



THE BOWDOINHAM NEWS

Volume 13, Issue 6

www.bowdoinham.com

November & December 2015

BUSINESS SPOTLIGHT

Artisans & Crafters

By Wendy Rose

Bowdoinham has a wealth of skilled artisans and crafters who create beautiful and useful hand crafted items to treasure and enjoy. The Annual Bowdoinham Guild of Artisans Holiday Show and Sale is a great event that showcases are local artisans.

The Bowdoinham Guild of Artisans (BGA) Holiday Show and Sale will fill the Bowdoinham Town Hall with fine artisan gifts starting Friday, December 4th from 6-8pm and through Saturday, December 5th from 10am to 3pm. Local musicians will perform throughout, and light refreshments will be provided.

For over 13 years, the Guild has hosted this showcase of Bowdoinham artisans with an ever-changing array of offerings. This year, over 15 local entrepreneurs will display and sell their pottery, jewelry, art work, hand-crafted clothing items, fiber art, graphic designs, woodwork, and treasures from the Library attic. Once the only holiday event in town, the Guild is now part of a larger Bowdoinham Holiday weekend that includes other events and craft shows.

“The Guild event has a homey, intimate feel where Bowdoinham neighbors can gather, enjoy the food, and view or purchase lovely items,” says Lynn Sternfels, BGA President. “We are grateful to the musicians who join us every year and to the local businesses that support us.”

While spaces for the upcoming show have been filled, anyone interested in joining the Guild can be in touch with Lynn about the jury selection process at starrocks@myfairpoint.net.

Continued of Page 2.

BUY LOCAL BUY BOWDOINHAM FOR THE HOLIDAYS

For this issue we interviewed photographers for Bowdoinham Historical Society’s “Year of the Photograph.”



Top: Susan Tuttle
Bottom (Left to Right) Rebecca Conley, George Paton and Jane Page-Conway



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Artisans & Crafters

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Boco Video & Digital Design

Rebecca Conley

"In this age of social media, businesses need videos; not only for commercials, but also for all their social media marketing. They need to tell the story of their business" Rebecca advises. "I'm a storyteller. I help businesses tell their story."

Rebecca's 20 years of experience in video production developed her skills in scripting, filming, editing, and graphics. Working with Briggs Advertising in Bath and later Suscom and Time-Warner, Rebecca was involved in all aspects of video and commercial production. When Time Warner decided to contract out their commercials, Rebecca launched her business and developed a base of former clients and new customers. From 2013-2014, she worked full-time at the business while balancing the demands of her young family with her husband who is also self-employed. She found that the part of the business she liked least: the marketing, billing, and financial management ended up taking up half her time. Last year, an opportunity at MPBN enabled her to return to the steadiness of a full-time job with its benefits while giving her enough time to continue her business as a supplemental activity.

"I like working the two jobs," Rebecca says. She's been learning new film and documentary production skills which she is able to apply to her business activities. Working for the Town of Bowdoinham to document the Open Studio Day and the

Open Farm Day has been a joy. "I love capturing pieces of life," she says. "We are very fortunate to live in Bowdoinham with the farms and fresh food. It was great to tell their story with video."

Part of the challenge she faces is the constant learning curve that new technology brings. "To keep up with the craft is not only keeping up with the technology of film and video but also the changes in the social media world," she says. Rebecca enjoys experimenting with new techniques in motion graphics and animation and likes the way this enlivens her productions.

In the future, Rebecca hopes to help organizations and businesses to keep current with expanded ways to tell their story. She will be taking a workshop at the Maine Media Workshops in Rockland to learn the latest in film production and would like to do more film going forward.

"I feel really lucky to do what I do," Rebecca adds. "I'm happy with how it has evolved."

You can contact Rebecca through email at Rebecca@bocovideopro.com, call her at 671-3351, and check out her website at bocovideopro.com.

Jane Page-Conway

In Jane's very first photography class during college, she knew that this was the field she wanted to work in. It has taken her down many different paths. She has done darkroom work for Tom Jones Photography, taught art at the Maine Corrections Center in Windham and at Livermore Falls High School, and has done substitute teaching for a number of

schools. "Now that I am semi-retired, I can work for myself as an artist," she says. Her new direction has been using photographs in combination with encaustic wax techniques to create unique art work with many layers of color and meaning.

Free to explore new avenues for marketing her talents, Jane offers an array of products and services: she takes professional images of art work for artisans, teaches lessons in encaustic wax painting, works with historical societies to transfer their photo negatives into a digital format for broader viewing and use, and sells her images through a variety of venues including six galleries.

While the transition to digital photography was a challenge, she says, "I love digital because I can take a photo and manipulate it into a piece of art. The encaustic wax is a very versatile medium that moves with heat. Once I start working with it, I get totally absorbed. It's something I have to do." The challenges of her work include the time it takes to make a finished product and then pricing it so that she can appeal to the market and make enough to cover her costs.

In the future, Jane would like to find a gallery in the Boston area which would represent her. "There is always more to learn, and I am excited to combine new methods and new experiences," she comments.

You can reach Jane through email at jpageconway@comcast.net or phone her at 666-3631 or 798-0668.

