



Maine Small Business
Development Centers

Upcoming Webinars

Visualizing Your New Business Using the Business Model Canvas |

May 23rd, 2024 • 12 pm • [**REGISTER**](#)

In this webinar, Maine SBDC will help you understand how to use the Business Model Canvas to outline your new or early-stage business. The Business Model Canvas is a single-page business planning tool that allows you to visualize your business idea.



Intro to Using ChatGPT in Your Business

June 4, 2024 • 10:30 am • [**REGISTER**](#)

Join us for an webinar for small business owners who are just beginning to explore the possibilities of AI. This webinar will demystify ChatGPT, providing helpful insights and practical strategies for incorporating this tool into your small business operations.



Startup Checklist

June 18th, 2024 • 12 pm • [**REGISTER**](#)

It is an understatement to say that starting a business is overwhelming! Are you struggling to figure out which steps to do first in a "chicken or egg" sort of way? In this Webinar, Maine SBDC Business Advisors will help organize the legal, ethical, and social steps to starting a business by walking you through a Start-Up Checklist.



Food Licensing & Maine Food Sovereignty Law

June 25th, 2024 • 9 am • [**REGISTER**](#)

Are you a small food producer wanting to get your products to market or do you currently have a licensed kitchen and not sure how the new Food Sovereignty law affects your business. Join SBDC advisor Chris Cole as she discusses what food sovereignty means and who can operate under the law. As well as when and why you need a Food and Fuel license to produce and sell your products.



Need help? [Connect with a business advisor here.](#)



U.S. Small Business
Administration



Bring Your Small Business to the Next Level!

The SBA Maine District Office invites established small business owners to apply for “Next Level CEO” a 6-week cohort program to bring your company to the next level of growth, profitability and efficiency.

Minimum Requirements:

- 3 Years in operation
- \$250k or more in annual revenue
- 1+ employee(s) other than self

<https://Next-Level-CEO.eventbrite.com>

SBAMaineNextLevelCEO@sba123.onmicrosoft.com





FREE TRAINING

SafetyWorks!

MAINE DEPARTMENT OF LABOR

Machine Guarding

June 14

Participants in this half-day class will learn about the standards for metal and woodworking machines, as well as various machine-guarding techniques. We will apply basic guarding practices when specific issues aren't covered in the regulation. OSHA Subpart O will be covered.

Safety & Health Management Systems

June 20

Successful safety and health programs are more than just compliance with the OSHA standards. Injuries and illnesses are reduced when employers possess common elements to identify and address safety and health hazards. This course outlines roles and responsibilities, common principles, required functions and programs of a successful safety and health management system. This course prepares organizations who would like to pursue SHARP/SHAPE.

Developing & Conducting Assessments, Audits, and Inspections

June 21

Identifying and analyzing hazards are key elements to an effective safety and health system. This training explores the methods to assess the workplace for hazards and implement controls to effectively control them. This half-day course looks at PPE assessment, behavioral and program audits, as well as equipment-specific and facility inspections.

Call 207-623-7900 to enroll • TTY users call Maine Relay 711 Maine Department of Labor, Bureau of Labor Standards 45 State House Station, Augusta, ME 04333-0045

Visit our website at safetyworksmaine.gov for a complete list of classes.

The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals with disabilities upon request.

SafetyWorks! is also a host site for the Region 1 OSHA Training Institute Education Center.

The next class will be:

June 17, 2024 470 Electrical Safe Work Practices & Update to NFPA 70E

June 18, 2024 7115 Lockout/Tagout

June 25-28, 2024 2264 Permit Required Confined Space Rescue

To register go to <https://oshaedne.com/osha-470/> or <https://oshaedne.com/osha-7115/> or

<https://oshaedne.com/osha->

YAMAHA OUTBOARD MOTOR REPAIR TRAINING



Interested in boats and boating? Learn trade-related skills to begin a career in the marine industry today!

NO COST TO TRAINEES!

? WHAT

Includes classroom learning and concentrated hands-on training on multiple Yamaha outboard motors ranging from F20 to F200. Training topics will include:

- Engine nomenclature
- Maintenance charts & descriptions of services
- Yamalube™ lubricants & additives
- Oil & filter service
- Water pump service
- Decarbonizing
- Valve train maintenance,
- Vapor separator tank service
- Fuel filter replacement, anodes timing belts and more.

📅 WHEN

INQUIRE NOW
about upcoming
sessions!

