



# THE BOWDOINHAM NEWS

Volume 14 Issue 5

www.bowdoinham.com

September & October 2016

## BUSINESS SPOTLIGHT

### Businesses Old & New

By Wendy Rose

**B**owdoinham welcomes new businesses and wishes them the success of our old businesses.

#### Helen Fox, Realtor

“A real estate agent is the resource that pulls the whole real estate contract together,” Helen Fox states. Helping customers to understand the transaction, be aware of the costs, meet the strict time frames, and navigate the process can be complicated, so having a trusted agent can make all the difference in smoothing out the rough spots. “The fun part is looking at properties, but the hard work really begins with the negotiation on the contract,” Helen points out. “This is where the expertise of an agent really comes in.”

Helen Fox has been in real estate since 1992 when she started selling commercial properties in Portland. In 2000, she founded her own firm in Bowdoinham and then in 2012 joined the Maine Real Estate Network. She is licensed in Brunswick, but operates primarily out of her home at 1365 River Road in Bowdoinham.

She enjoys helping her customers to achieve their goals. Her services include working as a buyer’s agent to find the right property—whether a single family home, condo, or land—as well as a seller’s agent to help home owners to list and sell their property. “Because I have lived in Bowdoinham since 1994, my knowledge of the local area is really helpful for my customers,” she says. She



has no set percentage that she charges but talks this over on a case by case basis with her clients.

Helen cites some recent trends as hopeful signs that the recent recession is finally easing. “The southern part of the state has been doing well in the last 6 months,” she says. “Statewide, sales are up by 9% on single family homes this year.” The strong southern sales are now rippling up to rural areas, so properties are spending a shorter time on the market. Prices are also up slightly.

Some helpful advice Helen offers includes:

- Check with your real estate agent for possible lenders since various transactions can work better with different types of lenders;
- Don’t be afraid to list your house at any time during the year. Helen has had good sales throughout the winter;
- If you are a first time home buyer and want to use Maine State Housing for your loan, be sure you fall within their guidelines and plan for the process to take longer;
- Veterans using the VA loan program should also count on a longer process, but this can be an excellent route to take since the VA will do 100% of the financing and can roll the closing costs into the purchase.

Helen also has some advice for individuals who are interested in real estate as a career choice. “Find a team or an individual who can mentor you, and have another source of income in the household until you get established,” she advises. It is wise to be prepared for the challenges such as the financial ups and downs of sales, the lack of a weekly paycheck, time management, ever changing laws, strict deadlines, and the incredible demand on one’s hours. While these challenges can be daunting, “Real estate is a very rewarding field,” she says. “I love when people find the house they are looking for.”

You can reach Helen by calling or texting her at 207-841-2497 or by emailing her at [helenfoxrealtor@gmail.com](mailto:helenfoxrealtor@gmail.com).

#### Kathy Gallant, Realtor

Educating customers about all the steps in the process of buying or selling their home is Kathy Gallant’s first goal as a realtor. Because real estate transactions have become increasingly complex, Kathy likes to fill customers in on what to expect, especially when it comes to the financial demands they will face. “Education is the key,” she states. Once the process is underway, “It is very fulfilling to guide people through all the steps,” Kathy says.

*Continued on page 2.*

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## Businesses Old & New

*Continued from page 1.*

Selling real estate was an early interest for Kathy. Her parents convinced her, however, to pursue a more conventional career path, so she started out as a paralegal and eventually ended up working at Maine Medical Center. Real estate sales continued to entice her, however, and she finally decided to take the leap and become a real estate agent in August of 2002. In her first year, she had 32 closures—an extremely high rate for a new agent. This rate has continued to grow over the years, and she is now in the top 2% of sales for agents in Maine. She currently has the full-time help of a licensed associate, Kerry Haggerty (her daughter), and together they closed 63 transactions in 2015. They handle all aspects of buying and selling and will list single family homes, land, condos, and some commercial properties.

Doing this work is clearly very demanding. “Every vacation is a working vacation,” Kathy says. She feels she needs to be available to her customers at any time since things can develop rapidly “People are counting on me,” she says. To balance these demands, Kathy sets aside time to be with her grandson on Mondays and uses her precious free time for her favorite hobbies—knitting and gardening.

Kathy is happy to see that the housing



market is emerging from one of its worst downturns, and there is clear evidence that things are returning to pre-recession levels. For instance, she is seeing multiple offers for a property, and she has had some houses selling for more than their

asking price. Because of this increased activity, “It’s important to be the first one with an offer now,” she advises.

Agents from Portland are bringing their customers up as far as the Bowdoinham area since the Portland market is so saturated. With as many as 1500 jobs starting at the Brunswick Landing facility within the next couple of years, there will be additional pressure on nearby housing stock in this area. The current “seller’s market” will only increase, in her opinion.

