



# THE BOWDOINHAM NEWS

Volume 17 Issue 5

www.bowdoinham.com

September & October 2019

## Welcome to Celebrate Bowdoinham

By Alison Hooper, Intern

Join us in celebrating Bowdoinham's 257<sup>th</sup> Birthday! We have something for everyone and are bringing back fan favorites in addition to new events the whole family will love!

The festivities will begin at 6pm Friday evening with the infamous Chicken Run at the Community School! Younger racers have the ability to join in too with the 1-Mile Fun run kicking off at 5:30pm. The 11<sup>th</sup> annual Celebrate Pie Contest will also be held Friday night at Merrymeeting Hall. Bakers looking to compete may drop off their pies between 4:30pm and 6pm the day of. Judging starts at 6pm and will be based on taste, appearance, crust, if the pie holds its shape when sliced and most importantly, is it pie! The pies will be sold by the slice on Saturday and the proceeds of this event will go to Bowdoinham Food Pantry's Backpack program which helps to provide meals for students at the Bowdoinham Community School.

On Saturday, the day will begin with the annual parade at 10am, this years theme is The Wild West to the Roaring 20s: Bowdoinham 1880's -1930's! Following the parade, vendors, games and activities will be open for all to enjoy. We are excited to announce that in addition to past favorites such as the Lobster Crate Races and the KenDucky Derby, we will be offering the chance to try your hand at Paddle Boarding and learn about bugs with Chewonki's Bug Mobile. Children can try their luck with games and a coin scramble, or get their faces painted and enjoy our petting zoo. (continued on pg. 3)

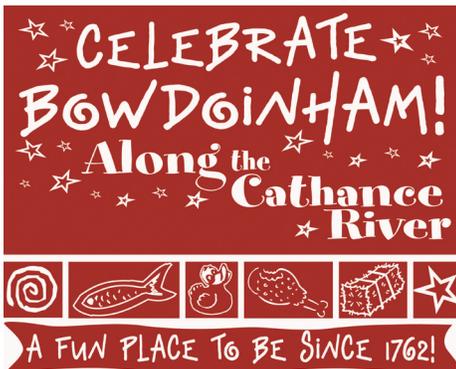
**CELEBRATE BOWDOINHAM!**  
Along the Cathance River

A FUN PLACE TO BE SINCE 1762!

**Friday, September 13<sup>th</sup> & Saturday, September 14<sup>th</sup>**  
*(See page 2 for details.)*

**\*\*\*Maily Waterfront Park will be closed to vehicle and boat traffic on Saturday, September 14<sup>th</sup> starting at 7:00am.\*\*\***

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## SCHEDULE OF EVENTS

### Friday, September 13th

- 4:30pm: **Celebrate Pie Contest**  
at the Merrymeeting Hall
- 5:30pm: **Bowdoinham Community School's 12<sup>th</sup> Annual 5K Chicken Run & Kids' 1-mile Fun Run**  
at Bowdoinham Community School

### Saturday, September 14th

- 10am: **Parade**  
Route: Fire Station (Post Rd) to Main St; down Main St to River Rd; then River Rd to Ridge Rd to Cemetery Rd to Center St; back to Fire Station
- 11:00am: **Zucchini Races**
- 12:00pm: **Coin Scramble**
- 1:00pm: **Citizen of Year Award**
- 1:30pm: **Lobster Crate Races**
- 3:30pm: **KenDucky Derby Race**
- 8:00pm: **FIREWORKS!**

### Bowdoinham Community School's 12<sup>th</sup> Annual 5K Chicken Run

Join us in running, jogging, or walking through the lovely streets of Bowdoinham. Registration through our website is free and open until Friday, September 13<sup>th</sup> at 6pm: [www.5kchickenrun.com](http://www.5kchickenrun.com).

All proceeds benefit the Bowdoinham Community School. We hope to see you there!