📍 WHERE

SMCC SOUTH
PORTLAND CAMPUS

Sustainability & Energy
Alternatives Center
2 Fort Road
South Portland, ME 04106

PREREQUISITES:

- At least 18 years old
- Resident of Maine
- High School diploma, GED or HiSet
- Proof of authorization to work in the U.S.
- Preference given to those with marine experience or training
- Impacted by the pandemic

SUPPORTED BY:

Maine Jobs & Recovery Plan

THANK YOU TO OUR PARTNERS:



FOR MORE INFO & TO APPLY NOW

email workforceregistration@smccME.edu or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, including gender identity or expression, disability, or age or marital, parental or veteran's status in its programs and activities. For more information, please call 207-741-5798.

FIBER OPTIC TECHNICIAN

FREE TRAINING
In-Person - Campus based
FOR MAINE RESIDENTS



**Advance
your
Career**

Fiber Optic Technician Course

Course Schedule:

Monday, June 24th - Tuesday, July 18th

8:00am-4:30pm: Monday - Thursday

No Class on 7/4 & 7/5 in honor of Independence Day

Duration: 4 Weeks

\$800 financial attendance stipend available for eligible students.



SCAN HERE TO REGISTER
OR VISIT

[HTTPS://CMCCME.AUGUSOFT.NET/](https://cmccme.augusoft.net/)

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu



About this Program

A Certified Surgical Technologist (CST) is a member of the surgical team in the operating room who works with the surgeon, anesthesiologist and certified registered nurse delivering direct patient care before, during and after surgery. Surgical technologists perform functions and tasks that provide a safe environment for surgical care and contribute to the efficiency of the operating team by supporting operating surgeons, nurses and others involved in operative procedures.

View full program description online at www.smccME.edu/surgical

What opportunities does this program provide?

Launch Your Career

SMCC graduates in this program have gone on to work as:

- Hospital Surgical Technologist
- Organ Recovery Specialist
- Operating Room Technician
- Medical Sales Representative
- Private Practice Surgical Technologist

Transfer Opportunities: This program may have transfer opportunities to four-year universities/colleges available. Please view full details online.

How do I complete this program?

Estimated Full-Time Degree Completion

67 CREDIT HOURS

4.5 FULL-TIME SEMESTERS

View full program details online:

- *Schedule options*
- *Currently offered courses*
- *Academic catalog*

FOR MORE INFORMATION, including outcome, accreditation, and licensing information:

ADMISSIONS:

207-741-5800
admissions@smccME.edu

PROGRAM MANAGER:

Brenda Buck, 207-741-5589
Brenda.Buck@MaineHealth.org

ONLINE:

www.smccME.edu/surgical
www.smccME.edu/apply

Southern Maine Community College does not discriminate and is an equal opportunity/affirmative action employer. For more information, please call 207-741-5571 or visit www.smccME.edu.

**OHNAE
&
OHTS
CDL A&B**



COMMERCIAL DRIVERS LICENSE TRAINING



**DRIVE YOUR CAREER
FORWARD**

Take your career to the next level and earn your CDL Class A or B truck license. This training program will assist students in acquiring the skills that can lead to a successful career in the trucking industry or take their current career forward. Our staff is experienced, well-trained, and BMV licensed to teach the required classroom, range and over the road instruction needed to obtain a CDL license.

Class Dates & Times:

Starting Fall 2024 Mondays & Wednesdays

4:00 - 8:00 PM (15 weeks)

Oxford Hills Comprehensive High School

Cost:

\$5,900

(Fee must be arranged prior to start of class)

Class training fee includes: tuition, books, two FMCSA drug screening fees (pre-admission & post permit), FMCSA physical, use of truck, fuel as well as one attempt at the permit and license tests.

Enrollment Requirements:

- Valid Driver's License
- Pre-arranged Financing (assistance available)
- Complete Adult Ed Intake Application
- Pass DOT Physical & Drug Screen
- Ability to Attend all Scheduled Classes

CONTACT US TO ENROLL

Aimee Edmunds

Workforce Coordinator

(207) 743-8842 • a.edmunds@msad17.org

Oxford Hills / Nezinscot Adult Education & Oxford Hills Technical School
256 Main Street, South Paris, ME 04281 • (207) 743-8842 • adulted@msad17.org



CULINARY

SUMMER

CAMP

**CAMPS ARE FILLING FAST!
REGISTER TODAY!**

Junior Camp: Ages 9 - 12
Senior Camp: Ages 13 - 15

Our Culinary Camps provide the opportunity to learn what goes on "behind the scenes" in a working kitchen.

Create culinary masterpieces, try new foods, and make new friends.

For more information:
summers@emcc.edu

June 24-28 - Junior Camp
July 8-12 - Junior Camp
July 15-19 - Junior Camp
July 22-26 - Senior Camp
July 29-Aug 2 - Junior Camp

To register, visit:

<https://www.emcc.edu/student-life/life-at-emcc/summer-camps>



HUGHES BROS. INC.

