



Gray-New Gloucester
Adult Education

Explore • Grow • Achieve



Are you interested in a
**Healthcare
CAREER?**

SUMMER CNA Training at Northern Light Mercy

- In person instruction
- Potential to earn-while-you learn
- Earn Certification for free
- Gain Hands-on Experience

CNA Information Session

**Register for our
Info Session**

**Tuesday, April 30th
12-1pm**

Zoom Link in Registration Receipt



Hold your camera over
the QR code to register
for Info Session

FMI Contact:

Stephanie or Theresa

gngadulthood@sad15.org

207-657-9612



Northern Light.
Mercy Hospital



FREE TRAINING

The Maine Department of Labor offers safety and health and labor law classes—at no charge.

UPCOMING CLASSES

(all in Augusta unless indicated otherwise)

Register, view full description, and browse more SafetyWorks! classes:

https://www.safetyworksmaine.gov/training/scheduled_classes/register.shtml

Lifting & Rigging Safety - May 1, 2024 | 8:30 a.m. – 12:30 p.m. Northern Maine Community College, Edmunds Conference Center, 33 Edgemont Drive, Presque Isle

Work Zone Safety - May 10, 2024 | 8:30 a.m. – 12:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Mine Safety & Health Administration: New Miner - May 13, 2024 | 8:00 a.m. – 5:00 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Automotive Lift/Jack Stand Safety & Compliance – May 14, 2024 | 8:30 a.m. – 12:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Wage & Hour Compliance - May 15, 2024 | 9:00 a.m. – 12:00 p.m. Freeport Community Library, 10 Library Drive, Freeport

Impairment Detection Training for Employers – May 16, 2024 | 8:30 a.m. – 3:30 p.m. Lewiston Career Center, 5 Millison Way, Lewiston

NEW! Preventing Musculoskeletal Injuries – May 17, 2024 | 8:30 a.m. – 12:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Public Sector Compliance – May 24, 2024 | 8:30 a.m. – 12:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Heat Illness Prevention – May 29, 2024 | 8:30 a.m. – 12:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Wage & Hour Compliance – May 29, 2024 | 9:00 a.m. – 12:00 p.m. Rockland Career Center, 91 Camden Street, Suite 201, Rockland

Forklift Operator Safety – May 30, 2024 | 8:30 a.m. – 4:30 p.m. SafetyWorks! Training Institute, 45 Commerce Drive, Augusta

Call 207-623-7900 to enroll • TTY users call Maine Relay 711
Maine Department of Labor, Bureau of Labor Standards
45 State House Station, Augusta, ME 04333-0045

The 2024 classes are now posted online and are open to registration.

Visit our website at [safetyworksmaine.gov](https://www.safetyworksmaine.gov) for a complete list of classes.

The Maine Department of Labor provides equal opportunity in employment and programs.
Auxiliary aids and services are available to individuals with disabilities upon request.



YAMAHA OUTBOARD MOTOR REPAIR TRAINING



SOUTHERN
MAINE
COMMUNITY
COLLEGE



Interested in boats and boating? Learn trade-related skills to begin a career in the marine industry today!

NO COST TO
TRAINEES!

? WHAT

Includes classroom learning and concentrated hands-on training on multiple Yamaha outboard motors ranging from F20 to F200. Training topics will include:

- Engine nomenclature
- Maintenance charts & descriptions of services
- Yamalube™ lubricants & additives
- Oil & filter service
- Water pump service
- Decarbonizing
- Valve train maintenance,
- Vapor separator tank service
- Fuel filter replacement, anodes timing belts and more.



WHEN

INQUIRE NOW
about upcoming
sessions!



WHERE

**SMCC SOUTH
PORTLAND CAMPUS**

Sustainability & Energy
Alternatives Center
2 Fort Road
South Portland, ME 04106

PREREQUISITES:

- At least 18 years old
- Resident of Maine
- High School diploma, GED or HiSet
- Proof of authorization to work in the U.S.
- Preference given to those with marine experience or training
- Impacted by the pandemic

SUPPORTED BY:

Maine Jobs & Recovery Plan

THANK YOU TO OUR PARTNERS:



FOR MORE INFO & TO APPLY NOW

email workforceregistration@smccME.edu or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, including gender identity or expression, disability, or age or marital, parental or veteran's status in its programs and activities. For more information, please call 207-741-5799.




NORTHEAST HOME ENERGY RATING SYSTEM ALLIANCE


HERS RATER TRAINING SUMMER 2024

Early Bird Discount Deadline is April 22, 2024 (SAVE \$300!)

Final Registration Deadline is May 6, 2024

Funds are now available through our the Massachusetts Workforce Training Fund for employee training. Please visit our website for details about how to apply. 