## ACTIVITIES

(SATURDAY)

- 9:30am-3pm: **Bowdoinham's Best**  
at Merrymeeting Hall
- 11am-4pm: **Kids Activities**  
Bouncy House, Obstacle Course, Games and more (\$5 Hand Stamp)
- 10am-3pm: **Artists & Crafters Showcase**
- 10am-3pm: **It's All About The Heron**  
at Merrymeeting Arts Center
- 10am-3pm: **Art Studio Open House**  
Try their hand at creating a piece of pottery!
- 11am-4pm: **Petting Zoo**
- 1pm-3pm: **Red Rose Preserve Open House**  
at Recreational Fields
- 2pm-3pm: **Paddle Board Demos**  
by SoKen Sup
- 12:30-3:30pm: **Horse Wagon Rides**
- 4:30-6:30pm: **Facepainting & Balloon Twisting**  
Sponsored by Five County Credit Union
- 5pm -7pm: **Chewonki's Bug Mobile**

## MUSIC AT THE GAZEBO

(SATURDAY)

- 11:00am: **Bob White**  
A local hero, "Bob the Bus Driver" is a kids favorite.
- 12:15pm: **Fletcher Brothers Band**  
Young, hard rock, "another generation of rock and roll"
- 1:00pm: **West Rose**  
Originals and covers from a new band of old, friends, sensitive rock
- 2:15pm: **Watersong's Best**  
Students and recording artists from Bowdoinham's own Watersong Music
- 3:15pm: **Eagles Way**  
Fine classics with great instrumentation, good music that makes a difference
- 4:15pm: **Cantatio**  
A brass trio, 3 young women doing great takes on classics.
- 5:30pm: **Cribstone**  
A great return of a well known act from years ago, caring music.
- 7:00pm: **Earl Bigelow & the Motown Affair**  
Rythme and Blues and the best of Motown, a great companion to the fireworks!

*For more information, please visit our website ([www.bowdoinham.com](http://www.bowdoinham.com)) or visit us on Facebook!*

### Parade

The theme for this years parade is....

#### The Wild Wild West to The Roaring 20's

There will be prizes awarded to the best decorated and on theme float, group or vehicle. The parade line up starts at the fire station at 9am. To join please contact Missy Halsey at the Town Office, 666 - 5531

### Best of Bowdoinham Harvest and Craft Exhibition

Bring your entries to the Merrymeeting Hall on Friday, September 13<sup>th</sup>, 4:00 to 6:30pm

*Arts & Crafts, Recycled Creations, Flowers & Floral Designs, Bowdoinham-Grown Fruits & Vegetables, Canned Goods*

Contact Adelaida at 522-1880 or at [adelaidagaviria@gmail.com](mailto:adelaidagaviria@gmail.com) with questions.

## Celebrate Bowdoinham (Continued)

By Alison Hooper, Intern

This year the Merrymeeting Arts Center will be featuring work created by the community on the Local Myth: The Heron. They will also be offering Pottery Demonstrations in their studio space and running the Zucchini Races. Try your luck with your home-made Zucchini cart and see if you're a veggie racing star! Speaking of vegetables, Bowdoinham's Best will be back at Merrymeeting Hall. Come check out your neighbor's prize winning veggies, fruits, jams, arts, crafts and more. Or enter your own for a chance to win a blue ribbon!

Grab the family and pile in for a horse drawn wagon ride to the Red Rose Preserve Open House. Located next the Recreation Fields, the Kennebunk Estuary Land Trust will be hosting an Open House from 1-3pm with horse wagon rides running 30 minutes before and after the event.

At the Waterfront, grab a seat and bite to eat and enjoy the live music provided by local musicians and performers starting with Bob White, lovingly known as "Bob the Bus Driver" at 11am. Earl Bigelow & the Motown Affair will bring the day's festivities to an end with their rhythm and blues with a Motown flair and the Fireworks will fly at 8:00pm!

We can't wait to see you there!

## Join Us Under the BCDI Tent at Celebrate

By Kathy Montejo, BCDI Chair

As you are participating in Celebrate Bowdoinham and embracing our wonderful community with your neighbors, we invite you to please stop by the Bowdoinham Community Development Initiative (BCDI) Tent to hear about the work we are doing within our community.

Our Neighbors Investing in Neighbors crowd-sourcing loan program has been operating since 2001 and has invested over \$100,000 back into several farms and businesses within our community. Our Farmland Inventory Project is moving along and we have a September Landowners meeting event scheduled to hear from landowners about their current and future needs for the potential use and agricultural development of their land.

The Community Conversations project list, generated in 2017 by input from over 100 residents who participated in two evening discussion sessions to brainstorm about the village and waterfront area, is moving along well with many projects accomplished and thriving. Project ideas that emerged from the Conversations include Peary's Garden, WIC and EBT acceptance at the Farmer's Market, kayak public storage, Merrymeeting Hall Community Center, and more. A priority that arose from the Conversations was



to improve the walkability and amenities in the Village area and BCDI recently funded through grants the purchase of benches create seating areas in the downtown public areas.

