

THE BOWDOINHAM NEWS

Volume 15, Issue 4

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July & August 2017

BUSINESS SPOTLIGHT

Bowdoinham Farms

By Wendy Rose

owdoinham has a wealth of farms

Jupiter Farm Luke MacFadyen

Luke has lived in many towns throughout Maine, but says that in Bowdoinham he has found a wonderful feeling of community. "This town is so welcoming to people, it is fun to live here." He enjoys contributing to various

community efforts, especially the Food Pantry and Farmer's Market. As he has developed the potential of his farm on the White Road, he has been able to contribute fresh produce and other products to both of these activities.

Luke's path to Bowdoinham included owning a café on Munjoy Hill in Portland, participating in craft markets, getting his "food safe manager" certificate, working in a cafeteria, and establishing a weaving business that provides woven samples to mills. All of the skills he developed through these activities helped him to establish Jupiter Farm when he moved here about 6 years ago. His farm now has a variety of berries-blueberries, raspberries, blackberries and elderberries--chickens that provide eggs, and hay for local farmers. The gleanings from his and other farms provide important fresh produce for the Bowdoinham Food Pantry. He is maintaining the barns that came with the farm and hopes they will be a resource for entrepreneurial activity. He is especially happy that his sister owns the land next to his so they can combine their farming efforts.

The major contribution Luke makes to the Farmer's Market is his delicious array of home-baked goods. His home kitchen is now certified by the State

of Maine, so he is able to



produce cakes,

pies, cookies, and other treats. He is hoping to add sweet buns at his booth this summer. His sister contributes to his booth with her artfully designed T-shirts and tea towels. "I love the space on the waterfront for the Farmer's Market," Luke says. "This year we have 5 venders, and we would love to see 10." Luke especially likes being on the waterfront through the summer. The parking is very convenient, and the park provides a place for children to play while their parents shop at the market. "The market is at the heart and center of the town," he adds.

"I really feel like I'm part of the wheels that are turning to keep the village vital," Luke says. "I want to believe that there's room for all of us to have a productive life. We're like bees—we pollinate each other and are all a part of the hive."

You can contact Luke through email at lsmjupiterfarm@gmail.com, or phone at 650-2073. He also has a business page on Facebook under Jupiter Farm.

Eagle Hill Farm

Sally Hildreth

When Sally first moved back to her home state of Maine 14 years ago, she had no idea that her farm would eventually become the site of a business enterprise. Her first priority was to build a home for her family and a modern barn for her 4 horses. Now, all these years later, the farm hosts a large indoor riding ring, a second barn for horses with a second story multi-purpose room, a building with a large function room, and a multitude of animals (7 horses, a donkey, a sheep, and goats). Her day job as an independent consultant in the software industry has enabled her to realize her vision for her property and animals. The stage was set for a new direction.

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Bowdoinham Farms

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This turn happened a year ago when Sally's neighbor, Margot Frost, told her about Equine Assisted Psychotherapy and all the ways in which horses can bring not only therapeutic help to individuals but also help facilitate workshops for organizations and companies who wish to improve their business environment. Both women have now attended training sessions and have attained Equine Assisted Psychotherapy training certificates. Their work in this method has led to the startup of their new company, Healing Hooves LLC. They hope to provide services to psychotherapists who wish to bring clients to the farm and use their method for helping the clients to experience insight and healing. They are also developing workshops for organizations and companies who want to develop better teamwork among staff, look at any roadblock the organization is facing, or tackle a particular issue. "This method also works very well with veterans," Margot says. "There's something about interacting with the horses that helps veterans to face their challenges."

It is important to note that the sessions do not include riding on the horses. Instead, the horses are a part of various exercises and tasks that the participants

perform. A good demonstration of this can be seen on the website, www.eagala. org. By setting up ways for the horses and clients to interact, the trainers and health professionals are able to help the clients "learn by doing."

Sally and Margot are hosting an Equine Assisted Psychotherapy demonstration and pot luck lunch at the farm on July 9 from 10 a.m. to 3 p.m. so that individuals can see how this method works. Two advanced trainers, Jimmy Downes and Ellen Conaghey, will be on hand to answer questions and provide examples of the exercises that are used. Please contact Margot (see below) if you are interested in attending.

"Horses can change people's lives," Margot says. "They help people to move forward." "We are looking forward to seeing what develops with this new enterprise," adds Sally.

You can contact Sally at sally_hildreth@hotmail.com or 671-5456 and Margot at margot56@mac.com or 978-337-8080.

Have you heard of the Town's Tax Club?

By William Post, Town Manager

he Town of Bowdoinham offers a "Tax Club Plan" that allows property owners to pay their annual property tax bill in monthly installments without incurring interest. This plan was first authorized by a vote at the annual town meeting in June 2014 and was reauthorized at Town Meeting on June 14, 2017.

To be eligible to participate in this plan, the property owner must be current with their property taxes, must enroll no later than July 31, 2017 and must abide by the requirements of the plan. Automatic electronic payments are not offered under this plan, but property owners can schedule payments online through the Town's online payment system. For more information on the 2018 Tax Club Plan, please contact the Town Office at 666-5531, or email the Town Manager at wpost@bowdoinham.com.

