bath</a>  <a href="#">Nearest Food Pantry</a>  <a href="#">More on Midcoast Food Pantries</a>  <a href="#">Merrymeeting Food Council</a> (great resource!)  <a href="#">Midcoast Community Alliance</a>  <a href="#">Salvation Army</a>  <a href="#">Midcoast Hunger Prevention Project</a>  <a href="#">Salvation Army</a>                      Food pantries for Dresden residents;                      Richmond Food Pantry - 1st Wed 4-6, 3rd Sat 2-4  <a href="#">St. Philips Church Wiscasset</a>  <a href="#">Midcoast Maine Community Action</a></p>	<p><b>Ways to help others in this category:</b></p> <p>Helping the Hungry:  <a href="#">Meals on Wheels volunteer application</a>  <a href="#">Harvest for charity (Merrymeeting Gleaners)</a></p> <p>Buying Local:  <a href="#">Purchase from local farmers!</a>  <a href="#">Merrymeeting Food Council</a>  <a href="#">Support Fishermen</a>  <a href="#">Buy local Seafood</a>  <a href="#">Gulf of Maine Sashimi</a>  <a href="#">Mere Point Oyster</a>  <a href="#">Interactive map of fishermen and farmers</a></p>
<p><b>I Need <u>Medical Advice, Supplies, Coverage:</u></b></p>	<p><b>Ways to help others in this category:</b></p>

[Maine CDC](#)  
[U.S. CDC](#)  
[Maine DHHS](#)  
[Health Insurance/MaineCare](#)  
[CMMC Topsham site](#)  
[MidCoast Hospital](#)  
[Richmond Area Heath Center](#)  
[American Lung Association HelpLine](#): 1-800-LUNGUSA  
or submit a question [online](#).  
[Planned Parenthood Health Center Topsham](#)  
[Wilson's Drug Store, Walgreen's, CVS Bath \(see p.2\)](#)

[Maine Ready](#) - places to volunteer  
[Maine Responds](#) - emergency health care  
volunteers  
[Donate blood](#) - critical need at this time!  
800-RED CROSS; 16 Community Way  
Topsham by advance appointment  
[Donations](#) of PPE and other equipment

**Donate to:**  
[United Way of Mid-Coast Maine](#)  
[Oasis Free Clinics](#)  
[Maine AllCare](#)  
[Maine Access Points](#)

**I Need Help with Housing or Utilities:**

[MaineHousing](#)  
[Bath Housing](#)  
[Comfortably Home](#) - home repair & safety for seniors  
living at home  
[Utilities](#) - no disconnections until further notice  
[Salvation Army](#)  
[Midcoast Maine Community Action](#)

**Ways to help others in this category:**

[Comfortably Home](#) - give your time to help  
home repair & safety for seniors living at home  
Check on [senior home safety](#) with these tips  
**Donate to:**  
[Tedford Housing](#)  
[Habitat for Humanity 7 Rivers](#)  
[Salvation Army](#)  
[The Genesis Fund](#)

**I Need Income assistance:**

[DHHS supports](#) apply online for Food Supplement,  
Health Care, Cash Assistance and/or Maine's Child  
Care Subsidy  
[Midcoast Maine Community Action](#)  
  
[Unemployment insurance](#)  
  
[Free Tax Filing](#)  
[CashMaine.org](#) (direct services suspended - use Free  
Tax Filing link above)

**Ways to help others in this category:**

**General Assistance** - income support from your town  
[Arrowsic](#): admin@arrowsic.org  
[Bowdoin](#): call Clyde at 504-0450 M-F 9a-4p  
[Bowdoinham](#): email [hleeman@bowdoinham.com](mailto:hleeman@bowdoinham.com) or  
leave message at 666-5531 x106  
[Dresden](#): office 737-4335, GA emergency call  
503-388-8051

<p><a href="#">Georgetown</a>: office 371-2820; For emergency General Assistance needs please call 207-720-0364</p> <p><a href="#">Phippsburg</a>: 389-2653, email <a href="mailto:phipps@phippsburg.com">phipps@phippsburg.com</a></p> <p><a href="#">Richmond</a>:email <a href="mailto:laurisaloon@richmondmaine.com">laurisaloon@richmondmaine.com</a> or call Laurisa at 737-4305 x208</p> <p>Topsham:</p> <p>West Bath:</p> <p><a href="#">Woolwich</a>:call 442-7094, <a href="mailto:administrator@woolwich.us">administrator@woolwich.us</a></p>	
<p><b>I Need <u>Small Business Help</u>:</b></p> <p><a href="#">US Small Business Administration</a> forgivable low-interest disaster loans</p> <p><a href="#">Retail association</a></p> <p><a href="#">FAME consumer &amp; business loans</a></p> <p><a href="#">Pay it forward</a></p> <p><a href="#">Coastal Enterprises, Inc</a></p>	<p><b>Ways to help others in this category:</b></p> <p><a href="#">Pay it Forward</a></p>
<p><b>I Need <u>Other Help</u>:</b></p> <p><a href="#">Workers' Comp Advice for Healthcare workers</a></p> <p><a href="#">Maine DHHS</a></p> <p><a href="#">Court proceedings</a></p> <p><a href="#">Child Care</a></p> <p><a href="#">Immigration</a></p> <p><a href="#">Maine Coalition to End Domestic Violence</a></p> <p><a href="#">Sexual Assault Support Services of Midcoast Maine</a></p> <p><a href="#">New Hope for Women</a></p> <p><a href="#">Public Health Nursing</a></p> <p><a href="#">Strengthenme</a></p> <p><a href="#">Sweetser</a></p> <p><a href="#">Consumer protection</a></p> <p><a href="#">Transportation</a></p> <p><a href="#">Personal Safety</a></p> <p><a href="#">Non profits</a></p> <p><a href="#">FEMA grants</a> for affected governmental and some private nonprofit entities</p> <p><a href="#">Caring for Pets</a></p>	<p><b>Ways to help others in this category:</b></p> <p><b>Donate to:</b></p> <p><a href="#">United Way of Mid-Coast Maine</a></p>
<p><b>I Need <u>Help for Fishermen/Aquaculture</u>:</b></p> <p><a href="#">Maine Coast Fishermen</a></p> <p><a href="#">Maine Coast Fishermen's Association</a></p>	<p><b>Ways to help others in this category:</b></p>

[Fisheries Marine Resources COVID-19-related](#)  
[Island Institute Aquaculture and Fishing](#)  
[Maine Lobstermens Association](#)