Full Training Cost of ~~\$3295~~ (\$2995 if registered by 4/22/24) includes:

- The combined online and distance-learning classroom training components
- All RESNET Exam Fees (\$525 total value)
- The Northeast HERS Training and Reference Manual (\$100 value)
- A one-year Associate Membership in the Alliance (\$60 value)
- Trainers:  **PSD** Moving Energy Efficiency Forward

Online Modules Component: May 13 – 24, 2024 (M-F 9am-12pm and Wednesdays 1- 4pm)

- 36 hours webinar instruction from the comfort of your home or office on Zoom
- Both recorded and presentation options
- Assignments and quizzes to make sure you master the material

Practical Training Component (5 days total / 3 Days On-Site – Location: Newton, MA)

- June 3 – 7, 2024 - Weekdays 8:30am-5pm
- Hands-on learning equipment usage with blower door and duct blaster
- 2 of the 5 supervised Probationary Ratings overseen by a RESNET certified Candidate Field Assessor required by RESNET
- Exam preparation, proctoring, and fees for all three RESNET Exams

Certified HERS raters are qualified to:

- Perform duct tightness and blower door testing for homebuilders.
- Certify projects for the ENERGY STAR program (after additional training).
- Rate new homes in all states (except CA)
- Assist homeowners with problems such as ice dams, moisture, and mold.

Both online and classroom components are required for rater certification.

Final registration deadline is May 6, 2024.

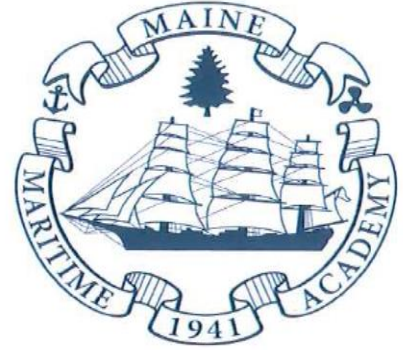
For more information: Contact Betsy Ames at betsy@nehers.org or call/text 978-633-3013 or register online at <https://nehers.org/event?EventID=8774>

EARN WHILE YOU LEARN

GENERAL DYNAMICS

Bath Iron Works

BIW Apprentice School



- **Attend Maine Maritime Academy**
- **Tuition, books and fees, PAID by BIW**
- **Paid learning: class during 40-hour work week**
- **Graduate with an Associate's degree**
- **Simultaneously gain an education and work experience**
- **Work as a BIW employee – full pay and excellent benefits**
- **VA-approved for GI Benefits**
- **Equal to a \$250,000 scholarship**



ZERO STUDENT DEBT



STARTS MAY 6 IN PERSON

MY MONEY WORKS

In this interactive class:

- Create a budget that works for you
- Explore wise use of credit
- Set financial goals
- Make a savings plan to reach your goals



newventuresmaine.org

Mondays
May 6 – June 3, 2024
6:00 – 7:00 p.m.
Five Sessions

In Person
UMA Brunswick Center
Campus Room 101
12 Sewall Street
Brunswick

Free class open
to Maine adults

To sign up:
207-621-7456
or online at
bit.ly/NVMEClasses

New Ventures Maine is a program
of the University of Maine at
Augusta, University of Maine
System, an equal
opportunity/affirmative
action institution.

Questions?
Contact: Lisa
207-621-7456
lisa.archer@maine.edu

WELDING ACADEMY

**PROGRAM
REGISTRATION**

bit.ly/workforceapply



NIGHT TIME TRAINING DATES:

May 7 - August 19, 2024

16 weeks • 10 hours per week • 160 total hours

Great schedule for students and employed!!!

REGISTER EARLY!!!

**FREE
TRAINING**



**WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

Central Maine Community College does not discriminate and is an equal opportunity/affirmative action employer. For more information, please call 207-755-5396 or email humanresources@cmcc.edu.



WEDNESDAYS, MAY 8 - 22

BUSINESS BASICS

This workshop covers the business plan, marketing, and cash planning. It is designed for those in the planning or start-up phase of a new business.



newventuresmaine.org

Wednesdays
10:00 – 11:30 a.m.
May 8 - 22, 2024
(three sessions)

Online Via Zoom
Statewide

Free class open to
Maine adults

To sign up:
207-262-7842
or online at
bit.ly/NVMEClasses

New Ventures Maine
is a statewide program of the
University of Maine at
Augusta, University of Maine
System, an equal
opportunity/affirmative
action institution.

Questions:

Contact Banjo
207-262-7842
oyebanjo.ogunlela@maine.edu

Penobscot Job Corps Open House

1375 Union St, Bangor, ME 04401

Wednesday, May 8th | 10:00am - 2:00pm

FREE cookout!*

**Come to PJCC's Open House to see our campus, meet staff,
and learn more about what Job Corps can offer you!**

We offer training for youth ages 16-24 in these trades:



**Clinical Medical
Assistant**



Carpentry



Welding



Culinary Arts



**Certified Nursing
Assistant**

**As well as the opportunity to complete your high school
diploma/equivalent and obtain your drivers license
- all for FREE!**



***If you plan to join us for the cookout, please arrive by 11:30am.**

**Email Michael Quinney by May 1st to RSVP
quinney.michael@jobcorps.org**



Join Us

for a Free Virtual Reconnection Workshop

Effective Communication Workshop - Thursday, May 9 - 12:00 p.m.
Create Calm in Stressful Times Workshop - Thursday, Jun 6 -12:00 p.m.