There are a number of things Kathy suggests for folks who are selling their home. “Curb appeal is really important,” she says. A home needs to look clean and tidy so taking care of deferred maintenance is critical. A fresh coat of paint and de-cluttering can also help. Major renovations such as a kitchen or bath aren’t always the best strategy since the new

owner might have completely different tastes. Sellers also need to be prepared for the possible expense of repairs if a home inspection (paid for by the buyer) turns up hidden costs such as a disintegrating sewer line or septic system. Her other suggestion is to feel free to list a home at any time since sales happen throughout the year.

You can reach Kathy at her office at ReMax Riverside in the Bowdoin Mill in Topsham, by calling her at 207-841-7569 or by emailing her at kgallant@remax.net.

## Village Guest Suite

When the housing market slowed down in 2009, and 2010, Kathy Gallant and her husband, Scott, had the time to address this need and created a guest suite in their home. Located at 15 School Street, the suite is on the second floor and includes a bedroom with a queen sized bed, a large bath, a living room with kitchenette, and wi-fi and cable services. It is a lovely space looking out towards the Cathance River, and the extensive gardens surrounding the property. Kathy reports that they are very busy during the summer season and have steady business throughout the year. The rate for two adults per night is \$100 (this doesn’t include breakfast). For reservations, you can call Kathy at 841-7569, or email [villagesuite@comcast.net](mailto:villagesuite@comcast.net).



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## Paul Robert Auto Body

Paul Robert

Paul Robert has been following in his family's tradition of auto body repair since he was a senior in high school. His father's business on the Bay Road was his training ground. His dad was his first instructor, and he would have Paul tape up a car to prepare it for a paint job. In addition, his older brother, Dave, trained Paul to do professional-level sanding so cars would have a perfectly smooth surface for paint application. To expand on both of these skills, he took courses in small engines and masonry at school.

After Paul's brother, Shawn, took over the family business, Paul worked with him for a number of years. In May, 2014, Shawn encouraged Paul to establish his own auto body repair and painting business right next door. For the last 2 years, Paul has been building his client base, expanding his services, and creating an efficient work space. This year he has become increasingly busy with customers.

Interestingly, Paul not only tackles collision repair work but also a number of jobs that people would not think is typically handled by his kind of shop. He does work on radiators, air conditioners and condensers, stuck windows or doors, and minor damage. He has experience with welding frames as well as fabrication. Buffing headlights so that the lights can shine more clearly through the covering is also one of his services. His prices on these jobs are often less than the typi-



cal repair shop. For jobs that cost over \$1,000, he will work with the customer to save them some money on the insurance deductible. "I try to be as helpful as possible on the costs," Paul states.

Since many of his projects depend on payment from a car insurance company, Paul is grateful to have the help of Heather, his wife, who handles all the paperwork, dealing with the insurance companies, and developing estimates. "Heather really knows the ropes since she worked for an insurance company in the past," Paul says. Heather points out that although an insurance company may refer an accident victim to the company's preferred shop, a customer can always go to their own choice of shop for the needed repairs.

In the future, Paul would like to expand his garage facility and have an office area, a new paint room, and an integrated heating system. As it expands, Paul would like to consider bringing on one or two workers.

You can find Paul at his shop at 539 Bay Road. His phone number is 207-373-0867 and his email is paulrobertauto-body@yahoo.com.

After many years in the business, Paul is proud of the excellent reputation he has established. He makes a point of offering an excellent service at a reasonable price.

## Big Brothers Big Sisters

By Lindsey Reed

**B**ig Brothers Big Sisters of Bath Brunswick provides children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever. They provide Community, School and Site-Based Mentoring Programs to approximately 250 youth each year in Brunswick and Harpswell, and all of Sagadahoc County.

Mentors are needed now for their School-Based Programs which match volunteers (Bigs) and children (Littles) in a friendship for at-least one school year. Matches spend one hour a week at the child's school sharing lunch, conversation, games and fun activities. Many Littles have said that their favorite time of the week is the time that they get to share with their Big. It's an experience that is valued and enjoyed by both Bigs and Littles and has a meaningful impact! There are openings for volunteers at all schools where BBBS serves, but more specifically there is an immediate need for mentors at Bowdoin Central School (grades K-5), Woodside Elementary (grades K-5) in Topsham, and at both Dike Newell Elementary (grades K-2) and Fisher Mitchell Elementary (grades 3-5) in Bath.

For more information on how to start something amazing with a child this fall, please contact our Program Staff at 729-7736 x3, e-mail school@bbbsbathbrunswick.org or visit our website at www.bbbsbathbrunswick.org.