REGISTERED APPRENTICESHIP PROGRAM

CDL-B DRIVER

Concrete Mixer Truck

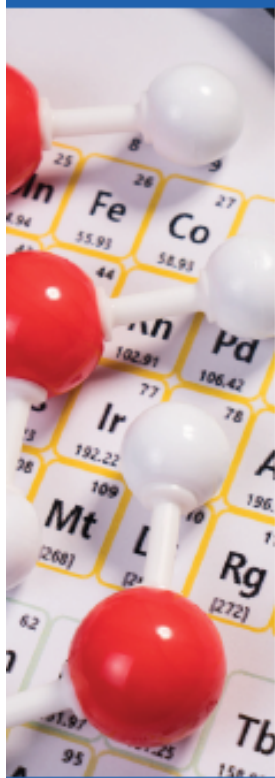
Developed in Partnership with:

EDUCATE MAINE



High School Chemistry with Lab

- *Fully online virtual course!*
- *Earns 1 high school credit!*
- *No cost for participants!*



An excellent opportunity to meet college admissions "Chemistry with lab" prerequisite requirements. For those students currently enrolled in higher education, or preparing to enroll within 18 months. If you have been away from science courses for some time, this course will help build skills for rigorous college classes.

- **June 24 - August 16, 2024 (8 weeks)**
- **Weekly Live Class Online: Mondays 7:30-8:30PM**
- **5-6 Hours of Online Course Work Per Week**
- **No Textbook Required/Materials Provided**
- **Pre-Class Enrollment & Orientation (Virtual)**



**RSU 13 Adult
& Community
Education**
ROCKLAND, MAINE

QUESTIONS?



ADULTED@RSU13.ORG



207-594-9764

**28 Lincoln Street
Rockland, Maine**

REGISTER ONLINE



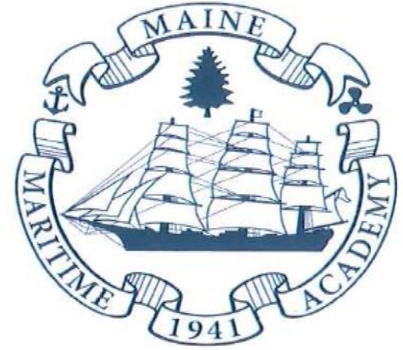
RSU13.MAINEADULTED.ORG

EARN WHILE YOU LEARN

GENERAL DYNAMICS

Bath Iron Works

BIW Apprentice School



- Attend Maine Maritime Academy
- Tuition, books and fees, PAID by BIW
- Paid learning: class during 40-hour work week
- Graduate with an Associate's degree
- Simultaneously gain an education and work experience
- Work as a BIW employee – full pay and excellent benefits
- VA-approved for GI Benefits
- Equal to a \$250,000 scholarship



ZERO STUDENT DEBT

WORKFORCE AND PROFESSIONAL DEVELOPMENT



Maine's
Community Colleges

REMOTE WORK ESSENTIALS FOR PROFESSIONALS

**OFFERED AT NO-COST TO MAINE
RESIDENTS THROUGH JUNE 2024!**

REMOTE WORK ESSENTIALS FOR PROFESSIONALS

training gives learners the tools to be effective, healthy and productive remote and hybrid employees. Appropriate for seasoned employees and those new to remote work, it covers the essential tools to maintain health and wellness, assess your readiness for remote employment, communication, teamwork and using remote tools such as video conferencing, Sharepoint, Slack and other communication tools. This course is recommended for anyone who works as part of a remote or hybrid team or supervises or manages one..

4 hours | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/231633963914158> to sign up today.

FOR MORE INFORMATION

Email remotework@mccs.me.edu



**LEARN HOW TO BE AN EFFECTIVE, PRODUCTIVE
AND HEALTHY REMOTE WORKER
ONLINE AND SELF-PACED**

This program is provided in partnership with the Harold Alfond Center for the Advancement of Maine's Workforce, which offers short-term training through Maine's community colleges, to upskill and strengthen Maine's workforce.



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

Don't let another training opportunity pass. Invest in your future.

WORKFORCE AND PROFESSIONAL DEVELOPMENT



Maine's
Community Colleges

REMOTE AND HYBRID WORK BUSINESS FUNDAMENTALS

OFFERED AT **NO-COST** TO MAINE
RESIDENTS THROUGH JUNE 2024!