"Photographs tell a story," she adds. "It's amazing what you can 'read' through looking at images."

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George Paton

George recently reviewed his images from his earliest days as a photographer up to his most recent work and found that while the technology might have changed, the same elements of visual dynamics show up throughout his portfolio. From broad landscapes to close-ups of vegetation, George looks for movement, contrast, and a true representation of what is before him. "I really like to see things in nature," George says. "With landscape work, it is important to get the lighting just right." This can mean going back to a spot at various times and waiting for the perfect dramatic moment.

It all started for George in college when his brother gave him a Nikon camera. He took classes, set up his own darkroom, worked with both black and white as well as color film, and experimented with a large format camera. He found that marketing his images was a challenge. He had to find galleries that would take photos, enter contests, go to art shows, and be willing to take on commercial work. Even with all this effort, it was very difficult to make a living. George decided to develop his career in engineering and to have photography as his passion and supplemental work.

Since returning to Maine in 2006, George has continued with his engineering career and has found markets for his images in a couple of galleries. He also participates in artisan shows and enters photographic contests. He recently won two first prizes and used the proceeds to take a course at Maine Media Workshops in Rockland. The workshop gave him a

new appreciation for color contrast and control.

For the last three years, George, and his wife Lynn Sternfels, have traveled to Italy where George has been newly inspired by fresh landscapes. "I love going to Popham Beach and seeing something new each time, but going to Europe has been so stimulating."

You can reach George through his website at www.patonphotography.com. The website includes his images and price list.

Susan Tuttle

Selling individual images is the smallest part of what Susan does with her business. Instead, she has crafted a unique mix of on-line classes, books, magazine articles, consulting, and information about the latest technology into a lively and engaging endeavor that helps individuals express themselves through photography. After 12 years of growing her reputation and skills, she is able to make a professional salary with all of her offerings.

Susan was inspired to explore photography when she had her first child in 2003. Little did she realize it would take her from her career as a kindergarten through 12th grade music educator into the world of digital imaging, publishing, and on-line photography instruction. Her photographic exploration of the natural world around her Bowdoinham home, Maine landscapes, her family, and self-portraiture along with her writing grew naturally into a business enterprise. All her offerings can be found on her website, susantuttlephotography.com. There, you can learn about her four books, published through North

Light Books, her on-line classes, see her images, and read her blog. The internet enables her to reach way beyond the usual marketplace; for instance, her current classes have approximately 1,500 students worldwide.

Finding ways to manipulate iPhone photographs into more artful expressions is one of the cutting-edge fields she explores and teaches. Her own work in this medium has been shown in Paris, London, Prague, and Hollywood. She posts this work on Instagram and has a community of people who follow her there.

"I think being in touch with your creative side is very healing," she says. "The iPhone is making this form of expression much more available to everyone." She feels that learning the technical aspects until you are confident can free you to follow your instincts and realize your creative vision. "Shooting from the gut is what will capture the moments," Susan says.

Finding a balance in the social network world has been a challenge for Susan. Managing the time she spends there along with the other demands of her business and her family, which is her top priority, takes a lot of time management.

Susan will occasionally do family or individual portraits for friends and neighbors when time permits. You can be in touch with her about this through her website, listed above.

"Everything I love to do: photography, writing, teaching, is in one package," she says. Each day that I get to create feels like Christmas morning. There is always something new to learn, always new surprises."

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News from Arts Center

By Lee Parker

We are very excited about our current show "Garden Farm Art". The show was proposed last spring by Adelaida Gaviria (Berry) who is doing the Bowdoinham Community School Garden Project. Karen Goetting, new Bowdoinham Community School art teacher, worked with Adelaida to create a unit where all 175 children in the school created "garden farm art" works. These were displayed at the Bowdoinham Community School Harvest Dinner on October 7th and some of these works are included in the exhibit at MAC. There are 52 artists represented in this show including 9 adults, 4 of whom are showing for the first time at the arts center.

Betsy Steen of the Bowdoinham Historical Society has done a wonderful wall of photographs of Bowdoinham farms present and past as part of the show. Continuing our efforts to collaborate with other groups Alice Percy, President of MOFGA was invited to give a talk at the center on November 8th.

If you haven't already had an opportunity to see the show it will remain up until November 28th.

Education

MAC Pottery Project has been reorganized and is offering the following in response to community request:

-Open Studio every Saturday from 8am-2pm. Fee of \$5/person. Additional fees for firing and glazing if desired. Children

Call For Art

The Merrymeeting Arts Center, Bowdoinham, is seeking works in all media for a winter show "Winter Dark, Winter Light". The show will open for "Ice & Smelt Festival" on February 6th and will run through the end of March. Works in all genres will be accepted and artists are invited to interpret the show's title freely. For more information, please contact Howard Solomon, 666-3589.

7 and under must be accompanied by a parent.

- Classes once a month on Saturdays from 10-12. Fee of \$10/person. Classes will be geared for children and will be skill based.

- Classes for adults will be added as interest demands

Toad Project

The Toad Project is a project of the Merrymeeting Arts Center (MAC) in collaboration with the Restorative Justice Project of the Mid-Coast and Bowdoinham's Longbranch School. Fundraising is underway to raise funds to enable youth-at-risk to renovate Toad, a 22-foot sailing scow that once occupied an important place in the arts community of Bowdoinham and Merrymeeting Bay.