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## SCHEDULE OF EVENTS

### Friday, September 9<sup>th</sup>

7:00pm Movie Night  
at Merrymeeting Arts Center

*"Merrymeeting Monologues"* original play by Stephen Legawiec filmed by Mark Ireland. Funded by a grant from the Maine Humanities Council for "Hallowed Ground, Forgotten Voices Project"

*"Growing Up Bowdoinham"* by Jeff Fischer, Third Chapter Films

### Saturday, September 10<sup>th</sup>

8:00am: Celebrate Bike Rides  
at Recreation Fields  
Registration 7:00-7:45am

10:00am: Parade  
Route: Fire Station (Post Rd) to Main St; down Main St to River Rd; then River Rd to Ridge Rd to Cemetery Rd to Center St; back to Fire Station

11:30am: Coin Scramble

12:00pm: Karate Demonstrations  
by *Shotokan Karate*

12:30pm: Citizen of Year Award

1:30pm: Lobster Crate Races

3:30pm: KenDucky Derby Race

8:30pm: FIREWORKS!

## ACTIVITIES

(SATURDAY)

10am-4pm: Bowdoinham's Best  
at Merrymeeting Grange

11am-3pm: Silent Auction

11am-4pm: Kids Activities  
Bouncy House, Obstacle Course, Rock Wall Slide, Bungee Run & Disco Dome (\$5 Hand Stamp)  
Games (\$1/game)  
Facepainting & Balloon Twisting  
Jay the Strolling Magician  
Kids "Art Tent" sponsored by Merrymeeting Arts Center

11am-4pm: Dunk Tank  
\$2 per Ball or \$5 for 3 Balls

11am-4pm: Open Skate

11am-4pm: Kayaking Tours  
\$5 per person

11am-4pm: Library Used Book Sale  
\$1 Hardcover, \$.50 Paperback  
\$5 Potted Mums

11am-4pm: Bowdoinham Historical Society's Cemeteries Exhibit

11am-4pm: Hallowed Ground, Forgotten Voices Exhibit  
at Merrymeeting Arts Center

11am-4pm: Pottery Project Open House  
at Pottery Studio

11am-6pm: Petting Zoo

4-7pm: Facepainting & Balloon Twisting  
Sponsored by  
*Five County Credit Union*

## Celebrate Bike Ride

Register at the Recreation Fields, 7:00-7:45am. \$10 and free for kids 16 and under. We have two route options; a 10 mile and a 20 mile route. Both routes start & end at the Recreation Fields. *All proceeds to support the Bowdoinham Recreation Department!*

## Bowdoinham's Best

Bring your entries Friday, Sept. 9<sup>th</sup> 9-6pm to the Grange Hall: Kids Arts & Crafts, Kid-grown Vegetables, Recycled Creations, Bowdoinham-Grown Fruits & Vegetables, Flowers & Floral Designs, Canned Goods and this year's special theme is "all the colors of Bowdoinham". For more information, please contact Adelaida at 522-1880 or adelaidagaviria@gmail.com

## Bowdoinham's Best Pie Contest

Bring your pie, single or double crust any kind you want, to the Grange on Friday afternoon between 4:00 and 6:30pm. Judging starts at 7pm. If you can't meet that schedule, contact Susan Brown at 837-0401 to make other arrangements. Please provide your recipe when you bring your pie. First place, \$50, second place, \$25, 3rd place, \$10. Pie will be sold by the slice on Saturday during Celebrate Bowdoinham. Proceeds go to the Bowdoinham Food Pantry.

For more information, please contact Susan at 666-8162 or Brown\_531@my-fairpoint.net.

## Kayaking Tours

The Town will be offering guided kayak tours for all ages and experience levels! It will be \$5 per person, children must be accompanied by an adult. Tickets will be available at the Town Tent at Celebrate.

**For more information, please visit us  
on Facebook or  
[www.bowdoinham.com/celebrate-bowdoinham](http://www.bowdoinham.com/celebrate-bowdoinham)**

## News from Merrymeeting Arts Center

By Peggy Muir

The summer long project of the Merrymeeting Arts Center opened in June with an art exhibit and a wonderful original play, "Merrymeeting Monologues" (Forgotten Voices) on June 18. The play, written by Stephen Legawiec, was based on research done last fall by Mount Ararat English students. The play was a wonderful success and drew a crowd of 68 individuals to the Brown's Point Cemetery where it was staged. Mark Ireland filmed the play and it will be shown as part of Celebrate Bowdoinham on Friday night, September 9th. Please check our website [www.merrymeetingartscenter.org](http://www.merrymeetingartscenter.org) for details of time and place.