We invite you to stop by our tent at Celebrate because we want to hear your reasons why you love Bowdoinham and your thoughts and ideas on what would make our community an even better place to work, live and play. Our outdoor living room style tent was well received last year as a place to sit, relax, and converse with neighbors about our community. We invite you back this year for more conversations. We look forward to hearing from you and sharing in more dialog. Please don't be shy – stop by and let's continue the conversation!

BCDI is a private, non-profit, membership-based organization located in Bowdoinham. BCDI is operated by a volunteer board of directors comprised of local community members. We welcome you to visit our website, Facebook page and Instagram page for more information.

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## Celebrate Pie & Support Our Food Pantry!

By Alison Hooper, Intern

Join the 11<sup>th</sup> Annual Pie Contest during Celebrate Bowdoinham! The contest takes place on Friday night, September 13<sup>th</sup>, in the Merrymeeting Hall. Bakers should bring their best pie and recipe to the Hall between 4:30 and 6pm to be considered for judging which will begin shortly after 6pm. Pies will be judged on looks, taste, crust, if it holds its shape when cut, and most importantly, is it pie? To be considered a pie for this contest your creation may be savory or sweet but it must have at least one crust.

The baker of the first place pie will be awarded \$75, second place will receive \$50 and third will receive \$25. If we have enough bakers under the age of 12 a special category will be created just for them! So please encourage your young bakers to compete!

After the competition on Friday night slices of all pies will be available for pur-

chase during Celebrate the following day. All proceeds from the sale will go towards the Bowdoinham Food Pantry's excellent Backpack Program, which provides nutritious meals that are easy to prepare for children in our community during the school year.

If you are not a baker, you can help out too by donating either food or cash to the pantry at their both during Celebrate. They cannot send students home with food that is stored in glass jars, so please be mindful of this if you can. The program serves around 20 students at the Bowdoinham Community School and is run by local volunteers and community members like you!

For any questions, or if you are unable to make the pie drop-off window and would still like to compete, please contact Susan Brown at (207) 837-0401 or email her at brown\_531@myfairpoint.net

## Grand Opening of the Red Rose Preserve!

By Becky Kolak

The Kennebec Estuary Land Trust (KELT) is excited to partner with the town of Bowdoinham to invite the public to the grand opening of Red Rose Preserve in Bowdoinham on Saturday, September 14<sup>th</sup> at 1:00pm. There will be horse draw wagon rides leaving from Cathance Meadows and returning from the Preserve from 12:30pm to 3:30pm. Attendees will join KELT staff and supporters for a guided tour of the property's trails and learn the land's conservation story. This is a free, family-friendly event. Red Rose Preserve will be KELT's first public preserve in Bowdoinham.

At 67 acres, the preserve was protected thanks to generous donations from local landowners. This summer, KELT staff and volunteers have been constructing an approximately one-mile long loop visiting different parts of the property. The Preserve, a former Dairy farm, includes two hay fields, mixed forest with a perennial stream, and scrub-shrub habitat. This new preserve will have a wealth of ravines, birds, and other wildlife to discover. A light-rain or shine event, please RSVP at [www.kennebecestuary.org](http://www.kennebecestuary.org) or call (207) 442-8400.



## Design Workshop - Waterfront Re-Development

By Robert Massengale, Consultant

The community of Bowdoinham is welcomed to attend a public design workshop to learn about portions of the Waterfront Redevelopment Master Plan going through technical design this fall.

Join a general audience for a joint overview of the Master Plan and its subsequent site focus projects; the living shoreline stabilization and the hand-carry boat launch on September 17<sup>th</sup> at 6:30pm.

Breakout sessions will follow the joint review. Attendees interested in either the hand-carry boat launch or the living shoreline design will have preliminary concepts presented, and be given opportunities for general feedback on concept preferences for the design team.

Please contact Nicole Briand, Planning & Development Director at 666-5531 or [nbriand@bowdoinham.com](mailto:nbriand@bowdoinham.com) for more information.

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Cell: 798-2908  
Toll Free: 800-226-0059

## The Shakers of Sabbathday Lake

By Joanne Savoie

The Loose Ladies Book Club and Bowdoinham Public Library Present:

### The Shakers of Sabbathday Lake

'Tis the gift to be simple, 'tis the gift to be free  
'Tis the gift to come down where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight.'