In 1999 beloved Bowdoinham artist Bryce Muir launched Toad, the scow he built based on the designs of the historic cargo vessels that used to ply Merrymeeting Bay. Over the years Toad became a fixture at Cathance Landing in Bowdoinham and was known for the "yarting" sketch tours of the Bay that Bryce and Peggy Muir conducted with local artists.

The Toad Project is a proposed community-based initiative. The Project seeks to renovate and rehabilitate Toad and a broader objective of contributing to a more peaceful, inter-dependent world and honoring the vision and legacy of Bryce Muir, who passed in 2005.

Your contributions, small or large, will allow us to restore Toad while helping youth at risk get their lives on a different trajectory by learning valuable skills and deepening their ties to their community. To contribute go to <http://www.gofundme.com/toadproject>.

Merrymeeting Arts Center is looking for talented and creative people to join the Planning Committee. Come and share your ideas for exhibits, classes and events! All are welcome. For more information, www.merrymeetingartscenter.org; [www.merrymeetingartscenter@gmail.com](mailto:merrymeetingartscenter@gmail.com); 207-370-5002 (messages only - we will return your call) or like us on Facebook.

Celebrate Bowdoinham

By Nicole Briand

We have a lot of people to thank for helping to make Celebrate Bowdoinham such a wonderful community event, so please join us in thanking the following people and businesses:

- All Participants
- Bowdoinham Fire Department - Parade, Lobster Crate Races and the KenDucky Derby
- Adelaida Gaviria, Carmen Serier & Susan Brown – Bowdoinham's Best
- Annie Davis, Diana Mosher & Susie Uhle – Parade
- Wayne Dorr – KenDucky Derby
- Five County Credit Union – Face-painting & Balloon Twisting Sponsor
- Jay Read – Strolling Magician
- The Bank of Maine Staff, Seth Berry & Wendy Rose – Open Skate
- Merrymeeting Arts Center – Kids Art Activities
- Mount Ararat Cheerleaders – Running Kids Activities
- Shotokan Karate Academy – Karate Demonstration
- David Waitt - Participant Set-up
- Seth Berry & Lisa West - Family Movie Night
- **Silent Auctions Donors -**
 - Annabella's Bakery & Café
 - Apple Creek Farm
 - As We Grow
 - Bergen & Parkinson, LLC
 - Bilodeau Insurance
 - Bloom
 - Blue Bell Farm
 - Bowdoinham Country Store
 - Bowdoinham Fire Department
 - Bowdoinham Historical Society
 - Bowdoinham Public Library
 - Byrnes Irish Pub
 - Casco Bay Frames
 - Christian & Robinson Plumbing
 - Cobb's Repair Servcie
 - Enterprise Farms
 - Exit 43 Quick Stop
 - Fairwinds Farm
 - Fallin Star Tree Farm
 - Freight Liner of Maine

- Game Box Video Games & Comics
- Gray's Equestrian
- Harry C. Crooker & Sons
- Hobart Farm
- HP Fairfield
- Innovative Physical Therapy
- Jane Page-Conway Artist
- Jeremy & Sally Cluchey
- Jim's Marina
- Jim's Smelt Camps
- K&G Hardware
- Kate Gray
- Knights Farm Supply Store
- Law Office of Arthur J. Lamothe
- Lobster Buoy Birdhouse Company
- Long Branch School of Maine
- Max Zachau
- Morphee Creations
- O'Farrells Auto Repair
- O'Farrells Property Maintenance
- Paul Baines Fine Woodworking
- Pine Tree Engineering
- Ray Labbe and Sons
- Richmond Home Brew Supply
- Riverview Sauna
- Scarlet Begonas
- Shotokan Karate Academy
- Six River Farm
- Stonecipher Farm
- Taurus System
- The Alcove
- The Old Goat
- Tidewater Tree Service
- Town Landing Restaurant
- Watersong Music
- Zellous.org
- Zumba with Stephanie
- **Activity Sponsor** -
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- **Fireworks Sponsors** -
- Androscoggin Bank
- AV Systems of Maine
- Doug Tourtelotte Excavation
- Main Street Fuel
- Sitelines, PA
- Ray's Electrical Service
- Village Lodge #26
- **Friends of Celebrate** -
- Ann Touretlotte of Bilodeau Insurance
- Christian & Robinson Plumbing
- Kabayan Philippine Foods
- The Bank of Maine
- Winding Rose Studio

4th Annual Holiday Festival

SCHEDULE OF EVENTS

Christmas Tree Lighting

Friday, December 4th, 6pm
at Bowdoinham Town Hall
Join the boy scouts in singing holiday carols as they light the Christmas tree.

Bowdoinham Guild of Artisans Show & Sale

Friday, December 4th, 6-8pm
Saturday, December 5th, 10am-3pm
at Town Hall, 13 School Street
Top quality fine arts including jewelry, pottery, fiber art, photography, prints and paintings all crafted by the members of the Bowdoinham Guild of Artisans will be on sale at this show which is now in its 13th year. Come enjoy the delicious food and great live music by some of Bowdoinham's best while you shop.