The art exhibit, "Hallowed Ground, Forgotten Voices: Cemeteries and Memorials", opened on Friday, June 17<sup>th</sup> and will run through Celebrate Bowdoinham in September. Over 15 area artists have created works using a variety of media from photography to drawings to oil and watercolor paintings. If you haven't yet had a chance to see this exhibit be sure to stop into the Arts Center's gallery at 9 Main Street (grey building with red roof down by the river in the village) during Celebrate.

The exhibit and play was funded in part by a major grant from the Maine Humanities Council. Funds from the grant supported several talks over the summer, a tour of local cemeteries and work on the database which will be previewed in the Bowdoinham Historical Society's tent at Celebrate Bowdoinham.

The Bowdoinham Historical Society is developing maps of the cemeteries and is completing a database with information about the graves with funding through the project. Future researches and visitors to Bowdoinham will find this information invaluable.

At Celebrate Bowdoinham, on September 10<sup>th</sup>, there will be exhibits on the project in the Bowdoinham Historical Society tent and at the Merrymeeting Arts Center.

The project is supported by a grant from the Maine Humanities Council



### Pottery Project

At the end of July we said goodbye to Rebecca Smith who ran Saturday Open Studio since it started in October of last year. It was a successful year with more than 500 people coming in to play with clay, visiting to see what was happening and joining as members. We are grateful to Rebecca for getting this project off the ground.

As always, with a change in leadership comes the chance to review lessons learned and identify new opportunities. Donna Lee has stepped in to help us over the next few months. We will be meeting with all members and those interested in joining the Pottery Project in early September and are looking forward to scheduling classes for the fall. Come on down on Saturdays from 8-2.

Currently membership fees are \$50/month for 24/7 access to the studio; \$5/drop in during Open Studio times. Drop in and see us we'd love to have you!

## Recreation News

By Lisa West

A Big Thank You goes out to Mr. Arthur Chapman from our Masons Village Lodge Handy Brigade, and Mark West and Dan Haskell for assembling three new sets of aluminum bleachers just in time for the Ararat Cup Baseball Tournament! Our old softball and baseball bleachers will find their way off the field by the end of the summer. Thank you Steve Cox for removing them and finding ways to recycle the brackets and boards.

If you have any questions, ideas or activities to add, please let me know. I will communicate events and activities through Bowdoinham Recreation Dept. on Facebook <https://www.facebook.com/Bowdoinham>.

- Pickleball on the school basketball court on Monday evenings 5-7:30pm
- Community Golfers meet at Country Fareways in Bowdoin on Thursdays at 9am and Tee off at 10:00am. The cost for one round is \$12.00 for people over 55; \$13 for people 15-54yrs. Contact Dick Rose: [dickrose@prexar.com](mailto:dickrose@prexar.com) with any questions.
- Basketball on Monday nights 7-9pm and Volleyball on Wednesday nights 7-9pm at Cathance Fitness Center Gymnasium. Free and open to the community.

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## Cub Scout News

By Cathy Curtis

**P**ack 699 has participated in many events since our last update. 29 scouts and parents spent the night at the Museum of Science, in Boston, last April. We slept in the Natural Mysteries section with a stuffed saber tooth tiger and valuable gems. The scouts were treated to a lighting show, planetarium presentation, Omni show on whales and were able to perform experiments led by museum staff. In May, three of our cubs crossed over to Boy Scouts, earning their Arrow of Light Award and have been active with our Boy Scout Troop 699: Damien Hale, Christopher Mann, and Kyle Siebert. In June, we ended our year with an ice cream social where the rest of our cubs earned their badges of rank. Tiger Rank: Oliver Forcier, Brandon Norman, Jacob Gauthier, Simon Grenier, Thomas Frasier. Wolf Rank: Jacob Morrell, Chase Hardee, Jacob Staples, Jacob Perkins and Jack Young. Bear Rank: Ethan Berry, Colby Bleau, Isaac Casoni, Theo Forcier, Lucas Pinkham, Emerson Smith, and Aiden Tremain. Webelos Rank: Johna-



than Cooper, George Czerwinski, Aidan Fisette, Frazer Smith and Tyler Wescott. This summer, scouts are participating in Day Camp at Camp Gustin in Sabattus and/or Webelos Resident camp at Camp Hinds in Raymond. We look forward to another year of scouting events where we will continue community service activities and are planning a trip to Mystic Aquarium, CT, to spend the night. A big thank you to our adult volunteers who "help the pack go": Athena Mann, Cathy Curtis, Jenifer Berry, Crystal Perkins, Chris Porter,

Kate Hewitt, Sara Forcier, Heather Magaw, Mark Wescott and all the family members who help out as well.