REMOTE AND HYBRID WORK BUSINESS FUNDAMENTALS

Your blueprint for success! Designed exclusively to equip you with the tools you need to seamlessly integrate remote and hybrid work into your organization's operations. Dive into insights covering policy, legal and tax dimensions, recruiting top-tier remote and hybrid talent, and harnessing the potential of remote work as a dynamic accommodation under the Americans with Disabilities Act (ADA). Learn the intricacies of infrastructure and the potential security considerations that accompany remote workers and how to manage these factors to lead your team towards unparalleled success.

1 hour | Self-paced

REMOTE AND HYBRID WORK FOUNDATIONS

This course provides the basics for understanding remote and hybrid work dynamics, organizational brilliance, and a holistic approach to wellbeing in a virtual world. Explore the risks and rewards that remote work brings and thrive in your approach to remote and hybrid work. Remote and Hybrid Work Foundations is the co-requisite for the Remote and Hybrid Work Business Fundamentals course.

1 hour | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/232484059537150> to sign up.

FOR MORE INFORMATION

Email remotework@mccs.me.edu



LEARN ABOUT POLICIES, LEGAL AND TAX
DIMENSIONS, AND RECRUITING REMOTELY

NO-COST FOR MAINERS THROUGH JUNE 2024

This program is provided in partnership with the Harold Alfond Center for the Advancement of Maine's Workforce, which offers short-term training through Maine's community colleges, to upskill and strengthen Maine's workforce.



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

Don't miss out on this training through Maine's community colleges.

WORKFORCE AND PROFESSIONAL DEVELOPMENT



**Maine's
Community Colleges**

LEADING REMOTE AND HYBRID TEAMS SUPERVISION FUNDAMENTALS

**OFFERED AT NO-COST TO MAINE
RESIDENTS THROUGH JUNE 2024!**

LEADING REMOTE AND HYBRID WORK SUPERVISION FUNDAMENTALS

Discover the ultimate toolkit designed exclusively for frontline supervisors and leaders! Dive into the dynamic realm of remote and hybrid work management, where you'll learn the skills of seamless onboarding, individual empowerment, team synchronization, and supercharged communication strategies. Equip yourself to not only lead but to nurture teams, ensuring their well-being, boosting productivity, and igniting efficiency like never before. We'll delve into strategies that promote a robust organization culture and craft an environment of psychological safety, belonging, and empowerment within your team that is proven to elevate performance.

1 hour | Self-paced

REMOTE AND HYBRID WORK FOUNDATIONS

This course goes beyond the basics, offering you the keys to understanding remote and hybrid work dynamics, organizational brilliance, and a holistic approach to well-being in a virtual world. Explore the risks and rewards that remote work brings and thrive in your approach to remote and hybrid work. Remote and Hybrid Work Foundations is the co-requisite for Leading Remote and Hybrid Work Supervision Fundamentals.

1 hour | Self-paced

SIGN UP NOW

Visit <https://form.jotform.com/232483484843161> to sign up today.

FOR MORE INFORMATION

Email remotework@mcacs.me.edu



**LEARN HOW TO LEAD EFFECTIVE AND
PRODUCTIVE REMOTE AND HYBRID TEAMS**
NO-COST FOR MAINERS THROUGH JUNE 2024

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**HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE**

Don't miss out on this exciting opportunity. Register today!

REFRIGERATION 608

**PROGRAM
REGISTRATION**

bit.ly/CWPDRegistration

Meets Efficiency Maine Heat Pump Installer Requirements



**COURSE DATES:
TBD
SUMMER 2024
\$195.00**

**REGISTER
EARLY!!!**

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

Central Maine Community College is an equal opportunity/affirmative action institution and employer.
For more information, please visit www.cmcc.edu/eeoc or call the Office of Human Resources at (207) 755-5396.

HEAT PUMP INSTALLER TRAINING

REGISTER AT
bit.ly/workforceapply

Meets Efficiency Maine Heat Pump Installer Requirements



COURSE DATE:

**Monday - Friday
Summer 2024**

Pre-register Early!

In-person Central Maine Community College
1250 Turner Street Auburn, ME 04210

**FREE
TRAINING!**

 **WORKFORCE & PROFESSIONAL
DEVELOPMENT**

www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

Central Maine Community College does not discriminate and is an equal opportunity/affirmative action employer. For more information, please call 207-755-5396 or email humanresources@cmcc.edu.



In partnership with the Manufacturing Skills Standards Council,
Washington County Community College
 is offering an online Certified Production Technician (CPT) Training
 Program.



Earn an industry recognized certification in
Production Technology
 and begin an exciting career in manufacturing.



Process & Production + Maintenance Awareness + Green Production
Quality Practices & Measurement + Safety

No Cost

100% Online

Self-Paced

Fast-Track



Successful completion of the Certified Production Technology Program will prepare you to enter entry-level employment opportunities throughout Maine. WCCC offers Production Technology Pathways that can lead you to certificate and/or associate degree level options, as well as various complementary courses including Logistics and Supply Chain Management and Electro-Mechanical Technology.