Christmas Open House

at 312 Millay Road
Friday, December 4th, 3-8pm
Saturday, December 5th, 9am-4pm
The Christmas Open House will be full of a variety of crafts from Maine Artisans.

Holiday Craft Fair

Saturday, December 5th, 10am-2pm
at Bowdoinham Community School
There will be lots happening so come join the fun with:

- Over 30 Crafters
- Bake Sale and Café (5th Grade Fundraiser)
- Pictures with Santa (11am-1pm)
- Kids Make-a-Craft with Merrymeeting Arts Center (11am-1pm)
- Scholastic Book Sale
- Holiday Village Display
- And much, much more!!

Make-a-Gift Workshop for Kids

Saturday, December 5th, 10am-1pm
at Bowdoinham Community School

Pictures with Santa

Saturday, December 5th, 11am-1pm
at Bowdoinham Community School



Pottery Studio Open House

Saturday, December 5th, 10am-3pm
at Arts Center's Pottery Studio
Come play with clay and paint an ornament.

Merrymeeting Arts Center Open House

Saturday, December 5th, 1-3pm
at Merrymeeting Arts Center
Listen to music while enjoying refreshments and an art activity.

2015 Year of the Photo Display

Saturday, December 5th, 10am-2pm
at The Meeting House

Polar Bear Dip

Saturday, December 5th, 3pm
at Mailly Waterfront Park
Come see the dippers take the plunge in the Cathance River.

Holiday Movie

Saturday, December 5th, 7pm
at Town Hall
Join in the laughs as we watch Will Ferrell in Elf.

Horse Wagon Rides

Saturday, December 5th, 10am-3pm
Rides will be available between the following locations: Bowdoinham Community School, Town Hall, and Merrymeeting Arts Center. Tips are appreciated.

Santa Comes to Town

Sunday, December 6th, 4-6pm
at Bowdoinham Fire Station
The Bowdoinham Fire Department will be bringing Santa to the Fire Station to meet all the good boys and girls in Bowdoinham.

For more information, please visit www.bowdoinham.com or Facebook.

Solarize Midcoast Maine

By William Post

The Midcoast Economic Development District (MCEDD) in partnership with the City of Bath is offering a new program for residents and small businesses in Bowdoinham to install solar power systems on their homes and businesses. The Town of Bowdoinham is a member of MCEDD, and Town Manager William Post serves on MCEDD's Board of Directors and Executive Committee. Bill is pleased to announce the availability of this program to Bowdoinham residents.

Solarize Midcoast Maine is designed to help residents overcome the financial and logistical barriers to installing solar power systems on your homes. The program accomplishes this by allowing pre-selected solar installation companies to offer group discounts to customers that have committed to solar installation. The Town of Bowdoinham is acting as a link to MCEDD staff for this program, while MCEDD staff are gathering names and contact information from residents that are interested in installing solar power systems.

If you are interested in more information, or want to be added to the list of potential customers for this project, please contact Town Manager William Post at wpost@bowdoinham.com or 666-5531.

Christmas is Coming!!

Support BHS by purchasing:

- Albert Dunlap's Life on the Abbagadassett - \$20
- Samuel Adams' History of Bowdoinham 1762-1912 - \$55
- Frank Connor's Atop That Hill - \$5
- Frank Connors Bowdoinham Advertisers (14 issues) - \$2/issue
- Note Cards - \$2.50 each or 5 for \$10
- Jellerson School Mugs - \$8

Available at the Town Office & Library.

News from BHS

By Betsy Steen

Thank you to all who have been bringing us photographs, letters and other documents, scrapbooks, and artifacts to copy or keep, please keep coming!!

Seeking

- Farm related photos and items for 2017 Year of the Farm.
- Folding tables and chairs.
- Audio Interview Transcriber, please help us get the interviews 'on paper' before the media is so outdated they are lost to us.
- Person to type the Pages Memoirs of Bowdoinham's Captain Andrew Curtis 1835-1911 as published in the Lewiston Journal Illustrated Magazine in 1905. There is no transcription of old handwriting in this.

Don't Miss

BHS at the Bowdoinham Holiday Festival on Saturday, December 5th the Meeting House will be open with BHS's 2015 Year of the Photo Display. Please stop by!

BHS Christmas Party We had such fun at the Meeting House Launching Party last December, we are going to do it again on

Sunday, December 13th, 2-4pm. See the Meeting House dressed for Christmas and tour the Carriage Shed. Good Food, Good Friends, Good Fellowship. Children are welcome!

News

The BHS 5th Annual Yard Sale went splendidly, thanks to Lara Ashouwak and her trusty crew. We will have raised \$2250 to continue work on the Carriage Shed. Thanks also to all of you who donated items for us to sell and who came with your own tables and treasures to sell. It's not too early to start putting things aside for next year's sale.

Carriage Shed is looking GREAT and when you read this will have windows and a door!! Thanks so much to all who have been helping....those of you who donated and had your funds matched; the generous couple who seeded the fund and then provided the matching funds as well; our contractors, (Doug Tourtelotte, Ed Fenimore, Brent Zachau, Bamford Construction) several of whom gave us "deals;" and our own Tom DeForest who had the vision and without whom this wouldn't be. Thank you!