Please

watch for our recruiting night in mid September. The Cub Scout program is open to all boys in grades 1-5. Contact Athena Mann or Cathy Curtis for joining information: amanncspack699@yahoo.com 737-4641, curtisc@link75.org 666-8434.was just right!

## Boy Scout News

By Athena Mann

**T**he Scouts have been spending much time in the great outdoors. We are hiking a couple of times each month to get prepared for Baxter State Park trek in mid August. The Scouts will hike from South Branch Pond campground, in the northern area of Baxter State Park, through the back country trails to Russell Pond, and onto Roaring Brook campground, before ascending Mount Katahdin. Their trek will last four days. We're learning to pack light, in order to carry all the gear and food we'll need. Scouts have had opportunities to experiment with meal options, using non refrigerated food items and gained proficiency in using lightweight, backpacking stoves. There's much to consider when planning for multi-day hikes.



Earlier this summer the Troop enjoyed



canoeing and kayaking along the Androscoggin River up through Merrymeeting Bay and landed at our Town landing.

We all enjoyed

sighting some wildlife along our trip, like large snapping turtles, sturgeon, and a Canadian Goose (who allowed us to pass within arms reach). The water was low in the Bay, so we were able to walk along the sandy floor and pull our boats across some shallow areas. The water was just right!

Look for the Scouts, marching in the Celebrate Bowdoinham Parade.

If you are a boy in grades 6-12 and have an interest in the outdoors, desire to learn about new opportunities, and enjoy taking on leadership roles, please give us a call! The Boy Scout Troop meets weekly, year round. FMI contact David Mann, Scoutmaster, at dmann88napa@gmail.com or call 207-737-4641.

Jeff

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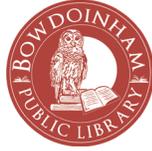
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## News from the Library

By Kate Cutko

Looking at the library's financial records for the year brought some important realizations. One was that the library continues to have a healthy budget to keep new materials coming in to our collection, including digital materials for our Overdrive holdings and print and audio books.



The other was that the library's fundraising efforts on behalf of the library have raised \$18,500 this year. That figure represents hundreds of volunteer hours and closely matches the financial support from the town. Digging plants in April, sorting used books in September, crafting things from used books in November, making wreaths in December...the hours and hours of activity on behalf of the library is truly amazing. The staff and board of the library are so grateful for all of its volunteers and for a community that supports its library in so many ways.

Do you shop online for books and other things via Amazon? If you do, we encourage you to register on smile.amazon.com and make your purchases through that platform. The products are exactly the same, and there is no extra cost to you! A few easy steps and Bowdoinham Public Library will receive a donation from Amazon reflecting a small percentage of the value of the item.

We are offering tickets to the Coastal Maine Botanical Garden at a 20% discount. Come to the library and we can print tickets that can be used anytime during the garden's 2016 season.

Thank you for making the adjustment to our new hours: Tuesday 10-2, Wednesday 2-6, Thursday 10-2, Friday 2-6, Saturday 10-2.



*\$5 Potted Mums  
available at Celebrate*

## News from Bowdoinham Historical Society

By Betsy Steen

The finale for the 2016 "Hallowed Ground, Forgotten Voices" Grant from the Maine Humanities Council. The video of the play, Merry-meeting Monologues, will be shown Friday evening 9/9/2016. The BHS tent's theme will be Bowdoinham's Cemeteries. We hope to have the cemetery database ready for exploring and the cemetery notebooks on hand. We welcome your additions of any material that would make these books richer in information or interest. We will also have activities for children as part of our Kids Touch History Initiative.

"Digging Up the Past" has now been taken down to make way for the BHS Yard Sale. We would like to put up a "Digging Up the Past - Part II" in October with different "Bowdoinham Mysteries" to dig into and solve. Do you have a Bowdoinham History Question (about a happening, a place, or an artifact) that you have researched and would be willing to share OR that you would like us to research?

BHS's theme for 2017 will be Bowdoinham Farming 1717 - 2017. We'd love YOUR input!

## Contact BHS

Mail: PO Box 101, Bowdoinham

Email:  
info@bowdoinhamhistoricalsociety.org

Facebook & Website:  
www.bowdoinhamhistoricalsociety.org

Office Hours:  
in the Lancaster-Bishop Archive & Research Room, 13 School Street  
on Tuesdays, 10am-12pm & 2-5pm

## DON'T MISS IT!!

**Saturday, Sept 17<sup>th</sup>, 9am-4pm  
at The Meeting House**

Support Bowdoinham's Historical Society, find some new treasures or make some money selling yours, and chat with your neighbors.

For more information, to sign-up for a table (\$15), or to donate items, please contact Lara Ashouwak at lashouwak1@gmail.com or 666-8161.