Join us on Zoom to connect with others in a live, virtual and guided conversation where you will have a chance to learn and practice new skills for creating calm, stress relief, and effective communication.

All Participants will receive an
Eton, American Red Cross FRX3+ Emergency NOAA Weather Radio OR a Personal Safety Kit



To REGISTER for the workshops,

May 9 please click [here](#).

June 6 click [here](#).

Contact: SAFNNE@redcross.org



American Red Cross
Northern New England Region

Summer Courses and Programs



May 12 – June 11 (FREE)

Construction Academy

This program through AGC Maine includes construction related certifications: OSHA 10 Certificate, First Aid & CPR Certificate, NCCER Core Badge and Crane Tech Signal Person training (Certification if over 18).



Business Entrepreneurship

June 5 – October 16 (FREE)

Learn the basics of starting your own business, including developing a business plan, figuring out your target market, projecting finances, and designing a business pitch.



July 24-25 or August 7-8 (FREE)

Electric Boat Motor Technician

Gain an understanding of basic electrical theory, propulsion and diagnostics. Hands-on learning of electric outboard installation, maintenance and repair.



Remote Work Workshops

Multiple dates available (FREE)

Content: Remote tools and platforms, communication, teamwork, health and wellness.
Designed for: anyone who works remotely or as part of a hybrid team.



June 10 – June 14

Heat Pump Installer Training

Hands-on course that meets Efficiency Maine requirements needed to install heat pumps and qualify for rebates, financing, and sales leads.



New cohort starts August 2024 (FREE)

Virtual Assistant Training

Become a remote worker by supporting businesses and companies in marketing, administrative, and/or management tasks.



**REGISTRATION NOW OPEN
FOR SPRING 2024!**
Approximate dates
May 13-June 27



LEARN ABOUT

**Resumes, Cover Letters, Interviewing,
Financial Literacy and MORE!**



FOR MORE INFORMATION

Contact Giselle
misengagiselle@gmail.com
Or visit us online at
www.ywcamaine.org



Strive is a grant funded program designed to help those who are new to the US workforce, unemployed, and/or underemployed develop the hard digital skills and soft essential skills needed to advance their careers. Stipends and Chromebooks are available to reduce barriers to participation.

Learn more by watching this [video](#).

Below is the approximate scope and sequence of the course. Modifications are made to meet the individual needs of each cohort.

- Week 1- Digital Literacy- Google Suite
- Week 2- Orientation, values, goal setting Resolution
- Week 3- Financial Literacy and Budgeting
- Week 4- Presentation Skills and Google Slides
- Week 5- Presentation practice and feedback
- Week 6-Resumes and Cover Letters

- Week 7- Interview Skills, References
- Week 8- Emotional Intelligence, Conflict
- Week 9- Professionalism, Decision Making
- Week 10- Mock Interviews, Resume Conferences
- Week 11- Job Fair and Networking
- Week 12- Graduation

FMI: Visit our website at ywcamaine.org or contact Maggie Garrity at the YWCA mgarrity@ywcamaine.org



BUILD THE FOUNDATION

to your future



ELECTRICAL



CARPENTRY



LABORER

AND, MORE!

THE ON-RAMP TO YOUR CAREER IN CONSTRUCTION

KENNEBEC VALLEY COMMUNITY COLLEGE | MAY 13TH - JUNE 11TH

LEARN & EARN WITH THE CONSTRUCTION IMMERSION PROGRAM AT KVCC. EXPLORE THE MANY CAREER PATHWAYS IN CONSTRUCTION WITH BOTH CLASSROOM & HANDS-ON TRAINING. EARN INDUSTRY STANDARD & NATIONALLY RECOGNIZED CREDENTIALS AND CREATE LASTING CONNECTIONS WITH FUTURE EMPLOYERS.

FOR MORE INFORMATION



TEAM@AGCMAINE.ORG | WWW.BUILDINGMAINE.COM



INTRODUCTION TO PHLEBOTOMY TECHNIQUES

**PROGRAM
REGISTRATION**

<https://bit.ly/workforceapply>



Course Dates:

May 13th - June 20th

Week 1 & 2 Monday, Tuesday, Thursday 5p-9p

Week 3 Tuesday & Thursday 5p-9p

In-person at Central Maine Community College Auburn,
Me 04210

**FREE
TRAINING!**



**WORKFORCE & PROFESSIONAL
DEVELOPMENT**

at Central Maine Community College

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

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For more information, please call 207-755-5396 or email humanresources@cmcc.edu.



Instructor:
Ger Tysk



Introduction to Culinary

- Have you ever wanted to enter the culinary world, but didn't know where to start?
- Want to learn the fundamental basics to start a new career?
- Want to excel to a new position?