Washington County
 Community College
 One College Drive
 Calais, ME 04619
 207.454.1040 / 800.210.6932



WCCC does not discriminate on the basis of color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities.



MID-COAST
SCHOOL OF TECHNOLOGY
ADULT EDUCATION



CNA Certified Nursing Assistant

with Terry Adkins, R.N.

Students enrolled in this certificate program complete a minimum of 130 hours of classroom, laboratory, and clinical training, meeting all state licensing requirements. Upon successful completion of the course and passage of the state competency exam, the student will be eligible to enter the healthcare field as a Certified Nursing Assistant under the direction of a licensed nurse.

Class size is limited so applying early is advised.

Contact Adult Ed at 207-596-7752 x 104 for an application & interview.

Funding opportunities are available through the Pen Bay Apprentice Program's "Earn While You Learn" option, as well as several other programs. Prerequisite: high school diploma or equivalent.

Class begins July 9, 2024

FREE ENGLISH CLASSES FOR WORK

ENROLL NOW FOR SUMMER

CLASSES MEET AT RICE PUBLIC LIBRARY,
8 WENTWORTH ST., KITTERY, MAINE
HOSTED BY KITTERY ADULT EDUCATION

**FREE PROGRAM
FOR ENGLISH LANGUAGE
LEARNERS**

**THURSDAYS 6:00-8:00PM
AT THE RICE LIBRARY
JULY 11-AUGUST 15, 2024**

Improve your English speaking and writing skills as well as basic math for any work environment that requires customer service skills. You will earn a credential in Retail Fundamentals.



Please call or text

Kittery Adult

Education for

more information

207-351-0167

or scan to sign up:



July 22 - August 16, 2024
Oxford Hills Technical School
8:00 AM - 2:00 PM Mon - Fri



- * Receive \$200 / week stipend
- * \$500 in tools & outerwear
- * Ages 16 - 28

BUILD THE FOUNDATION

to your future

LEARN THE BASICS

Gain hands-on training and experience including:

- Gain financial literacy & life skills,
- Learn use of hand tools & power tools;
- Earn your OSHA 10 certificate;
- Complete First Aid & CPR certification;
- Complete NCCER Core Curriculum.

EXPERIENCE THE TRADES

- Be introduced to several trades including carpentry, electrical, heavy equipment operation, crane operation, and many more;
- Learn from industry professionals and meet potential employers;
- Visit a minimum of 3 job sites to see work in action;
- Opportunity to complete a career exploration process

GUARANTEED JOB INTERVIEW

Meet local employers during the program and participation guarantees you at least one interview at the end of the program!

FOR MORE INFORMATION CONTACT THOMAS SUTHERLAND

THOMAS@AGCMAINE.ORG | 207 - 716 - 7912 | WWW.AGCMAINE.ORG

Thomas will be visiting OHTS in March for in person information sessions!



SMCC Workforce Training

EDUCATOR APPRENTICE PROGRAM

EARN WHILE YOU LEARN

as a school employee!



SOUTHERN
MAINE
COMMUNITY
COLLEGE



NO COST TO
TRAINEES!

PROGRAM STARTS AUGUST 12, 2024

INTRO TO TEACHING (EDUC 100) - One-Week Bootcamp
Monday - Friday, 8 a.m. - 4 p.m.

NOW ACCEPTING APPLICATIONS

About this program:

This 18-month program is designed for those who want to become Education Technicians II at a partner school district. This program is the first of its kind to provide this opportunity. After completing the Intro to Teaching Bootcamp, you will spend one day per week (3:15 - 6:15 p.m.) doing coursework while also receiving experiential credit working in the classroom the rest of the week!

Courses include:

- Intro to Psychology (PSYC 100)
- Oral Communication (ENGL 110)
- Foundations of Math for Teachers (MATH 115)
- Intro to Teaching (EDUC 100)
- Intro to American Education (EDUC 105)
- Culturally Responsive Teaching (EDUC 115)
- Foundations of Literacy (EDUC 220)
- Teaching Exceptional Learners (EDUC 230)
- Student Success (FIGS 100)
- Hands-on classroom experience that counts as credit

Where:

Classes will be on-site at a Gorham/Cumberland County school or municipal building.