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## Plumbing Tip Water Heaters

All steel lined water heaters have a sacrificial anode rod to prolong the life of the heater. One sign that the anode rod has failed is a rotten egg smell in your hot water. Another is a leaking tank. Manufacturers suggest checking the anode rod on a yearly basis to prolong the life of your heater. Newer plastic and glass lined water heaters do not require an anode rod.

## Community School News

By Chris Lajoie, Principal

If you drove by the school this summer, you would have seen a lot of facilities work underway. As part of our school district's performance contract, we are the beneficiaries of HVAC improvements, including a switch to liquid propane, new boilers and instantaneous hot water heaters, and univents to improve our air quality. Lights in high-traffic areas have been switched over to LED, and new wireless internet hubs installed. A section of the roof over our "octagon" was strengthened to bear snow loads safely, and the bus loop was graded and resurfaced. A Topsham Eagle Scout, Elliot Bowie, completed work on a new storage shed. And finally, after a long time coming, our gym floor was repaired, resurfaced, and relined. A huge thanks to our Board of Directors, and Facilities Director, Chris Shaw, for their support of these improvements!

Learning opportunities have continued through the summer too. Two of our teachers, Annie Young and Kaleigh Frye, have spent Wednesday mornings in our Learning Commons lending out books to students in grades K-3 who have continued reading strong all summer. Annie and Kaleigh, along with Erin Caswell and Tricia Fletcher, also ran a Young Scientists Camp in July for incoming second and third graders, which was great fun! We also have four incoming Kindergarteners who have participated in the Kindergarten Jumpstart program, held

at Mt. Ararat Middle School, where they got a "jump start" on Kindergarten by learning their letters and sounds and working on motor and social activities. If you visited the Farmer's Market on Saturdays, you would have also seen fresh produce for sale from our school garden, as well as students selling their homemade crafts. I am excited to announce that our fourth and fifth graders will be spending a lot of time in the garden in September and October as they engage in a meaningful project-based learning unit on matter and energy in organisms and ecosystems. And if you would like to support the learning in our school garden, consider participating in the Town Landing's Cruise-In on Saturday, August 27<sup>th</sup>. Our friend, Lynn Spiro, is generously donating proceeds from all summer Cruise-Ins to the Bowdoinham school garden – thank you, Lynn!

Finally, July 30<sup>th</sup> was proclaimed Steven A. Dyer Day by the Bowdoinham Select Board. Steve was the Business Manager for MSAD 75, and also my friend. Steve would occasionally say to me with a grin on his face how, man, he wished he was a thirty-year-old Town Manager in Bowdoinham again, as he was in 1989 – that he and I would have a great time cooking up ideas together! As Business Manager, Steve cared about providing a high-quality education for all of our students. He was also a trustworthy and conscientious caretaker of the taxpayers' money. I learned a lot from Steve, and I was proud that the Town honored his memory in this way. God speed, my friend.

## Food Pantry News

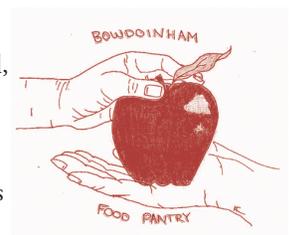
By Linda Jariz

The Food Pantry wants to make sure that every person and family who is not getting adequate and nutritious food has easy access to it. To achieve that goal, the Food Pantry continues to serve families, individual adults and children, throughout the year, every Wednesday from 3 to 6pm. The Pantry has a wide variety of food, including fresh produce as well as some personal hygiene supplies. Getting food is a very easy process. If you or someone you know could use supplemental food, please come down to the Food Pantry (located in the FHC building at the waterfront) and volunteers will be glad to assist. If you need food and cannot get to the food pantry, please call 751-7779 and volunteers will be happy to make delivery arrangements.

The Food Pantry is now also an official 501c3 organization – which means that the Internal Revenue Service recognizes the Pantry as a non-profit agency and allows donations to officially be tax deductible!

The Food Pantry will be at both Celebrate Bowdoinham on Saturday, September 10<sup>th</sup> and at the Wellness Fair (sponsored by the Advisory Committee on Aging) on Tuesday, September 20<sup>th</sup> from 9am to noon at the Fire Station. Please come by and see us. New volunteers are always welcome. There are many ways to support the Bowdoinham Food Pantry. If you have some time to help us out, please call 751-7779. We are happy to talk with you about volunteer opportunities.

Join us on Tuesday, September 20<sup>th</sup> at the Bowdoinham Community School from 5-7:30pm for some great music by Bob "The Bus Driver" White and Principal Chris Lajoie's band String Tide. Please help support the Food Pantry by bringing a canned good or money donation.