Classes Start:

May 14th

4 PM-8 PM

MCST Kitchens

For more information or to sign up:
Joseph.Catalano@Fivetowns.net

Contact Your Local Adult Ed:

- Merrymeeting Adult Education
- Boothbay Regional Adult Education
- Central Lincoln County Adult Education
- MidCoast Adult Education
- RSU #13 Adult Education
- Mid-Coast School of Technology Adult Ed
- Five Town Adult Education
- RSU #3 Adult Education
- Belfast Adult Education

Knife Skills

Food Math

Safety and Sanitation

Basics of Sauces

Basics of Preparation

Time Management

Interpersonal Skills

Time and Temperature

Serve Safe Servers Certificate





STARTS MAY 15 ONLINE

BUILDING CONFIDENCE

Whether you're navigating recent changes, looking for a job, starting a business, or simply want to be more confident, join this class to assess your confidence and learn concrete tools to help you build your confidence and keep it strong. Review your skills, interests, and experiences and relate them to career options. Identify high-growth job fields. Explore education and training options.



newventuresmaine.org

Wednesdays
May 15 - 29, 2024
6:00 – 7:00 p.m.
3 sessions

Online via Zoom
Statewide

Free class open to
Maine adults

To sign up:
207-753-6531
or online at
bit.ly/NVMEClasses

New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution.

Questions?

Contact: Chris
207-753-6531
christine.m.morin@maine.edu

Gorham House

50 New Portland Rd, Gorham, Me (207)839-5757



EARN WHILE YOU LEARN CNA CERTIFICATION CLASS

Join us at Gorham House for an exciting opportunity to embark on a rewarding career in healthcare. Our Certified Nursing Assistant (CNA) Certification Class allows you to earn while you learn.

Why Choose Gorham House:

- A trusted senior lifestyle community
- Experienced instructors and hands-on training
- Pathway to a fulfilling career in healthcare



Class Details:

Date: May 15th – July 2nd 2024

Time: Classroom 8am-2pm

Clinical times 6:30a-3p

Location: Classroom via Zoom

Clinical Gorham House 50 New Portland Rd Gorham, Me

What You'll Learn:

- Basic nursing skills
- Patient care techniques
- Communication in healthcare
- Hands-on experience in a supportive environment

Contact Buffy Pinard for more Details (207)577-3894

MIG WELDING ACADEMY

**PROGRAM
REGISTRATION**

bit.ly/CWPDRegistration



**Course Dates:
May 20-July 8
Monday & Wednesday Nights
4:00 PM-9:00 PM**

**MIG INTENSIVE COURSE!!
REGISTER TODAY**

**FREE
TRAINING**

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

Central Maine Community College is an equal opportunity/affirmative action institution and employer.
For more information, please visit www.cmcc.edu/eeoc or call the Office of Human Resources at (207) 755-5396.

WORK FOR Yourself@50+SM

Five Simple Steps to Get You Started



SHOW US WHAT YOU'VE GOT!

Put your 50 years of experience to work. The two-hour **Work for Yourself@50+** workshop will help you decide if the self-employment journey is right for you.

Register today at aarpfoundation.org/workforyourself

WORKSHOP INFORMATION

Date/Time:

Wednesday, May 29, 10:00 - 11:30 a.m.

Format:

One session, Online class

CONTACT INFORMATION

Alicia LaFosse

(207) 621-7457

alicia.lafosse@maine.edu

Register: bit.ly/NVMEClasses

FACILITATED BY



Work for Yourself@50+ is a program of AARP Foundation. It is offered in collaboration with local organizations as part of our work to help vulnerable older adults build economic opportunity.

FIBER OPTIC TECHNICIAN

FREE TRAINING
In-Person - Campus based
FOR MAINE RESIDENTS



Advance
your
Career

Fiber Optic Technician Course

Course Schedule:

End of May 2024

8:00am-5:00pm: Monday, Wednesday, & Friday

Duration: 5 Weeks /120 Hours

- **\$800.00 Attendance Incentive available!**



SCAN HERE TO REGISTER
OR VISIT
[HTTPS://CMCCME.AUGUSOFT.NET/](https://cmccme.augusoft.net/)

**WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu



Health Sciences Pathway >>

SURGICAL TECHNOLOGY ASSOCIATE DEGREE



SOUTHERN
MAINE
COMMUNITY
COLLEGE



About this Program

A Certified Surgical Technologist (CST) is a member of the surgical team in the operating room who works with the surgeon, anesthesiologist and certified registered nurse delivering direct patient care before, during and after surgery. Surgical technologists perform functions and tasks that provide a safe environment for surgical care and contribute to the efficiency of the operating team by supporting operating surgeons, nurses and others involved in operative procedures.

View full program description online at www.smccME.edu/surgical

What opportunities does this program provide?

Launch Your Career

SMCC graduates in this program have gone on to work as:

- Hospital Surgical Technologist
- Organ Recovery Specialist
- Operating Room Technician
- Medical Sales Representative
- Private Practice Surgical Technologist

Transfer Opportunities: This program may have transfer opportunities to four-year universities/colleges available. Please view full details online.