Prerequisites:

- 18 years or older
- Resident of State of Maine
- Proof of Authorization to work in U.S.
- High School diploma, GED, or HiSet
- Desire to work in education field
- Testing may be required
- Impacted by COVID-19

Participating educational facilities and school districts:

Brunswick, Falmouth, Gorham, MaineHealth, MSAD, RSU 14, SAD 6, SAD 15, Scarborough, & South Portland

THANK YOU TO OUR PARTNERS:



Maine Jobs &
Recovery Plan

FOR MORE INFO & TO APPLY NOW

email workforceregistration@smccME.edu or call **207-741-5595**

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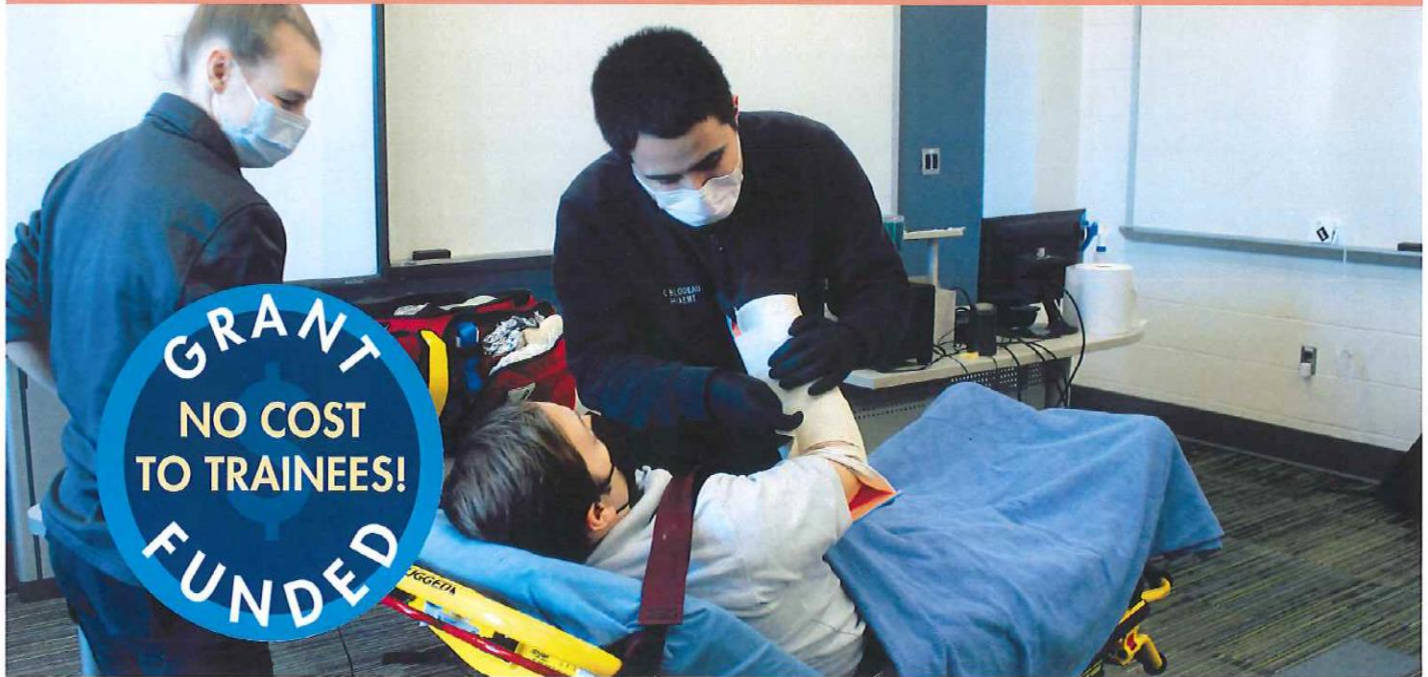
SMCC Workforce Training

EMT TRAINING ACADEMY

Emergency Medical Technician



SOUTHERN
MAINE
COMMUNITY
COLLEGE



? ABOUT THIS PROGRAM

Gain the knowledge and skills necessary to provide basic emergency medical care and transportation through lecture, practical labs, and clinical experience! Upon successful course completion, students are eligible to take the National Registry of Emergency Medical Technicians (NREMT) certification exams, at the EMT level.



WHEN

**INQUIRE ABOUT
NEXT SESSION!**



WHERE

**Southern Maine
Community College**
South Portland Campus

PREREQUISITES

- At least 18 years of age
- High School diploma, GED or HiSet
- Resident of Maine
- Proof of authorization to work in the U.S.
- Affected by the pandemic
- Testing may be required

SUPPORTED BY:

The Maine Jobs & Recovery Plan



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

GET STARTED NOW!

email workforceregistration@smccME.edu or call **207-741-5955**

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Join our Prevention Council
for an upcoming

PROTECTIVE FACTORS TRAINING

Join us to learn about the **Protective Factors** from the Center for the Study of Social Policy:

- **Parental Resilience**
- **Social Connections**
- **Knowledge of Parenting and Child Development**
- **Concrete Support in Times of Need**
- **Social and Emotional Competence of Children**

Strengthening Maine families through the Protective Factors is supported by The Maine Children's Trust and the National Alliance of Children's Trust and Prevention.