This is an easier way to pay your property taxes in smaller monthly payments without incurring any interest. We are pleased to be able to offer this payment option to our residents.

NOMINATION PAPERS

Nomination papers will be available at the Town Office on Monday, August 14, 2017 for the following positions:

2 (two) Select Board Members, Assessors and Overseers of the Poor for a 3 (three year) term.

Papers are to be picked up at the Town Office and are to be returned by Monday, September 25, 2017 at 4:00pm.

Pamela Ross Town Clerk



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Seeking Nominations for Citizen of the Year Award

By William Post, Town Manager

he Town is currently seeking nominations for Citizen of the Year. This award is presented to the selected nominee at the annual Celebrate Bowdo-inham event in September.

The criteria for this award are as follows:

- The Citizen of the Year award recipient shall be an outstanding individual recognized for their impact on the lives of Bowdoinham citizens, a special individual who shows dedication and spirit beyond what is considered regular duty.
- The following characteristics will be considered: present activities, previous activities, charitable/philanthropic efforts, improvement in the quality of life for Bowdoinham residents, and commitment to the community.

If you would like to nominate someone to receive this award, please contact the Town Manager at 666-5531 or by email at wpost@bowdoinham.com. All nominations will be confidential and will be reviewed by a committee appointed by the Select Board. The committee will then forward a recommendation to the Select Board in August.

Spirit of America Award

By William Post, Town Manager

he Bowdoinham Select Board recognized Albert Stehle with the Spirit of America Foundation Award before the start of the Town Meeting on June 14th.

Select Board Chair Peter (Tony) Lewis said "Albert is known in town as someone with a deep caring for the community and a keen interest in preserving its history. He has provided his expertise on cemetery repair and restoration over the past several years, and spear-headed efforts to clean-up and restore cemeteries in Town. He is also a very active member of the Cemetery Advisory Committee that is diligently working toward finding, cataloging, repairing and restoring the cemeteries in Town for former, current and future Bowdoinham residents."

Because of these acts of community service, Albert Stehle was recognized for the outstanding achievements and honors he has brought upon this community with the 2017 Bowdoinham Spirit of America Foundation Tribute.

Annual Town Report Dedication

By William Post, Town Manager

usann Uhle, Suzie to most, was committed to serving Bowdoinham since moving here in the late 1970's. She was a tremendous supporter of public safety in Bowdoinham since her arrival. Her organizational skills and outgoing personality made her well suited for her many roles.

Suzie was a member of the Bowdoin-ham Fire Department Ladies Auxiliary, eventually taking over as president. In addition to support at fire scenes, the auxiliary raised funds to directly support the Fire Department. Over the years with Suzie's help, the auxiliary has donated tens of thousands of dollars to the town through the Fire Department to help with purchasing of protective gear, equipment, and apparatus.

In the early 1980's Suzie, along with a small group of townspeople, developed Bowdoinham's first First Responder program. She trained as a first responder to provide comfort and support until Topsham EMS arrived. The program has gone through several changes since then, but the ultimate result is our current group of Emergency Medical Technicians responding to hundreds of calls a year as a part of the Fire & Rescue Department.

In 1994, Suzie again stepped up and took over the role of dispatcher for the Fire Department. The dispatch office became her domain and she performed her job like no other. Due to many late night calls, pajamas and curlers seemed to be her preferred uniform and she wore them with pride. Every firefighter in Bowdoinham knew exactly when Sue had arrived. The unmistakable voice announcing "Bowdoinham base Sagadahoc, radio is manned" continues to ring throughout the station to this day.

Suzie's passing has left a void, but all that knew her can smile fondly at her memory and know that she did make a difference for everybody in Bowdoinham.



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Open Farm Day

By Nicole Briand

oin us on Sunday, July 23rd for Bowdoinham's 6th Annual Open Farm Day & Art Trail. The day will begin with farm tours at: Campo di Fiori, Apple Creek Farm, Gruff Acres Farm, Blue Bell Farm, Stonecipher Farm, Fairwinds Farm, Six River Farm, Havenridge Farm, Left Field Farm. East of Eden Flower Farm, Eagle Hill Farm and Harvest Tide Organics. So come explore our local farms and see how our food is made! And because Bowdoinham is a "Very Crafty Town" we'll have Catmint Garden & Gallery, Swan Island Restoration, Morphee Creations, Watersong Music, Melissa M. Fiori, Debbie Spaulding, Diana Mosher, Starrocks, Jane Page-Conway Fine Art Photography, Lobster Buoy Birdhouses, Bill Stanton and Merrymeeting Arts Center joining us with an Art Trail. Bowdoinham Historical Society will also have both the Jellerson School and Meeting House open for tours.

Then at 3pm the celebration will continue at Mailly Waterfront Park for a barbeque featuring fresh foods from local farms and live music by the Intergalactic Yurt Band. The Intergalactic Yurt Band is a collective of artists, misfits, craftsmen and dreamers drawn together by love of music from the deep well of Americana, certified organic music.