How do I complete this program?

Estimated Full-Time Degree Completion

67 CREDIT HOURS | **4.5** FULL-TIME SEMESTERS

View full program details online:

- *Schedule options*
- *Currently offered courses*
- *Academic catalog*

FOR MORE INFORMATION, including outcome, accreditation, and licensing information:

ADMISSIONS:

207-741-5800
admissions@smccME.edu

PROGRAM MANAGER:

Brenda Buck, 207-741-5589
Brenda.Buck@MaineHealth.org

ONLINE:

www.smccME.edu/surgical
www.smccME.edu/apply

Southern Maine Community College does not discriminate and is an equal opportunity/affirmative action employer. For more information, please call 207-741-5571 or visit www.smccME.edu.

WORKFORCE AND PROFESSIONAL DEVELOPMENT



Maine's
Community Colleges

REMOTE WORK ESSENTIALS FOR PROFESSIONALS

**OFFERED AT NO-COST TO MAINE
RESIDENTS THROUGH JUNE 2024!**

REMOTE WORK ESSENTIALS FOR PROFESSIONALS

training gives learners the tools to be effective, healthy and productive remote and hybrid employees. Appropriate for seasoned employees and those new to remote work, it covers the essential tools to maintain health and wellness, assess your readiness for remote employment, communication, teamwork and using remote tools such as video conferencing, Sharepoint, Slack and other communication tools. This course is recommended for anyone who works as part of a remote or hybrid team or supervises or manages one..

4 hours | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/231633963914158> to sign up today.

FOR MORE INFORMATION

Email remotework@mccs.me.edu



**LEARN HOW TO BE AN EFFECTIVE, PRODUCTIVE
AND HEALTHY REMOTE WORKER
ONLINE AND SELF-PACED**

This program is provided in partnership with the Harold Alfond Center for the Advancement of Maine's Workforce, which offers short-term training through Maine's community colleges, to upskill and strengthen Maine's workforce.



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

Don't let another training opportunity pass. Invest in your future.

WORKFORCE AND PROFESSIONAL DEVELOPMENT



Maine's
Community Colleges

REMOTE AND HYBRID WORK BUSINESS FUNDAMENTALS

OFFERED AT **NO-COST** TO MAINE
RESIDENTS THROUGH JUNE 2024!

REMOTE AND HYBRID WORK BUSINESS FUNDAMENTALS

Your blueprint for success! Designed exclusively to equip you with the tools you need to seamlessly integrate remote and hybrid work into your organization's operations. Dive into insights covering policy, legal and tax dimensions, recruiting top-tier remote and hybrid talent, and harnessing the potential of remote work as a dynamic accommodation under the Americans with Disabilities Act (ADA). Learn the intricacies of infrastructure and the potential security considerations that accompany remote workers and how to manage these factors to lead your team towards unparalleled success.

1 hour | Self-paced

REMOTE AND HYBRID WORK FOUNDATIONS

This course provides the basics for understanding remote and hybrid work dynamics, organizational brilliance, and a holistic approach to wellbeing in a virtual world. Explore the risks and rewards that remote work brings and thrive in your approach to remote and hybrid work. Remote and Hybrid Work Foundations is the co-requisite for the Remote and Hybrid Work Business Fundamentals course.

1 hour | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/232484059537150> to sign up.

FOR MORE INFORMATION

Email remotework@mccs.me.edu



LEARN ABOUT POLICIES, LEGAL AND TAX
DIMENSIONS, AND RECRUITING REMOTELY

NO-COST FOR MAINERS THROUGH JUNE 2024

This program is provided in partnership with the Harold Alfond Center for the Advancement of Maine's Workforce, which offers short-term training through Maine's community colleges, to upskill and strengthen Maine's workforce.



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

Don't miss out on this training through Maine's community colleges.

WORKFORCE AND PROFESSIONAL DEVELOPMENT



**Maine's
Community Colleges**

LEADING REMOTE AND HYBRID TEAMS SUPERVISION FUNDAMENTALS

**OFFERED AT NO-COST TO MAINE
RESIDENTS THROUGH JUNE 2024!**

LEADING REMOTE AND HYBRID WORK SUPERVISION FUNDAMENTALS

Discover the ultimate toolkit designed exclusively for frontline supervisors and leaders! Dive into the dynamic realm of remote and hybrid work management, where you'll learn the skills of seamless onboarding, individual empowerment, team synchronization, and supercharged communication strategies. Equip yourself to not only lead but to nurture teams, ensuring their well-being, boosting productivity, and igniting efficiency like never before. We'll delve into strategies that promote a robust organization culture and craft an environment of psychological safety, belonging, and empowerment within your team that is proven to elevate performance.

1 hour | Self-paced

REMOTE AND HYBRID WORK FOUNDATIONS

This course goes beyond the basics, offering you the keys to understanding remote and hybrid work dynamics, organizational brilliance, and a holistic approach to well-being in a virtual world. Explore the risks and rewards that remote work brings and thrive in your approach to remote and hybrid work. Remote and Hybrid Work Foundations is the co-requisite for Leading Remote and Hybrid Work Supervision Fundamentals.