Save the date....October 17<sup>th</sup> at 1:00pm! The Loose Ladies Book Club and the Bowdoinham Public Library happily welcome Dr. David Richards back for a third year, this time for an illustrated presentation on "The Shakers of Sabbathday Lake."

Ann Lee was the founder and leader of the American Shakers in the late 1700's. The Shakers practiced communal living, encouraged simplicity in dress, manner and speech. They were pacifists and were well known for their furniture, baskets, herbs, innovative inventions and much more. The Sabbathday Lake Village in New Gloucester, Maine is the only remaining active Shaker Community in the world.

Today visitors have the opportunity to tour the community, viewing their period buildings and exhibits. There are over 20 rooms on display to demonstrate the way in which the Shakers lived, and in the case of Sabbathday Lake, still live. The community is home to the Shaker Museum which was created in 1931 by Sisters Iona Sedgley and Ethel Peacock for the purpose of educating visitors about the Shaker faith and lifestyle.

Dr. David Richards will draw upon his seven years among the Sabbathday Lake Shakers as curator of the Shaker Museum to talk about the history of the religious sect from its origins in England to its present day existence in Maine. There will be classic Shaker refreshments and a Shaker display at the event.

The event will take place at the Coombs Municipal Building, 13 School St., Kendall Room. A variety of books and publications on the Shakers will be available at the Library for loan in September. Call the library, 666-8405 to reserve a copy. Hope to see you there!

## It's All About The Heron

By Jan Marks

Each year the Merrymeeting Arts Center hosts a show of art created by members of the greater Merrymeeting Bay community. The theme of each show centers around one of the sculptures in Bryce Muir's Local Myths Collection. This year's show is The Heron.

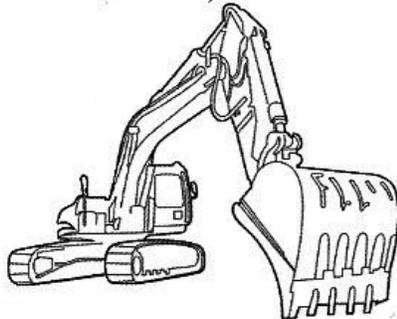
Everyone is invited to submit a piece of art they have created. All artists - amateur, professional, 1<sup>st</sup> time artists - of any age or ability are encouraged to participate. Any medium - drawings, paintings, sculpture, photography, collage, fiber arts, mixed media, etc. - is acceptable. There is no fee to enter and all submissions will be displayed in the MAC gallery. The only requirement is that the piece be somehow related to The Heron, no matter how loosely interpreted! Please submit only one piece of art/artist. The deadline to enter is Sept. 12<sup>th</sup> (the sooner the better!).

The Community Art Show will open at the MAC Gallery during Celebrate Bowdoinham, Sept. 14, 2019 at 10am, and will remain on display through Oct. 19, 2019 during regular gallery hours (Saturdays between 10am - 1pm).

Contact MAC at [merrymeetingartscen-ter@gmail.com](mailto:merrymeetingartscen-ter@gmail.com), or by phone at (207) 370-5002 for questions about the show, or to make arrangements to drop off your piece.

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## News from Merrymeeting Arts Center

By Jan Marks

### A Race to the Finish...Or what to do with all those surplus Zucchini!

The growing season may have gotten off to a slow start this year, but by now there should be more zucchinis than anyone knows what to do with. The answer...

Turn them into race cars and enter them in the 1<sup>st</sup> Annual Zucchini Races at Celebrate Bowdoinham!

At 11am on September 14<sup>th</sup>, the Matthew Townsend Skate Park (by the waterfront behind the MAC Studio) will turn into a race track for zucchinis. Each zucchini will need to be fitted with or mounted on the wheels of your choice, and decorated (or not) in any way you wish.

There will be prizes awarded to the fastest zucchinis and the best decorated zucchinis, and lots of laughs and fun to be had by all. There is no fee to register, but please let us know (at [merrymeetingartscenter@gmail.com](mailto:merrymeetingartscenter@gmail.com) or at (207)370-5002) a few days before if you plan to enter a zucchini. See you at the races!!!

### Open Pottery Studio

There will be an Open Pottery Studio at the MAC Studio, 6 Main St., during Celebrate Bowdoinham from 10am-3pm. Everyone is welcome to try their hand at creating a piece of pottery, either Heron-related, in keeping with the theme of our Community Showcase,

or a piece of your choosing! Come and unleash your inner potter...who knows what talents you may discover!