The Barbeque will be catered by The Texas Barbeque Company with members of Village Lodge # 26 AF & AM the local Masonic Lodge in Bowdoinham. Bowdoinham Historical Society will also be joining the barbeque with their famous strawberry shortcake.

Menu (Items subject to change)

Pulled Chicken
Pulled Pork
Potato Salad
Baked Beans
Coleslaw
Corn Bread
Strawberry Shortcake

Cost

\$12 - Adult

\$8 - Kid/Senior (smaller serving)

\$4 - Strawberry Shortcake

Fresh, Local Ingredients provided by:

Pulled Chicken
-Apple Creek Farm

Pulled Pork

-L & P Bisson and Sons Meat Market

Potato Salad

-Six River Farm & Apple Creek Farm

Baked Beans

-Fairwinds Farm

Coleslaw

-Harvest Tide Organics

Corn Bread

-Fairwinds Farm & Apple Creek Farm

Strawberry Shortcake

-Fairwinds Farm

Explore Merrymeeting Bay Bike Ride

Merrymeeting Trailblazers is sponsoring the Explore Merrymeeting Bay Bike Tour, visiting the farms and exploring the scenes of Open Farm Day. The ride will include three led bike ride options for a range of abilities and interests. All three led rides will leave from Mailly Waterfront Park. Brunswick Topsham Land Trust, Kennebec Estuary Land Trust, and Merrymeeting Wheelers will be supporting the rides.

10:00am - 35 mile ride through Bowdoinham, Richmond, and Topsham with short stops at farms on the route. This ride is best for intermediate or advanced riders.

10:30am - 24 mile ride through Bowdoinham and Richmond with stops to explore farms along the way. This is a good for beginner or intermediate riders.

11:00am - 8.2 mile ride along Pork Point Road. This is one of the richest farming areas in Bowdoinham, so there are many farms to explore along this route. This ride is good for kids.

Skatepark Project Update

By Nicole Briand

owdoinham's Skatepark is finally under construction! And with a little cooperation from mother nature, it will be completed this summer. Thank you to all the volunteers and sponsors for bringing this project to fruition!!!









2017 Spring Skate Elective

Boston Post Cane

By Tony Lewis

n Friday, June 2, 2017, Chester "Bing" Dean was the center of attention at the Town Landing Place. In 1909, the publisher of the Boston Post gave 700 towns in New England a cane to be presented to the oldest citizen in the town. Chester, at 97 years old, is Bowdoinham's oldest citizen. As is customary, Town Clerk, Pam



Ross, and Select Board Chair, Tony Lewis, presented Chester with a replica of the Boston Post Cane which was hand carved by local artisan and resident, Paul Baines. Tony Lewis read the proclamation on the plaque that was presented to Chester and gave him a lapel pin with the Boston Post Cane inscription.

The original gold headed Boston Post Cane is on display at the Bowdoinham Town Office. Chester's picture will be proudly displayed in the Bowdoinham Town Office next to the Boston Post Cane. Bowdoinham is fortunate to have their original Boston Post cane, sadly through time, many towns have lost theirs.

News from the Community School

By Chris Lajoie, Principal

was disheartened listening to a recent interview with novelist John Grisham on NPR. In it he claimed, "I think the numbers show that ... the average American reads less every year ... Young people are reading fewer books." Mr. Grisham's assertion – at least in my experience at the Bowdoinham Community School, is opposite the truth. Our school is a community of voracious readers!

How do we help kids read more and more, and more and more successfully? We work intentionally to help students build reading habits that include building stamina for reading and writing, reading across genres, and learning how to think deeply and talk confidently about what we read. Here are a few of our students' favorite titles, which show the type and level of reading most of our students are doing as we break for summer vacation:

Kindergarten Go, Dog, Go!, by P.D. Eastman

Grade One Henry and Mudge series, by Cynthia Rylant

Grade Two Magic Tree House series, by Mary Pope Osborne

Grade Three Encyclopedia Brown series, by Donald J. Sobol

Grade Four The One and Only Ivan, by Katherine Applegate

Grade Five Harry Potter series, by J.K. Rowling

We saw many examples of vibrant reading lives this year. Students in grades four and five took the 40 Book Challenge this year, reading forty books - mostly novels - independently from September to June. (That is in addition to book club books and read alouds that are done in class as a part of Reading and Writing Workshop.) On Step Up Day, students spent some time book shopping in their classroom libraries, preparing the books they will start reading on Day One next school year. (Part of building a reading life is making a plan for your reading.) Our older students also took a trip to see Ms. Kate at the Bowdoinham Public Library to enter the Summer Reading Challenge. (Readers set goals for themselves.) These are just a few of the highlights from our reading community this year.

The school staff members are also avid readers. Over the summer we are sharing our summer reading with each other – both professional and for pleasure – through a Google site. A virtual book club! By modeling what it means to have a vibrant reading life, we aim to help all of our students find a lifelong love of reading and learning by the time they leave our school. What are you reading this summer?