1 hour | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/232483484843161> to sign up today.

FOR MORE INFORMATION

Email remotework@mcacs.me.edu



**LEARN HOW TO LEAD EFFECTIVE AND
PRODUCTIVE REMOTE AND HYBRID TEAMS**
NO-COST FOR MAINERS THROUGH JUNE 2024

This program is provided in partnership with the Harold Alfond Center for the Advancement of Maine's Workforce, which offers short-term training through Maine's community colleges, to upskill and strengthen Maine's workforce.



**HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE**

Don't miss out on this exciting opportunity. Make your reservation today!

REFRIGERATION 608

**PROGRAM
REGISTRATION**

bit.ly/CWPDRegistration

Meets Efficiency Maine Heat Pump Installer Requirements



**COURSE DATES:
TBD
SUMMER 2024
\$195.00**

**REGISTER
EARLY!!!**

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

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For more information, please visit www.cmcc.edu/eeoc or call the Office of Human Resources at (207) 755-5396.

HEAT PUMP INSTALLER TRAINING

REGISTER AT
bit.ly/workforceapply

Meets Efficiency Maine Heat Pump Installer Requirements



COURSE DATE:

**Monday - Friday
Summer 2024**

Pre-register Early!

In-person Central Maine Community College
1250 Turner Street Auburn, ME 04210

**FREE
TRAINING!**

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

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**OHNAE
&
OHTS**

**CDL A - B
& Bus**

COMMERCIAL DRIVERS LICENSE TRAINING



**DRIVE YOUR CAREER
FORWARD**

Take your career to the next level and earn your CDL Class A or B truck license. This training program will assist students in acquiring the skills that can lead to a successful career in the trucking industry or take their current career forward. Our staff is experienced, well-trained, and BMV licensed to teach the required classroom, range and over the road instruction needed to obtain a CDL license.

Enrollment Requirements:

- Valid Driver's License
- Pre-arranged Financing (assistance available)
- Complete Adult Ed Intake Application
- Pass DOT Physical & Drug Screen
- Ability to Attend ALL Scheduled Classes

Cost:

\$5,500
(Payment must be arranged prior to start of class)

Class training fee includes: tuition, books, two FMCSA drug screening fees (pre-admission & post permit), FMCSA physical, use of truck, fuel as well as one attempt at the permit and license tests.

TO REGISTER, CONTACT:

DJ LeVasseur

Workforce Coordinator

(207) 743-8842 • d.levasseur@msad17.org

Oxford Hills / Nezinscot Adult Education & Oxford Hills Technical School
256 Main Street, South Paris, ME 04281 • (207) 743-8842 • adulted@msad17.org





In partnership with the Manufacturing Skills Standards Council,
Washington County Community College
 is offering an online Certified Production Technician (CPT) Training
 Program.



Earn an industry recognized certification in
Production Technology
 and begin an exciting career in manufacturing.



Process & Production + Maintenance Awareness + Green Production
Quality Practices & Measurement + Safety

No Cost

100% Online

Self-Paced

Fast-Track



Successful completion of the Certified Production Technology Program will prepare you to enter entry-level employment opportunities throughout Maine. WCCC offers Production Technology Pathways that can lead you to certificate and/or associate degree level options, as well as various complementary courses including Logistics and Supply Chain Management and Electro-Mechanical Technology.

Washington County
 Community College
 One College Drive
 Calais, ME 04619
 207.454.1040 / 800.210.6932



WCCC does not discriminate on the basis of color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities.



MID-COAST
SCHOOL OF TECHNOLOGY
ADULT EDUCATION



CNA Certified Nursing Assistant

with Terry Adkins, R.N.

Students enrolled in this certificate program complete a minimum of 130 hours of classroom, laboratory, and clinical training, meeting all state licensing requirements. Upon successful completion of the course and passage of the state competency exam, the student will be eligible to enter the healthcare field as a Certified Nursing Assistant under the direction of a licensed nurse.

Class size is limited so applying early is advised.

Contact Adult Ed at 207-596-7752 x 104 for an application & interview.

Funding opportunities are available through the Pen Bay Apprentice Program's "Earn While You Learn" option, as well as several other programs. Prerequisite: high school diploma or equivalent.

Class begins July 9, 2024

July 22 - August 16, 2024
Oxford Hills Technical School
8:00 AM - 2:00 PM Mon - Fri



- * Receive \$200 / week stipend
- * \$500 in tools & outerwear
- * Ages 16 - 28

BUILD THE FOUNDATION

to your future

LEARN THE BASICS

Gain hands-on training and experience including:

- Gain financial literacy & life skills,
- Learn use of hand tools & power tools;
- Earn your OSHA 10 certificate;
- Complete First Aid & CPR certification;
- Complete NCCER Core Curriculum.