## Transportation Survey

The towns of Richmond and Bowdoinham would like your opinion about the transportation needs of our residents. Would you like a transportation system that could get you to an appointment? Take you shopping in Gardiner, Topsham or Brunswick or to visit a friend in Richmond or Bowdoinham? Take children to sports events or a group of teens to a movie at Smitty's on a Friday night? The towns of Richmond and Bowdoinham would like your thoughts. Please fill out the enclosed survey and return it to the Richmond or Bowdoinham Town office, Bowdoinham or Richmond Library, or Richmond Senior Center by Tuesday, September 27<sup>th</sup>. Don't forget to put your name and preferred contact information on the back for a chance to win one of three prizes!

## Members Needed - Comprehensive Planning Committee

By Nicole Briand

The Town's Comprehensive Plan was adopted at Town Meeting in June 2014. Now, after a two year break, it is time to reform the Comprehensive Planning Committee.

The purpose of the Comprehensive Planning Committee is to keep our Plan updated, consistent with the Growth Management Act (30-A MRSA §4312 et seq.) as established in Chapter 208 (Comprehensive Plan Review Criteria Rule) of the former State Planning Office and to assist with its implementation. The first meeting for the Comprehensive Planning Committee will be Tuesday, October 11<sup>th</sup> at 6:30pm in Kendall Meeting Room, 13 School St.

If you are interested in serving on this committee, please contact Town Manager Bill Post at 666-5531, or [wpost@bowdoinham.com](mailto:wpost@bowdoinham.com) or Nicole Briand, Planning & Development Director at [nbriand@bowdoinham.com](mailto:nbriand@bowdoinham.com). Thank you.

### Rabies Clinic

Saturday, October 22, 2016  
at Town Hall, 9-11am

The Town Office will also be open 9-11am to register your dog(s) for the 2016 year. A neutered/spayed dog license fee is \$6.00; otherwise it is \$11.00.



### Proclamation of the Select Board of the Town of Bowdoinham Steven A. Dyer Day - Saturday, July 30, 2016

**Whereas** - Steven A. Dyer served faithfully and with distinction as Town Manager for the town of Bowdoinham from 1989 through 1994; and

**Whereas** - In his position as Town Manager Steven A. Dyer led the effort to computerize the Town's office operations, resulting in official State recognition.

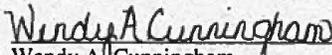
**Whereas** - In his position as Town Manager Steven A. Dyer led the efforts to modernize Bowdoinham's Public Works Operations.

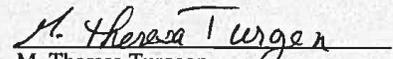
**Whereas** - In his position as Town Manager Steven A. Dyer led the negotiations allowing the Town to acquire land that subsequently became Maily Park.

**Whereas** - In his position as Business Manager for MSAD 75 Steven A. Dyer continued to serve the Town of Bowdoinham, along with other towns within the District, through financial guidance and management.

**Whereas** - With his passing we have lost a valuable asset to the Town of Bowdoinham and Steve's cherished family has lost a devoted husband, father, son, and brother.

**Now therefore** - on behalf of the grateful residents of Bowdoinham the members of Bowdoinham's Select Board has proclaimed that Saturday, July 30, 2016 shall be known as Steven A. Dyer day.

  
Wendy A. Cunningham  
Chair, Bowdoinham Select Board

  
M. Theresa Turgeon  
Vice-Chair, Bowdoinham Select Board

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## Recycling Barn News

By Cathy Reynolds

**W**e have a problem with plastic bags, plastic wrap and plastic sheeting at the Recycling Barn - we can't recycle them. Under our current system, mixed recyclables go to a facility in Massachusetts to be sorted and consolidated for sale to recycling facilities. They use magnets, gravity and forced air to sort mixed recyclables (glass and metal containers, aluminum foil and numbered plastics - except for the plastic bags.) The plastic bags get caught up in the air intake grilles so they have to employ several people to remove bags all day. It adds to their costs, and to ours as well, so please don't put your plastic bags in the mixed recyclables.

Instead: **REDUCE** by cleverly clipping your shopping list to your fabric shopping bag and tossing your wallet or purse in it too - kind of hard to forget to bring it into the store, even for me! If you find yourself on an unscheduled trip to the store, remember to ask for paper bags - they are much easier to recycle and are made in Maine.

**REUSE** by tucking a change of clothes for the kids, damp beach gear, dry shoes, garden produce, pet food for vacations, a car emergency kit, or whatever you need to transport into them. Freezer baggies for mildly scented foods can be rinsed and dried for reuse in less humid times of the year. A few tucked into a pocket for trash on a hike or beach trip are always useful, and the dog owners reading this already know what to do with theirs!

**RECYCLE** by dropping off at the larger grocery stores, which have a bin for plastic bags near the bottle return place.