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Recreation News

By Lisa West

We have several programs running through the winter, so come join us and lets have some fun!

Special Passes & Rates

- Children's Museum Free pass available throughout the year at the Town Office.
- Mt Abram Group Rates (15 or more) for Skiing and Tubing.

Pickleball

Remember to sign out the portable nets and paddles from the town office. Pickleball lines are painted on the repaired basketball court located between the school & baseball field. Visit their Facebook page for updates on court time and possible indoor winter play.

Adult Basketball

Has moved to FHC's Cathance Fitness Center in Bowdoin on Monday nights at 7pm. You do not need to be a member of the fitness center.

Community Swim

At Bowdoin College Pool on Sundays, 4:30-5:30pm through December 6th. No pre-registration is required, however sessions are limited to 75 people. Cost is \$2.00 per person.

Basketball

Volunteers needed! Please let me know if you are interested in volunteering here as a coach, ref, or clock keeper. If you have a high school student looking for some volunteer time, we would greatly appreciate any amount of time given. Contact Lisa West with any of your volunteer interests at 666-3504 or LWest@Bowdoinham.com

See www.bowdoinham.com/recreation for links, programs and forms. "Like" our Bowdoinham Recreation Dept. Facebook page for upcoming events.



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or contact:
Ann Tourtelotte @ 207-798-2908

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Fall Tree Road

Friends of Merrymeeting Bay 2015 – 2016 Speaker Series



NOVEMBER 11 LMF & Public Forests Under Attack
Pete Didisheim, NRCM Advocacy Director
at Bridge Academy, Dresden

DECEMBER 09 Fishermen, Farmers & Indians Too: 300 Years on Hermit Island,
1650-1950 Christopher Sewall, Hermit Island Historian
at Bath City Hall

JANUARY 13 Kelping the Earth with a Virtuous Vegetable
Paul Dobbins, Ocean Approved, Inc.
at Cram Alumni House, Bowdoin College
83 Federal St., Brunswick

FEBRUARY 10 The Mortal Sea
Jeff Bolster, UNH, Marine Historian & Author
at Curtis Memorial Library in Brunswick

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Contact Kathleen McGee, 666-3598 or fomb@comcast.net for more information.

“Common Core Math”

By Chris Lajoie, Principal

Math - doing better by our kids. We've all heard about “Common Core,” but what does it really mean? Maine has had state learning standards since 1997 to ensure that all of our kids are prepared for success in college, the work force, and civic life. The updated Common Core State Standards, adopted by Maine in 2011, address the fact that the jobs of the 21st century are different than ever before, and constantly changing.

Where public schools were created in the nineteenth century to create workers for the Industrial Age, our kids will enter the workforce in need of a greater balance of these real-world skills: problem solving, collaboration, critical thinking, and communication. No longer will most of our kids pick a career at the end of their public schooling and stick with that career through to retirement. They need to be able to adapt in a world where technology is changing the idea of “work” at a faster and faster pace.

In the same way, we can't continue to teach math in the same way and expect better outcomes. (About a third of Maine's high school graduates need remedial college courses in their first year.) Our school district has adopted a new math curriculum, K-5 – enVision-math 2.0 – as one piece of the puzzle. This program is helping us build better conceptual understanding of math in our kids. It stresses real-world application of math, problem solving, and the ability to think and communicate in the language of mathematics. And even better, it is helping our teachers of math to be clear and transparent in what exactly each child needs to learn. In short, we are doing better at helping our kids use math in the twenty-first century world in which they are growing up.

“Common Core Math” is the same mathematics you learned. We are just more effective with our teaching methods and better able to ensure kids are actually learning. It is truly exciting!

News from Committee on Aging

By Patricia Oh

It has been a beautiful fall! It is hard to believe that Thanksgiving is right around the corner! The golfers were thankful for the weather while getting some exercise and developing their swing at Country Fareway in Bowdoin this fall. We have heard that they agree with Charlie Brown's observation that golf is a game of inches. After a few months off during snow season, the group will start again in the spring.

Speaking of Thanksgiving, the Advisory Committee on Aging wants to thank all of the 30+ volunteers who have given their time and talents to making Bowdoinham a more aging friendly place! ACOA will be recognizing volunteers after the Village Seniors meal on November 19th. We hope all of you can come and share in our celebration of one of the many things that makes Bowdoinham a great place to be—the volunteerism and community spirit of its residents!

Do you remember Mickey Rooney saying, “Hey Gang, Let's Put on a Show”? The Advisory Committee on Aging is taking up the challenge and looking for people who are interested in helping put on a show. Madam B, ACOA's fortune teller, has assured us that there

is untapped showmanship out there! Do you have a talent that you are willing to share with your friends and neighbors in Bowdoinham? Experience as an MC? Do you enjoy the “production side” of organizing a show? If you answer “yes” to any of those questions, please contact Patricia Oh and tell her what you are interested in doing. You can reach her by email: poh@bowdoinham.com or phone: (207) 665531, ext. 110

The Advisory Committee on Aging is looking for a few people who are interested in making Bowdoinham the aging friendliest town in Maine. The committee needs Bowdoinham residents willing to work with ACOA to advise the Select Board about ways that the community can become an even better place for residents to grow up and grow old. Members of the committee also offer programming to address what Bowdoinham residents have told us they want and need to age in the community. The committee meets on the fourth Monday of the month, from 2:30-4:30. If you are interested in learning more about appointment by the Select Board to the Advisory Committee on Aging, contact Patricia Oh.