### Anthology: Books in Art

We've all done it - judged a book by its cover. Debuting Nov. 2<sup>nd</sup> through Nov. 30<sup>th</sup>, 2019, The Merrymeeting Arts Center in cooperation with the Bowdoinham Public Library, will be hosting a show all about books!

From the artistry of book making to the beauty of book covers, illustrations and fonts to the telling of a story, books enrich our lives in many ways. This show will encourage you to stretch your mind and consider forms and uses for books other than simply reading them.

Two book-related workshops will be held at the MAC Studio prior to the show:

Picture Book Shadow Boxes, on October 6<sup>th</sup>, with Kate Cutko. Learn how to create a three dimensional framed keepsake from a favorite children's picture book. Bring an old book or choose from Kate's collection. (The recycle barn or Goodwill are great sources of old, discarded books). Students are encouraged to enter their shadow boxes in the Book themed art show in November.

Black-Out Poetry, on October 17<sup>th</sup>. When a page of text is blacked out except for a few words, a brand new story or poem gets created from the existing text. The finished page can be embellished



to enhance the final idea.

\*\*\*Please visit our website at [merrymeetingartscenter.org](http://merrymeetingartscenter.org) for information about future exhibits and events, or details about upcoming workshops and classes at MAC.

### Upcoming Events

#### Community Art Show

Sept. 14th to Oct. 19th MAC Gallery

#### Picture Shadow Boxes

Oct. 6<sup>th</sup> 2019 MAC Studio

#### Black-Out Poetry

Oct. 17<sup>th</sup>, 2019 MAC Studio

\*\*\*Please check our Facebook page for new information, cancellations and updates about classes and workshops. For questions, please contact [merrymeetingartstudio@gmail.com](mailto:merrymeetingartstudio@gmail.com).

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## News from Bowdoinham Historical Society

By Betsy Steen

**2** 019 THEME: Meeting House Display 1880-1930 The Forgotten Years/Fifty Years of Change

### Announcements

**B**y the time you read this, the 2019 Meeting House Display 1880-1930 The Forgotten Years/Fifty Years of Change will have closed in order to prepare for the Annual BHS Yard Sale! But before that, BHS will have a tent at Celebrate Bowdoinham where you can see a small part of the 1880-1939 display, Buy BHS publications and cards.

**B**HS is proud to announce a very successful July Fundraising effort! Each of our Concert Suppers made over \$500, as did the House Tour and the Strawberry Shortcake Dessert at the Open Farm Day BBQ. Thanks to all who helped with these events, and to all who attended!!! Combined they will add over \$2000 to the Merrymeeting Hall Fund. To eliminate single-use plates and flatware at concert suppers, we are looking for stainless flatware and Corelle plates and bowls

### BHS's 9<sup>th</sup> Super Yard Sale

**O**n Saturday, September 21<sup>st</sup> from 9am to 4pm at the Meeting House located on the corner of River (Rt. 24) and Brown's Point Roads the BHS will be hosting its annual Super Yard Sale! Last year the sale made over \$6,000 and all proceeds go to Merrymeeting Hall, our up and coming Community Center!

You can rent a table space and sell your treasures for yourself or we will happily accept donations of your old or new treasures for the Yard Sale to be sold by BHS. Call 666-8161 or email bayview-ess@comcast.net if you would like to rent or donate! We have already collected some wonderful items to sell!!! It's going to be a Splendid Sale! It's fun sorting, pricing and arranging. Want to help? – Let us know!

### Ongoing Projects

Restoration of 1798 Fire Hand Tub Water Witch by Paul Baines & Bowdoinham Historical Society

Spearheading creating a Community Center for Bowdoinham at Merrymeeting Hall. (Formerly Merrymeeting Garage)

### Upcoming Events

#### Super Yard Sale

Sept. 21<sup>st</sup> 2019 Meeting House

#### Howard Solomon. "What Every Happened to Columbus Day? Immigration and Race in America, 1880-1930"

Oct. 20<sup>th</sup> 2019, 3:00pm

#### Kathy Savoie. "Kitchens and More 1880-1930"

Date TBD

#### Art 1880-1930

Date TBD

#### Fashion Show and Display

Date TBD

Want to help? Share your vintage clothing. We are also looking for more manikins to borrow as well as clothes trees

#### A Musical Event 1880-1930

Date TBD

With several local musicians playing both classical and popular music of the time. Contact the BHS if you would like to be involved with this event

### Did you know.....

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**Guest Speaker: Patricia Oh, AARP**

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**Thursday, Sept. 26, 2019 10am**

Hosted by

**ACOA of Bowdoinham**

At the

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## Food Pantry Update

By Lily Montgomery

A big thank you to our entire community for making this summer at the pantry so bountiful! Topsham Hannaford and Royal River Natural Foods in Freeport continue to be regular donors to the pantry, allowing us to offer a large selection of high quality food to our clients. And thank you to all of you who regularly leave food and cash donations at our doorstep!