Dispose of them, if needed, by either putting them in your bagged, tagged trash on Thursdays OR by placing them in a large bag and dropping it off at the construction debris box for a buck on an open day - Thursday or Saturday, 8-4, at the Bowdoinham Recycling Barn.

## BCDI News

By David Whittlesey

**C**elebrate Bowdoinham is coming up fast, a time to join together with neighbors and have a fine day (and evening) celebrating the bounty of good things going on in our community. BCDI will again be offering specially packaged Daffodil bulbs from FEDCO both to help support the organization, and to spread around a splash of color next Spring, and beyond! Stop by the BCDI table and pick up some bulbs, and learn more about what BCDI is doing.

This year we have ordered extra bulbs, and BCDI members will join together with students from Bowdoin College on "Common Good Day", September 17, to do some additional planting around town (embellishing the new Welcome to Bowdoinham signs for example), and do some heavy lifting with the Community School Garden Program. Join us!

BCDI is very pleased that in addition to the grants announced in the July/August News (Bowdoin College Common Good Grant, New England Grassroots Environment Fund, Maine Community Foundation), we have received a substantial grant award from the Elmina B. Sewall Foundation's Healthy People

Healthy Places program for 2016. The grant, which extends for two years, will help BCDI build on initial work done on creating an interactive farmland inventory, and to determine how best to engage in the range of community development issues as the Town implements the Comprehensive Plan, with particular attention to the revitalization of the Village. The BCDI Board has created several Working Groups to guide these efforts as we move forward. Stay tuned!

The Community Development Loan/Investment to Bob Kane Wood Products that was cited previously as "in process" was successfully completed and the loan was disbursed in early July. This means there are three active loan/investments outstanding, with one due soon for repayment and several new loans in preliminary discussion. Remember that in order to participate in the Neighbors Investing in Neighbors program, either as a loan seeker or as an investor, you must be a Member of BCDI. This is a requirement of the State Securities Administration and allows us to maintain the program in compliance with State law. Being a Member also gives you a voice in determining the future activities of BCDI, and helps ensure that BCDI remains relevant and vital. To become a Member, please visit the BCDI Website at: <http://bcdi.us/membership/>.

### 3<sup>rd</sup> Annual Wellness Fair!

Each year the Advisory Committee on Aging promotes wellness by sponsoring a Wellness Fair. The Fair is set for 9am to noon on Tuesday, September 20<sup>th</sup> at the Bowdoinham Fire Station, 57 Post Road, Bowdoinham Maine. It will feature agencies and organizations that provide services and activities that can help you age well. We are giving you lots of time (three hours!) to browse the displays, pick up free samples, and talk to the experts from each exhibitor. We will also have many door prizes to give away, so you will want to stay around for that. There will be free flu shots (given by CHANS), health screenings, and live demos. As requested, the demonstration of how to get up after a fall will be repeated this year! Other exercise and wellness demos are being planned!

Current confirmed vendors include: AARP; Alzheimer's Association; Bowdoinham EMS; Bowdoinham Food Pantry; Cathance Fitness Center; CHANS; Food Addicts Anonymous; Head to Toe Physical Therapy; Maine Center on Deafness, and SEARCH. More are planned!

If you have any questions, please call Patrica or Missy at the Town Office, 666-5531.

# THE BOWDOINHAM NEWS

## Community Calendar

### September

9th

Movie Night, 7pm  
Merrymeeting Arts Center

10th

Celebrate Bowdoinham  
Maily Waterfront Park

17th

BHS Annual Yard Sale, 9am-4pm  
The Meeting House

20th

Wellness Fair, 9am-12pm  
Bowdoinham Fire Station

Food Pantry Concert, 5-7:30pm  
Bowdoinham Community School

### October

22nd

Rabies Clinic, 9-11am  
Bowdoinham Town Hall

### Town Board & Committee Meetings

All meetings are open to the public and held in Kendall Room at John C. Coombs Municipal Building, 13 School Street.

#### Select Board

2nd & 4th Tuesdays of Month at 5:30pm

#### Planning Board

4th Thursday of Month at 7:00pm

#### Comprehensive Planning Committee\*

2nd Tuesday of Month at 6:30pm

#### Advisory Committee on Aging

3rd Monday of Month at 3:00pm

#### Community Development Advisory Committee\*

1st Tuesday of Month at 6:30pm

\*Committee has openings for new members.



Open Saturdays - 8:30am to 12:30pm

at Maily Waterfront Park

*Visit us on Facebook!*

For a complete listing of events, please visit the Town's Calendar at [www.bowdoinham.com/calendar](http://www.bowdoinham.com/calendar).

Town of Bowdoinham  
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