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Plumbing Tip *Winter Preparedness*

- Take the hoses off outside frostproof faucets.
- Make sure you have no dripping faucets or running toilets to insure no vulnerable drain pipes freeze.
- Fill any small holes in the foundation that may allow cold air to blow on water pipes.
- Change the batteries in any programmable thermostats.

News from the Library

By *Kate Cutko*

Bowdoinham is very lucky to be supporting a part time employee, Patricia Oh, as Coordinator of Older Adults Services. Patricia, working with the Advisory Committee on Aging (ACOA), has done fantastic work in bringing services and programming, as well as a broad vision for the town in its service to older adults. ACOA recently secured a grant from AARP's "Age Friendly Community Initiative", and will focus the grant's assessment and funding on Bowdoinham Public Library

We will be asking people (aged 60 and over) how the library serves their needs and what can be done to improve library service to older adults. The grant supports a needs assessment (a mailed survey as well as hosting focus groups) so that funding can be directed to library services our older residents want and need. If you have received the needs assessment (survey) in your mailbox, we would appreciate your time to fill it out and return it in the postage paid envelope.

Thanks to this grant, the size of the library's large print book collection has been doubled, and audio versions of classics are the next planned purchase. We are scheduling technology classes of interest to seniors. "Internet Safety" is scheduled for Wednesday, December 2nd

from 10-11am at the library. Soon we will offer "How to master your smart phone" and "Appy Hour" which will teach you some great apps that you can use on your smart phones and tablets.

With this grant funding we hope to pilot a small "Books on Wheels" program to get library books into the hands of folks who cannot come to the library. The library will also implement a loan system whereby people can borrow certain tools and devices that may assist with physical impairments or limitations. A loan from this "tool library" would allow someone to try a tool for 3 weeks before deciding whether or not to purchase their own.

You may also have noticed that our Book Return Box is now on "street level" and no longer at the top of a flight of stairs by the library entrance!

We want to hear the voices of Bowdoinham's Older Adults suggesting more improvements to the library's services. If you are a resident of Bowdoinham, aged 60 or over, please plan to attend the focus group to share your ideas on November 18th, from 10 to noon in the Kendall Room of the Coombs Municipal Building. Light refreshments will be served.

A hearty thank you to Patricia Oh and Bowdoinham's Advisory Committee on Aging. This grant and its resulting services will improve the library and the way it serves all its patrons.

News from BCDI

By *David Whittlesey*

BCDI will hold its annual meeting on December 6th from 5:00 to 6:30 at the Town Office main meeting room. In addition to a review of this year's activities and a discussion on future directions, Land for Good's Maine Field Agent, Jo Barrett, will join us to talk about strategies for farm leases and gaining access to farmland. Jo has been farming and homesteading in Maine since 1983. She taught in public and independent schools for over 25 years, and helped host and instruct farming apprentices over a 20 year period at King Hill Farm in Penobscot, Maine. Recently, Jo and her husband transferred ownership of the farm to a young farming family. Please join us!

In other BCDI news, Banana Banners has just completed the reimbursement of its Community Development Loan which helped put that bright new roof on its Main Street building. Congratulations, Robin, for completing the whole process so effectively, and to all the investors who supported this project. If you would like to know more about BCDI's Loan/Investment Opportunity program, please visit our web site at www.bcdi.us.

BCDI has been participating in the Planning Group for the Merrymeeting Food Council (<http://www.btlc.org/mfc/>). The MFC will hold a first Stakeholders Meeting on Thursday, November 5th at the Bowdoin College Cram Alumni House on Federal Street in Brunswick from 8:00 to 12:00. This will be an opportunity to learn about MFC, to discuss which areas should be the initial focus and consider how the Council can best serve local food work in the community.

And remember, BCDI is a membership organization. We count on membership contributions to cover about one-third of the BCDI operational budget, and Membership is required to participate in the Loan/Investment Opportunity program. To become a member, or renew your membership for 2016, please visit the BCDI website: www.bcdi.us/membership.

Phone 207-666-5941 • Cell 207-729-2445

DOUG TOURTELOTTE EXCAVATION

369 Millay Road
Bowdoinham, ME 04008

New Site Prep, Driveways,
Septic Systems, Gravel,
Land Clearing, Treework

News from Around Town

Community Thanksgiving Dinner

Thursday, November 26th at 12pm

Come join members of the community for a traditional Thanksgiving Dinner. Transportation or Meal Delivery is available. To reserve your seat (or meal) or to donate food, please contact Ann Davis at 798-1830.

Thanksgiving Pie Sale

Tuesday, November 24th 8am-5pm

Why spend hours in the kitchen when you can get homemade pies (and various other deserts) for Thanksgiving and support the Fire Department at the same time?!?! Only \$8 per pie.