**We invite everyone in the
community to join us!**

This course is offered to community members and providers. When we help strengthen Protective Factors for ourselves and for our neighbors, we help to strengthen families and to ensure kids in our community grow up healthy and safe!

Please contact Melissa to schedule a class!
207-240-2990 or mrobinson@community-concepts.org

Visit us online at www.ccimaine.org.

Community Concepts is an equal opportunity provider and employer.

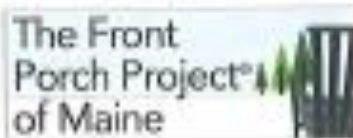




FRONT PORCH PROJECT® TRAINING

- **Explore** how to build relationships by connecting with others in times of need or stress
- **Foster** the idea that it's okay to ask for and receive help in times of stress
- **Learn** how to be most helpful to other caregivers without harm
- **Empower** yourself to feel confident in offering support

The Front Porch Project
is supported by:



The Front Porch Project is a community initiative based on the belief that everyone can - and should - become more aware of how to help support children and families in their community.

We invite everyone in the community to join us!



COMMUNITY CONCEPTS

To Schedule a training please connect with Melissa
207-240-2990 or mrobinson@community-concepts.org

Visit us online at www.ccimaine.org.

Community Concepts is an equal opportunity provider and employer.

PENOBSCOT JOB CORPS CENTER

1375 UNION STREET
BANGOR, MAINE 04401
(207) 561-8625



CAREERS
BEGIN HERE



275
Students



46-ACRE
Urban Campus



NEAR
University of Maine and
Bangor Waterfront

TRAIN for a career you're
passionate about.



**ADVANCED
MANUFACTURING**
Welding



HOSPITALITY
Culinary Arts



CONSTRUCTION
Carpentry, Pre-Apprentice*



Take it to the next level.
ADVANCED TRAINING
Advanced Culinary Arts –
Pastry
Advanced Marine Pipefitting



HEALTH CARE
Certified Nurse Assistant
Clinical Medical Assistant

*Pre-Apprenticeship programs offer students the hands-on training and education needed to qualify for apprenticeships.

LEARN new skills that
benefit your future.



Earn your **high school
diploma** or the equivalent



Take **community college
classes** while living on center



Meet with
career counselors



Participate in **work-based
learning** experiences



LORING JOB CORPS CENTER

36 MONTANA ROAD
LIMESTONE, MAINE 04750
(207) 328-4710



CAREERS
BEGIN HERE



301
Students



41-ACRE
Rural Campus



NEAR
Aroostook National
Wildlife Refuge

TRAIN for a career you're passionate about.



AUTOMOTIVE AND MACHINE REPAIR

Maintenance – Light Repair



CONSTRUCTION

Carpentry, Pre-Apprentice*
Cement Masonry,
Pre-Apprentice*
Electrical, Pre-Apprentice*
Painting, Pre-Apprentice*



HOSPITALITY

Culinary Arts



INFORMATION TECHNOLOGY

Computer Networking/CISCO –
Essentials
CISCO – Certified Network Associate



TRANSPORTATION

Heavy Truck Driving Tractor-Trailer



Take it to the next level.
ADVANCED TRAINING

Advanced CISCO Certified Network
Associate Cybersecurity Ops
Advanced Computer Systems
Administrator
Advanced Heavy Truck Driving



Elevate your IT training. Explore the Amazon Web Services re/Start certificate and gain skills in cloud-based services in 12 weeks.

*Pre-Apprenticeship programs offer students the hands-on training and education needed to qualify for apprenticeships.

LEARN new skills that benefit your future.



Earn your **high school diploma** or the equivalent



Take **community college classes** while living on center



Meet with **career counselors**



Participate in **work-based learning** experiences



ELECTRICIAN TECHNOLOGY CERTIFICATE

**FREE
11 COURSE
BUNDLE**



SPACE IS LIMITED

REGISTER TODAY

<https://cmccme.augusoft.net>

**Courses operate in an 11-course sequence
for 3-week sessions beginning**

June 24, 2024

8am-11am

Monday - Friday

In-person Central Maine Community College
1250 Turner Street Auburn, ME 04210



www.cmcc.edu/workforce • 207-755-5280 • workforcedevelopment@cmcc.edu

Central Maine Community College does not discriminate and is an equal opportunity/affirmative action employer.
For more information, please call 207-755-5396 or email humanresources@cmcc.edu.