The Chicken Run is BACK

It's back, bigger and better than ever! To kick off Celebrate Bowdo-inham weekend, join us on Friday, September 8, at 6PM for a lovely 5K jaunt that goes through the town, out into the countryside and finishes back at the school. The 1 Mile Fun Run takes place right at the Bowdoinham Community School at 5:30PM. This year you will be able to register online and view the course using a link to Google maps.

We'll have some great prizes for the fastest, and perhaps even the most leisurely among you. All proceeds from this event go directly to the school. So come have some fun at the 2017 Chicken Run and support the Bowdoinham Community School.

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News from Bowdoinham Historical Society

By Betsy Steen

n Friday, June 2nd, the Bowdoinham Historical Society invaded the Community School fourth grade for "History Friday" or BHS @ BCS. Our stations were Sewing & Mending (Nan Curtis), School in 1911 (Leslie Anderson), Knots, Ropework, and Ropemaking (Cathy Reynolds), Ice Harvesting (Julie and Jamie Rea), Daily Life (Joan Knight), Bowdoinham's Great Fires and Fire Equipment (Frank Connors and Jeremy Cluchey), Old Fashioned Games (Melody Cougot and Jen Berry) and Shipbuilding & Seafaring (Betsy Steen). Susan Chase was there to lend a hand where needed and take pictures. It was a very special day!

School Year 2016-17: Jellerson School hosted for a 1911 school day: 2nd grade classes from Bowdoinham, Bowdoin, and Topsham; 3rd graders from Durham, and 4th grades from Bowdoin-14 classes in all. Thanks to all who help with this project!! For more information, email Betsy Steen: bayviewess@comcast.net.

BHS is beginning to plan for the restoration of our 1792 fire hand tub, Phenix. We hope to make it a community endeavor. If you are interested in being a part of this project, call or email Tom DeForeest at 666-3061 or tdeforeest@ comcast.net There will be many ways to help: raise funds; bake cookies (especially chocolate) for the people working at the Carriage Shed; help with research; use your carpentry skills; and more!

Still seeking farm PHOTOS, INFOR-MATION, MEMORIES, ARTIFACTS, EQUIPMENT, to be shared, copied, or loaned. It is everyone's job to capture this information before it is lost!

All will be featured in our BHS at Bowdoinham Open Farm Day, on Sunday July 23rd. Both the Meeting House: Farming in Bowdoinham 1717-2017, a gathering of tools, photos, methods, and memories; and Jellerson School: Bowdoinham's 1910-11 'One-room' or 'Rural School' will be open to visitors.

"Bowdoinham Farm Stories from the 20th Century." Part II Sunday, August 13th at the Meeting House with the Farm Display as a backdrop, Part III early November, in the Kendall Room. Join us to tell and hear more stories about farming. Call Elaine Diaz: 666-8255

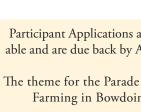
At Celebrate Bowdoinham, Saturday, September 9th, BHS will have a Farming in Bowdoinham tent. We are also hope to have a float/procession featuring old farm tools and horse drawn farm vehicles/ machinery, maybe even some early engine powered equipment. Want to help? Have something to drive/loan? email Betsy Steen bayviewess@comcast.net or call Elaine Diaz 666-8255. The overall theme of the Parade this year is Farming in Bowdoinham!!

Please remember BHS as you clean out your closets, attics, or cellars. If it's historic or an item use in an earlier time, we may want to add it to our collection. Or we could sell unneeded items at our September 16th Yard Sale to raise money for the restoration of the Phenix. Or you could sell it yourself by buying a \$15 table space!

Participant Applications are now available and are due back by August 15th.

The theme for the Parade this year is Farming in Bowdoinham!

We are once again be looking for sponsors for a fireworks show and donations for the Silent Auction, if interested please contact Nicole Briand at 666-5531 or nbriand@bowdoinham.com.



UPCOMING:

Sunday, July 23, 9am-2pm Open Farm Day and Art Trail The "Farming in Bowdoinham 1717-2017" display will be at the Meeting House and Jellerson School House will also be open. BHS will serve Strawberry Shortcake at the barbeque at Mailly Waterfront Park to raise money for the restoration of the Phenix.

Sunday, August 13 Farm Stories, Part 2 at the Meeting House with "Farming in Bowdoinham 1717-2017" as a backdrop.

Saturday, Sept. 9 Celebrate Bowdoinham BHS will have a float on farming and BHS's tent will have more Farming Facts, Tools, & Memories.

Saturday, Sept. 16 BHS's 6th Annual Super Yard Sale: Donate items to BHS or buy a table space for vourself (\$15)

Sunday, October 22, John Bunker, apple expert and historian, will join us at the Meeting House for a program on heritage apples.

For more information or the help out, call Elaine Diaz at 666-8255 or email Betsy Steen at bayviewess@comcast.net.