EXPERIENCE THE TRADES

- Be introduced to several trades including carpentry, electrical, heavy equipment operation, crane operation, and many more;
- Learn from industry professionals and meet potential employers;
- Visit a minimum of 3 job sites to see work in action;
- Opportunity to complete a career exploration process

GUARANTEED JOB INTERVIEW

Meet local employers during the program and participation guarantees you at least one interview at the end of the program!

FOR MORE INFORMATION CONTACT THOMAS SUTHERLAND

THOMAS@AGCMAINE.ORG | 207 - 716 - 7912 | WWW.AGCMAINE.ORG

Thomas will be visiting OHTS in March for in person information sessions!



SMCC Workforce Training

EDUCATOR APPRENTICE PROGRAM

EARN WHILE YOU LEARN

as a school employee!



SOUTHERN
MAINE
COMMUNITY
COLLEGE



NO COST TO
TRAINEES!

PROGRAM STARTS AUGUST 12, 2024

INTRO TO TEACHING (EDUC 100) - One-Week Bootcamp

Monday - Friday, 8 a.m. - 4 p.m.

NOW ACCEPTING APPLICATIONS

About this program:

This 18-month program is designed for those who want to become Education Technicians II at a partner school district. This program is the first of its kind to provide this opportunity. After completing the Intro to Teaching Bootcamp, you will spend one day per week (3:15 - 6:15 p.m.) doing coursework while also receiving experiential credit working in the classroom the rest of the week!

Courses include:

- Intro to Psychology (PSYC 100)
- Oral Communication (ENGL 110)
- Foundations of Math for Teachers (MATH 115)
- Intro to Teaching (EDUC 100)
- Intro to American Education (EDUC 105)
- Culturally Responsive Teaching (EDUC 115)
- Foundations of Literacy (EDUC 220)
- Teaching Exceptional Learners (EDUC 230)
- Student Success (FIGS 100)
- Hands-on classroom experience that counts as credit

Where:

Classes will be on-site at a Gorham/Cumberland County school or municipal building.

Prerequisites:

- 18 years or older
- Resident of State of Maine
- Proof of Authorization to work in U.S.
- High School diploma, GED, or HiSet
- Desire to work in education field
- Testing may be required
- Impacted by COVID-19

Participating educational facilities and school districts:

Brunswick, Falmouth, Gorham, MaineHealth, MSAD, RSU 14, SAD 6, SAD 15, Scarborough, & South Portland

THANK YOU TO OUR PARTNERS:



Maine Jobs &
Recovery Plan

FOR MORE INFO & TO APPLY NOW

email workforceregistration@smccME.edu or call **207-741-5595**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, including gender identity or expression, disability, or age or marital, parental or veteran's status in its programs and activities. For more information, please call 207-741-5798.