APPLY NOW!

Shop Cabinet Maker Apprenticeship

**HAY
RUNNER**

DEVELOPED IN PARTNERSHIP WITH:
EDUCATE MAINE



1 What is it?

- Apprentices will be paid to learn on the job over the course of 6,000 hours (approximately 3 years of full-time work)
- Apprentices will receive additional training at Hay Runner and through local education providers including the Center For Furniture Craftmanship. *Instruction date/times will be arranged in advance and incorporated into the apprentice work schedule.*
- Apprentices will learn and work closely with subject matter experts and mentors to learn and perform essential job functions related to:
 - Foundations of cabinetry
 - High-end casework,
 - Millwork
 - Window and door production, and installation
 - Proper tool and material identification, application, and maintenance
 - Shop safety policies and procedures
 - Company systems will be covered.

During the course of three years, there will be opportunities to explore particular interests and support to specialize.

Fill out and submit your application to the Hayrunner Office in Rockport or send by email:
rachel.davis@hayrunner.com

2 What will you receive?

- Paid on the job training with progressive wage increase as you demonstrate mastery of skills (from \$18.00/hour to \$23.00+/hour)
- Foundational knowledge through relevant instruction
- Eligibility for employment benefits including health insurance, PTO and 401k.
- Industry-recognized, transferrable Credential of Value upon successful program completion
- Access to additional professional development and networking opportunities through Educate Maine's Maine Career Catalyst Program
- Connection to support services and financial aid towards successful completion of your apprenticeship (as needed)

3 Are you eligible?

- At least 18 years of age
- Have reliable transportation to/from work
- Capable of climbing ladders, staging, etc., stand for 8+ hours, lift 50 lbs unassisted, and maintain a full work day of active movement
- Willing to wear appropriate PPE, footwear, and clothing in line with Hay Runners handbook
- Successful candidates do not need prior related experience.
- Must be able bodied and capable of climbing ladders, staging, and standing for 8 hrs. of the day.
- Must be capable of lifting 80lbs at a time or throughout the day.
- Must have, or be able to obtain, a toolbelt

NVME June 2024 Classes (partial list)



Plan for your future with New Ventures Maine Free workshops and classes to help you reach your goals

Statewide: Online & In Person

To sign up or FMI: bit.ly/NVMEClasses or call 1-800-442-2092
newventuresmaine.org

Self-Paced, Online

Grow Your Business Online (GYBO): Gain the skills, knowledge, and confidence to create a compelling website for your small business. Work at your own pace; complete by June 30, 2024.

Online & In-Person

Matched Savings Information Session: Monday, June 3, 4:00 – 5:00 p.m. Online. The Rainy Day Savings and Family Development Account programs can help you save for a goal by matching your savings with additional funds. Learn how the programs work, ask questions, and find out if you're eligible.

Business Success – Your Marketing Strategy: Tuesday, June 4, 12:00 – 1:00 p.m. Online. This workshop walks you through the business marketing strategy--mission statement, customer, market research, branding, selling and pricing. Our goal is to give you a framework so that you can create your own marketing strategy for your business.

Business Success – Pricing Strategies: Thursday, June 6, 12:00 – 1:00 p.m. Online. Learning how to price your products and services is critical for your success. In this interactive workshop, we will explore different pricing strategies to help you develop the best methods for your business.

Business Success – Bookkeeping Solutions: Tuesday, June 11, 12:00 – 1:00 p.m. Online. This workshop will help you understand the logic and basics of keeping accurate financial records. We will introduce and explain each of the financial statements you can use to evaluate the health of your business and plan for future growth.

Job Search Workshops: Tuesdays, June 11, June 18, June 25; 6:00 – 7:00 p.m. Online. Ready for a new job or a career change? Join us for one, two, or all three workshops. June 11: *Job Search Strategies*; June 18: *Resume Strategies*; June 25: *Interview Strategies*.

Business Success – Projecting Cash Flow: Thursday, June 13, 12:00 – 1:00 p.m. Online. Understanding how cash flows in and out of your business is critical for your success. In this interactive workshop, we will explore how to develop income and expense estimates. An Excel template will be provided to create your own cash flow projections.

Exploring Self-Employment: Tuesday, June 25, 4:00 – 5:00 p.m. Online. This one-hour workshop covers the pros and cons of owning your own business, the steps needed for start-up, the major elements of a business plan, and the many resources available to help you succeed.

NOTE: Venturing Forth: Business Planning for Entrepreneurs will be held online this fall! View our class schedule for details on this 60-hour class and apply before August 27!

New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution. FMI: newventuresmaine.org