Contact BHS

Mail:

PO Box 101, Bowdoinham

info@bowdoinhamhistoricalsociety.org

www.bowdoinhamhistoricalsociety.org

Facebook:

www.facebook.com/thebowdoinhamhistoricalsociety

Office Hours:

in the Lancaster-Bishop Archive & Research Room, 13 School Street on Tuesdays, 10am-12pm & 2-5pm



Saturday, September 9th

News from Merrymeeting Arts Center

By Lee Parker

he Arts Center formally kicks off its 10th Anniversary celebration on July 23rd. An opening reception and celebration of Bryce's birthday will be held from 1-4pm. An Exhibit entitled "Whimsy and Wood" will showcase wood sculptures, carvings and creations in addition to Bryce's sculptures. Both exhibits will run through September 9th.

Toymaker to Sculptor: Bryce's Evolution (1969-2005)

In an exhibit with many pieces shown for the first time, the Merrymeeting Arts Center will trace Bryce Muir's artistic life. Starting with his first simple trucks and pull toys for family members, and pocket creatures sold as a licensed peddlar (Bryce the Toymaker) on a street corner in Provi-

dence Rhode Island, the new exhibit will detail his evolution to commissioned pieces and wooden portraits, complicated articulated figures, American heroes, and archetypal sculptures.

The forty-odd sculptures will show the wide variety of wood Bryce used and his skilled incorporation of wood grain and knots and colors and odd imperfections into his vivid figures and shapes. It will follow his creative process from roughing



Art For Everyone

out with a saw to shaping on a moving sanding disk to lengthy hand smoothing and the final application of simple mineral oil.

Merrymeeting Arts Center is open on Saturdays from 10am-1pm and Sundays from 1-4pm from June 10-September 9. To schedule a visit for other times call 504-1132 and leave a message.

Merrymeeting Arts Center was cre-

ated in Bryce Muir's honor and opened in September 2007. Workshops, films, special events and fundraisers are planned throughout 2017-18. The center is located in

Bowdoinham, Maine at 9 Main Street adjacent to Mailly Park and the Cathance River boat launch. For more information on the Merrymeeting Arts Center, its history and current doings, please visit www. merrymeetingartscenter.org.

Merrymeeting Arts Center's Studio Project

The Merrymeeting Arts Center's Studio

Project originally opened in the Spring of 2014 as a pottery studio with a focus on teaching beginning ceramic skills to persons of all ages and skill levels from the community and beyond. In the Summer of 2017 it will expand its focus to incorporate arts of all kind. This will include pottery, drawing, painting, collage, as well as any other interests and ideas from the community. We also hope to offer drop in art classes for preschoolers, elementary, middle school students and to the homeschool community.

The Art Studio is a fun place to be to connect with the community, local artists and cultivate your own art expression. It is also a fun place to spend Saturday mornings during fall and winter between 10am and 1pm. Friends of MAC and local artists are on hand to help those new to art and those reconnecting with skills learned long ago. A \$5 fee covers the cost of materials and tools.

Merrymeeting Arts Center encourages art, education and community celebrating the cultural heritage and natural environment of Merrymeeting Bay. Inspired and guided by the eclectic values of the life and spirit of Bryce Muir, the Center joyfully promotes egalitarianism, whimsy, environmental consciousness, and diversity through its artists, programs and projects.

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News from the Cemetery Committee

By Tony Lewis

he Bowdoinham Cemetery Advisory Committee has been hard at work collecting information regarding cemeteries in town. We have identified cemeteries where we will perform repairs beginning this Spring and through the Summer. If you have ever wanted to learn how to clean or repair headstones, this is a perfect opportunity for you to get involved. On May 18, 19 and 20 the Committee, along with help from volunteers, performed cleanup and reset stones in the Maxwell Cemetery on Carding Machine Road. What was once an unidentifiable cemetery is now mostly restored back to it's original state with stones upright and clear grounds for visitors to walk through.

We are planning a clean-up on June 17th and another three days of cemetery repairs on July 13, 14 and 15. We will again be conducting hands-on training where you will learn the proper technique to clean headstones, make repairs and reset stone to proper placement. This will be an interactive training where you get to immediately apply what you learn! If you like helping preserve the history of Bowdoinham, are interested in cemeteries or are just looking for a way to get involved in your community, let us know. To volunteer with the Committee, please contact Elaine Diaz by phone at 666-8255 or Tony Lewis by email at tlewis@ bowdoinham.com. Regularly scheduled Committee meetings are held the first Monday of every month at 4:00PM in the Graduate Room of the Coombs School Building.

Trash Tags

Trash tags are available for purchase at the Town Office, Recycling Barn, Town Landing Resturant and Cote's Bowdoinham Hardware.

Please contact the Recycling Barn at 666-3228 with questions.

News from the Food Pantry

By Linda Jariz

elcome to the summer growing season! This is the time of year where we get fresh produce in from the local farms and home gardeners. And that is a huge benefit for all the people using the food pantry. Many thanks to all of you who donate! One of the growing projects in the Midcoast area is the practice of "gleaning". This simply means that volunteers harvest leftover produce from farms. Sometimes the gleaned product may not look the prettiest but the taste and nutrition are exactly the same. It is another way to offer fresh vegetables and fruits to people who may not easily afford them at the area markets.