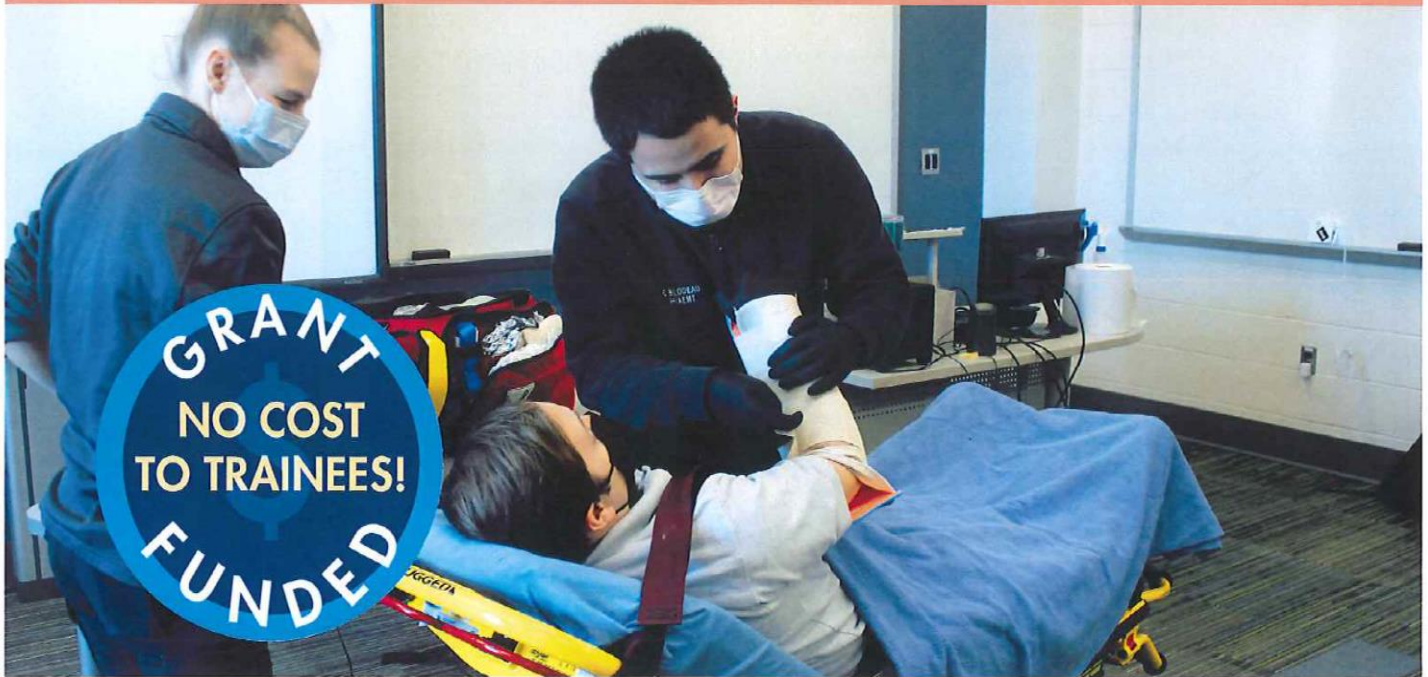
SMCC Workforce Training

EMT TRAINING ACADEMY

Emergency Medical Technician



SOUTHERN
MAINE
COMMUNITY
COLLEGE



? ABOUT THIS PROGRAM

Gain the knowledge and skills necessary to provide basic emergency medical care and transportation through lecture, practical labs, and clinical experience! Upon successful course completion, students are eligible to take the National Registry of Emergency Medical Technicians (NREMT) certification exams, at the EMT level.



WHEN

**INQUIRE ABOUT
NEXT SESSION!**



WHERE

**Southern Maine
Community College**
South Portland Campus

PREREQUISITES

- At least 18 years of age
- High School diploma, GED or HiSet
- Resident of Maine
- Proof of authorization to work in the U.S.
- Affected by the pandemic
- Testing may be required

SUPPORTED BY:

The Maine Jobs & Recovery Plan



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

GET STARTED NOW!

email workforceregistration@smccME.edu or call **207-741-5955**

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PENOBSCOT JOB CORPS CENTER

1375 UNION STREET
BANGOR, MAINE 04401
(207) 561-8625



CAREERS
BEGIN HERE



275
Students



46-ACRE
Urban Campus



NEAR
University of Maine and
Bangor Waterfront

TRAIN for a career you're
passionate about.



**ADVANCED
MANUFACTURING**
Welding



HOSPITALITY
Culinary Arts



CONSTRUCTION
Carpentry, Pre-Apprentice*



Take it to the next level.
ADVANCED TRAINING
Advanced Culinary Arts –
Pastry
Advanced Marine Pipefitting



HEALTH CARE
Certified Nurse Assistant
Clinical Medical Assistant

*Pre-Apprenticeship programs offer students the hands-on training and education needed to qualify for apprenticeships.

LEARN new skills that
benefit your future.



Earn your **high school
diploma** or the equivalent



Take **community college
classes** while living on center



Meet with
career counselors



Participate in **work-based
learning** experiences



LORING JOB CORPS CENTER

36 MONTANA ROAD
LIMESTONE, MAINE 04750
(207) 328-4710



CAREERS
BEGIN HERE



301
Students



41-ACRE
Rural Campus



NEAR
Aroostook National
Wildlife Refuge

TRAIN for a career you're passionate about.



AUTOMOTIVE AND MACHINE REPAIR

Maintenance – Light Repair



CONSTRUCTION

Carpentry, Pre-Apprentice*

Cement Masonry,
Pre-Apprentice*

Electrical, Pre-Apprentice*

Painting, Pre-Apprentice*



HOSPITALITY

Culinary Arts



INFORMATION TECHNOLOGY

Computer Networking/CISCO –
Essentials

CISCO – Certified Network Associate



TRANSPORTATION

Heavy Truck Driving Tractor-Trailer



Take it to the next level.

ADVANCED TRAINING

Advanced CISCO Certified Network
Associate Cybersecurity Ops

Advanced Computer Systems
Administrator

Advanced Heavy Truck Driving



Elevate your IT training. Explore the Amazon Web Services re/Start certificate and gain skills in cloud-based services in 12 weeks.

*Pre-Apprenticeship programs offer students the hands-on training and education needed to qualify for apprenticeships.

LEARN new skills that benefit your future.



Earn your **high school diploma** or the equivalent



Take **community college classes** while living on center



Meet with **career counselors**



Participate in **work-based learning experiences**





FREE WORKSHOPS & CLASSES TO HELP YOU REACH YOUR GOALS

Classes in three program areas:

- Starting Businesses
- Building Careers
- Managing Money

Individual coaching in all program areas by appointment.

Through classes and individual coaching, we help people find good jobs, further their education, launch small businesses, manage their money, and build their assets.



newventuresmaine.org
facebook.com/newventuresmaine

Daytime & Evening
Options

Online, Statewide
Or In Person

Free and open to
Maine adults

FMI & to sign up:
bit.ly/NVMEClasses

New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution.

Questions?

Email or call us!

info@newventuresmaine.org
or
207-621-3440