Want to help - donate a pie! Can't make pies? Make any desert/bread of your choice. Please drop off your pie (or other desert) between 5-8pm on Monday, November 23rd at the Fire Station.

Holiday Giving Tree

The giving season is coming quickly and we have already started preparations here at the Town Office. This year there will be two different businesses hosting our giving tree. The Town Landing Restaurant and the Bowdoinham Hardware Store. The purpose of this tree is to help any resident, family, or elderly person who may be in need this time of year. If you would like to help bring some holiday cheer to our fellow residents all you need to do is go to the Town Landing or the Bowdoinham Hardware Store starting November 27th and choose a gift tag from the tree. The gift tags will have all the pertinent information that is needed. We ask that you bring the unwrapped gift (along with the gift tag attached) back to the Town Office by Monday, December 21st.

If you know a family or someone who may need help this season, please call Pam at the Town Office at 666-5531, name(s) are kept strictly confidential.

Wreath & Poinsettia Sale

Cross it off your holiday to-do list and support the Bowdoinham Public Library at the same time!

Poinsettias, in two sizes

6.5" pot - \$12

7" pot - \$18

choose your color: red, white or pink

Handmade Wreaths

\$15 with a red bow

\$12 without a bow

Taking orders at the library until and at the Book Sale. Poinsettias & Wreaths will be available for pick-up at the Library on Friday, December 4th, 2-5pm and Saturday, December 5th, 10am-3pm.

Book Sale

Saturday, November 7th, 9am-2pm

At the Bowdoinham Public Library

Hardcover books: \$1.00

Paperbacks: \$0.50

For more information, please call the Library at 666-8405.

Heating Assistance Program

Fall is here, winter is right around the corner and the heating assistance program is running low on funds. This program is funded entirely from private and business donations as well as fundraising efforts, since it began in 2008. Please consider making a donation, to help your neighbors stay warm this winter.

Donations can be dropped off or mailed to the Town Office at 13 School Street. For more information, please contact the Town Office at 666-5531.

Bowdoinham Food Pantry

Open Wednesdays 3-6pm

As the holidays approach, we have so much to be thankful for at the Bowdoinham Food Pantry! Of course, with the holidays coming we are in even greater need of supplies and donations. Please help us if you can, or if you would like to volunteer.

For more information, please call 751-

7779 or email bowdoinhamfoodpantry@gmail.com.

Polar Bear Dip

Join the Polar Bear Dip on December 5th, 3pm at Maily Waterfront Park. You can take the dip just for the fun of it or to raise money for an organization, project or cause. Don't want to take the dip yourself, sponsor someone who is! Pledge sheets are available on the Town's website or at the Town Office.

Call to Artists & Crafters

Join one (or both) of this year's Craft Fairs:

- Holiday Craft Fair
December 5th, 10am-2pm
at Bowdoinham Community School
Contact - Jessica Sullivan, 504-7103 or jessicamaysullivan@gmail.com
- EMS Craft Fair
November 21st, 9am-3pm
at Bowdoinham Fire Station
Contact - Annie Davis, 798-1830 or adavis0624@yahoo.com

Finance Advisory Committee Volunteers Needed

The Finance Advisory Committee consists of five members and one alternate member. The Committee assists the Select Board and Town Treasurer with financial decisions regarding development and administration of the town's budget and the investment program for the Town. The Select Board is seeking volunteers that have experience in business analysis, financial analysis, investments or development and administration of a budget. If you are interested in serving on this committee, please contact Town Manager, Bill Post at 666-5531, or wpost@bowdoinham.com.

2016 Dog Licenses

The 2016 dog licenses are now available at the Town Office. Fees are \$6.00 for a neutered/spayed dog and \$11.00 for a "fully equipped" dog. Please license your dog(s) annually on or before January 1st.

2015 Citizen of the Year

The Citizen of the Year award is to recognize an individual that goes above and beyond for the people of the community. Bowdoinham's Citizen of the Year for 2015 is no stranger to the community. She serves the citizens of Bowdoinham in many ways and never asks for, or seeks, recognition. She also serves many residents and visitors at The Town Landing. Each year, her event, "Cruise 'In on the Cathance" provides generous donations to a local charity while bringing some amazing vehicles for all in the community to see.

In appreciation of her many years of dedication to the people of our community, the Select Board of Bowdoinham thanks and recognizes Lynn Spiro as the 2015 Citizen of the Year. Congratulations Lynn, and thank you!

Attention Business Owners

You can advertise in this newsletter!

The Bowdoinham News is published six times per year in January, March, May, July, September and November by the Bowdoinham Department of Community and Economic Development. It is mailed directly to the all households in Bowdoinham (approximately 1,400) and placed on our website. Advertising is restricted to businesses located in Bowdoinham. The ad rates for 2016 are as follows:

- 2.25" wide by 3" high is \$30
- 4.5" wide by 1.5" high is \$30
- 4.5" wide by 3" high is \$50
- 4.5" wide by 4.5" high is \$75
- 7" wide by 3" high is \$75
- 7" wide by 4.5" high is \$125

For more information, please contact Nicole Briand, Director of Planning & Development at 666-5531 or nbriand@bowdoinham.com or go to the Town's website, www.bowdoinham.com/bowdoinham-news-advertising.