We also thank the Bowdoinham Post Office and residents for the Mothers' Day Food Drive. The Bowdoinham Food Pantry received approximately 500 lbs of food from that effort. Thank you all! Even though the Food Pantry is an all-volunteer effort, there are requirements that help assure safety of the donated food, including appropriate storage, handling, expiration dates, etc. The Food Security Coalition of Midcoast Maine (of which we are a member) recently offered

training and certification. Luke MacFadyen successfully completed this training and is certified. Luke, in addition to being a member of the Board of Directors, trains new volunteers and food safety is an on-going part of that training. Congratulations, Luke!

Royal River Natural Foods of Freeport is an on-going supporter of the Food Pantry. This store routinely contributes milk, meat and other food to our efforts. We thank this business for so generously sharing to help address hunger in our community.

The Bowdoinham Food Pantry 's annual meeting with Board members and volunteers happened on May 31st. This marks the beginning of the Food Pantry's 5th year of operation. And none of this would happen without the help of very dedicated volunteers, many of whom fill multiple roles to make the Food Pantry possible. Thank you to all the volunteers! Please remember that the Food Pantry is always happy to help out people who are home-bound or otherwise can't get to the pantry and are in need of supplemental food. If you or someone you know could benefit from this, please call us at 751-7779 to see how we may help. We want to hear from you.



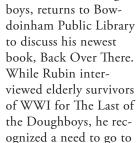
News from Bowdoinham Public Library

By Kate Cutko

he Summer Reading Program is in full swing. Kids of all ages will find something fun on Tuesday mornings at 10am all summer long. Please help our students to avoid the "summer slide". No, it isn't a piece of playground equipment, it is what happens to a students' measured reading performance over the summer break if they DON'T keep reading. The summer reading program aids students by offering incentives for reading at home. From Fairwinds strawberries to drawstring backpacks, we reward kids for their time spent reading. A few highlights-Lego building challenge, "Break Out" puzzle solving, taking a "Story Walk" along the Cathance River, woodworking projects...and more! On Tuesday July 25, we will host Melissa Kim who will read her new children's book about a Snowy Owl. She will tell us about writing this and other books for young kids. Kathleen McGee from Friends of Merrymeeting Bay will bring their taxidermy Snowy Owl and answer all our owl questions. Come in to the library for any of our free programs, or just to pick up a reading log and start earning prizes.

Adults may enjoy another author visit

on Wednesday evening, July 26. Richard Rubin, author of The Last of the Dough-



Europe, "Over There", in order to get the full story. Going to France, he discovered that, even though it has been 100 years since the battles, WWI is still very much alive for those who live among its ruins.

As the world celebrates the centennial of the "war to end all wars", come listen to Rubin's account of what he found as he followed the route of the American Expeditionary Forces, into the remains of trenches, bunkers, and underground tunnels. Listen as he tells of the continuing affection the French people hold for the United States and its people.

Those who attended Rubin's presentation of The Last of the Doughboys, know that he is an excellent storyteller. Back Over There, based on Rubin's popular New York Times series of the same name, will give you a fresh understanding of this crucial piece of world history.

Cub Scout News

By Cathy Curtis

ack 699 has participated in many events since our last update. In February we held our annual Blue and Gold Banquet. We had a Star Wars theme and Ethan Berry took home the Golden Cupcake Award for his BB-8 cake. Cakes were auctioned off to support our campership fund.

We held our Pack Pinewood Derby in March. 1st place went to Colby Bleau; 2nd place to Tyler Wescott; 3rd place to Ethan Berry; 4th place to Chase Hardee and 5th Place to Jacob Stapes. Best in Show went to George Czerwinski. Those scouts went on to compete at the district level in Auburn.

In April, 30 scouts and parents spent the night at the Mystic Aquarium in Mystic, Connecticut. We slept right by the tanks and participated in an educational program including animal classification and dissecting squids.

In May, five of our cubs earned their Arrow of Light Award. Johnathan Cooper, George Czerwinski, Aidan Fisette, Frazer Smith and Tyler Wescott.

In June, we ended our year with a campout at Camp Gustin in Sabattus where cubs earned their badges of rank. Tiger Rank: Joshua Perkins, Jacob Roughgarden, Dashel Legawiec, and Jayden Coulombe. Wolf Rank: Oliver Fourcier, Brandon Norman, Jacob Gauthier, Bradley Jasper and Simon Grenier. Bear Rank: Jacob Morrell, Chase Hardee, Jacob Staples, Jacob Perkins and Jack Young. Webelo 1 rank: Ethan Berry, Colby Bleau, Theo Fourcier, Emerson Smith and Scott Dickey. This summer, scouts are participating in Day Camp at Camp Gustin in Sabattus and/or Webelo resident camp at Camp Hinds in Raymond.

We look forward to another year of scouting events A big thank you to our adult volunteers who "help the pack go": Athena Mann, Jenifer Berry, Crystal Perkins, Chris Porter, Kate Hewitt, Sara Fourcier, Heather Magaw, Mark Wescott and all the family members who help out as well.