Mainers Feeding Mainers, a program run by Good Shepherd Food Bank received funding again earlier this summer allowing us to continue our partnership with Cate Stoner at Turning Wheel Farm who has provided us with beautiful produce all summer. Thank you Cate and Good Shepherd Food Bank!

We also continue to receive gleaned produce from the Merrymeeting Gleaners, a network of volunteers who visit local farms and markets each week to harvest and collect surplus produce and deliver it to pantries in our area. Thank you to the gleaners and the farms who participate!

Please join us in a Back-To-School food drive for our Backpack Program! Each week during the school year volunteers pack and distributes backpacks full of groceries to students at the Bowdoinham Community School, providing meals and snacks for the entire weekend. The cost per meal for each child is approximately \$1.36. Come see us at our booth at Celebrate or drop your food donations at the Post Office or Town Hall, and thank you for helping us to fill these backpacks each week! \$15 provides food for a child for one weekend and \$60 provides food for a child for one month. Regularly needed groceries for the backpack program include:

- o Peanut butter
- o Jelly
- o Mac + Cheese
- o Pasta & Pasta sauce
- o Healthy snacks (granola bars, etc)
- o Low-sugar cereal

A huge THANK YOU to our growing list of volunteers who work at the pantry each week, stock our shelves, pick up donations, run errands, pack backpacks and do so much more- we really couldn't do it without you! Contact us if you would like to help (bowdoinhamfoodpantry@gmail.com)!

# Cote's



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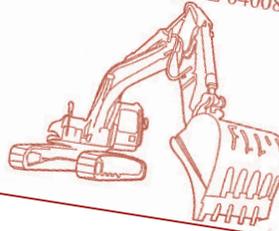
# Thank you to our Fireworks Sponsors!

Wishing you a fun and safe  
**Bowdoinham Celebration**  
From the members of  
Village Lodge #26 AF & AM



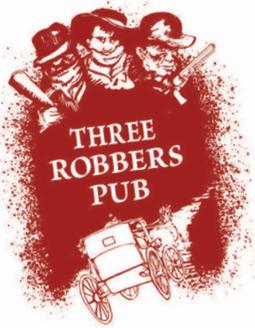
## Tourtelotte EXCAVATING

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New Site Prep  
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Ponds  
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# THE BOWDOINHAM NEWS

## Community Calendar

### September

2<sup>nd</sup>  
Town Office Closed

13<sup>th</sup>  
Chicken Run

14<sup>th</sup>  
**Celebrate Bowdoinham**

17<sup>th</sup>  
Design Workshop  
Redevelopment of Waterfront

### October

14<sup>th</sup>  
Town Office Closed

17<sup>th</sup>  
“The Shakers of Sabbathday Lake”  
The Loose Ladies Book Club

30<sup>th</sup>  
Flu Clinic

### Town Board & Committee Meetings

All meetings are open to the public and held on the 2<sup>nd</sup> floor of the John C. Coombs Municipal Building

#### Select Board

2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of Month at 5:30pm

#### Planning Board

4<sup>th</sup> Thursday of Month at 7:00pm

#### Age-Friendly Bowdoinham

2<sup>nd</sup> Monday of the Month at 2:30pm

#### Cemetery Committee

1<sup>st</sup> Monday of the Month at 4:00pm

### Town Office

#### Hours

Mon, Tues, Thurs, Fri: 8:30am-4pm

Wed: 9am-6pm

#### Contact Information:

Phone: 666-5531 Fax: 666-5532



**Open Saturdays - 8:30am to 12:00pm**

**at Maily Waterfront Park**

*Visit us on Facebook!*

For a complete listing of events, please visit the Town's Calendar at [www.bowdoinham.com/calendar](http://www.bowdoinham.com/calendar).

Town of Bowdoinham  
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