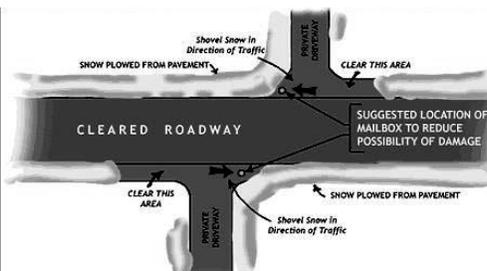
Winter Tips

Who plows what roads?

The Town is responsible for plowing, sanding and treating most streets and roads in Bowdoinham. The exceptions are Main Street (from Fisher Road to Bowdoin) and Post Road. These two roads are NOT plowed, sanded or treated by the Town – in fact, Main Street from Fisher Road to the Bowdoin town line and the entire length of Post Road are plowed, sanded and treated by the Maine Department of Transportation (MDOT).

Snow in your Driveway

The Town's crew is not done clearing the roads of snow, slush and ice until well after storms have stopped. In order to get to clear pavement, the plow trucks scrape the roads after the storm. This results in snow and slush being pushed back into driveways after they have been cleared. One way to help eliminate this issue for your driveway is to clear an area on the right side of your driveway (the right side if you are entering your driveway). If this is done, the snow and slush being scraped off the road will be deposited in this area and not into your driveway entrance. See the illustration below:



Courtesy Sand Pile

The Town maintains a courtesy sand pile for residents at the entrance to the Public Works Garage. Please keep to the two five-gallon bucket limit per visit. It is very important that we stay within this limit to assure there is sand for everyone. No pickup truck loads or commercial haulers. The taking of salt is strictly prohibited.

Recycling Barn Tips

Is the Barn open on Thanksgiving?

NO, but we are open on Saturday, and

that is when the curbside pick-up will happen as well.

What do I do with my Holiday items?

Wrapping paper including foil paper, is mixed paper. Paper can be torn, and leaves a rough, almost feathery edge when you do so. Paper can be crumpled in your hand and does not uncrumple much when you let it go. Plastic wrap is not easy to tear, does not stay crumpled when released from your hand, and is not recyclable. It goes in your tagged trash.

Real Trees can be brought to public works for chipping, or recycled into pea brush, bird shelter near the feeder, or a bonfire at home. The needles or smallest branches can be made into balsam pillows for those who can't get home for Christmas and the "cookie", the end half inch of the trunk can be sawn off and made into a yearly ornament for the family tree, with the year and the names of the celebrants on it. Brush can be piled over tender plants to help protect them from ice and heaving in the spring time. The trunks of several trees can become bean poles or tent poles, or sawn into camp fire length for the summer. *Artificial Trees* may be brought to the Barn gift shop annex. *Wreaths* may be brought to the Barn and placed in the small wood box. *Candles* may be brought to the R Barn and placed in the gift shop, or the ends may be melted down and formed into new candles. (Never melt wax directly over a flame, always heat a larger container of water in which your smaller can of wax is warmed, and remember to use hot mitts!) *Bows and Ribbon* may be placed in a plastic bag and placed in the gift shop.

Ornaments and Garland may be placed in boxes or bags and placed in the gift shop. *Cards and Gift Boxes* are mixed paper. *Too Much Food* - if it's still packaged it can go to the Bowdoinham Food Pantry. We can handle food, including fats, bones and meats, but we *can't handle plastic!!* Please remove the plastic when placing the food in the food waste barrel. It will never break down, and makes it extremely difficult (and really yucky) to handle.

THE BOWDOINHAM NEWS

Community Calendar

November

3rd

Elections, 8am-8pm
Town Hall

7th

Book Sale, 9am-2pm
Bowdoinham Public Library

11th

Town Office Closed
in observance of Veterans Day

18th

Library Older Adults Focus Group
Bowdoinham Public Library, 10am-12pm

24th

Pie Sale, 8am-5pm
Bowdoinham Fire Station

26th

Community Thanksgiving Dinner, 12pm
Bowdoinham Fire Station

26th & 27th

Town Office Closed

December

2nd

Internet Safety Class 10-11am
Bowdoinham Public Library

4th & 5th

Holiday Festival

6th

Santa is Coming to Town, 4pm
at Bowdoinham Fire Station

13th

BHS Christmas Party, 2-4pm
Meeting House, 1 Browns Point Rd

24th & 25th

Town Office Closed

Town Board & Committee Meetings

All meetings are open to the public and held in 2nd Floor Meeting Room at John C. Coombs Municipal Building, 13 School Street.

Select Board Meetings

2nd & 4th Tuesdays of Month at 5:30pm

Planning Board

4th Thursday of Month at 7:00pm

Committee on Aging

4th Monday of Month at 3:00pm

Community Development Advisory Committee*

2nd Tuesday of Month at 6:30pm

*Committee is accepting new members.

For a complete listing of events, please visit the Town's Calendar at www.bowdoinham.com/calendar.

Town of Bowdoinham
13 School Street
Bowdoinham, ME 04008

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