Boys in grades 1-5 are welcome to join, please contact Athena Mann 737-4641, amanncspack 699@yahoo.com.

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News from Advisory Committee on Aging

By Patricia Oh

e hope this finds you enjoying your summer in age-friendly Bowdoinham!

Fun this Summer

Age-Friendly Bowdoinham is looking forward to a summer of fun! For more information about any of these activities, call the town office (207-666-5531 and talk to Missy) or email the person who leads the activity.

For the Bridge enthusiasts, weekly Bridge meets in the Puzzle Room at Bowdoinham Estates on Monday mornings at 9am. FMI: Contact Martha Cushing (berryponder2947@gmail.com)

Start your Tuesday and Thursday mornings with an energizing stretch! Gentle Yoga meets at 8AM on the second floor of the Coombs Municipal Building. The class welcomes Beginners! Suggested donation is \$3-\$5/class or \$10-\$15 for four classes. FMI: Contact Lina (minjung.oh@gmail.com)

If you want a vigorous, musical workout, join George Oliver for Line Dancing! The group meets twice/month. The morning class is at 9AM at the Fire Station on the first Tuesday. The evening class meets at 6PM at the Fire Station on the third Tuesday. FMI: George Oliver (golivergo5 @gmail.com)

Summer is time for outdoors! A leaderless group of Outdoor Walkers meets at the Fire Station at 8am each Wednesday. Linda Jariz plotted three different walking paths that vary in length and intensity so you can pick the right one for you!

Bowdoinham Outdoors plans and schedules outdoor activities, primarily hikes and kayak trips during the summer months, using an email distribution list. The list will also update you if there is a change in plans. To join the email list, contact Linda Jariz (ljariz123@gmail.com).

The Coffee Café meets each Thursday from 10am-12:00pm at the Fire Station. On the first Thursday, George Oliver offers Mahjongg lessons. On the third Thursday, Laugh Craft and Learn meets so that week is perfect if you are a crafter. Each week the activities are a little different but you can always drop in for a hot cup of coffee and a visit.

There will be trips and special events planned throughout the summer. The best way to find out what is planned is to call the town office to be added to our mailing list or follow us on Facebook: https://www.facebook.com/AgeFriendlyBowdo-inham.

Volunteers Needed

The weather is great and there are lots of things to do in the summer. As a result, Rides in Neighbors Cars sometimes has trouble finding volunteers who are available to give rides to their friends and neighbors in Bowdoinham.

Do you have a few hours every month to give? Are you willing to be added to the list of people that are called when someone needs a ride? Even just a few hours a month can make the difference when the Rides Coordinator, Diana Mosher, is trying to find a ride for someone who has to go to a medical appointment or run an errand. If you are willing to provide an occasional ride, please contact Diana Mosher by phone at 837-9577 or by email: diana.mosher@gmail.com.

A Great Resource

We also want to tell you about a great resource for people who have a hard time using the phone because they have trouble hearing!

Becky Bushey is the title IV ADA Specialist working in Bowdoinham and the surrounding communities representing ClearCaptions, a federally certified provider of the Caption telephone service. She educates people and groups about the federal law and their civil right to receive a caption telephone when they have a hearing loss. Some of you may have met her at the Village Elders meeting in April.

Title IV of the American Disabilities Act established the Telecommunications Relay Service, which requires all the internet and telephone companies in the United States to pay a fraction of their fees into this fund. That is the money that pays for the free telephone equipment you can get through ClearCaptions. If you take a look at your internet or phone bill, you will see an item called the Universal Service Fee. Becky's job is to educate people about their rights to receive equipment at no cost. It is your civil right.

In order to qualify for the program, people need to meet the following requirements. The person must have some type of hearing loss, a home phone number and internet. If you qualify for this program, contact Becky at 207-650-2492.

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tidewatertreeservice@gmail.com

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Recreation News

By Lisa West

ur Bowdoinham Baseball/Softball program supported 8 teams this year from T-ball to major teams. Thank you for all the Volunteer Coaches and Umpires for supporting this program!

Thank you to all our 2017 Baseball/Softball Sponsors:

- -Lamoreau Improvements Inc.
- -Main Street Fuel
- -Drews Carpet Cleaning
- -Bowdoinham 2nd Baptist Church
- -Topsham Veterinary Wellness Center
- -Village Masonic Lodge
- -Doug Tourtelotte Excavation
- -FHC Inc.
- -Our major softball girls combined with Richmond to make the Rich-Hams!! Innovative Physical Therapy sponsored the team along with a donation from Cathance Fitness Center.

Thank you to all our local businesses and community members for supporting our athletic program with a Homerun Fence Banner:

- -Doug Tourtelotte Excavation
- -Main Street Fuel
- -Brian Smith Surveying
- -Bowdoinham 2nd Baptist Church
- -Jeff the Electrician
- -Kennebeck Builders
- -Rick Leech Masonry
- -DICK's Sporting Goods
- -Banners by Banana Banners

This year the Snack Shack coordinators were the 4th grade parents. They took this stipend position to raise funds for their upcoming 5th grade year. Thank you to the 4th grade families that put in many hours to meet the program expectation of having concessions open for each and every game! All proceeds from the snack shack go back to the baseball & softball program. We have been able to keep registration fees from increasing for several years due to the team sponsorships, homerun fence banner fundraising as well as the snack shack proceeds.

Summer Soccer for Pre-K, K & 1st grade is August 7-11th, 5:30-6:45pm and

5-8th graders is July 31-Aug 4th, 5-7pm. Forms were sent home with K, 1st & 5th graders Friday June 2nd. Also available in the Town Office, School Office & Middle School Office.

More Summer/Fall Rec Activites? I am looking for volunteers to help support Sandlot Baseball, Tennis, kickball, volleyball and/or Walk/Run Club. Please contact Lisa West 666-3504 if you are interested in helping with any summer or fall activities!!

Check out "Bowdoinham Pickleball" facebook page for their summer times on the Bowdoinham Basketball Court.

The **Recreation Wall** is inside the Bowdo-inham Town Office has current registration forms, Cathance Fitness Calendar, Topsham Recreation Summer/Fall booklet, Southern Maine Huskies Sport Camps booklet and much more.

Funtown/Splashtown Combo Tickets are available in the Town Office for \$30 each, gate price is \$39 and Aquaboggin Tickets are \$15 each.

What's Happening at the Waterfront?! L.L.Bean's Outdoor Discovery School will be conducting paddling (canoe, kayak, SUP) courses and tours here at the Mailly Waterfront Park!! They will be very mindful of our community needs and will minimize impacts to our community members and other visitors. If you are interested in signing up for any of the courses located in Bowdoinham, go to llbean.com/adventure or go to bowdoinham.com/recreation to find the "LLBean Schedule" for our waterfront park. Examples are "Canoeing Discovery Course, Intro to Canoeing, Maine Canoe and Lobster Lunch Day Tour & Maine Fall-Foliage Canoe Tours.

"Bowdoinham Recreation Dept."
Facebook page includes "Community
Connection" posts to keep you in touch
with surrounding activities & communities. Remember to look for the ACOA,
Advisory Committee on Aging calendar
in the Town Office and the town website:
http://www.bowdoinham.com/agingbowdoinham-committee

Public Works' Summer Project

By William Post, Town Manager

t the Town Meeting on June 14th, voters approved borrowing for the continued road reconstruction efforts by the Town.

This summer, Wildes Road will be reconstructed and paved. The Wildes Road project will include reconstructing approximately 1 mile of roadway from Browns Point Road to the end of the road. Reconstruction includes drainage improvements, tree trimming and removal, culvert replacement (both under the road and at driveway entrances), removing the existing pavement by grinding, excavating the road base to remove any clay or other undesirable material, removing ledge, adding gravel to the road base, and adding gravel to correct the grade and crown of the road. Then the road will be fine-graded and a 2-inch layer of pavement will be placed.

After this road project is completed, there will only be one more road that will need reconstruction: Carding Machine Road. Then the Town will be in a position to only have to resurface the pavement with a shim and overlay pavement layer at a much reduced cost.



Open Saturdays

8:30am to 12:30pm

at Mailly Waterfront Park

Visit us on Facebook!

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Community Calendar

July

2nd

Summer Concert, 6-8pm Mailly Waterfront Park

4th

Town Office Closed

9th

Summer Concert, 6-8pm Mailly Waterfront Park

16th

Summer Concert, 6-8pm Mailly Waterfront Park

22nd

Cruise-in on Cathance, 4-6:30pm Town Landing Restaurant

23rd

Open Farm Day

Summer Concert, 6-8pm Mailly Waterfront Park

30th

Summer Concert, 6-8pm Mailly Waterfront Park

August

6th

Summer Concert, 6-8pm Mailly Waterfront Park

13th

Summer Concert, 6-8pm Mailly Waterfront Park

20th

Summer Concert, 6-8pm Mailly Waterfront Park

26th

Cruise-in on Cathance, 4-6:30pm Town Landing Restaurant

27th

Summer Concert, 6-8pm Mailly Waterfront Park

Town Board & Committee Meetings

All meetings are open to the public and held in 2nd Floor Meeting Room at John C. Coombs Municipal Building.

Select Board Meetings

2nd & 4th Tuesdays of Month at 5:30pm

Planning Board

4th Thursday of Month at 7:00pm

Committee on Aging

3rd Monday of Month at 3:00pm

Town Office

Hours:

Mon, Tues, Thurs, Fri: 8:30am-4pm

Wed: 9am-6pm

Tax Assesor: Wed, 9am-5pm

General Assistance: Fri, 8:30am-4pm

Contact Information:

Phone: 666-5531 Fax: 666-5532 Website: www.bowdoinham.com

For a complete listing of events, please visit the Town's Calendar at www.bowdoinham.com/calendar.

Town of Bowdoinham 13 School Street Bowdoinham, ME 04008

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